THE Sun

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WORLD EXCLUSIVE

6 years after Megxit, Royals move back from US to raise kids in UK

HARRY & MEG COMING HOME

Shock return . . . Harry and Meghan will be back in UK with their kids later this month

By MATT WILKINSON, Royal Editor

PRINCE Harry and wife Meghan are moving back to the UK — six years after leaving for the US.

They will make a shock return at the end of August for "an extended period", with kids Archie and Lilibet enrolling at school.

The Sussexes, who had a reunion with King Charles last month, have found a new home in the UK.

Their relocation raises questions over the future of the 2020 Sandringham Agreement – dubbed "Megxit".

FULL STORY: SEE PAGES 2, 3, 4, 5, 6 & 7

WORLD EXCLUSIVE

HARRY & MEG'S

Revelation . . . Sun in January 2020

KING WAS TOLD NEWS ON SUNDAY | SUSSEXES FIND NEW HOME HERE

They think Megxit's all over... it is now!

EXCLUSIVE by MATT WILKINSON
Royal Editor

KING Charles was told on Sunday that Harry and Meghan are returning to the UK for "an extended period", sources revealed.

The Sussexes will move into a non-royal residence and kids Archie, seven, and Lilibet, five, will go to school here.

The couple will not be working royals but will continue with their business enterprises.

Despite the fact they must have been planning the move for weeks, if not months, the pair did not raise the prospect of a return when they met Charles and Camilla at Highgrove, Gloucs, in July.

However, it is understood the 77-year-old King is welcoming the opportunity to see more of the family in a private capacity.

Harry was already due to visit the UK in mid-September for his patronages, including a WellChild Awards bash, and would have been offered a Buckingham Palace room.

But sources have confirmed the whole family will now return earlier – at the end of this month.

They are expected to remain in Britain while Archie and Lilibet are in education. And they will retain their £11million home in Montecito, California, and Portugal bolthole.

The return comes six years after Megxit, when Harry and Meghan stepped down as working royals, slamming Britain on their way out.

It also raises questions over the January 2020 Sandringham Agreement, which ruled the couple could not juggle being working royals while earning private sector money.

It is understood Harry and Meghan will not receive any money from the public purse while back in the UK, and that he will not undertake any official royal duties.

Sources say if there are discussions on any future role for him it would need to take place between him and his father.

Both Archie and Lilibet can start in UK education in September. He is at Prep School age, and she is eligible for Year One.

Sussex sources would not reveal where they will be enrolled, nor where the family is living, citing privacy and security reasons.

However, The Sun understands the family's new accommodation is not a royal property.

It is unclear if they have bought their UK home or will rent.

It is also unclear whether the family has been given security assurances, and whether the financial burden will fall on taxpayers.

Harry has previously claimed it was unsafe to bring his family back home. He has fought a multi-million pound legal campaign to force the Government to return his 24-hour armed guards.

After a "devastating" court loss 18 months ago he said: "I can't see a world in which I would bring my wife and children back to the UK at this point."

It is also not known if there have been changes in the Home Office's security position on the Sussexes, and sources would not comment.

Meghan, Archie and Lilibet spent last month's visit here without taxpayer-funded armed cops.

Harry and Meghan have previously been critical of Britain and the royals.

In Afghanistan in 2008, Harry, whose mum Diana died in a 1997 car crash following public scrutiny, said: "I generally don't like England that much." On Apple TV+ show The Me You Can't See in 2021, he added: "For most of my life I always felt worried, concerned, a little bit tense and uptight whenever I fly back into the UK. For me, London is a trigger because of what happened to my mum."

The couple also alleged in their Oprah Winfrey tell-all that the Royal Family had made racist comments about their unborn children.

And on Dax Shepard podcast Armchair Expert in 2021, Harry claimed his royal life was "a mixture between The Truman Show and being in a zoo". He also claimed he quit the UK to "break that cycle" of "pain and suffering" from his family and that "genetic pain" had been passed on.

In his January 2023 book Spare, Harry criticised the Press and made startling family revelations.

He described a fight with William, said Charles pleaded "Please, boys, don't make my final years a misery" at Prince Philip's funeral, and revealed he had pleaded with his dad not to marry Camilla.

A whole episode of their six-part Netflix series Harry & Meghan in late 2022 compared opposition to the couple with Brexit, and

Told of return . . . Charles

RETURN TO BRITAIN

STILL WON'T BE WORKING ROYALS

I can't see a world in which I would bring my wife and children back to the UK

— HARRY IN 2025

Last month Archie and Lilibet visit Di's grave at Althorp

branded the Commonwealth "Empire 2.0". This was despite Harry and Meghan once being Commonwealth Youth Ambassadors after being appointed by Queen Elizabeth II.

On self-recorded footage shown on Harry & Meghan, he refers to a plane trip after his last royal engagement as his "freedom flight".

In recent years his right to stay in the US has come under intense scrutiny.

Think-tank The Heritage Foundation has been campaigning to get the Department of Homeland Security to release his US visa application. It argued the American public had a right to know whether the royal was candid about past drug use on the application.

Harry confessed in Spare to taking cocaine, marijuana and hallucinogenics.

Charles evicted the Sussexes from Frogmore Cottage, Windsor, in January 2023 following publication of Spare.

They have been without a home in Britain for 4½ years and Harry often stays in hotels when in the UK. On his last visit, Harry caused Charles's patience to snap over his dithering about whether to accept accommodation at Buckingham Palace. The Sussexes ended up staying at friends' and at his uncle Charles Spencer's Althorp House in Northamptonshire.

Meghan revealed in online photos that the family had visited Diana's grave at the estate.

Meghan will continue to run her food and lifestyle brand As Ever.

But questions remain about what else she will do with her time as she has no UK-based projects or campaigns.

Little has been said on the record by the Royal Family regarding the Sussexes' set-up in California or the Megxit deal. But Charles used his September 2022 accession speech to make it clear that Harry and Meghan were not part of the working royals.

Last year, in a possible hint that he was returning, Harry spoke of "the bond, the banter, the bravery" that he said defined Britain.

Reports that Harry registered Archie at Eton College were previously denied by sources close to the Sussexes. Prince William's oldest son George, 13, will start at Eton next month.

A spokesman for the King declined to comment.

Legal challenge . . . Harry

Rethink question on gun security

By JULIA ATHERLEY
Home Affairs Correspondent

PRINCE Harry's decision to move his family back to the UK raises questions over his long-running row with the Government over his taxpayer-funded armed protection.

He launched a Home Office legal challenge after being told he was no longer entitled to bodyguards here once he had moved out of the country.

The Royal and VIP Executive Committee decides who gets protection and is "responsible for risks arising within Great Britain as they affect principals who are, in almost every case, resident within Great Britain". Harry and Meghan were told they "do not fit readily within this framework".

The Duke lost a judicial review, before then launching an unsuccessful appeal.

But in December we revealed he had won a new Government review. Another threat assessment is to be carried out, but has been delayed as the board responsible has stalled.

It is understood that the system is backlogged, with nine former Prime Ministers already receiving protection.

It is unclear whether Harry, on his return, will automatically regain the protections he was given before Megxit.

The Government said earlier this year that it was long-standing policy not to provide detailed information on security arrangements "as doing so could compromise their integrity".

Mystery of new home

PRINCE Harry and Meghan will not be moving into a royal residence and instead have lined up a private home.

The location has been kept under wraps, but there are a number of options.

The Cotswolds is popular with American celebrities and A-listers who want to live discreetly, and it is near the King's Highgrove Estate.

Former talk show host Ellen DeGeneres had a property there and was friends with Meghan in California.

But Prince Harry may want to be close to his mother Princess Diana's childhood home at Althorp House in Northants, where her grave is.

KING MAY WELCOME THEM.. WILLS MAY NOT: PAGES 4 & 5

WORLD EXCLUSIVE

HARD TO HEAL

‘The King may ...William won’t

Eton . . . Harry & Wills

Sussexes have pick of leading schools

By ED SOUTHGATE

PRINCE Harry and Meghan have dozens of prep schools to choose from for their children — but it is unlikely they will send them to full boarding at this age.

The Duke of Sussex spoke positively in memoir Spare about his own first school, Ludgrove.

The all-boys school costs £14,477 per term.

But it is boarding-only, and he talked about it being hard to live in a place where many boys “lived in close proximity”.

The Sussexes have denied suggestions Harry has registered Archie for Eton, which takes boys from 13.

He lamented his own time at the school in his book.

It is also unlikely they will send Archie and Lilibet to Lambrook School near Windsor, attended by cousins Charlotte and Louis.

In their own dukedom of Sussex, Windlesham House School is mixed-sex and takes day pupils.

There are also top prep schools in London, in Northamptonshire near the Spencers’ estate, and near Charles’ beloved Highgrove.

History of fame flop

By ED SOUTHGATE

HARRY and Meghan arrived in the US eager to become Hollywood’s next big thing.

They signed a $100million Netflix deal, a $20million Spotify podcast deal, and had a series of successful celebrity telly appearances.

They hit peak popularity in late 2022, but it began to slide after their six-hour Netflix documentary, where they moaned about life.

The highly personal details in Harry’s book Spare then turned him into a laughing stock.

A month later, he and Meghan were mocked on South Park, where cartoon versions of them went on a “Worldwide Privacy Tour”.

In June 2023, Spotify axed the podcast deal after just 12 episodes by Meghan. An exec later called the pair “f*ing grifters”.**

Since then, they appear to have been turning back to a pseudo-royal way of life, with high-profile tours of other countries, while also launching ventures like Meghan’s As Ever brand.

Split heirs . . . Wills with Kate, and Harry and Meghan after Queen’s death

BY ARTHUR EDWARDS

SO the prodigal son is returning home. Will his father the King prepare the fattened calf for Prince Harry and his family?

I imagine Harry and Meghan’s decision to return to the UK with their children, Archie and Lilibet, will have His Majesty’s blessing because nothing like this can happen without his agreement.

Just over a year ago, Harry said in a BBC interview: “I would love reconciliation with my family. There’s no point continuing to fight any more. Life is precious.”

It was an appeal from the heart to the King, who at that stage was not speaking to his son. I believe Harry genuinely meant it.

And when the Prince and his family met Charles and Queen Camilla at Highgrove last month, I bet seven-year-old Archie and Lily, five, melted their grandad’s heart.

The good news for His Majesty, who is still being treated for cancer after two years, is that he will get to see his grandchildren, who I am sure will be invited to the annual family gatherings at Sandringham and Balmoral. It seems Harry and Meghan are moving to their new home in the UK in time for their children, who have dual nationality, to start the new school term and get a British education.

We don’t yet know where the Sussex family will be living in their “private accommodation”.

But I imagine Archie, who speaks with an American accent, will, like his father, attend a local prep school before perhaps being considered for Eton, where his cousin George is set to go. Lily may eventually end up at Catherine’s old school, Marlborough College, in Wiltshire.

But before we get carried away with happy families, let’s not forget the things Harry said about his father’s lovely wife, Queen Camilla, were vicious.

In his book, Spare, the Duke of Sussex accused her of being “the villain” and “dangerous”.

He even alleged she sacrificed him on her “personal PR altar” and leaked private family conversations.

TENSIONS WITH BROTHER

welcome them back

Their new life in Britain could be much harder than Harry & Meg realise

be so forgiving'

Harry obviously regrets it now, but he took the money from the book – millions of pounds.

Camilla, who dotes on her own grandchildren, will, I'm sure, go along with the King's decision to give Harry a second chance.

As she revealed yesterday, the good news is Charles is living with his cancer and the treatment is not as severe now.

He is obviously improving and please God he will be King for a long while yet.

But while His Majesty may welcome back Harry and Meghan, I am not convinced brother Prince William will be so forgiving.

It would take a great act of forgiveness and I'm not sure Wills is ready to do that.

The Duke and Duchess of Sussex said some awful things about Catherine, who has also come through her own cancer ordeal.

William loves his wife and the hurt she has endured from both Harry and Meghan was totally undeserved.

I still cannot forget how much Meghan seemed to enjoy that terrible Oprah Winfrey interview, where they accused the royals of racism.

It was outrageous because most mixed-race families have that conversation.

It's natural, but it was made into such a big deal and was so embarrassing for the Royal Family.

All his life, the King has fought against the hatred that people spew just because of the difference in their colour.

Meghan's mock curtsy on the couple's big-money Netflix documentary series was so disrespectful to our late Queen.

I think Harry wants to come back to the UK because here he was somebody, while in LA he is just another celeb in a town full of celebrities.

Living in his mansion in Montecito, he doesn't seem to do much that is worthwhile – turning up at some fake awards ceremony or a big sporting event like the Lakers basketball.

He is living the life of a rich man, but it looks like the big bucks in America have dried up.

And he is facing millions of pounds in legal bills from losing his recent case at the High Court. You can only sell so many pots of jam.

So, what will he do for a job? Personally, I hope he does eventually get to do some sort of royal duties, because I really enjoyed working with him.

He has stuck with his UK charities, like WellChild, Scotty's Little Soldiers and the Invictus Games, which are in Birmingham next year and will most likely be a success.

Some of the British public may be able to forgive Harry, but the more difficult problem is Meghan.

Ask any woman over 30 in this country what they think of the Duchess of Sussex and they don't have a lot of time for her.

They think she is the reason for Harry's downfall.

Everybody deserves a second chance, but their new life in Britain could be much harder than Harry and Meghan realise.

Autobiography . . . Spare

Harry and Meghan's five-year onslaught

By ED SOUTHGATE

PRINCE William and Catherine have been subject to an onslaught of attacks from Harry and Meghan since they quit the UK.

In a bombshell 2021 Oprah interview, Meghan accused members of the Royal Family of having conversations over what colour skin her baby might have.

While she and Harry never identified the culprits, a Dutch translation of Omid Scobie's book Endgame claimed it was the King and Catherine.

Meghan also alleged that Catherine made her cry before her 2018 wedding over flower-girl dresses.

It had been reported at the time that Meghan made Catherine cry.

Harry told Oprah his father and brother were "trapped" within the royal institution that they are dedicating their life to.

In Spare, Harry revealed Meghan told Catherine she had "baby brain" during a pre-wedding phone call.

Catherine later told her it had hurt her feelings.

Also in Spare, Harry alleged William called Meghan "difficult", "rude" and "abrasive" in 2019.

He wrote that the row escalated until William "knocked me to the floor".

In their Netflix series, Meghan described her first meeting with Catherine as "jarring". She said: "I'm a hugger. I didn't know that could be jarring for Brits."

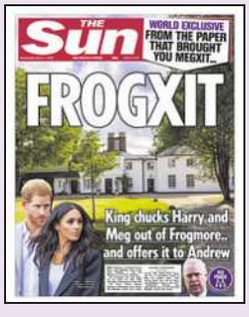
In 2023, Harry told ITV's Tom Bradby that William and Catherine failed to get on with Meghan "from the get-go". He accused them of stereotyping her as an "American actress, divorced, biracial" and said that created a "barrier".

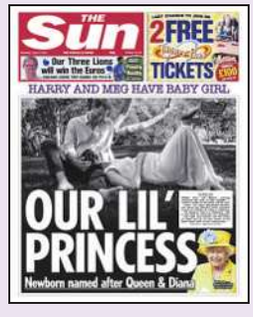
SIX YEARS THAT ROCKED ROYALS: PAGES 6 & 7

WORLD EXCLUSIVE HOW FAIRYTALE

FIRST WITH THE STORY

THE Sun's exclusive stories have led the way in charting both the drama of Megxit and its importance to the Royal Family and the country as a whole. Our front pages printed here show how, despite a fairytale wedding, many relationships were pushed to the limit.





By OLIVER HARVEY
Chief Feature Writer

LINKING arms with King Charles, Meghan Markle slowly stepped down the aisle of St George's Chapel in Windsor Castle to meet her prince at the altar.

Elegant and glamorous, the American one-time TV actress was now starring in her own fairytale — and a nation was enraptured.

Later, kissing Harry on the chapel steps, thousands of those lining the streets cheered ecstatically with an estimated two billion watching across the globe.

That sunny May day in 2018 seemed to herald a new dawn for the stuffy House of Windsor.

Meghan — a mixed-race woman with a social conscience and film star looks — was marrying a war hero prince who had long been one of the most popular royals.

The Sun on Sunday's splash headline the following morning read, KISSTORY: Harry & Meg's historic change for monarchy. The new Duke and Duchess of Sussex's star appeal looked destined to drag the 1,000-year institution into the modern world and provide a boost for Britain's image abroad.

That October the couple embarked on a 16-day tour of Australia and New Zealand where they were greeted by large and enthusiastic crowds.

Meghan undertook 76 engagements — with 41 outfit changes — with a The Sun headline praising her as The Duchess of Success. Then-Royal Correspondent Emily Andrews wrote: "The Duchess is now very much a Republican's nightmare; her natural charm and modern approach have set back their cause for a generation."

Yet, within days, whispers grew louder that all was not well behind Palace doors.

A Sun exclusive revealed that the late Queen had warned Harry about Meghan's behaviour before their wedding after the bride-to-be reportedly had a meltdown over which tiara she would wear.

It emerged that December that three of the Duchess's close aides had left since the wedding, and there were reports suggesting she had been unnecessarily rude to Kensington Palace staff and left some in tears.

In November, cracks were reported between the so-called Fab Four — the Sussexes and the Prince and Princess of Wales.

A Sun front page declared Meghan Made Kate Cry. It told how Kate was left in tears over the Duchess's demands for Princess Charlotte's bridesmaid dress.

Meghan would later insist it was her who had been left in tears. All was clearly not well. By April the following year — with the birth of son Archie imminent — The Sun reported Harry and Meghan were pondering whether to spend four months every year in South Africa.

Meghan's true feelings on her royal life emerged during an ITV documentary filmed in southern Africa.

Screened in October 2019, TV presenter Tom Bradby asked her how she was coping with the intense scrutiny of her new role.

Close to tears, she said: "Not many people have asked if I'm OK."

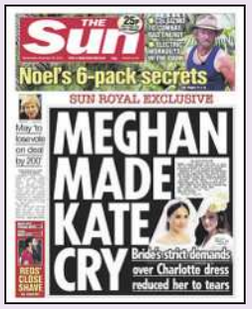
When Bradby suggested that she was "not really OK" and that it had been a struggle, she replied: "Yes."

By December, the Sussexes were holidaying in Canada for what was reported to be a six-week break.

Six years ago, in 2020, under the headline We're Orf Again, we told how the couple were considering spending much of the year in the country and were considering their future role in the Royal Family.

Then, in a bombshell Instagram post that day, the pair announced their decision to "step back as 'senior' members" of the British

TURNED TO A TOXIC FEUD



Six years that rocked the royals

Royal Family. In the following day's paper, we described it as "Megxit".

The term soon went around the world and Collins dictionary named it one of the words of the year.

On January 13, the Queen held the so-called Sandringham Summit with Harry, Charles and William to decide the terms of the Sussexes' departure.

Harry and Meghan wanted a half in, half out deal. They said on their website that they wanted to "continue to carry out their duties for Her Majesty the Queen, while having the future financial autonomy to work externally". But the Queen wasn't buying it and days later delivered a Hard Megxit.

The pair were stripped of their HRH titles and were told they were no longer working royals.

Already bristling with resentment, it may have been the final straw that pushed them into speaking out publicly.

By March the following year – after moving to a nine-bedroom mansion in Montecito, California – the Sussexes were holding hands on comfy chairs as they vented to chat show queen Oprah Winfrey. It would rock the Royal family to its foundations.

Meghan said she found life within the Royal Family so difficult that at times she "didn't want to be alive any more".

And she said Harry was asked by an unnamed family member before Archie's birth "how dark" his skin might be.

Harry added: "That conversation, I am never going to share. At the time it was awkward, I was a bit shocked."

In a famous statement, the Queen responded saying: "Recollections may vary." Harry also told Oprah he was "hurt" by the Hard Megxit, and that his father and brother were "trapped within the system" of the Royal Family.

It was only the beginning, with a torrent of devastating accusations and personal revelations in the coming months that threatened to make the rift with his family permanent.

In December 2022, Netflix released Harry & Meghan, a six-part documentary in which they placed their lives in the House of Windsor under a microscope.

Discussing the Sandringham Summit, Harry said: "It was terrifying to have my brother scream and shout at me."

He added that his father allegedly said things that "simply weren't true" and that his late grandmother the Queen "quietly sat there" to "take it all in".

And the Duke claimed William's communications team broke a promise by leaking negative stories about the Sussexes to deflect from negative press about William.

He also alleged that William had chosen his royal institution over their relationship as siblings, saying: "The saddest part of it was this wedge created between myself and my brother."

People were still fascinated by the Sussex's revelations. The documentary received the highest UK ratings of any Netflix show in 2022.

There was more. In January 2023 Harry released his explosive memoir Spare. There had never been a royal book like it.

Over 416 pages, it veered from the toe-curlingly confessional to damaging insights into royal life.

Harry told how he lost his virginity to an older woman in a field behind a Wiltshire pub: "I mounted her quickly, after which she spanked my ass and sent me away."

He admitted taking cocaine, and killing 25 Taliban fighters while serving in Afghanistan.

The Duke said he and William had begged their father not to marry Camilla and that his brother had knocked him to the ground during an argument about Meghan.

He claimed that William and Kate encouraged him to wear a Nazi uniform to a fancy-dress party – and that Charles takes his teddy bear "everywhere" with him.

There appeared to be no way back. Bridges had so much been burned but incinerated. Megxit was done.

Then came last night's bombshell. The Sussexes were coming back.

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BIZARRE HOME OFFICE LEAFLET TELLS ASYLUM SEEKERS 'RAPE IS A CRIME'

PLEASE MIGRANTS, NO SEX ASSAULTS

By JULIA ATHERLEY

ASYLUM seekers arriving in the UK are being given booklets warning sex with children and rape are illegal.

The nine-page Home Office document – printed only in English – also tells migrants that "laws and customs here may be different from your home country".

Posters have also been produced for asylum centres covering topics including gender equality and domestic abuse.

The pamphlet reads: "The legal age of consent in the UK is 16. This means anyone under the age of 16 is considered a child and cannot legally agree to have sex.

"Sex with someone under the age of 16 is a serious crime in the UK. There are no exceptions to this rule.

"Even if they say yes, it is still illegal. You could go to prison, lose your support and accommodation, and it will affect your asylum claim."

Shadow Home Secretary Chris Philp said: "The fact that illegal immigrants need a booklet telling them not to rape children shows these are not the kind of people we want in this country."

Another section in the booklet, on sex and consent, warns asylum seekers "never try to have sex with someone who is asleep, drunk, or unable to consent clearly".

It states: "In the UK, the law is clear and strict: both people must agree to sex or sexual contact of any kind."

Another section says: "If you have sex with someone who does not want to, this is called rape. Rape is a serious crime."

It adds: "If you have sex without consent, you could go to prison. This will affect your asylum claim."

The Sun understands the resources were produced by the Home Office – run by Shabana Mahmood, *above* – so there can be "no possible misunderstanding" of UK law after several high-profile cases where migrants facing sex charges claimed not to understand the law.

Mr Philp added: "Instead of trying to train these mainly young, male illegal immigrants to behave in a civilised way towards women, they should instead be deported."

A page on domestic abuse warns of arrest or jail for physical, emotional attacks on their partner. They are also warned not to make sexual comments in public or follow or block someone's path.

A page headed Gender Equality explains women in the UK can work, study, and travel freely without needing permission from a man.

Reform UK's home affairs spokesman Zia Yusuf called the leaflets "a disgrace" and said: "I genuinely cannot believe what I have just read. The Government has just published a guide for illegal migrants on how not to be a rapist, not to be a paedophile, how not to beat women and how to leave babies alone."

A Home Office spokesman said: "We expect everyone who comes to the UK to abide by our laws. If they do not, they will face consequences, including the refusal of their asylum claim and removal from the UK."

MAHMOOD'S RWANDA-STYLE BLITZ: PAGE 24

The Sun Says — Page Ten

Laws and borders . . . posters for asylum seekers

'Pivotal' . . . Bancel

Vaccine in cancer 'halt' win

By ODHRAN GALLAGHER

A CANCER vaccine has stopped the disease returning in trials.

The treatment, based on the same mRNA tech used in the Covid jabs, is custom-made for each patient and trains their immune system to hunt down cancer cells.

In a trial of 1,137 high-risk skin cancer patients who had tumour surgery, it delivered a "clinically meaningful" drop in rates of the disease returning.

A previous smaller study showed the treatment halved cancer recurrence rates.

The vaccine – Intismeran – developed by Merck and Moderna, was given with immune system drug Keytruda, which is already used in cancer treatment.

Similar jabs are in development for other types of cancers.

Moderna boss Stephane Bancel said the findings were a "pivotal moment" in cancer research.

'£1.5bn for job skills'

APPRENTICES will have a third of their wages covered by the taxpayer under Reform UK's plans for a "skills revolution".

Nigel Farage's party says small firms employing 16 to 18-year-olds will save £4,000 a year.

It will cost £1.5billion over five years, which the party says will be covered by scrapping a jobs grant and taxpayer-funded loans for foreign students.

Reform claims it will create 600,000 apprenticeships in its first term. It comes as apprenticeships are at a near 15-year low.

EARLY BALLROOM FAVES

Picture: MARK CANT

DELTA GOODREM
Aussie singer keen to learn

LACEY TURNER
Impressed with waltz

EXCLUSIVE by JACK HARDWICK

THE Strictly Come Dancing celebs believe Delta Goodrem and Lacey Turner are favourites to win this year's series.

Sources tell The Sun Australian singer Delta, 41, and actress Lacey, 38, wowed fellow contestants in the first group rehearsal last week.

Delta, who wore a bright blue dress for a new photoshoot for Hunger Magazine, insists she is no pro when it comes to dancing, but loves to show off her moves.

Lacey, who became a household name playing Stacey Slater on EastEnders, is also seen as another frontrunner in the BBC ballroom competition after a quality waltz impressed onlookers.

Meanwhile, Love Island winner Cach Mercer, 25, is said to have stood out among the fellas in a gruelling session.

A source said: "Delta and Lacey are already being seen as the ones to beat. Lacey's moves were really tight in rehearsals, her waltz especially impressed. Delta also just naturally has rhythm and stage presence. In the dance studio, she just had this aura about her.

"When it comes to the boys, Cach also impressed everyone.

"Even the fittest of stars found the next day that they ached in places they didn't know they could ache."

Delta, who has sold nine million records since her debut single I Don't Care in 2001, told Hunger Magazine, *left*, that she "cannot wait" to get started. She said: "I get to be surrounded by music, get to be dancing. I definitely have some butterflies about stepping into that ballroom.

"I wouldn't classify myself as top of the list as a dancer, but I would say I love to dance.

"I'm just going to give it a go and give it my best.

"You get to learn. I like learning, so I'm happy to jump in and learn from these great dancers."

The Sun understands that this year's pairings have already been picked by producers, but the stars are being kept in the dark.

Ahead of the big reveal, they will be split into smaller groups of four and made to dance again before being paired up on camera.

Fans can see that on Saturday, September 19, in a pre-recorded launch show. The opening live show is on September 26, with the first dance-off on October 4. *jack.hardwick@thesun.co.uk*

Fellow celebs backing Oz singer and Lacey to win

STRICTLY'S DELTA FORCE

"For the 41st year in a row, fans are banned from drinking while watching football. Why?"

COLIN Robertson

PAGE 15

THE Sun SAYS

Basic decency

FOR months, families daring to protest about the arrival of young migrant men in their communities have been branded bigots, scaremongers and worse.

Yet now the Government is handing asylum seekers a nine-page guide explaining the most basic rules of decent British society.

It spells out that women are equal to men. That domestic abuse is a crime. That sex requires consent and that following women or blocking their path is unacceptable. Crucially, it explains that sex with anyone under 16 is a criminal offence, even if they say yes.

Perhaps the Lefties behind the "migrants welcome" protests might care to explain why the Home Office feels it necessary to hand out leaflets telling undocumented men landing on our shores how to behave.

The answer is simple but uncomfortable: Because not all foreign cultures match British laws.

That is not to say that every asylum seeker poses a threat. Nor does it justify hostility towards migrants.

But it does justify the concerns of families living near migrant camps, hotels and houses of multiple occupation.

This leaflet proves they were right to demand answers.

They deserved to be heard — not vilified.

Rwanda losses

LABOUR'S first act after winning power was to scrap the Tories' Rwanda scheme.

Since then, more than 50,000 migrants have crossed the Channel in small boats to claim asylum in Britain. Worse still, 90 people have died making the journey.

So it is encouraging to learn that Home Secretary Shabana Mahmood is holding talks about sending failed asylum seekers to "return hubs" in third countries. The Sun has repeatedly warned that, without a proper deterrent, the Government is fighting a losing battle against the tide of small boats.

Better late than never.

But keeping the original plan could have spared communities much misery, saved millions of pounds and countless lives.

Inflation alert

ANDY Burnham entered Downing Street with a pledge to give families "breathing space" from the rise in living costs.

But 30 days on, all we got was a sharp intake of breath at the latest inflation figures. Prices are rising and wages aren't keeping pace. Hard-working families are squeezed from both sides.

The Bank of England predicts a further inflation rise this year, with energy prices and rail fares all expected to rise in the coming months – all compounded by the war in Iran.

The PM says he can't control what's happening in the Middle East.

But he can rein in public spending and ease off on taxes to give us all a breather.

STATE OF EXCESS

GOVERNMENTS take money from the private sector and give it to the public sector. When its private sector is healthy and growing, a country is rich. When its private sector must carry the weight of a burgeoning state machine, a country is poor.

By **DANIEL HANNAN**
Independent peer

Look no further for an explanation of why Britain is not growing. The people who generate tax surpluses (butchers, bakers, candlestick makers) are struggling to carry those who consume them (NHS managers, racism awareness counsellors, local government officials).

Our problem is that we keep hiring more and more people to work for the Government, and paying them more and more. Public-sector salaries have risen by 6.1 per cent, according to the Office for National Statistics, private-sector salaries by just 2.8 per cent.

Deserving people

Given that new figures out yesterday revealed inflation is now running at 2.9 per cent – which is in itself, a scandal – private-sector workers have taken a real-terms pay cut to fund the public sector.

I am not arguing that working for a private company is more virtuous than working for the Government (though socialists sometimes seem to believe the opposite).

No, this has nothing to do with merit, and everything to do with affordability.

A government that genuinely wants the growth that politicians keep talking about would lighten the load.

It should be easy to shrink the state payroll to pre-pandemic levels.

A lot of extra officials were recruited on a supposedly emergency basis to deal with vaccination, test-and-trace and other contingencies.

And similarly, a number of extra civil servants were taken on between 2016 and 2020 to deal with the one-off adjustments of Brexit, as we put in place different trade and customs arrangements.

Both those bumps are now far in our rear-view mirror. Yet, incredibly, the public sector workforce has grown from 5.4 million in 2016 to 6.2 million now.

How can any country carry such a weight? How can we, at a time of almost no growth, increase both the number of people on the state payroll and their salaries?

I don't believe anyone in the Government asks these questions. Their main calculation is political.

The public-sector unions believed they had an IOU from the incoming Government, and they were not wrong.

Teachers got a 5.5-per-cent pay rise, most NHS workers got 5.5 per cent with a further 3.3 per cent to come, junior doctors got the equivalent of 22 per cent.

Now, you might argue that these are good and deserving people.

As it happens, I agree. Most NHS workers are indeed public-spirited (though, by the law of averages, some of them must be lazy and useless). If I could wave a magic wand, I would give teachers a hefty raise.

That, though, is beside the point. When there is not the money, questions of merit become irrelevant. And the plain fact is that there isn't the money. Our national debt just passed the £3trillion mark.

OFFICE POLITICS . . . Rayner champions working from home

The great African-American economist Thomas Sowell liked to observe that socialists are remarkably uninterested in how wealth is created.

They assume, he would say, that its creation is a given, and that the only question is how to redistribute it. But growth does not just happen if the incentives are set wrongly.

Every redistributive tax rise is doubly bad for productivity. If you are taxed more, and keep less of what you earn, you work less hard. If I am given benefits regardless of what I do, then I also work less hard.

Behind all the talk of "rewarding our hard-working teachers and nurses" is the reality that we are squeezing the revenue-producing part of the economy to engorge the revenue-consuming part. No country can keep doing that.

Rarely come into the office

The expansion of the state payroll has not translated into greater productivity. Indeed, civil service productivity is below where it was before the lockdown, and it is not hard to see why. Civil servants rarely come into the office.

Are ministers going to do anything about it? On the contrary. Angela Rayner yesterday told the BBC that working from home could lead to greater productivity – which I am sure is the view of civil service trade unions, but is emphatically not the view of most private-sector bosses.

When it was put to Ms Rayner that more than 3,800 civil servants never have to go into the office at all, she replied: "Look, I'm not a Jacob Rees-Mogg, that I have to see someone in the office to know that they're working."

On the same day, it emerged that the former Cabinet Secretary, Chris Wormald, had been given a pay-off of around £500,000 after 14 months in the job when he was shifted to make room for the current incumbent.

Nice for him, obviously. But how much more of this can the rest of us afford?

●**Lord Hannan of Kingsclere is an independent peer and Director of the Institute of Economic Affairs.**

PLAYING COPS & ROBBIE

By ELLIE HENMAN

MARGOT Robbie legs it back to the Sixties in a white mini-dress as she shoots a prequel to the Ocean's Eleven heist movies.

Aussie Margot, 36, was filming in Paris for the as-yet untitled film, written and directed by co-star Bradley Cooper, 51, *below*.

Fellow star Monica Barbaro, 36, *bottom*, filmed a shopping spree in a wide-brimmed hat and red dress.

Picture: SPLASH

Telly PC ban over sex with a 'victim'

By ROBIN PERRIE

A COP who featured in a fly-on-the-wall TV show has been struck off over a sexual relationship with a vulnerable woman.

PC Ben Burgess exchanged phone numbers with the domestic abuse victim after he was called to her home over a stolen vehicle.

As the relationship developed, he failed to report a string of offences she told him about.

Burgess was seen at work in Middlesbrough in Channel 5's Inside The Force: 24/7 show in 2024.

A Cleveland Police panel ruled he was guilty of gross misconduct, which had the potential to cause "a great deal of damage to the reputation of the police in general".

He would have been dismissed had he not resigned and is barred from other policing roles.

Kyrgios' coke fail

TENNIS ace Nick Kyrgios has been suspended after testing positive for cocaine at a Wimbledon warm-up tournament.

The Aussie, 31, said he made a "huge mistake".

His positive test came at the ATP 250 event in Majorca in June. The former Wimbledon finalist wrote online: "I take full responsibility for it."

He is said to have been suspended by the International Tennis Integrity Agency on August 4, and has chosen not to appeal.

Various injuries have meant Kyrgios has barely played in recent years.

See SunSport

EXCLUSIVE

Man with the golden Brum

Birmingham's Bullring . . . set for Bond?

WRITER 'TEMPTED' TO SET BOND IN MIDLANDS

THE next Bond film could relocate 007 from MI6 in London to Birmingham.

By FELICITY CROSS, Deputy TV Editor

Its writer Steven Knight has a long-standing love affair with the Midlands, the home of his smash-hit Peaky Blinders and drama This Town.

Now the screen giant is considering a Brummie background for the spy's next outing.

Steven told The Sun: "I'm loving working on the Bond film – I'm tempted to set it in Birmingham. "I'm always tempted to do that on everything I work on!"

Knight has been drafted in by Amazon MGM Studios, which bought creative control of the Bond franchise for £790million last year.

Sharing an update at the launch of the Peaky Blinders Underworld immersive game, he went on: "Writing this film is like working for King and country. I feel like it's my duty.

"Seriously, I'm such a big fan of the whole Bond franchise. To be able to be the person who's writing the next one is genuinely an honour and it's a dream.

"Making Peaky Blinders has been amazing and doing Bond is beyond that."

Director Denis Villeneuve, whose credits include Dune and Blade Runner 2049, will shoot the film.

The hunt for a new Bond is in full swing, with Wuthering Heights star Jacob Elordi, Callum Turner, 36, Harris Dickinson, 29, and Aaron Taylor-Johnson, 35, all said to be in the running.

Daniel Craig, *above*, was the last Bond, relinquishing the role after the release of his fifth film in the franchise, No Time to Die, in 2021.

The next film will not be released for two more years – making it the longest gap between 007 movies in their 64-year history.

Amazon executives have earmarked spring 2028 for the spy's return, meaning fans will have waited for seven years.

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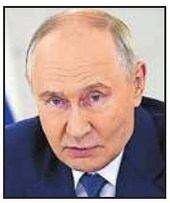


Retaliation . . . Putin

UK faces Russian & Iranian attackers

By NICK PARKER

BRITAIN faces the peril of attacks from both Russia and Iran as wars on two fronts threaten to spiral out of control.

Vladimir Putin threatened retaliation "in any part of the oceans" after British Nyan drones were used by Ukraine to strike targets inside Russia.

And insiders close to Iran's leaders warned they are mulling expanding their war to America's European allies after US President Donald Trump axed peace talks.

Russian foreign minister Sergei Lavrov warned: "I feel sorry for Britain if it stays with Ukraine to the bitter end. This only means one thing.

"We have the right to view the direct participation of British missile forces as participation in a war, with all the ensuing consequences."

Russia sent a warship with cruise and hypersonic missiles to the Baltic Sea, within UK range.

Penalties . . . huge rise

Parking fines rise to 17m in one year

By ODHRAN GALLAGHER

DRIVERS have been hit by a 17 per cent spike in parking tickets handed out by private companies.

It comes after a seven-year delay in the introduction of a code of conduct for the sector.

A record 16.9million parking tickets were issued in the year to the end of March – up from 14.4million a year earlier, and 6.8million in 2018/19.

The parking industry blamed the surge on a rise in managed car parks. Each penalty ticket can be up to £100, meaning the total cost to drivers may be more than £4.6million per day.

Private parking businesses have been accused of using misleading signs, aggressive debt collection and unreasonable fees.

The Government said: "We're committed to bringing in a strong parking Code of Practice as quickly as we can to protect motorists."

BGT'S JUDGE BLINDSIDES BOSS

GLITTERING CAST . . . last season's BGT team Ant, Amanda, Alesha, Simon, KSI and Dec pictured earlier this year

Alesha lands a big-money move to The Voice. Guess who won't be too chuffed...

BUZZED OFF . . . head judge Simon won't be pleased to hear of Alesha's new role

BRITAIN'S

SIMON COWELL has been blindsided by his Britain's Got Talent co-star Alesha Dixon after she secretly landed a huge deal with a rival ITV show.

EXCLUSIVE By
JACK HARDWICK
Senior Showbiz Reporter

Alesha will co-host series 15 of The Voice UK alongside Stacey Solomon with details of the lucrative deal leaking earlier this week.

It has already ruffled feathers among the Britain's Got Talent production team as everyone was kept in the dark about her megabucks move.

To make matters worse, Simon's disgruntled team confirmed to The Sun they had only learned of the news the same way as the public. A source said: "Simon didn't know, because nobody at BGT knew – producers included.

"He's got the America's Got Talent live shows starting this week to focus on.

"How he'll react is anyone's guess, but you'd hope Alesha or ITV will want to be the one to tell him personally, especially since they're friends."

I'm guessing it's news Simon won't like . . . and he won't love it either.

A second insider added: "Showbiz is infamously cut-throat and it's not personal, but for Alesha not to even bother telling Simon about the deal is a real kick in the teeth.

"He's quite literally made her millions thanks to her time on BGT, a courtesy message wouldn't have gone amiss."

The move will no doubt sting further for Simon who has welcomed former X Factor contestant Stacey Solomon into the BGT family as a guest judge.

The Sun told last month how Love Island host Maya Jama held top secret talks about taking over from The Voice's long-term host Emma Willis but they fell through.

Emma will host the revamped series of Strictly Come Dancing alongside comedian Josh Widdicombe and professional dancer Johannes Radebe. Alesha was so determined to land her co-presenting deal, thought to be worth six figures, that she is fitting her stints on The Voice around rehearsals for the already strained Mis-Teeq reunion.

It means she will have to race up and down the country to fulfil all her contracts.

Filming for The Voice is due to take place in Manchester for five days from September 11.

'More friction'

But the Nineties girl band are playing a one-night-only 25th anniversary gig on Saturday, September 12 at Wembley Arena.

Luckily for Alesha, bosses have worked the schedule around her, and neither she nor Stacey are due to film that day. However, she will have

COWELL WITH JOB ON A RIVAL SHOW

SWITCH . . . Alesha has new job, and, *right*, with Mis-Teeq bandmates

NEW VOICE . . . Stacey Solomon at the Baftas last year

HAVING A BALL . . . Josh Widdicombe and Emma Willis are new Strictly hosts

COMPLAINTS . . . Ashley's dance

DECADES OF DRAMA AND COVER-UPS

BRITAIN'S Got Talent is no stranger to drama.

Both the judges and the acts have ruffled feathers over the last two decades since its launch.

In 2022, David Walliams abruptly left the show after remarks he made about contestants leaked online.

The long-time judge, *below*, went on to sue BGT's production company for loss of earnings after his reported £1million contract wasn't renewed.

In 2020, Diversity saw their performance become one of the most complained-about moments in Ofcom history.

The former winners' dance routine included a white police officer kneeling on Ashley Banjo, seemingly recreating the real-life killing of George Floyd in America.

Over 25,000 complaints were filed to the watchdog over the performance.

On the lighter end of the spectrum, Amanda Holden's obsession with flashing the flesh has also landed the show in hot water.

In 2017, her decision to wear a sheer Julien Macdonald dress spurred 663 uptight viewers to complain.

Hitting back, Amanda said at the time: "It's been called another national crisis, but, oh no, I will not be covered up."

GOT THE HUMP

to race from her concert in North London to be at filming in Manchester the following morning.

A source said: "After losing Emma to Strictly, then talks falling through with Maya, bosses went out of their way to lock-in Alesha.

"Her schedule from September to the end of October is flat out but she's managed to squeeze everything in. . . just."

The move will no doubt cause even more friction between Alesha and her Mis-Teeq bandmates.

The Sun reported in June how the long-awaited comeback was already hanging by a thread after infighting between Su-Elise Nash, Sabrina Washington and Alesha.

The group gave their first reunion performance at the Britain's Got Talent final on May 30. Though off camera, they were plagued with issues. A source said: "It is all getting rather toxic.

"Honestly, behind the scenes their first performance was chaotic. After the mess of BGT, they were all really feeling the pressure of their surprise performance at Wembley Stadium for the Summertime Ball."

Filming for this year's Britain's Got Talent is due to kick off on October 6 at Blackpool's Winter Gardens.

Sources have confirmed to The Sun that Amanda Holden, KSI, Simon and Alesha will all return for the upcoming series

Ant and Dec will host the show once more. A source said: "Simon is going all out to make sure the 20th series of Britain's Got Talent is a vintage year.

"Twenty years is a lifetime in TV. To still be going strong pulling in millions per week in the age of streaming is really quite something.

"The show is commissioned until 2028, but Simon sees the 20th anniversary series as a shop window to push for a longer contract. Right now he is mulling over a few huge ideas about how to breathe new life into the show and hit the headlines once more."

Britain's Got Talent launched in June 2007, ushering in a new era of reality TV. Won by British tenor Paul Potts, the original judging panel consisted of Simon Cowell, Amanda Holden, and Piers Morgan.

As well as a £100,000 prize pot, the winner also got to take to the stage at the Royal Variety Performance and perform for Her Majesty The Queen.

Since then, it has gone on to create a host of household names.

Series two was won by teenage street dancer George Sampson, who went on to perform in London's West End as well as being cast in the BBC drama series Waterloo Road. Series three saw arguably the biggest BGT star of all time, Susan Boyle compete. Despite the Scottish singer missing out on the crown to dance group Diversity, her audition of Les Misérables classic I Dreamed A Dream was a viral hit on both sides of the Atlantic.

She has gone on to sell more than 25million records worldwide and hit No1 in more than 40 countries. Other notable winners include series eight's theatre vocal group Collabro, series 11's musician Tokio Myers, and series 17's Sydnie Christmas.

This year's series was won by The Hawkstone Farmers' Choir. The group was formed by Jeremy Clarkson, to support farmers with their mental health and perform for an advert for his Hawkstone brewery.

Hols From £9.50: Price per person based on four sharing. Multiple codeword/code collect or digital subscription required. Subject to availability. *Price guarantee excludes extras. Terms and Conditions and date restrictions apply. For full T&Cs, see thesun.co.uk/holidays. Sun Club: 18+ UK only. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless you cancel at least seven days before your next billing date. Full T&Cs apply, see thesun.co.uk/club

Colin Robertson

COLUMNIST OF THE YEAR

colin.robertson@the-sun.co.uk

Reverse ban on footie beer? We'll ale drink to that

HURRAH, the Prem is back. When Arsenal and Coventry City run out at the Emirates tomorrow night we'll finally get to see something that has been sorely missing in this country for months.

That's right . . . **GREEN** grass.

Yet while the pitches will have been given a good drink, the same can't be said of the fans who for the 41st year in a row will sit in their seats without a refreshing pint to toast their team.

And it will feel particularly irritating this season, for just weeks ago we were reminded once again how a beer enjoyed in the stands is far from the riot juice our nanny state thinks it is.

Indeed, at every World Cup match supporters were glugging ale from kick-off to the final whistle. Americans don't ban booze on the terraces – sorry, "bleachers" – they actively encourage it.

I once watched a Red Sox baseball game at Boston's fabled Fenway Park and if you wanted a beer you just waved at some spotty youth from your seat, passed a few bucks down the row and he'd send an ice-cold Budweiser back. Cheers!

But take a beer pitchside here in the UK and you'll have some hi-vis heavy on your case threatening to take away your season ticket. Drinking in the stands at British stadiums has been banned since Thatcher brought in the Sporting Events (Control of Alcohol etc) Act in 1985 "to make football grounds safe places for decent people". She wanted to stamp out hooliganism.

But it was a daft idea because, while it initially resulted in fewer arrests, all it ultimately did was encourage binge-drinking, before the game and at half-time.

If you wanted a pissed-up scrap with the oppo, you could still do it.

Many did.

But four decades on, football has changed.

It's not just a rowdy tribal tussle (and nothing wrong with that), it's also a family day out, a corporate hospitality outing, a "soccer" tourist trip.

CHEERS . . . fan enjoys a beer at World Cup

Class-based rule

Stone Island gear is still the clobber of choice for hardcore fans, but actual hooligans are rare (many knocked it on the head in the Nineties when ecstasy tablets flooded the terraces and hugs – manly ones of course – replaced punches).

In the years I've been taking my son to Old Trafford – often the "atmospheric" Stretford End – I've seen fewer thugs than in the parks of my local borough. But still I have to skull my beer if I happen to still be nursing it as the whistle blows. Fortunately our new PM Andy Burnham does seem to get this.

He loves footie, does Our Andy. You might have heard him mention it a few thousand times. He drops in his love of Everton when he realises everyone's bored of his Johnny Marr anecdotes.

Well, he's now thinking of ripping up the ban and letting fans moderate their own alcohol intake, like the grown-ups we all are.

It started with a social media clip, naturally, in which the By 'Eck I'm King of the North, Me filmed himself at the Toffees' Hill Dickinson stadium watching rugby league.

Turning to his pals clutching pints, he enquired: "How come these lads can do that in my seat here when we can't do that at an Everton home game?

"There's something wrong there, we need to take a look at that."

Now he's got his "people" on it, who recently teased: "We are considering the case being made by some clubs and supporter groups for reviewing the current restrictions."

Well, I'll drink to that.

Because the simple fact is that this has only ever been a punitive class-based ban. One that treats working-class people like violent knuckleheads who cannot be trusted to moderate their drinking.

Why else are chaps at the rugger allowed to "split the G" all through the game?

Why can punters at the cricket not just marinate themselves in rosé over after over, but also bring in their own booze to aid this non-stop lubrication?

It has become one rule for the supposedly "decent people" and one rule for all the rest.

It is, to coin a phrase, Two Tier Beer.

And it is a relic of the past.

One Andy Burnham should now consign to the bottle bank of history.

Marines 'no beard' rule? You goatee be joking

AS a proud member of the beard-wearing fraternity (furternity?) it is my solemn duty to stand up for *all* fellas with facial furniture.

So my whiskers were duly twitching this week when it was revealed that Royal Marine commandos sporting, er, jawline camouflage were forced to shave it all off before a recent parade for the King.

No doubt the order came from one of those chinless wonder types who aced Sandhurst but couldn't grow a single whisker in a month of Sundays (what is it about toffs and bum fluff?).

I've no doubt this command will have irked our hirsute heroes, not least because the only reason they are now allowed to wear beards is thanks to a new rule introduced last year and approved by . . . the King.

GRIPES . . . Montgomerie

REFORM CLASH 'N' BURN

ANOTHER exciting week for the boys of Reform UK as they continue to squabble like teenagers on a four-hour car journey.

This week a chap called Tim Montgomerie was suspended from the party after he had the temerity to give an interview to The Spectator suggesting all was not well between Nigel Farage and his combustible attack dog, Zia Yusuf.

The amiable Tim had a few other – perfectly reasonable – gripes, too, but it was evidently too much for a party where apparently all must genuflect to its leader at all times.

Pretty sure there is a word for an organisation like that.

Cult.

FARAGE can at least console himself that, despite all the infighting, his thin-skinned mob are doing somewhat better than that other party of warring chiefs, Your Party.

Jeremy Corbyn and his sparring partner Zarah Sultana's "National Movement for Change" is currently languishing at the bottom of YouGov's latest voting intentions poll, on a whopping ZERO per cent.

TONGUE PHOOEY

TROUBLESOME words like quinoa, acai, gnocchi and Worcestershire have been declared some of the hardest for Brits to correctly pronounce.

And woe betide those who get them wrong as the same survey found 85 per cent of people who mucked them up were instantly corrected by some pedantic bugger.

I have a fairly relaxed policy about mispronunciation.

Indeed, sometimes it is required – a canapé should only ever be called a *can-ape*.

But what I find unforgivable is those pretentious sorts who insist on pronouncing foreign words as if they are a native speaker.

The kind of folk who turn ordering tapas into some sort of Duolingo test, spraying the table with spittle from their *th-th-ths*.

Absolute twarts.

TRAGIC CASE . . . Arday

R.I.P TO TRAGIC JASON

ENSCONCED in rural France for a fortnight, I was blissfully unaware of most news but could not help tuning in to the riveting but ultimately tragic Jason Arday affair.

Arday seems to have been many things – some true, some apparently not – but most of all he was a husband, a father and a human being.

So I find it incredibly sad that his life has now ended and my heart goes out to his family and all those who loved him.

Now I see the "mainstream media" is being singled out by some as having played a role in this devastating event – with claims it "harassed" Arday, partly because he was black.

Well, reading the many articles about him, it seemed to me that if anyone was fixated on his skin colour it was his promoters at Cambridge University, now rightly facing tricky questions over their treatment of their star turn.

All the Press appeared to do – from the Guardian to the Telegraph and everyone in between – was investigate his questionable claims, of which there were many.

Is this not what we want a responsible media to do?

To seek the truth, about whoever is involved and whatever colour they may be.

CAN'T say that I was particularly exercised about the Government's "risk of fire" alert that went out interrupting everyone's important TikTok scrolling.

Britain is full of oiks using disposable BBQs irresponsibly and chucking fag ends out the car window, so why not remind them not to be dicks while Britain desiccates?

But there has been one unedifying aspect of the whole non-story.

Turns out we're a nation of snitching busybodies.

Since last Friday's alert, firefighters have been urging people not to call 999 just because they've seen a neighbour using their BBQ.

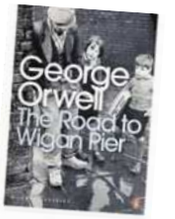
So, mind how you grill, folks – and watch out for that grass.

MEANWHILE, some safety advice elsewhere does seem a little OTT.

When selecting a few books for my recent holiday, I plumped for George Orwell's The Road To Wigan Pier.

While the book includes many instances of potential peril – not least the terrifying conditions faced by miners in the 1930s – it was a warning on the website (Amazon) where I bought it that concerned me most.

Under the heading Product Safety it declared inexplicably: "Warning: Do not use near overhead power lines."



‘4% train fare rise’

TRAIN fares in England could rise by more than four per cent next year.

The potential hike is based on Retail Prices Index inflation hitting 3.2 per cent in July.

Last year’s 4.6 per cent cap was one percentage point above RPI in July 2024.

If the same formula is used, the cost of the 45 per cent of fares that are state regulated will jump 4.2 per cent.

The Government said: “No decision has been made. We are working to make transport affordable for all.”

THE TRUMP BUMP

PM blames war on Iran for rising prices in UK

Pledge to help . . . Burnham

ANDY Burnham blamed Donald Trump’s Iran War for rising prices yesterday — as Brits were warned of more pain to come.

The PM added that he would do “what I can” to help struggling families.

Inflation jumped from 2.6 to 2.9 per cent last month — its highest

By MARTINA BET

level since March. It came after Ofgem’s energy price cap rose 13 per cent, adding £221 to a typical annual gas and electricity bill.

Energy experts at Cornwall Insight predict bills will rise another four per cent in October as wholesale costs remain high.

Some economists have warned inflation could climb as high as 3.5 per cent by Christmas.

Mr Burnham said: “We can’t control what is going on in the Middle East, and the effect of the conflict there is now being felt in inflation here.

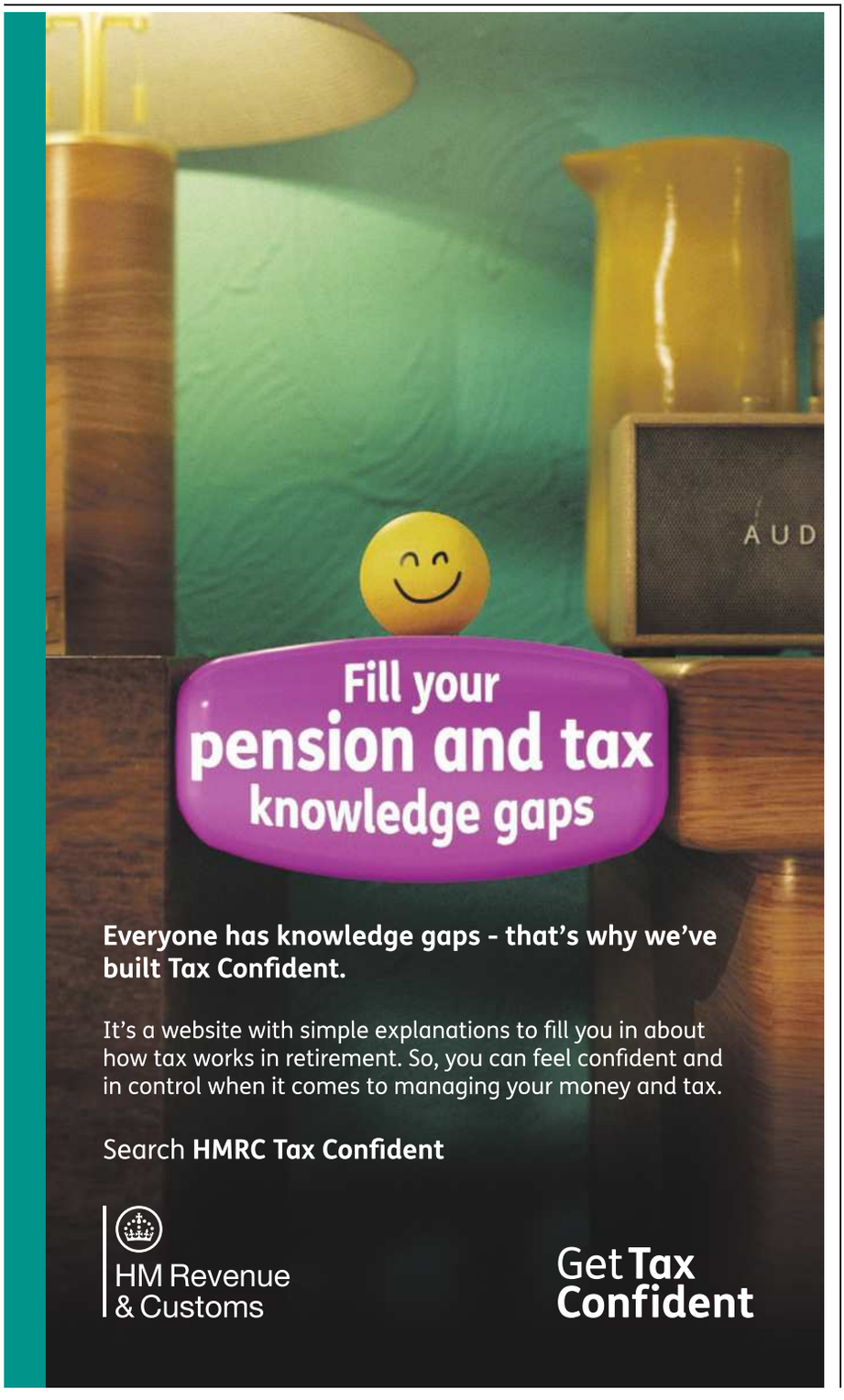
“But I will do what I can to help people.”

The inflation warning came as the PM told The Times Britain was “not set up for growth”.

He said his new No10 North operation in Manchester will take the lead on driving growth, while Chancellor John Healey and the Treasury focus on controlling the public finances. Former Bank of England chief economist Andy Haldane, who has advised Mr Burnham on economic policy, called for a freeze on further tax rises for the rest of Parliament.

Shadow Chancellor Sir Mel Stride said: “Labour’s tax rises and business bashing have driven the cost of living higher and higher, yet Andy Burnham refuses to rule out yet more tax hikes at the Budget.”

The Sun Says — Page Ten



Policy . . . Badenoch

Kemi: I’ll reverse lorry axe

By TOM SCOTSON

THE Tories will today vow to scrap a looming ban on new diesel lorries.

Labour wants to end the sale of ones up to 26 tons by 2035 — and all diesel trucks by 2040.

The Road Haulage Association says electric lorries can cost two to three times more, and Kemi Badenoch’s party say this will drive up delivery costs — with families ultimately picking up the bill.

The Tories will also axe £877million of taxpayer-funded grants for electric vans and trucks and block new rules forcing firms to buy them.

Last year nearly eight in ten logistics firms said forcing the switch could seriously harm business.

Shadow Transport Secretary Richard Holden said: “Just as drivers should be able to choose the car that works for them, businesses should be able to choose trucks.”

‘Murder’ stab rap

A MAN has been charged with murder over the death of a woman in a double stabbing.

Samantha Turner, 52, died at the scene at an address in Shepherd’s Bush, West London, on Tuesday morning.

A second woman, 32, suffered stab injuries that were not life-threatening. She remains in hospital.

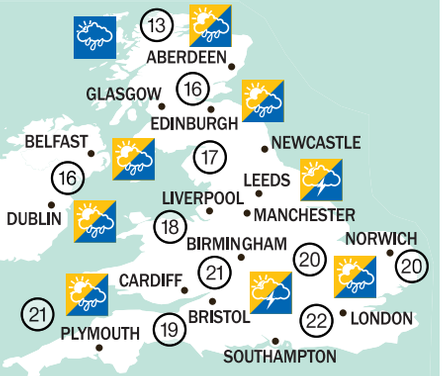
Cops said they believe it to be an isolated incident.

Alan Dore, 48, of Shepherd’s Bush, also charged with attempted murder, is due at Hendon magistrates’ court today.

BEES NEEDS

Bees struggle to gather nectar in late summer so letting weeds grow could help, a University of Sussex study suggests.

Sun WEATHER



TODAY: Rain affecting western and northern England with sunny intervals in the East. Southern regions mainly dry, occasional showers expected.

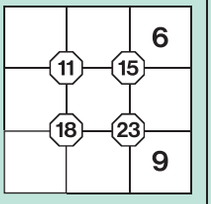
TONIGHT: Rain in North-West and West Midlands. Mostly cloudy in East Midlands and East England. Fair in South-East, partly cloudy elsewhere.

OUTLOOK: Friday starts mostly cloudy across England with mild temperatures. Saturday sees mostly sunny intervals, staying mild with light winds.

FRI 21°	SAT 21°	SUN 23°	MON 22°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 42-43

TODAY’S BIRTHDAYS

JAZZ musician **JAMIE CULLUM, 47,** *left,* pop star **DEMI LOVATO, 34,** *right,* actor **SYLVESTER McCOY, 83,** comic **JOE PASQUALE, 65,** and Led Zep’s **ROBERT PLANT, 78.**

●Last night’s National Lottery: Round 1: 1, 6, 24, 32, 48, 54. Bonus ball:9. Round 2: 4, 8, 10, 17, 23, 28. Bonus ball: 16. Health Lottery: 5, 8, 24, 34, 39. Bonus ball: 20.

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City star . . . Grealish

Jack-pot hits £19m for rights to image

FOOTIE CASH 1

By THOMAS GODFREY

JACK Grealish is sitting on a £19million fortune in his image rights firm – on top of his £300,000-a-week from football.

The Man City winger, 30, added £3.8million to the value of Kelandan Ltd, which manages his seven-figure deals with Pepsi, Puma and Gucci.

Accounts filed at Companies House and signed off by firm boss Jack yesterday showed it held £18,779,597 for the 12 months to last November.

It comes as the England ace, snubbed for the World Cup, weighs up his future at Manchester City after spending last season on loan at Everton.

Jack lives in a £6million mansion in Cheshire with partner Sasha Attwood, 30, with the pair pictured on holiday in Majorca this month.

Supporters . . . Arsenal

Gunners top table of costs for fans

FOOTIE CASH 2

By LAUREN UTTLEY

ARSENAL fans face the biggest bill out of any in the Premier League when it comes to backing their team, analysis reveals.

A Gunners supporter who buys the cheapest season ticket, a pie and a pint at each of their 19 home games and an adult home shirt will fork out £1,267.95.

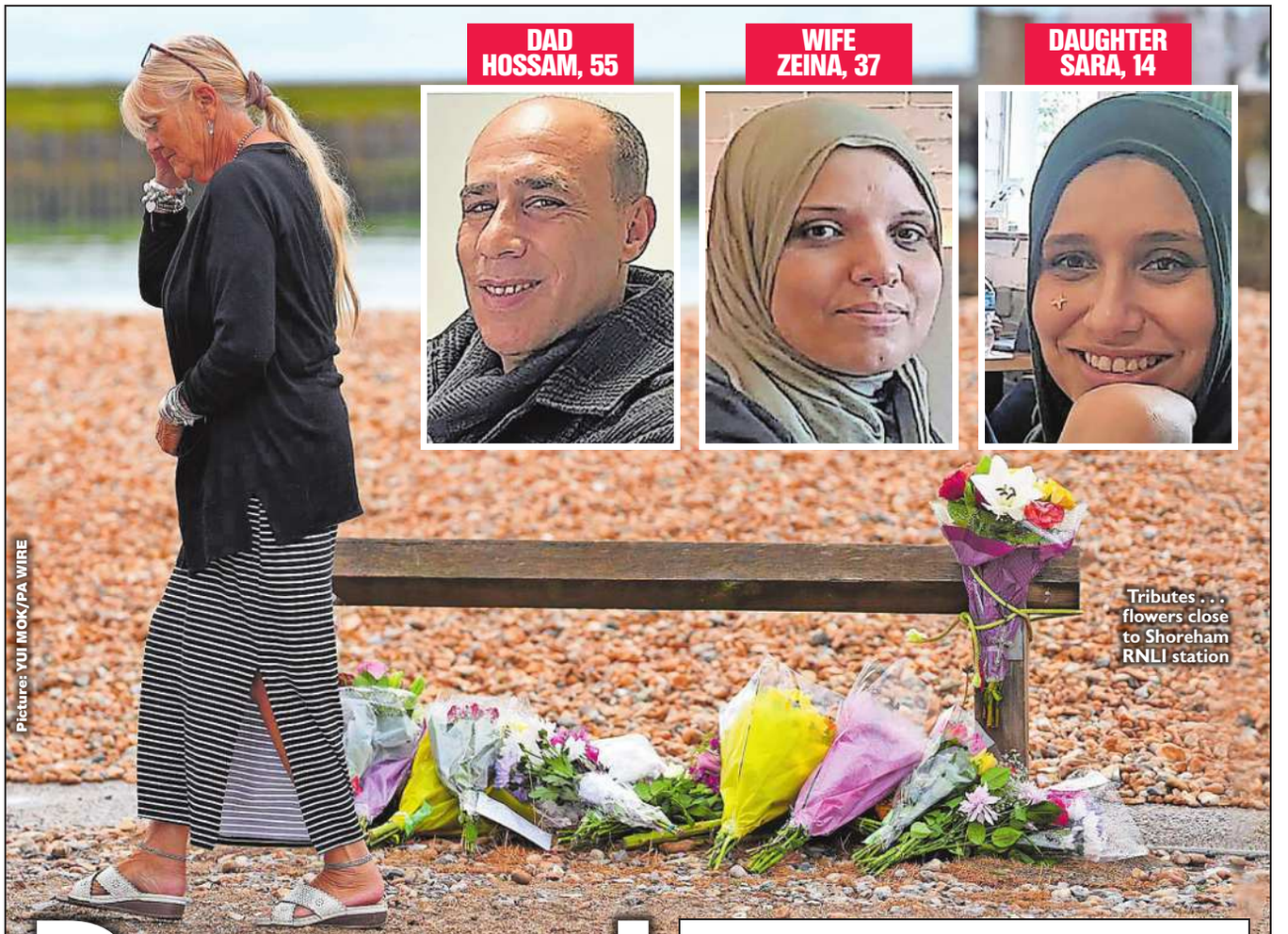
The entry-level ticket alone is the steepest of any league club at £978.

Chelsea is the second most pricey, with the same season-wide costs coming to £1,218.89, while it is £1,164.50 at Spurs.

Meanwhile, Hull City is the cheapest to support, costing just £614.85 over the season.

The research was carried out for Novuna Personal Finance, which said: "Arsenal may be at the top of the table, but fans are paying a premium for the privilege."

SHOREHAM BEACH TRAGEDY



Picture: YUI MOK/PA WIRE

Tributes . . . flowers close to Shoreham RNLI station

Drowned 3 were Palestine refugees

By ELEANOR GUNN

THREE family members who drowned at the seaside were yesterday identified as Palestinian refugees.

Police named them as Hossam El-Khawas, wife Zeina Alayn, 37, and their daughter Sara, 14. The couple's younger daughter remained in a critical condition in hospital.

A huge emergency response was launched at Shoreham, West Sussex, on Tuesday at 2.45pm after a fisherman spotted the family in difficulties after entering the water for a swim. They had been visiting from their home in North London.

Two helicopters, an RNLI lifeboat, eight ambulances and several police vehicles all raced to the scene but none of the three could be saved. The Palestinian Embassy has confirmed that Hossam, 55, once lived in the Rashidieh refugee camp in Lebanon.

The family had lived in the UK for about ten years and are British citizens.

A spokesperson for the embassy said: "The whole family is in a rough situation mentally – very, very bad."

Online tributes have flooded in for the family, and well-wishers in Shoreham were seen laying flowers at the lifeboat station.

In a statement, the Palestinian Forum in Britain said: "The PFB extends its deepest condolences to the family of Hossam El-Khawas, his wife and daughter, and to the Palestinian community in Britain, especially the people of Rashidieh Camp, Lebanon.

"We also pray for the swift recovery of their surviving daughter."

Chief Superintendent James Collis, from Sussex Police, said: "The events of Tuesday afternoon are a heartbreaking tragedy which has devastated a family and their friends and had a profound impact on the Shoreham community.

"The emergency response was significant, and I would like to thank all of the first responders for their determined attempts to save all four people and the wider public for their patience during the incident.

"The thoughts of all at Sussex Police remain with the family's loved ones as we work with our partners, including HM Coroner, to understand exactly how this incident occurred."

Message . . . local family's tribute

Police have also confirmed that after reviewing CCTV footage they believe the incident was a "tragic accident" with no third party involvement.

Tom Rutland, MP for East Worthing and Shoreham, said: "I first heard in the afternoon that something had happened here. We saw a huge emergency response and the police updated me.

"I think the thoughts of everybody here are with the family and friends of the three family members who sadly died yesterday and we're all hoping the young girl makes a full recovery."

eleanor.gunn@thesun.co.uk

biz

Joan makes Billy Ray's day

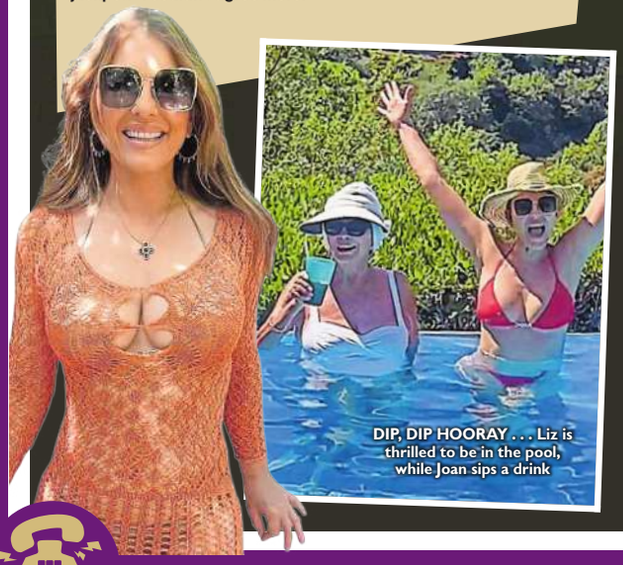
NOW here's a holiday snap I didn't think I'd see.

ELIZABETH HURLEY and her director son **DAMIAN**, posing in the sunshine with her boyfriend **BILLY RAY CYRUS** . . . and **DAME JOAN COLLINS**.

Liz shared snaps on Instagram of their surprising trip, revealing they joined Joan and her husband Percy on an "enchanting holiday" at their home in St Tropez.

Superstar Joan still manged to look super cool in the pool with Liz, who also posed in a chic summer dress.

The most-liked comment on Liz's post said: "Billy Ray hit the jackpot." I couldn't agree more.



DIP, DIP HOORAY . . . Liz is thrilled to be in the pool, while Joan sips a drink

ROBBIE WILLIAMS has teamed up with Ukrainian DJ and producer **MISS MONIQUE** for single Beauty In Us, which they performed for the first time in Ibiza at the weekend.

Talking about the track, which will be released on September 18, Robbie said it is "inspired by our different but equally defining experiences of electronic music and clubbing in Stoke-on-Trent and Kyiv . . . from the Nineties to the 2010s."

MATT'S DATE TOPS THE BILL

THE MOLOTOVS' MATT CARTLIDGE looks to have found a Hollywood love interest after growing close to actress **KATHRYN NEWTON**.

The notoriously private rocker was reluctant to be drawn on their relationship, but his bandmate sister **ISSEY** let slip the pair met on The **JONATHAN ROSS** Show.

Londoner Matt took the Big Little Lies star to LA's Beverly Hills Hotel, and one thing he wasn't quiet about was the cost.

Chatting to him at King's Cross Summer Sounds, in partnership with Lightroom, home of **DAVID BOWIE**: You're Not Alone, I asked how much it came to, and he said: "For an omelette at the Beverly Hills Hotel?. Omelette – ham and cheese, two coffees and pancakes, but she got all the add-ons, you know, like strawberries. It was $80 – way more than I wanted to spend, mind you."

The band go on tour next month and there are still tickets for their show at London's O2 Kentish Town Forum on September 26. That should help pay for the second date.

LOOKING BACK . . . brothers in scene from upcoming tour documentary

WRITE UP

CAPED CRUSADER . . . fan drapes himself in snap of Noel and Liam as kids

NOEL and **LIAM GALLAGHER** were both writing new songs during **OASIS**' comeback tour, music insiders have told me, but there's no guarantee the tunes will ever be released.

My tour moles explained: "Noel and Liam were writing separately on the tour.

"They both had ideas and were working on things while they were away, but it wasn't Noel and Liam sitting in a room together writing an Oasis album.

"Noel is always writing every day, and the tour was no different. And because Liam was off the drink, he was also noodling away on a guitar in between gigs.

"They both have sets of fully-formed songs, and fans would love to hear them obviously.

"Whether any of those

GOULD

'Divorce' album allludes to

AFTER referring to her new record I Know Too Much as a "divorce" album earlier this year, ELLIE GOULDING's fans were convinced it was about her marriage split.

But after having a sneak preview of her upcoming record, some might think she's crooning about another break up, which became public earlier this week.

The Burn singer is taking legal action against her old team TaP Management.

And it's little wonder Ellie is saying she's so miffed.

To keep it brief, Ellie signed with Ben Mawson and Ed Millett – whose previous clients have included **DUA LIPA** and **CRUZ BECKHAM** – in 2018.

She claims they failed to disclose that TaP's parent company, HNOE, was partially, then fully, owned by Live Nation.

During her seven years with TaP, Ellie signed agreements with Live Nation for tours and merchandise, plus a documentary film which she argues financially benefited Mawson and Millett. Ellie pumped in almost £4million as part of those deals, unaware her managers had a vested interest.

When I first listened to I Know Too Much – which I think is Ellie's most powerful body of work lyrically – I immediately connected the dots to her ex-hubby **CASPAR JOPLING**.

The couple, who have a five-year-old son, split in 2024.

But now I know about her row with TaP and looking back over my notes, it seems some of it

ELLIE HENMAN'S

circle

PUMPED UP . . . Oasis fans at their reunion tour

CHEEKY . . . Liam gives Noel a peck during gig

FOR IT

songs ever come out, or whether they become Oasis songs, is another matter though."

I'm now waiting with bated breath for the announcement of Oasis' next run of concerts.

The brothers will play six huge shows at Knebworth and a residency at Manchester's Etihad Stadium, alongside a string of other massive concerts.

Their film, Oasis: Don't Look Back In Anger, will have its premiere at the Venice Film Festival on September 8, before being released in cinemas the following week.

Here are some stills from the trailer of the film produced by Peaky Blinders writer **STEPHEN KNIGHT** and I can't wait to relive it.

oasis

DON'T LOOK BACK IN ANGER

YOU could be in GUY RITCHIE'S next movie. A walk-on role in one of the upcoming films Guy, *inset*, is directing is up for grabs as Children With Cancer UK puts on its most showbizzy auction yet.

You could bid for afternoon tea with EastEnders' NATALIE CASSIDY, or a PICASSO painting and VIP festival tickets. While MEL C, KATHERINE JENKINS and JACK WHITEHALL are offering meet and greets.

It is all to raise funds for groundbreaking research into the prevention and treatment of childhood cancer, as well as support for affected families. The auction runs from today at 8am until Friday. See thereallybigauction.com.

PHOEBE BRIDGERS received the worst 32nd birthday gift on Monday – appendicitis.

The US singer, who is set to top the album charts tomorrow with Lost Weekend, has had to postpone intimate shows in Kingston, Brighton and Bristol.

She told her fans: "I got appendicitis for my birthday. But I'll make it up to you!"

Phoebe got a boost from TAYLOR SWIFT who bigged up her record to her 273million Instagram followers.

Tay wrote: "Haven't been able to stop listening. This album is an absolute triumph in every way."

WEEKND'S FIREWORKS FALL FLAT

CAUGHT LIVE
THE WEEKND After Hours Til Dawn Tour, Wembley Stadium
★★★

WITH 129million record sales and a seriously big budget behind him, expectations were high as THE WEEKND took to the stage at Wembley Stadium.

From the get-go, it was clear that money was no object, thanks to a giant cross-shaped stage with a 40ft silver "sexy robot" in the middle.

But after a cult-like opening with 30 cloaked dancers, I have to admit things all felt a bit samey.

He's spent four years touring the world and The Weeknd's vocals were flawless throughout the two-hour spectacle.

The mammoth 38-track set was punctuated with hits including Can't Feel My Face, Star Boy and Save Your Tears, before building to a finale including Blinding Lights and his SWEDISH HOUSE MAFIA collaboration Moth To A Flame.

But once you get over the giant robot and the stage shooting out pyrotechnics, things all start to blend into one.

Maybe we've been spoiled by the high standards of pop shows in recent years but I couldn't help but feel underwhelmed as I left.

And I wasn't the only one who felt that way, either.

JACK HARDWICK

GUESS/NICOLAI MARCIANO

Maura's totes gorgeous

MAURA HIGGINS looks abs-olutely fabulous in her latest major fashion campaign – seven years after Love Island changed her life.

She is the new face of Guess as it launches its Allegra bag – which she modelled in this photoshoot as she opened up about her upcoming stint on America's answer to Strictly, Dancing With The Stars.

Maura, who will start on the show on September 15, told Grazia magazine: "Confidence isn't something you magically wake up with every day.

"I still get nervous. But I trust the people around me to help me feel my best once I'm on set or in front of a camera.

"Dancing With The Stars is definitely a different kind of pressure because you're learning something completely new every week and have to perform live to an audience of millions watching, but that's also what makes it exciting.

"Growth only happens when you push yourself a bit."

DUST-UP

bitter management split

could have been influenced by Ellie's experiences in the music industry.

This is Ellie's first album since Higher Than Heaven hit No1 three years ago.

And she's already hinted that she opens some old wounds on the record, saying of her new album's title track: "It's probably the most honest song I've written. It is what it is. I know too much.

"It's tongue in cheek but it's also some kind of comment on my life so far and music. I couldn't think of a more apt title for everything I was singing about.

"I do know too much. Way too much."

I'm sworn to secrecy on the album, which comes out on September 4, and would be strung up if I gave too much away.

But if you take a quick glance at the lyrics to Black Prada Dress, the single Ellie released earlier this year, you'll see what I mean.

"I heard what you said, just as I was tasting freedom," Ellie sings at the top of the track.

"Don't want the pills, but you kinda make me think I need 'em.

"I'm tryna be a Hollywood baby, cause you made me think that London hates me."

Intriguing.

The gloves are off.

SCATHING . . . Ellie's album

With HOWELL DAVIES & JACK HARDWICK

TRACK DEFECT FOUND

Bent rail pictured

By EMILY-JANE HEAP

A TRAIN derailment that injured 30 may have been caused by a track buckling in the heat.

Investigators yesterday released an image showing a bent rail before it happened in Lewes, East Sussex.

Three carriages ended up on their side, trapping passengers on August 13, the hottest day of 2026.

The Rail Accident Investigation Branch said in its preliminary findings it will consider weather conditions. It called the fault, recorded by preceding services, a "track geometry irregularity".

Another train derailed near Wickford in Essex a day later. James MacCleary, Lib Dem MP for Lewes, said the findings "raise serious concerns".

He added: "I travel this line very regularly and reported to the authorities just how bumpy this section had become."

The Department for Transport said findings will be acted upon when the full report is out.

'Concerns' . . . derailed train

IT'S YOUR LAST CHANCE TO JOIN IN

CRAVING a taste of Italy? Your next Italian feast could be extra sweet. One hundred lucky readers will win a £100 voucher to spend at participating Bella Italia restaurants, and today is your last chance to join in.

With £10,000 worth of vouchers up for grabs, winners can tuck into everything Bella Italia does best. From hand-stretched pizzas fresh from the oven and comforting bowls of pasta to creamy gelato, Bella Italia brings the Italian tradition of sharing great food and good company to every table.

There is even more reason to visit Bella Italia this summer. Take advantage of the **Kids Eat Free** offer, available every day until September 1, 2026. It means a child can enjoy a free meal from the Kids Menu when dining with an adult who buys a main meal.

Plus, Bella Italia app users can now access **Summer Rewards** – giving them even more ways to enjoy their favourite dishes. Diners can claim a free two-scoop gelato with a main meal on their first visit, 25 per cent off food on their second visit and 50 per cent off food on their third visit.

There are two ways to enter for a chance to win . . .

1. Download the Sun Savers app or sign up at **sunsavers.co.uk**.
2. Go to the Offers section, and click Start Collecting on the Win a £100 Bella Italia voucher page.
3. Collect **THREE** Sun Savers codes. We will print one daily until this Saturday. Today's is on Page 22.
4. Enter your codes on the app or website by August 29, 2026.

OR you can join Sun Club at **thesun.co.uk/club** for £1.99 a month or £9.99 a year and get instant access to this competition, plus lots of other benefits, including competitions, exclusive articles and offers – with no need to collect Sun Savers codes.

TERMS AND CONDITIONS: 18+ England, Scotland and Wales residents only. Sun Savers multiple code collect August 15 – August 22 or Sun Club digital subscription required. Online access required. 100x £100 Bella Italia vouchers to be won. Competition ends Saturday, August 29. Prize is non-transferable & non-refundable. Full T&Cs apply, see sunsavers.co.uk or club.thesun.co.uk/sun-club. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless cancelled seven days before the next billing date. Full T&Cs apply, see thesun.co.uk/club.

18+. UK Only. Min Speed 2.5Mbps. Live scheduling may be subject to change. Full terms apply.

HAYDEN'S LAST KINDNESS

'Hero to animals' . . . Hayden in ad against cruelty to whales, below

Picture: PETA

TRAGIC Hayden Panettiere poses in a bath for her last act of kindness — calling for an end to keeping dolphins and whales in captivity at marine parks.

Charity Peta yesterday released images from its ad campaign featuring the actress.

An emotional Hayden, *left*, says in the clip: "Can you imagine their frustration, their trauma, their depression?" The shoot took place two weeks before the mum of one, 36, died from a suspected drug overdose in South Carolina.

In a nod to the star's sci-fi series Heroes, Peta called Hayden a "hero to animals".

By JANINE YAQOOB

Stand-up comic . . . Fil

Cheesy gag wins at Fringe

By MATT BELL

AFTER thousands of groans and eye-rolls, the winner of the inaugural Cheez-It Cheeziest Joke Award has been crowned at this year's Edinburgh Festival Fringe.

Stand-up Fil Milton beat 130 rivals to win the £1,000 prize with this gag: "My brother convinced me to go halves on a used funeral car.

"I can't believe I was so easily co-hearsed."

Fil, of Preston, Lancs, narrowly beat London-based Bróccán Tyzack-Carlin, who quipped: "I'm looking for a new job.

"I walked past a mirror shop the other day and thought, 'Ooh, I could see myself working there'."

LOSS OF CONTROLLER

Gen Z gamers are most prone to quit in rage, but 70 per cent play again in half an hour, a poll said.

FIGHTERS TO PASSENGER JETS

This is your Group Captain speaking

Safer . . . flying airline such as Virgin

EXCLUSIVE by STEPHEN MOYES

52 RAF TOP GUNS QUIT... & MANY JOIN AIRLINES

FIFTY-two fighter pilots quit the RAF in the past two years — with some doubling their pay with airlines.

Sir Richard Branson's Virgin Atlantic alone recruited six, after they had cost taxpayers around £10million each to train.

The 52 were Top Guns on the F-35 Lightning and Typhoon.

Their departures coincided with a Virgin Atlantic recruitment campaign, revealed by The Sun in 2024.

RAF pilots, who can quit after six years' frontline service, typically earn £50,000 to £55,000, while airlines can offer £100,000-plus. Sources claim woke RAF recruitment that held back white men was also to blame.

The exodus, revealed by a Freedom of Information request, is raising fears over maintaining enough RAF pilots for national security.

One air force source said: "The RAF spends a decade and a fortune creating these incredible aviators.

"It then watches airlines including Virgin Atlantic pinch them for twice the pay – and a fraction of the risk.

"We've got Russian bombers probing our airspace. We're losing the very people we need."

Virgin Atlantic sources said the airline had hired six fast jet pilots since 2024. The firm said it "values the wealth of skills, experience, and professionalism" of military pilots.

stephen.moyes@the-sun.co.uk

THE Sun SAVERS

sunsavers.co.uk TikTok: @sunsavers Facebook.com/thesunsavers

DEAL OF DAY

ADD storage space to your bedroom. This four-drawer coral pink chest is down from £112 to £78 at Wilko.

SAVE: £34

CHEAP TREAT

GIVE your outdoor area a pop of extra colour with a pot of Cyclamen, currently £2.99 at Lidl.

PRETTY GOOD WAYS TO SAVE ON PRODUCTS

Refill your boots

FROM shampoo to toothpaste, the cost of everyday toiletries we use can quickly stack up.

But with a few easy steps you can trim down on spending.

By LANA CLEMENTS

POUCH IT: If you invest in a few dispensers for handwash, shower gel, shampoo and conditioner, you can top up with pouch refills typically cheaper than bottled counterparts.

For example, a 400ml bottle of L'Oreal Elvive extraordinary oil shampoo costs £7.50 from Amazon, whereas you can bag the refill 500ml pouch for £5.

Original Source, Radox, Sanctuary Spa, Dove and Baylis & Harding are popular brands that sell pouches on Amazon.

FREE PERIOD PRODUCTS: If you're struggling to afford women's sanitary products, try taking a trip to Aldi.

The supermarket offers free period products in all customer toilets so that women can take what they need, when they need. You don't need to buy anything or use a special code for access.

STOP DUPLICATING: Many of us are guilty of owning multiple half-used products that do the same job.

Consider making a commitment to use up all of one product before buying anything new that does the same or similar job, such as a face moisturiser.

USE UP: Make the items you buy go a little further. You'll often find that if cut open, an "empty" toothpaste or hand cream tube, you can find enough product for another couple of uses.

REUSABLE: You can save a chunk of cash by opting for more reusable products instead of shelling out on disposable items.

For example, reusable make-up pads can be thrown in the wash after use to be used again and again so you can save on buying endless packs of cotton wool.

Charity freedom4girls estimates that reusable period pants and menstrual cups can save a woman up to £5,000 over a lifetime.

Reusable razors are another item that can be worth a small up-front investment to save over the longer term.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

What's new?

HEAT up Gu's new dipping chocolate fondu and dunk fruit for an easy yet dreamy dessert, £2.50, from Sainsbury's.

Little helper

KEEP food fresh and cut down on waste with these reusable food wraps, £2.69 from Aldi. Perfect for sandwiches, cheese and leftovers.

TOP SWAP

£60

LET your guests know when the party is over. This cushion, *above*, is £60 from The Pillow Drop at Anthropologie. Or get the same message across at a lower cost using the George from Asda cushion, *below*, £12.

SAVE: £48

£12

THE Sun RAFFLE

250 PRIZES TO BE WON

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Enter your unique code

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18+ UK only (excludes Isle of Man & Channel Islands). Multiple code collect. See full T&Cs at sunsavers.co.uk/terms

Need help with Sun Savers? Email help@thesun.co.uk

SHOP & SAVE

THIS striped folding chair is simple but chic. Even better, it's now down from £15 to £12 at Argos.

SAVE: £3

HOT RIGHT NOW

BUY two King Pot Noodles for £2 at Co-op, saving 90p. The offer is available until the end of the month.

Hearing . . . Old Bailey

Shooter missed 3 times

By MIKE SULLIVAN

A MASKED gunman missed three times when he tried to shoot a man in a corner shop, a court heard yesterday.

Mustafa Bolat, 29, is accused of trying to kill Ali Unlu — who later refused to give a witness statement to police.

CCTV showed a man with a pistol burst into the store in Wood Green, North London, in March.

He fired three shots, one from inches away, before Mr Unlu wrestled him against the shelves.

Prosecutor Nicholas Alexander told the Old Bailey: "The two continue to grapple, falling into the refrigerated cabinet and then off towards the bottom of the screen."

The attacker walked out while Mr Unlu threw a bottle, which missed.

Bolat, of Tottenham, denies attempted murder, possession of a firearm and ammunition with intent to endanger life.

The trial continues.

'Missing' in prison

A BRIT athletics coach reported missing is actually serving a prison term in Morocco for sexually assaulting a minor.

Leon Baptiste, 41, went off grid three months ago as he trained stars for the Commonwealth Games.

He had sent a message saying he'd be absent "for a while" but colleagues were unable to reach him.

But sources told the BBC he was arrested in Marrakech in May and later convicted. The Home Office said it is aware.

Baptiste won two sprint golds at the Commonwealth Games in 2010.

RECORD HEATWAVE OVER

BRIGHTON

Return of the mac for one drenched family

62-day dry spell comes to an end with deluge

IT'S RAINING RAIN ...HALLELUJAH!

WISLEY

Machel & Keisi rejoice at rain

BRITAIN'S driest place finally got a soaking yesterday after a record 62 days without rain.

The extraordinary spell at Wisley in Surrey, the home of British horticulture, began on June 17.

Back-to-back heatwaves have left its grounds parched and scorched.

Meteorologist Aidan McGivern said: "Wisley's run is remarkable and underlines the exceptional nature of summer."

Visitor Karen Malczewski, 65, of Ashtead, Surrey, said of the precipitation: "It's so refreshing. Hopefully the gardens will recover." Pals Machel Green, 39, and Keisi Johansen, 37, of Leatherhead, Surrey, added: "We all needed rain!"

By PAUL SIMS and SEBASTIAN HAW

Last month was the driest July since records began 190 years ago. Three-quarters of England is in drought, with more than 27million under hosepipe bans.

Downpours, which hit areas including Brighton and Devon are due to continue UK-wide today with flood alerts in place.

● **STORM** names for 2026/7 will include Aardman animation's Shaun the Sheep or Timmy the Lamb. Fans can vote on the Met Office's social media this week with the winner revealed on September 1.

DORSET

Car sprays puddle in Mudeford

Picture: DAVID MCHUGH AND JON BOND

5G

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EXCLUSIVE HOME SEC REVEALS GOVT PLANS FOR RWANDA-STYLE BLITZ ON MIGRANTS

BARRED . . . detention centre bedroom

HUB TOUR . . . Sun's Martina with Shabana Mahmood at Heathrow Immigration Removal Centre

Pictures by DARREN FLETCHER

By **MARTINA BET** Chief Political Correspondent

We'll relentlessly bear down on them...and we will stop them

TOURING Europe's biggest immigration detention centre in London, Shabana Mahmood revealed government plans for a Rwanda-style crackdown on failed asylum seekers.

The Home Secretary said talks were ongoing over return hubs across Europe and beyond as she was shown the facility where detainees await deportation.

As ministers bid to ramp up removals from the UK, Ms Mahmood visited the induction wing at Heathrow Immigration Removal Centre on Tuesday, where foreign national offenders who have served their sentences are held alongside immigration offenders.

In fact, some 40 per cent of our removals are handled here.

The Minister's tour marked the number of criminals and immigration offenders returned from Britain hitting its highest level since 2016.

Some 80,286 people have been removed since Labour won the election in July 2024, including foreign criminals, immigration offenders and failed asylum seekers.

But just 6,103 had arrived by small boat, while only 19,622 of the overall total were enforced returns.

A further 11,733 were foreign national offenders, including 5,995 removed under the early removal scheme.

'Fewer options'

Inside a bedroom at the Heathrow hub, Ms Mahmood was shown two narrow single beds sitting just feet apart beneath a barred window.

The basic room has white walls, grey flooring, small desks and chairs, with bedding folded on top of the beds ready for new arrivals.

Detainees have access to communal facilities, including a TV and pool table And this is the wing where new arrivals are processed before being moved into the wider centre after a couple of days.

As Ms Mahmood unveiled the most recent discussions about removing migrants to a third country, she insisted France has already begun deportations under a separate, UK-funded blitz aimed at stopping them reaching small boats.

But she vowed to go "further and faster" against Channel crossings, declaring: "We're going to bear down on small boats relentlessly."

And as smugglers turn to "mega-dinghies" carrying hundreds of migrants at once, she warned: "Rest assured, them changing their tactics is because they're finding it more difficult to operate.

"And now they're thinking of new ways of getting around the changes that we're making with the French. We will find ways to stop them."

Meanwhile, she insisted Labour was right to scrap the Tories' Rwanda scheme – which would have sent illegal migrants to East Africa to have their asylum claim processed with a view to staying there – because it "did not work".

But she confirmed ministers remain open to a solution based on the same principle, telling The Sun: "We are also looking at third-country hubs, returns hub models.

"These are live conversations that are happening across Europe, but in other parts of the world as well."

The Government has previously confirmed negotiations with a number of countries over return hubs, but no deal has been announced. Return facilities would be aimed at failed asylum seekers who cannot be sent directly back to their home countries, rather than exactly replicating the Rwanda scheme – which Labour axed after taking power, arguing it was hugely expensive and had failed to act as a deterrent.

Ms Mahmood said any future agreement would have to prove it was effective and legally watertight.

She said: "Is it going to be able to do the thing that it says it's going to do? Can it do so in a way that is compliant legally as well?

"Those are the same challenges other countries in Europe are grappling with. There's no easy answers."

France has begun removing migrants under the £662million, three-year deal funded by UK taxpayers. The agreement, struck in April, includes plans for a detention centre in northern France to hold migrants before they can make the Channel crossing.

But Ms Mahmood stopped short of confirming if the long-awaited detention centre would be operational by the end of this year.

She insisted the French were "doing their bit", saying they had increased prosecutions and were bringing more people to justice.

And she warned Britain would stop funding parts of the French crackdown if they failed to deliver.

The deal is also set to boost the number of French law enforcement officers deployed against Channel crossings by 40 per cent.

Ms Mahmood defended French cops amid criticism they fail to stop packed dinghies once they reach the water, insisting officers have "much fewer options" on the shoreline due to the risk to migrants' lives.

She said: "There is a huge amount of work happening . . . that is stopping people getting to the water's edge in the first place."

The Sun Says — Page Ten

PERILOUS JOURNEY . . . migrants set off from northern France, packed on a mega dinghy, as they cross The Channel for Britain

Split . . Keavy & Comer

B*Witch pop star 'harassed by her ex'

By HOLLY CHRISTODOULOU

THE ex husband of B*Witched singer Keavy Lynch appeared in court charged with harassing the former pop star.

Nathaniel Comer, who has three kids with Keavy, allegedly sent "repeated messages" and showed up at her home unannounced.

Comer, 45, pleaded not guilty to harassment without violence at Warrington combined court on Monday. He was bailed until December.

C'est La Vie singer Keavy met businessman Comer on a dating app and they wed in 2017.

They had daughter Freya in 2018 then twins Felix and Elàna in 2020 but divorced in 2023.

The charges relate to the period July 2024 to February last year.

Keavy, 46, now a counsellor, and sister Edele were in the Irish group which had four No1 hits from 1998 to 1999.

Apology . . . Years

Dog food recall as pets get dry-eye

By LAUREN UTTLEY

A DOG-food brand has been recalled after dozens of pets suffered dry-eye.

Years has emailed its 40,000 customers warning of a link between its buckwheat ingredient and the condition.

It had received reports of around 57 cases and urged owners to stop feeding the food to pets.

Dry-eye is caused by a lack of moisture and can lead to severe corneal damage and blindness.

David Felton, 39, of Edgware, North London, said spaniel cross Cookie had eaten the food for 2½ years but is now "in a lot of pain" with gunky eyes.

Treatments have cost £1,500. David said: "It's incredibly disheartening. You expect food made from fresh, healthy ingredients to do them well."

Years apologised and told customers to contact their vet if they notice signs including redness, excessive blinking and pawing at the eyes.

FISH AND TRIPS

£130m animal crossings include 'fish motorway'

MORE than £130million has been spent on a handful of animal crossings across the UK — including £12million on a "fish motorway".

The crossings are built to protect wildlife including bats, snakes and deer from roads, railways and rivers.

By ED SOUTHGATE

But William Yarwood, of campaigners The TaxPayers' Alliance, said: "These sums expose why UK infrastructure projects are among the most expensive and delayed in the world.

"Environmental mitigation has turned road and rail upgrades into financial black holes."

The 200m Colwick (Holme Sluices) fish pass has been operational since 2024 in Nottingham. But no formal monitoring has taken place — raising doubts over its effectiveness.

The Environment Agency installed it to help salmon and other migratory species navigate the Colwick flood defences on the River Trent.

Dr Scott McKenzie, of the Trent Rivers Trust, praised the scheme, but added: "Without a robust monitoring regime, we will remain in the dark." One local wrote online: "All it's done is serve fish up as dinner to hordes of cormorants."

The Environment Agency said: "Monitoring will begin during migration periods this autumn."

Elsewhere, a "bat tunnel" for HS2 in Buckinghamshire will cost £114million, while "green bridges" are being built over the A3 at Cobham, Surrey, and the A30 in Cornwall.

Fish run . . . at Colwick sluice

Axed for tot insult

A PARAMEDIC who told a patient to "stop being a baby" has been struck off.

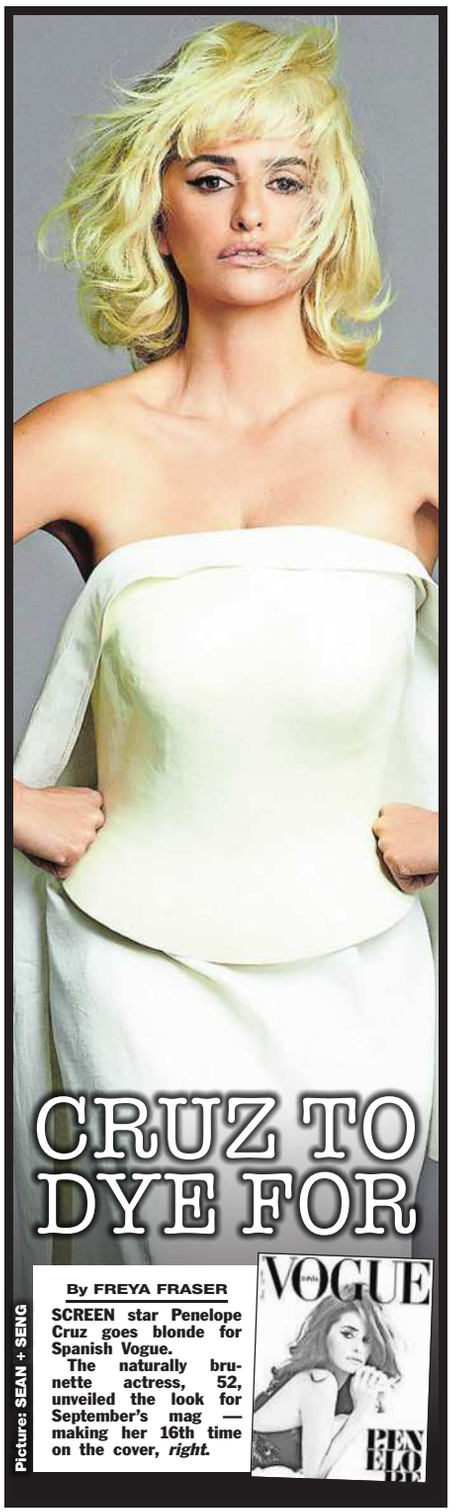
Rachel Lemonofides accused the woman of lying about being unable to walk and she was "forced to crawl downstairs" at her home.

The patient was later found to have had a stroke as well as life-threatening burst aorta.

The Health and Care Professions Tribunal Service ruled Lemonofides was guilty of serious professional misconduct.

ASKEW PRICE

A wonky 17th-century building — Canterbury tourist magnet The Crooked House — is on sale for £650,000.



CRUZ TO DYE FOR

By FREYA FRASER

SCREEN star Penelope Cruz goes blonde for Spanish Vogue.

The naturally brunette actress, 52, unveiled the look for September's mag — making her 16th time on the cover, *right*.

Picture: SEAN + SENG

Jailed . . Guermoune

Migrant convert a sex fiend

By JULIA ATHERLEY

AN illegal immigrant who fled his homeland after converting from Islam has been jailed for a sex attack.

A judge told asylum seeker Amine Guermoune he showed "nothing of the tenets of Christianity" by targeting a drunk and vulnerable woman.

The Moroccan national, 38, loitered around Newcastle after clubs closed in May then groped her in a fake doorway as she tried to fight him off.

Guermoune continued even when a man tried to intervene, before he was detained by door staff. The attack was caught on CCTV, the city's crown court heard.

He admitted sexual assault, was jailed for a year and will be on the sex offenders register for ten years.

Judge Tim Gittins said Guermoune's deportation will be determined by the border authorities.

Skeleton park find

HUMAN bones have been found at a country park — with police treating it as a crime scene.

Locals say the remains were unearthed by fires.

Blazes can burn away topsoil to reveal buried items, meaning the skeleton found at Bedfont Lakes in Hounslow, West London, could be historic or more recent.

The Met Police said: "The bones were confirmed to be human.

"Further testing is under way to establish the age of the bones and ascertain identity. A crime scene remains in place."

BAT SIT CRAZY

A dehydrated bat was found trapped in a toilet bowl after flying in to a house in Sussex in search of water.

Stacked . . . outlets

Biggest Big Mac country is small

EXCLUSIVE by STEPHEN MOYES

TINY Andorra boasts the most McDonald's per person in the world.

The Pyrenees principality, famed for cheap ski trips, has five for its 83,000 population, that's one per 16,600 residents.

Next came Australia at one per 25,100 people, found our analysis, based on 2025 figures for Maccy D's restaurants and population estimates.

The US, the chain's birthplace, was third (one per 25,400). The UK has one for every 46,000, behind fancy food-loving France (one per 41,000).

Bottom place is Cuba, with just one Golden Arches branch for its 11million population. That is at the US base at Guantanamo Bay so cannot be accessed by locals.

McDonald's had 45,356 restaurants at the end of 2025 – up from 43,477 in 2024. There are none in Russia or ally Belarus since the Ukraine War.

Treenis . . . woodland

Fury over the chop for 'Penis Woods'

By WILL BARKER

A MUCH-LOVED woodland known as "Penis Woods" for its suggestive shape is being chopped down – despite protests.

A petition to save the 200-year-old site said: "It's not just any woodland, it's a penis-shaped woodland, visible from the motorway."

Locals said that Castle Crawford Wood, south of Biggar, Lanarks, should be a "protected landmark". More than 2,700 people have signed a petition against felling the area – which is also known as the "treenis".

But Scottish Forestry has got rid of most of the woodland which used to amuse motorists on the nearby M74 – now only a small part remains.

Scottish Forestry said the wood had "reached the end of its natural life cycle", adding it would be "restocked with an appropriate mix of trees to ensure a sustainable woodland long-term".

NO NARCISSISM, NO POUTING, N

By CLEMMIE MOODIE, Assistant Editor, Showbiz

FROM humble beginnings come great things, so the saying goes.

In the age of the internet, few demonstrate this better than Council Estate Queen, aka Lily D.

An unlikely influencer – no pouting, no #ads and not a scintilla of rampant narcissism – nonetheless, an influencer she is. One amassing 2.5million followers, and an incredibly loyal fanbase.

Her schtick is two-fold: hilarious, observational comedy and skits under her council estate moniker – a nod to her childhood on one of Salford's toughest streets – plus her personal account, Lily D, which details emotional hardships like an abusive ex-boyfriend and mental health issues.

But her overall message is one of joyful positivity, or as Lily says: "Turning pain into purpose. It doesn't matter where you're from, it's where you're going that matters."

And purpose she has, filming and editing up to five videos a day, working with various charitable organisations and, well, ensuring she need never again worry about where her next meal might come from.

While, understandably, keen not to share her precise salary, off-camera she tells me, shyly.

Suffice it to say, I'm in the wrong job.

In her first sit-down national newspaper interview, 38-year-old Lily says: "I didn't set out to do this. I didn't know it was an option.

Celeb fans

"It really began in lockdown, I just started doing videos of my pets to pass the time and then found this app called TikTok.

"Once I got a bit more comfortable I started to do a few dances and show off my personality a bit. Then I thought, 'Well, what can I do that I can really sink my teeth into?'

"And I thought, 'I can tell stories about growing up on a council estate,' because that's so easy to tell, I've got stories for days.

"Then, bam! Within a week I had 100,000 followers . . . and the rest, as they say, is history."

Indeed it is.

In the subsequent five and a half years, Lily's followers have rocketed, and she regularly gets recognised. ("The first time it happened I was in aisle seven of Sainsbury's, I think.")

Indeed, during our chat at Manchester's trendy private members' club Soho House, she gets "spotted".

She boasts a raft of celeb fans including Rag 'N' Bone Man (who invited her and her dad to a private gig), Vogue Williams, Celeb Traitors star Joanne McNally, Transformers actress Sophia Myles and Jimmy Carr.

But over the past four months she has also come to the social media fore with her ingenious takedown of Katie Price's conman husband Lee Andrews.

Her near-daily posts – showing Lily dressed up in an orange prison jumpsuit and half-bald toupee in a nod to his jail antics and overnight hair system – have been shared and reposted more than 50million times.

She is supported by Lee's exes Alana Percival and Dina Taji, as well as hordes of Katie Price fans.

"I like Katie, she's achieved a lot," she says. "But, well, Lee . . . he's fair game, isn't he?

"Some of the things he has come out with are just comical. His lies!

"There is, of course, a more serious side to some of the allegations against him and I am aware of these, so I try and be mindful. I have blocked him now, though . . . "

Her most popular video has been viewed by 11million people – equivalent to around one in five of the UK population – and she racks up 80-100million views a month across Facebook, Instagram and TikTok.

She also has more followers than, say, Sting.

Not bad for a girl who grew up in such extreme hardship – her troubled parents were both drug users, meaning she effectively had to raise her younger siblings.

She recalls: "I remember looking in the cupboards for food and when there was nothing else, there was always some butter, sugar, flour and some carrots.

"I'd mix it all up and tell my siblings I'd made them a cake so they'd have something to eat."

She says growing up on a council estate in the Nineties wasn't easy – and not helped later by shows like Benefits Street, which portrayed some working-class people as "scroungers".

"There are a lot of stereotypes out there," she adds. "People do judge. I was bullied a bit at school, and sometimes kids wouldn't want to play with me because I was from a council estate. Kids can be cruel.

"There is nothing wrong with being on benefits, to be clear – lots of people are because they're struggling to work or have kids and it's hard, or they physically can't work.

"But having no food on the table, and seeing my parents relying on the benefits, it became very apparent we were poor and it gave me the impetus to go the other way.

"I didn't want to rely on the State, or rely on anybody ever again. It gave me the drive."

Hearing Lily speak, it is clear she is fiercely bright. Oh, and generous. Greeting me for lunch, she comes armed with gifts including my favourite brand of candle ("Oh, don't worry, it was a freebie," she shrugs cheerfully) and then veritably fights me to pay at the end of our meal – two steak and chips.

I have dined with multi-millionaire celebrities, and only one has ever offered to pay. Truly, being in her presence is a joy.

Articulate, extremely modest and passionate about helping others, after leaving college Lily completed an apprenticeship to become a mechanic.

She then worked three jobs at a time – for Citizens Advice, at her mate's sunbed shop and pulling pints in a pub at night (plus a brief stint in a Costcutter) before travelling to Egypt to become an entertainer.

Today, of course, she is on track for

JEST A MINUTE . . . online Lily's targets for a teasing include jailed Lee, *inset left*

SCREEN SCREAM . . . Lily's scary online time totals

'I got dealt a sh*tty hand as a kid and it gave me the impetus to go the other way. I turn pain into purpose. It's not where you're from, it's where you're going'

Council Es the positiv

NO ADS...JUST REAL LIFE & FUN

state Queen, ve influencer

TOTAL DEE-LIGHT . . . Lily's message to fans is one of joyful positivity

Photography by SIMON JONES

AFTER our hour-long interview, a time when most celebs cannot scarper out of the room quick enough, Lily is keen to try to turn me into an influencer (@clemmiemoodie, readers).

"Right, I've seen this dance trend – we're doing it," she cackles, as I am forced to change into a prison costume (an ode to Lee Andrews, currently incarcerated in Dubai's Al Awir prison), and do an excruciating TikTok dance.

That fresh hell over, I suggest another game I have seen on the popular Chinese app: "I like you better".

It largely entails us mocking each other.

Over the past few months I have been widely trolled for having dirty trainers so Lily says: "I like you better in your dirty trainers," and out they are whipped.

She then mocks my "Jeffrey Dahmer glasses" I sometimes wear, so I don a pair of novelty specs. I am also endlessly teased for having "eyebrows that look like they have been Sharpied on" so she also gives me a fetching huge, thick, black monobrow.

It's as ridiculous as it sounds, but a lot of fun – I can see why the kids love it. The resulting video is cut and edited, and really rather slick. If embarrassing.

When we share another trend on socials the day after our interview, I am, for once, met with universal "likes" and compliments – utterly unheard of for a journalist.

It's a glimpse into a whole new side of the internet – and I love it.

HAVING A BALD . . . Lily and our Clemmie's dance routine as Lee Andrews

BRISTLE DO NICELY . . . Lily gives Clemmie an enormous monobrow

'I'm not flash. But my council flat is quite posh. I never imagined this could be my job. Some women say I saved their life...not sure I did but that makes it worthwhile'

early retirement.

("Oh but I'm not flash, I still live in a council flat . . . although it's quite a posh one . . . but I have now bought a house as a rental investment.")

While her fame is now going mainstream, she is regularly asked to appear on TV shows, and her fans are desperate to see her in the Celebrity Big Brother house alongside Andrews, she works bloody hard for it – albeit in fancy dress costumes, not down a mine.

So what's your screen time, Lil?

"Ohh how do I find that?", she asks. After showing her how, she inspects her two mobiles (content creators "need two", apparently).

It makes for eye-widening reading. "Nineteen hours!!!! Oh my God. That's awful, isn't it?! When do I sleep?"

Not much, it seems.

After our interview, she gamely spends an additional hour filming "content" with me, and making me do my first ever TikTok dance.

She looks natural and funny, I look like I have a gun to my head.

She is passionate about giving back, and after escaping an abusive relationship, she is now an ambassador for Salford's Survivor Project charity.

She also regularly refers her followers to the National Domestic Abuse Helpline, and says hundreds of women have messaged her to say they escaped their toxic relationships because of her.

She says: "A few women have messaged me to say I saved their life. I'm not sure I did, but all of the incredible messages like that make it all worthwhile."

Certainly Derbyshire-based Lily's backstory makes for hard reading.

A 12-month relationship with her physically violent ex led to him serving a six-month prison sentence and she had to relocate after his release.

Since finding fame she has also had a stalker who was reported to police, while in a separate incident in 2023 her dad John was attacked and left in a coma for a year, and is now severely mentally handicapped.

His attacker received a life sentence, but could serve just nine years despite the fact John now requires full-time care.

It's been a lot.

Lily, who has been left with complex PTSD, is on anti-depressants and has regular therapy, but remains one of the most upbeat people you could ever hope to meet.

And it's because of all this that she remains incredibly private about some aspects of her life.

Night terrors

Fame may court her, but she doesn't court fame.

She says: "I try not to trauma-dump on people too much. And I don't wake up in the middle of the night having one of my night terrors and whip my phone out to film it.

"Some stuff stays private. But I have built such a community online, and the connections I've made, the people I have helped, are worth their weight in gold.

"I do lots of community projects now but the goal is to set up a foundation for people who have been through stuff like me.

"I'm also working on telling my life story in a video format, and that's gonna be a six- to eight-part thing.

"And I've been doing some illustrations and artwork, which I've been sharing with my audience, and they're telling me I need to do a book. I *do* need to do a book.

"I got dealt a sh*tty hand of cards as a kid, but here I am. I love what I do, I never imagined this could be my job, and I get to put a smile on people's faces every single day.

"I hope people might hear my story and know they can do whatever they want too."

Thursday

Sun TV 4-PAGE SECTION

TV GUIDE

BBC ONE

6am Breakfast (S)
9.30 Countryfile Treasures John Craven tells the story of three pioneering women. (R,S)
10.30 Garden Rescue (R,S)
11.15 Homes Under The Hammer Featuring properties in Newcastle-under-Lyme, Stafford and Worthing. (S)
12.15 Bargain Hunt Two teams scour Ardingly antiques fair to pick up bargains to sell at auction. (R,S)
1.00 BBC News (S)
2.00 Money For Nothing Sarah Moore attempts to save a 100-year-old rug. (S)
2.45 Escape To The Country Jules Hudson helps a couple from Kent to find a property in Cornwall. (R,S)
3.30 The Repair Shop Items include a Victorian movie machine and a pair of dilapidated designer chairs. (R,S)
4.30 The Answer Run Quiz hosted by Jason Manford. (S)
5.15 Pointless Quiz hosted by Alexander Armstrong and Nish Kumar. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

9pm Puzzle setter John gets new job as a crime scene consultant in Ludwig

7.00 The One Show Roman Kemp and Clara Amfo present the live magazine show featuring a mixture of celebrity chat and stories of interest. (S)
7.30 EastEnders Priya takes advice from an unlikely source and it is the day of Penny's shop opening. (S)
8.00 Dragons' Den (8/14) Evan Davis presents as entrepreneurs pitch water-saving powder-to-liquid hair care, traditional confectionery, handcrafted spice blends and a mission-led travel start-up. (S)
9.00 Ludwig NEW (1/6) John 'Ludwig' Taylor gets new job as a crime scene consultant and a double confession sees him proving who did not commit a crime at a theatre. Return of the drama starring David Mitchell. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 The Truth About My Murder NEW (1, 2 & 3/6) Triple bill. The police investigation into a murder at Wentwood Forest, near Newport, in 1996, after the discovery of a human skull among the dying embers of a woodland fire. Next, the discovery of a woman's body in a suitcase next to the M4 motorway. Then, the death of a woman in a car crash that soon pointed to murder. (S)
12.40 Alan Carr's Picture Slam Game show. (R,S) Followed by **Weather For The Week Ahead** **1.30-6am** BBC News (S)

BBC TWO

6.30 am Escape To The Country In Herefordshire. (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: Gardeners' World With Monty Don. (R,S,SL)
9.00 BBC News (S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? Owain Wyn Evans, Greg Rutherford and Abby Cook 'visit' Kirkby Lonsdale. (R,S)
2.45 Animal Park Summer (R,S)
3.30 Serengeti II As tensions rise, it is a dangerous time to be born. Old enemies cause trouble for the lions and baboons, while the hyenas make life hard for the jackals and the leopard cubs. (R,S)
4.30 Vintage Antiques Roadshow From Burton-on-Trent. (R,S)
5.10 Flog It! Paul Martin presents from the Royal Marines Museum in Hampshire. (R,S)
6.00 Richard Osman's House Of Games Double bill. Edith Bowman, Rhys James, Anita Rani and Simon Rimmer test their general knowledge skills. (R,S)

9pm David Olusoga examines the Victorian era in A House Through Time

7.00 Today At The Test England v Pakistan. Highlights of the second day of the first Test in the three-match series, held at Headingley Cricket Ground in Leeds. (S)
8.00 The Big Deal With Steph McGovern (2/6) Having said goodbye to one pair, the six remaining teams of aspiring art dealers are tasked with buying and selling works to meet the brief of two high-end homeowners. (S)
9.00 A House Through Time (2/4) David Olusoga examines the life of Victorian-era residents of the house on Calton Hill, including Thomas Mains, a maker of expensive shoes. (S)
10.00 Red Dwarf (2/6) A mechanical life form named the Inquisitor's quest to eliminate worthless beings brings him aboard Red Dwarf, where he has plenty of candidates to choose from. (R,S)
10.30 Newsnight Analysis of the day's events with Paddy O'Connell. (S) Followed by **Weather**
11.05 Emergency 24/7 (1/6) A look at the emergency department at Southmead Hospital, Bristol, revealing the everyday pressures as well as the teamwork required to keep the department running. (R,S)
12.05 FILM **Tár** Drama starring Cate Blanchett, Noémie Merlant and Nina Hoss. (2022) ✪✪✪ (S) **2.35-3.35am** Sign Zone: The Mother Of All Cons (R,S,SL)

itv1

6am Good Morning Britain Morning magazine featuring a lively mix of news and current affairs, plus health, entertainment and lifestyle features. (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health advice and more. Including Local Weather. (S)
1.00 ITV News (S)
1.20 Regional News (S)
1.30 ITV Racing: From York LIVE Francesca Cumani and Ed Chamberlin present coverage of the second day of the Ebor Meeting, including feature race the Yorkshire Oaks. (S) Followed by **Local Weather**
4.30 Tipping Point: Best Ever Finals Compilation of some of the most dramatic endgames from the arcade-themed quiz hosted by Ben Shephard. (R,S)
5.00 The Chase Jane, Winston, Daniel and Sammie take part work as a team to take on one of the Chasers. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

8.30pm Will reveals his exam results to his family in Coronation Street

7.30 Tom Kerridge Cooks Italy (6/6) Tom explores Sicily's citrus heritage, from Siracusa lemons to blood oranges coloured by Mount Etna's weather. (S)
8.00 Emmerdale Caleb is determined to ruin Joe's big day. (S)
8.30 Coronation Street Leanne berates Idris for gambling with her money, and Richie asks Tim to back up his version of events. (S)
9.00 The Chase Around The World (6/6) The teams land in the final city, Athens, where they must take on and defeat all the Chasers in head-to-head battles across the region. Competition is fierce, and the race begins at dawn at the Acropolis. As the sun rises, there are clashes with the Chasers in an Athenian temple, and the shadow of the Olympic stadium, a plate-smashing quiz in a Greek taverna, and a skilful stone-carving test before a dramatic dash to find Bradley Walsh. (S)
10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 Skyfall FILM James Bond hunts the mastermind behind a terrorist attack on MI6, and discovers a former agent with revenge in mind. Action thriller starring Daniel Craig and Javier Bardem. (2012) ✪✪✪✪✪ (S)
1.20 Shop On TV 3.00 Love & Death (R,S) **4.00** Unwind With ITV (S) **5.05-6am** Deal Or No Deal: Celebrity Special (R,S,SL)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA In Brooklyn. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien meet author and broadcaster Bob Flowerdew in Norfolk, where Henry eyes up a pinball machine from a damp shed. (R,S)
1.10 The Great House Giveaway Carpenters Chris and Adam have just six months to renovate and sell a house bought at auction that's been condemned, not once but twice. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun In Estepona on the Costa del Sol. (R,S)
4.00 The Great B&B Challenge The contestants are challenged to host an event. (R,S)
5.00 Château DIY An old cow shed is converted into a sophisticated business suite. (R,S)
6.00 American Pickers An ultra-rare Ford Model-A tow truck is unearthed. (R,S)

8pm Vogue Williams and Luke Mabbott head to South Wales in Renovation Rescue

7.00 C4 News (S)
8.00 Renovation Rescue In South Wales, a fed-up family who've been living in a building site for 18 months decide to complete their renovation themselves. (S)
9.00 Love You To Death (2 & 3/3) Double bill. Lisa's world implodes as an unthinkable truth is revealed: Matthew's illnesses are not as they seem. Matthew comes to terms with a new reality. Then, as Lisa's dubbed 'Britain's Most Evil Mother' in the press and the family rift deepens, Matthew confronts his past and meets the professionals who worked on his case, as he searches for the elusive truth. (S)
11.05 Outback Murder Highway (3 & 4/4) Double bill. Investigating the disappearance of Tony Jones in hopes of determining whether he was one of the victims of serial killer Andy Albury. Then, a look at the disappearance of 22-year-old Jayden Penno-Tompsett, who vanished from the bush beside Flinders Highway in 2017. (S)
12.55 Crime Scene Cleaners A knife-wielding man refuses to leave a drug encampment in Baton Rouge. (R,S,SL) **1.50** Ramsay's Kitchen Nightmares USA (R,S,SL) **2.40** The Schoolgirl Terrorist? (R,S,SL) **3.35** Dictator: The Hitler Interviews (R,S,SL) **4.30** Couples Come Dine With Me (R,S,SL) **5.25** A Place In The Sun (R,S) **5.50-6.30am** Countdown (R,S)

5

6am Milkshake!
9.15 Jeremy Vine (S)
11.30 Storm & Alexis Discussion and debate. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 Sins In The Family FILM A suburban wife and mother's perfect life threatens to fall apart when a school counsellor becomes uncomfortably close to her daughter. Thriller starring Moniqua Plante. (2023) ✪✪ (S)
4.00 Castle A call from a mysterious stranger ignites an explosive chain of events with the first of a two-part story told from Castle's perspective as he searches for Beckett. (R,S)
4.55 Love Nature Using willow trees to prevent rivers from overflowing. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Corsica: Jewel Of The Med Cameras focus on the French island, which boasts 600 miles of stunning coastline. (R,S) Followed by **5 News Update**

9pm Dennis and Rosa investigate the death of a jackpot winner in Benidorm Is Murder

7.00 Around The World In First Class (4/4) Josie Gibson heads to Hong Kong, stays at the Rosewood Hotel, and heads out on a luxury yacht travelling around the region's many islands. (R,S) Followed by **5 News Update**
8.00 The Yorkshire Vet Matt Smith helps a cow who has suffered a massive prolapse after giving birth. Cameras also focus on a 12-year-old Boston Terrier, who has a very sore mouth. (S)
9.00 Benidorm Is Murder (4/6) Dennis and Rosa investigate the death of a former jackpot winner. Crime drama starring John Hannah. (S)
10.00 Killer At The Crime Scene The murder of Karla Godoy, who vanished after going on holiday to Peru. As detectives scrambled to uncover the truth, a shocking confession led to an international manhunt. (R,S)
11.05 Fare Dodgers: At War With The Law Investigators hunt for a woman thought to owe more than £2,300 in unpaid fares. (R,S)
12.05 Street Cops: Catching The Yobs (R,S) **1.00** Teleshopping (R,S) **2.00** GPs: Behind Closed Doors (R,S) **2.55** Castle (R,S) **3.40** Friends (R,S) **4.30** The Highland Vet (R,S,SL) **5.30** Entertainment News On 5 (S) **5.40** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS S4C: **6am** Cyw **12.00** Newyddion S4C A'r Tywydd **12.05** Cais Quinnell **12.30** Heno **1.00** Codi Hwyl **1.30** Sgwrs Dan Y Lloer **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr: Caban Banana Gareth **4.05** Chwedlau Tinga Tinga **4.20** Help Llaw **4.35** Mojo Swoptops **4.50** Annibendod **5.00** Stwnsh: Byd Rwtsh Dai Potsh **5.15** Larfa **5.20** Dyffryn Mwmin **5.45** Cuddio **6.00** Cynefin **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Pobol Y Cwm **8.25** Gwlad Y Basg: Gwilym Bowen Rhys **8.55** Newyddion S4C A'r Tywydd **9.00** Sioe Sir Benfro 2026 **10.00** Taclo'r Ty **10.30-11.35pm** Yr Afon BBC ONE WALES: **12.40am** Buried With Michael Sheen **1.40-6am** BBC News

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

By ROD McPHEE
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COVID QUARREL . . . Djokovic

NOVAK: THE WIFE ACED IT

TENNIS champ NOVAK DJOKOVIC opens up about his controversial refusal to have the Covid vaccine in his Prime Video documentary.

And he believes the resultant furore could have been avoided if he had just listened to his wife.

Novak Djokovic: The Wolf In Winter, which drops today, sees the 24-time Grand Slam title winner address his deportation from Australia in 2022 over his vaccination status.

Djokovic claims that he wrongly ignored his wife's advice not to mention on Instagram his special exemption from vaccination so that he could play at the Australian Open in Covid hotspot Victoria. He was subsequently deported.

He said it is "another reason why you should listen to your wife's instinct."

On why he decided against having the vaccine, he said: "I stood up for my integrity in what I think is best for my body and that's it."

THERE'S an early Christmas gift for Bookish fans, as the U&alibi hit is getting a festive special. As well as the two-parter Bookish: The Crown Of Destiny in December, a third series of the detective drama, starring **MARK GATISS** as crime-solving Gabriel Book, will air next year.

TRIO GET BUTTONS PRESSED

JENSON BUTTON has added some star power to The Grand Tour reboot, and the show's hosts can hardly contain their excitement.

A new trailer for the Prime Video car series has just dropped and sees hosts FRANCIS BOURGEOIS, JAMES ENGELSMAN and THOMAS HOLLAND doing some serious fanboying over the former F1 champion.

IDOL . . Jenson

Fans can expect cars flying through the air and a race with a fighter jet as the trio travel across the world on a full-throttle adventure for the reboot.

Show predecessors JEREMY CLARKSON, RICHARD HAMMOND and JAMES MAY will also join viral trainspotter Francis and YouTubers James and Thomas for a cameo in the new series.

The six-parter drops on September 4.

More listings: Pages 30 & 31

ISO IMAGES

SHOCK RETURN . . . Janine is back on the Square

ROW . . . Janine shouts at Linda. *Inset*, Max Branning

FRAMED . . . Linda and Janine

BROOK WHO'S BACK IN ENDERS

HERE'S a first look at the explosive return of troublesome Janine Butcher on East-Enders – and she is back to her old ways.

Returning to the BBC One soap all guns blazing, **CHARLIE BROOKS**' character gets straight to work stirring up chaos.

She has a heated showdown with Linda Carter, played by **KELLIE BRIGHT**, outside a church as cast including Max Branning actor **JAKE WOOD** gather for a funeral, thought to be Zoe Slater's after **MICHELLE RYAN** recently confirmed her exit. Janine and Kelly have history, with the former marrying the latter's husband Mick, played by **DANNY DYER**. Then Janine got banged up for framing Linda for a drink-driving crash that led to Mick's disappearance. And Janine bumped off first husband Barry Evans, played by **SHAUN WILLIAMSON**, by pushing him off a cliff in 2004.

Janine also helped to fatally stab her fourth husband Michael Moon (**STEVE JOHN SHEPHERD**) in 2013.

She was jailed in 2023, where she gave birth to Mick's son behind bars.

Now fans will be delighted to see the Walford icon back in the soap.

Molly-Mae do a third series

...IF SHE CAN WORK OUT HOW TO FIT IT IN

MOLLY-MAE HAGUE bagged a top telly gong for her hit documentary series but fans feared the busy mum-of-two might not have time to make a third series.

I can reveal, though, that she is in talks for another outing of her Behind It All show, which is highly prized by Prime Video for bringing in a new, younger audience.

The first two series achieved impressive ratings and bagged her the best Authored Documentary gong at the National TV Awards last year. So the streamer is understandably keen to make another run of the show.

But Molly is currently still getting used to being a mother again after having son Midas with fiancé **TOMMY FURY** in June, plus, as an influencer, she has many other demands on her time. She will start considering what her return to work will look like a few months down the line, but a third series is looking very likely.

An insider said: "Discussions for a potential third series are at a very early stage, but there's a willingness for more. It's more a question of when and how it will happen.

"Molly is now a busy mother-of-two with a burgeoning business, but as difficult as that makes filming a documentary, it also means the third outing would also have more to focus on."

It is understood that the ratings for her show pleased Prime Video plus it brought in a younger demographic thanks to Molly and Tommy's links with Love Island. The couple finished in second place in the 2019 series.

But it is fair to say they have had a bit of a rollercoaster relationship since then. Their daughter, Bambi, was born in 2023, which was the same year that they got engaged.

But, by 2024, they had split up amid mysterious circumstances, only to be reunited a year later.

The birth of their son Midas in June was revealed to the public during one of Tommy's boxing matches in Manchester.

The course of true love never runs smooth, but it does help bag documentaries with the big streamers.

BUSY . . . Hague

SURANNE SECOND COURSE

THE explosive dinner party in Doctor Foster has gone down in TV history – and it looks like an equally tense one is looming in the new series.

SURANNE JONES returns as scorned Gemma, who exposed husband Simon, played by BERTIE CARVEL, for having an affair. Picking up ten years after the fallout, which saw their teen son Tom (TOM TAYLOR) run away, the dysfunctional family is back.

TENSE . . . Jones in new series

In a first look at the third and final series of the BBC hit, GP Gemma finds herself at another strained dinner gathering. There's a crop of new faces, including Riot Women star ROSALIE CRAIG and Hijack's KARIMA McADAMS, partner of rapper PROFESSOR GREEN.

As we exclusively revealed earlier this year, Slow Horses actor DUSTIN DEMRI-BURNS plays Gemma's new partner Callum as the pair prepare to wed. But as the big day nears, shadows from the past threaten her happiness.

The five-parter is expected to drop on BBC One next year. Hurry up, 2027.

THE UK's funniest comedians are getting ready to take on the week's biggest news stories in a new series of TLC's Mock The Week. Last One Laughing star **HARRIET KEMSLEY** makes her debut alongside regulars **ED BYRNE, HUGH DENNIS** and **SARA PASCOE. DARA O BRIAIN** hosts. The show starts on September 13.

SEE TOP DANCERS IN PRIME

THE TEAM behind Molly-Mae and JESY NELSON's documentaries are now working on a new factual series following the world of competitive dance.

Production company NavyBee is casting for young dancers and their families to "explore the highs, pressures and triumphs" of the world of tiny tango.

BOOST . . JoJo

It's an area only covered by the likes of Britain's Got Talent in this country, but reality series such as Dance Moms in the US are popular and launched star JOJO SIWA.

Just like Molly-Mae: Behind It All and Jesy Nelson: Life After Little Mix, the series is likely to air on Prime Video.

Thursday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** Sort Your Life Out With Stacey Solomon **9.00** Better Date Than Never **10.00** He Had It Coming **1.15-2.40am** A Good Girl's Guide To Murder

BBC FOUR freeview 9

7pm Villages By The Sea **7.30** Canal Boat Diaries **8.00** The Bridge: Fifty Years Across The Forth **9.00 FILM** The French Connection. Oscar-winning fact-based crime thriller starring Gene Hackman. (1971) **10.40** The Poughkeepsie Shuffle: Tracing 'The French Connection' **11.35 FILM** The Graduate. Comedy drama starring Dustin Hoffman and Anne Bancroft. (1967) **1.15** Canal Boat Diaries **1.45-2.40am** The Poughkeepsie Shuffle: Tracing 'The French Connection'

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Beverly Hills **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club Kids Special **9.00** Romesh Ranganathan's Parents' Evening **10.00** Changing Ends **10.35** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30-2.20am** Deal Or No Deal

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.05** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Vera **10.00** Midsomer Murders **11.55** Trial & Retribution **1.55-2.20am** George And Mildred

ITV4 freeview 26

6am Magnum, PI **8.05** Robin Of Sherwood **9.10** Boon **10.15** The Professionals **11.30** Robin Of Sherwood **12.30** Magnum, PI **2.35** The Casebook Of Sherlock Holmes **3.45** Boon **4.50** The Professionals **5.50** Sharpe **8.00** Cycling: Women's Tour Of Britain Highlights **9.00** Benidorm **11.00** Black Sails **12.05** Hell's Kitchen **1.00-2am** The Professionals

E4 freeview 13

6am Modern Family **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **8.00** The Great Celebrity Bake Off For Stand Up To Cancer **9.00** Cruising Paradise: Above And Below Deck **10.00** Gogglebox **11.05** First Dates **12.10** Naked Attraction **1.15-2.10am** Cruising Paradise: Above And Below Deck

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** 24 Hours In A&E **11.05** 999: On The Front Line **1.15-2.20am** 24 Hours In A&E

SKY MIX freeview 11

7am Border Security: America's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Nothing To Declare **7.30** Live EFL. Sheffield Wednesday v Bradford City. Kick-off at 8.00. Coverage from Hillsborough. **10.30** Nothing To Declare **11.00** Grimm **12.00** Wynonna Earp **1.00-2am** Police 24/7

NO BLINDSPOTS . . . for loved-up hosts Emma and Matt

Sun TV review

LOVE IS BLIND UK
Netflix

IT WOULD be self-indulgent of me to expect readers to remember that I have a chequered history with Love Is Blind's UK offspring.

While I found the first series heart-warming, the second left me cold, which really isn't what you're after when the format is meant to be all about the warm and fuzzies.

To recap, Love Is Blind follows singles who date on either side of a wall, with the aim of falling in love and only clapping eyes on each other when they've got engaged.

They then go on honeymoon, live together and decide whether to say "I do" at the altar.

So it was somewhat of a stalling point to find I didn't actually care if any of the series two lovebirds actually made it down the aisle.

I was also angered by the villain edit given to poor Sophie, who was painted as a nasty gold-digger – something that she had revealed in promotional interviews and on her own social media simply wasn't the case at all.

For me it meant the series was a bin, rather than a binge. So, dearly beloved, what a thrill to report that series three, again hosted by Matt and Emma Willis, brings me the joy I so desperately desired.

There are two cast members vying for the spot as this year's villains but instead of letting them rot in toxicity, the edit allows them to explain their actions and the quirks of their personalities that led to lower moments.

Chef Jack, from Cornwall, is a standout character and I just

BBC Three 9pm Allycia hopes to find her Prince Charming in Better Date Than Never

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein's Cornwall **11.20** Yukon Gold **12.20** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy Martin: Proper Jobs **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's Cornwall **7.05** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** Hit Point **10.00** Have I Got A Bit More News For You **11.00** Taskmaster **12.00** Mock The Week: Election Special **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.20am The Bill **8.10** Doctors **9.25** Classic Holby City **10.40** Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** Classic Neighbours **3.00** Whitstable Pearl **4.05** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** The Marlow Murder Club **9.00** Father Brown **10.00** New Tricks **11.20** Luther **12.40** Lovejoy **1.50-2.50am** Sister Boniface Mysteries

REALLY freeview 44

6am Fantasy Homes By The Sea **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters **12.00** Celebrity Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **4.00** Salvage Hunters Celebrity Special **5.00** Who Do You Think You Are? **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** The Bad Skin Clinic **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** The World At War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** The World At War **6.00** Antiques Roadshow **7.00** The Blue Planet **8.00** Bangers & Cash **9.00** Dream Car Fixers. New series. A 1969 Ford Corsair. **10.00** Bangers & Cash **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.15am Property Brothers: Forever Homes **7.00** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.00** Property Brothers: Under Pressure **9.00** DIY SOS: The Big Build. In south-east London. **11.00** Lies, Deceit And Betrayal **1.00-3am** Don't Hate Your House With The Property Brothers

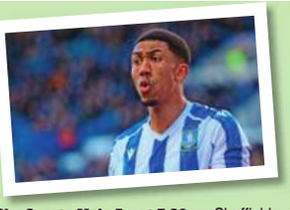
QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Flog It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** Outback Truckers **9.00** Outback Opal Hunters **10.00** The Repair Shop. A treasured table. **11.00** How Do They Do It? **1.00-2am** Salvage Hunters

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.05** Rising Damp **8.40** Some Mothers Do 'Ave 'Em **9.15** Never The Twain **9.50** On The Buses **10.20** Bread **10.55** Steptoe And Son **11.30** Oh, Doctor Beeching! **12.05** Rising Damp **12.35** Man About The House **1.05** Goodnight Sweetheart **1.40** When The Boat Comes In **2.45** Minder **3.50** Just Good Friends **4.25** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.15** Rising Damp **6.45** Steptoe And Son **7.20** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **9.55** Shameless **11.00** Man About The House **11.30** Mind Your Language **12.00** Benidorm **12.55-2am** Minder

SPORT



Sky Sports Main Event 7.30pm Sheffield Wednesday v Bradford City in the EFL

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Test Cricket Bitesize **10.15** LIVE Test Cricket. England v Pakistan. Coverage of the second day of the first Test in the three-match series, held at Headingley Cricket Ground in Leeds. **7.00** The Transfer Show **7.30** LIVE EFL. Sheffield Wednesday v Bradford City. Kick-off at 8.00. **10.30** LIVE PGA Tour Golf. The BMW Championship. **12.00-4am** LIVE Tennis. The Cincinnati Open. Further coverage of day eight of the joint ATP 1000 and WTA 1000 event.

SKY SPORTS PREMIER LEAGUE

6am PL Greatest Games **7.00** Premier League Best Goals **8.00** PL 100 Club **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** PL Years **3.00** PL Retro **5.00** The Premier League Show **7.00** The Transfer Show **8.00** The Big Interview **8.30** PL 100 Club **9.00** PL 360 **11pm-1am** PL Years

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.45** EFL Greatest Games **9.00** SPFL Greatest Games **9.30** EFL Greatest Games **10.00** Championship Season Review **11.00** SPFL Greatest Games **11.30** EFL Greatest Games **12.00** EFL Highlights **2.00** The World Football Show **3.00** EFL League One Goals **3.30** EFL League Two Goals **4.00** EFL Cup Highlights **5.00** EFL Highlights **6.30** Bundesliga Weekly **7.00** EFL League One Goals **7.30** LIVE EFL. Sheffield Wednesday v Bradford City. Kick-off at 8.00. **10.30** Bundesliga Preview **11.30** Bundesliga Weekly **12.00-3am** EFL

SKY SPORTS ACTION

6am Betfred Super League **9.00** Betfred Super League Highlights **9.30** MVP Boxing **10.30** Rugby Greatest Games **10.50** LIVE NRL. Melbourne Storm v Penrith Panthers. Kick-off at 10.50. **12.50** Rugby Greatest Games **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.00** NFL Highlights **6.00** NBC's Pro-Football Talk **8.00** NFL Bitesize Highlights **8.30** NBA Basketball **10.30** NFL Bitesize Highlights **10.45** NFL Highlights **12.45-4.45am** LIVE NFL. Houston Texans v Las Vegas Raiders.

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.50** LIVE NRL. Melbourne Storm v Penrith Panthers. Kick-off at 10.50. **12.50** My Icon: Leon Pryce **1.00** Lunchtime **2.00** The World Football Show **3.00** LIVE PGA Tour Golf. The BMW Championship. **8.00** Sports Centre **10.00** Sky Sports News At Ten **10.30** Paper Talk **11pm-2am** LIVE LPGA Tour Golf. The CPKC Women's Open. Coverage of day one of the tournament at Royal Mayfair Golf Club.

SKY SPORTS CRICKET

6am Test Cricket **7.00** International T20 Cricket **8.00** Test Cricket **9.00** Nepal Climbing Cricket's Mountain **9.30** International T20 Cricket **10.00** Test Cricket Bitesize **10.15** LIVE Test Cricket. England v Pakistan. Coverage of the second day of the first Test in the three-match series, at Headingley Cricket Ground. **7.00** Best Of ICC WT20 **7.30** Nepal Climbing Cricket's Mountain **8.00** Test Cricket **9.00** International T20 Cricket **9.30** Test Cricket Bitesize **10.00** Test Cricket **11.00** One-Day International Cricket **12.00-2am** Test Cricket

SKY SPORTS GOLF

6am PGA Tour: The Cut **6.30** HotelPlanner Tour Golf Highlights **7.00** DP World Tour Golf **7.30** Legends Tour Golf **8.30** Ladies European Tour Golf **9.30** PGA Tour Golf **10.30** PGA Tour Champions **11.30** PGA Tour: The Cut **12.00** PGA Tour Champions Learning Centre **12.30** LIVE DP World Tour Golf. The Nexo Championship. **5.30** LIVE PGA Tour Golf. The BMW Championship. **8.00** LIVE PGA Tour Golf. The BMW Championship. **12.00-2am** LIVE LPGA Tour Golf. The CPKC Women's Open. Coverage of day one of the tournament at Royal Mayfair Golf Club.

ENTERTAINMENT

Sky Atlantic 9pm Claudia must embrace her heritages in Possession

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **10.00** Will & Grace **11.00** The Simpsons **12.00** Africa's Hunters **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Rob & Romesh Vs Superstar DJs **7.00** The Simpsons **7.30** Live EFL. Sheffield Wednesday v Bradford City. Kick-off at 8.00. Coverage of the League One match at Hillsborough. **10.30** Rob Beckett: Wallop. A stand-up show by the comedian and 8 Out Of 10 Cats team captain. **11.40** The Paper. Double bill. Ned chases a story about a local scammer. Then, Ned takes over Esmeralda's advertorials. **12.45** Grimm **1.40-2.30am** Evil

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.15** House Of The Dragon **12.40** Homicide: Life On The Street **2.30** Billions **4.30** Django **6.30** House Of The Dragon **9.00** Possession. Claudia must embrace both her British and Jamaican heritages to defeat Charlotte's spirit and face the truth about Hope Hill. Last in the series. **10.00 FILM** Promising Young Woman. A medical-school dropout traumatised by a tragic event in her past seeks vengeance against those who crossed her path. Thriller starring Carey Mulligan. (2020) **12.05** All Her Fault **1.05-2.15am** House Of The Dragon

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** The Force: Manchester **10.00** Motorway Patrol **10.30** Caught Red Handed **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** CIA. A cyber engineer and her family are murdered. **10.00** Law & Order: Special Victims Unit. Benson investigates a string of sexual assaults. **11.00** The Rookie **12.00** FBI **1.00-2am** Chicago Med. A road rage incident sends three patients into the emergency department.

U&GOLD

7.05am Don't Wait Up **7.50** Ever Decreasing Circles **8.25** Only Fools And Horses **9.05** The Green Green Grass **9.45** Are You Being Served? **10.25** Last Of The Summer Wine **11.40** Ever Decreasing Circles **12.20** Only Fools And Horses **1.00** Keeping Up Appearances **1.40** Dad's Army **2.20** The Green Green Grass **3.00** Are You Being Served? **3.40** Ever Decreasing Circles **4.20** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances **7.00** Only Fools And Horses. Rodney joins a band. **7.40** Dad's Army. The platoon is marooned on a derelict pier. **8.20** Are You Being Served? Captain Peacock has an embarrassing problem. **9.00** The Office. The staff celebrate Red Nose Day. **9.40** Joe & David's Magical Sitcom Tour. Joe treats David to his ultimate Office tour. **10.40** The Office. Brent employs a new secretary. **11.20** Mrs Brown's Boys **12.00** The Office **1.20-2am** Mrs Brown's Boys

COMEDY CENTRAL

8am Michael McIntyre's Big Show **9.00** Everybody Loves Raymond **11.00** Sabrina The Teenage Witch **1.00** Friends **9.00 FILM** Instant Family. Comedy starring Mark Wahlberg and Rose Byrne. (2018) **11.20** Stupid Central **12.25** Whose Line Is It Anyway? USA **1.20** Gods Of The Game **1.50-2.25am** The Comedy Bus

U&ALIBI

7.10am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof **6.55** Private Eyes **7.50** Bookish. As tension builds, the staff at the Walsingham Hotel rebel. **9.00** The Hunting Party. The team hunt a killer dubbed 'The Masseuse' for breaking the necks of her massage clients. **10.00** Death In Paradise. A tourist is stabbed in a hotel lift with no other occupants. **11.00** Private Eyes **12.00** Shakespeare & Hathaway: Private Investigators **1.00-2am** Death In Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** The Comeback **11.20** Will & Grace **12.20** Based On A True Story **1.35** The Comeback **3.00** Will & Grace **4.00** The Reluctant Landlord **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Reluctant Landlord **9.00** Alan Carr: Regional Trinket. A stand-up show by the comedian. **10.00** Last Week Tonight With John Oliver. A satirical look at developments from the past seven days. **10.45** Based On A True Story **12.00** The Reluctant Landlord **1.00-2am** Community

DISCOVERY

6am How It's Made **7.00** The Aquarium **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Wheeler Dealers **9.00** Naked And Afraid: Global Showdown. Teams build four-pronged, fire-hardened spears. **11.00** Expedition X. In rural Spain. **12.00** Deadliest Catch **1.00-3am** Naked And Afraid: Global Showdown

RADIO

Radio 2 6.30am Sara Cox presents music, chat and celebrity guests

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Will MacDonald **10.00** Goldierocks **2.00-6.30am** Steve Denyer

TALKRADIO DAB talkradio.co.uk

6am Jeremy Kyle **10.00** Julia Hartley Brewer **1.00** Ian Collins **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Andre Walker Ft. Ash **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am Alan Brazil **10.00** Jim White And Simon Jordan **1.00** Hawksbee And Baker **4.00** TalkSPORT Drive **7.00** Kick Off **10.00** The Sports Bar **1.00-5am** Extra Time With Paul Ross

Sun tv 4-PAGE SECTION TV GUIDE

know one scene will go viral – where he is busy gushing about the love of his life Faye to another girl . . . and calls her Fran.

He's a walking red flag and a likely lad, but we warm up to him as he opens up about his ADHD and family background.

Our other antagonist is Ciara, a pilates instructor who has a mandatory £300 spend on dates. I feared she'd be in for Sophie's edit, but again her tough walls do come down to partner Ajay.

It's the one change needed and, among other adorable singles like Yasmin, Francesca and Taylor, left me swooning.

FELICITY CROSS

CLUED UP . . . David Mitchell

Sun tv picks

LUDWIG, BBC One, 9pm: A traditionally camp murder opens the second series of this brilliant, puzzle-filled crime comedy, as three glam ladies enter a theatre box – but only two exit alive.

While there are still impossible cases to solve, big changes are afoot in the world of reclusive puzzle guru John (David Mitchell), who has landed an official police role as crime scene consultant.

And two new detectives are on hand to assist – or hinder – his unorthodox methods.

Meanwhile, Lucy (Anna Maxwell Martin) blags a job that she desperately hopes will help solve the overarching mystery – the sudden disappearance of her husband James. As it becomes clear dodgy MP Joanne Kemper (newcomer Sian Clifford) and questionable Chief Constable Ziegler know more than they let on, could there be a conspiracy at the very top? It is like Line Of Duty, only with Sudoku.

DRAGONS' DEN, BBC One, 8pm: There is a major power shift in the Den tonight as Jenna Meek and Susie Ma join Deborah Meaden, Steven Bartlett and Peter Jones – meaning there are more female than male Dragons for the first time ever. Some exceptionally strong female founders pitch for investment, too, including chemist Cicely with her clever powder-to-liquid hair products and Louise with her mission-led Gen Z travel start-up.

A mum and son spice up the competition with aromatic blends, and Peter is like a kid in a candy shop over a sweet emporium.

BENIDORM IS MURDER, Channel 5, 9pm: Local resident "Bingo Babs" has been sitting on a million-Euro fortune for years after winning big at the Bingodrome. But Italian rival Valentina believes the money should have been hers.

When Babs is found murdered, ex-cop Dennis (John Hannah) and his trusty sidekick Rosa (Carolina Becquer) start hunting the killer. But who will be getting a knock at the door?

DREAM CAR FIXERS, U&Yesterday, 9pm: Sheldon is, amusingly, in Sheldon, West Mids, to do a deal on a rare 1969 Ford Corsair for client Chris, who was a boy when his dad had one.

Paying £6,750 for the vehicle despite its peeling wood-effect plastic dashboard, can Sheldon and new partner Will restore it to its former glory within budget?

GEMMA QUADE

TNT SPORTS 1

6am Discovery Golf **6.30** NWSL **8.30** The Fantasy Show **9.00** Reframe the Game **9.15** Cycling **10.15** Cycling **11.15** Cycling **12.15** LIVE Cycling: Lloyds Tour Of Britain-Stage 2. Coverage of stage two of the Lloyds Tour of Britain. **2.45** LIVE Cycling: Renewi Tour. Coverage of stage two of the Renewi Tour. **4.30** TNT Sports Reload **5.00** MLB Highlights **6.00** LIVE MLB. Tampa Bay Rays v Toronto Blue Jays. Start-time at 6.10. **9.00** Hard Knocks: Training Camp with the Seattle Seahawks **10.00** AFL **11.30pm-2.30am** LIVE MLB. Baltimore Orioles v New York Yankees. Start-time at 11.35.

TNT SPORTS 2

6am Test Cricket Highlights **7.00** Sign Up – Into Football **8.00** UEFA Champions League **12.00** Test Cricket Highlights **1.00** LIVE Cycling: Lidl Deutschland Tour-Stage 1. Coverage of stage one of the Lidl Deutschland Tour. **4.00** CPL Highlights **4.30** LIV Golf **5.30** LIVE LIV Golf. Coverage of the first round at LIV Golf Indianapolis, the final solo event of the season at The Club at Chatham Hills. **11.30pm-3.45am** LIVE CPL. Antigua & Barbuda Falcons v St Kitts & Nevis Patriots.

TNT SPORTS 3

6am Cycling **6.15** Fishing: On the Bank **7.15** ABB FIA Formula E World Championship Highlights **9.15** British Superbikes Highlights **10.15** LIVE AFL. St Kilda v Gold Coast Suns. Bounce-up at 10.30. At Marvel Stadium in Melbourne. **1.15** British Superbikes Rewind **1.30** Serie A **2.30** LIVE Cycling: Renewi Tour. Coverage of stage two of the Renewi Tour. **4.30** European Rally Championship Highlights **5.00** Serie A **9.00** Inside Serie A **9.30** Test Cricket Highlights **11.30** Cycling **12.30** Cycling **1.30-2.30am** Cycling

PREMIER SPORTS 1

6am Swedish Speedway **8.00** Bike World **8.30** LaLiga Highlights **9.00** Sporting Greats **9.30** Coppa Italia Show **10.00** FIM Sidecarcross Championship **11.00** Coppa Italia **1.00** NASCAR Highlights **2.00** Swedish Speedway **4.00** Bike World **4.30** European Le Mans Series **5.30** Sporting Greats **6.00** LaLiga **7.55** LIVE LaLiga. Rayo Vallecano v Alaves. Kick-off at 8.00. **10.00** World Of FreeSports **10.30** NASCAR Highlights **11.30** Argentine Primera **1.30-3.30am** LaLiga

TALKSPORT2 DAB talksport.com

8am Howzat For A Podcast! **9.00** EFL All Access **10.00** The Ebor Festival Preview Show **11.00** Following On **12.00** Fight Night Extra **1.00** Racing Live **3.00** The Social **4.45** The EFL Fan Network **5.45** Conference League Live **8.00** PGA Tour Live **12.00-8am** My Sporting Life

TIMES RADIO DAB thetimes.co.uk/radio

6am Rosie Wright And Stig Abell **10.00** Hugo Rifkind **1.00** Jo Coburn **2.00** Jane Garvey **4.00** Calum Macdonald **7.00** Darryl Morris With The Evening Edition **10.00** Henry Bonsu **1.00** The Best Of Times Radio **5.00-6am** Tom Nunan

RADIO 1 97.6-99.8FM bbc.co.uk/radio1

7am Breakfast With Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Jerry **3.00** Pop Anthems **3.30** Newsbeat **3.33** Going Home With Vick, Katie And Jamie On Radio 1 **5.45** Newsbeat **6.00** New Music Show With Jack Saunders **8.00** Rave-Up With Charlie Tee **10.00** BBC Introducing Dance **11.00** The Residency On Radio 1 Dance **1.00** Danny Howard's Club Mix **2.00** Anthems **4.00** Workout Anthems **5.00-6.58am** Early Breakfast

RADIO 2 88-91FM bbc.co.uk/radio2

6.30am The Sara Cox Breakfast Show **9.30** Vernon Kay **12.00** Jeremy Vine **2.00** DJ Spoony **4.00** Jason Manford **7.00** Prom Nights On Radio 2 **9.00** The Country Show With Darius Rucker **10.00** The Good Groove With Melvin Odoom **12.00-3am** OJ Borg

MOVIES

Sky Cinema Premiere 6.20pm Bob Odenkirk in action comedy Normal

SKY CINEMA PREMIERE

10.40am Hamnet (12, 2025) ★★★★ **1.00 Tom And Jerry: Forbidden Compass** (PG, 2025) ★ **2.45 Signal One** (15, 2026) ★★★ **4.25 Mortal Kombat II** (15, 2026) ★★★ **6.25 Normal** (15, 2026) ★★★★ **8.00 Hamnet** (12, 2025) Period drama. ★★★★ **10.15 Seven Snipers** (15, 2026) ★★★ **11.50 Signal One** (15, 2026) ★★★ **1.30-3.05am Primate** (18, 2025) ★★★

SKY CINEMA ANIMATION

11.20am The Secret Life Of Pets (U, 2016) ★★★★ **12.50 The Secret Life Of Pets 2** (U, 2019) ★★★★ **2.25 The Pirates! In An Adventure With Scientists!** (U, 2012) ★★★★ **4.00 Shark Tale** (U, 2004) ★★★★ **5.35 Happy Feet** (U, 2006) ★★★★ **7.25 Happy Feet Two** (U, 2011) ★★★ **9.10 Dog Man** (U, 2025) Animated comedy. ★★★★ **10.45 The Wild Thornberrys Movie** (U, 2002) ★★ **12.15-1.50am Mr Peabody And Sherman** (U, 2014) ★★★

SKY CINEMA ACTION

11.55am Jurassic World (12, 2015) ★★★★ **2.00 The Lord Of The Rings: The Fellowship Of The Ring** (12, 2001) ★★★★★ **5.00 The Lord Of The Rings: The Two Towers** (12, 2002) ★★★★★ **8.00 The Lord Of The Rings: The Return Of The King** (12, 2003) ★★★★★ **11.20 Normal** (15, 2026) ★★★★ **1.15-3am Safe House** (15, 2025) ★★★

FILM4 freeview 14

12.45pm Ride Lonesome (12, 1959) ★★★★ **2.20 Siege Of The Saxons** (U, 1963) ★★ **4.05 American Gangster Special 4.15 Cleopatra** (PG, 1963) ★★★★ **9.00 Heat** (15, 1995) ★★★★★ **12.20-2.15am Chopper** (18, 2000) ★★★★★

TALKING PICTURES freeview 82

12.10pm The Bespoke Overcoat 12.55 Cinebox Memories 1.00 The Adventures Of Sir Lancelot 1.35 By The Dome It's Known 2.50 First Comes Courage (PG, 1943) ★★★ **4.35 Albert RN** (PG, 1953) ★★★ **6.20 Strange But True 6.55 The Brothers 8.00 Mark Saber 8.30 The Wheeltappers And Shunters Social Club 9.20 Assault** (18, 1970) ★★ **11.10 Deux Hommes Dans La Ville** (1973) ★★★ **1.10-2.55am I, The Jury** (18, 1953) ★★★

GREAT! MYSTERY freeview 50

1pm In Plain Sight 2.00 Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Morning Show Mysteries: Death By Design (PG, 2019) ★★★★ **11.55pm-1.50am Aurora Teagarden Mysteries: Honeymoon, Honeymurder** (PG, 2021) ★★★

GREAT! ACTION freeview 42

10.50am Hell River (PG, 1974) ★★★ **1.00 The Unit 2.00 Burn Notice 4.00 Assault On Station 33** (15, 2021) ★★★ **6.00 The Unit 7.00 Burn Notice 9.00 The Transporter Refueled** (15, 2015) ★★ **11.05pm-12.05am The Avengers**

18+ UK residents only (Exc. IoM & CI). Offer ends 23:59pm on 03/09/26. Online access and Sun Club subscription required. Sun Club new customer offer: £1.99 per month or £9.99 for the first year, then £19.99 thereafter unless you cancel at least seven days before your next billing date. Full T&Cs apply, see thesun.co.uk/club

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Fab DAILY

Frustrated by her stubborn post-baby belly, writer **Lynsey Hope**, 45, tested a high-end sculpting method that claims to manually flush fat and drain toxins in just one hour . . .

STOMACH IT . . . Sophie works on Lynsey's tummy

I LAY motionless while the therapist's hands kneaded deep pressure across my stomach, then my belly began to gurgle loudly in the silent room.

But when I glanced down at my body 60 minutes later, the stubborn, wobbly bulge that had plagued me since having my third child was completely gone.

The distinct outline of my hips was visible for the first time in years.

Back home that evening, I stepped on to my smart scales. My body fat percentage had plummeted from 31 per cent to 27 per cent in a single day – and my waist looked visibly flatter and cinched-in.

It was all thanks to a non-surgical treatment known as the Body by Soph Method, which combines deep-tissue Brazilian sculpting with lymphatic drainage to manually flush trapped fluid and toxins from the body while breaking down stubborn fat cells.

The £200-a-session procedure has exploded in popularity. Founder Sophie Yerby is booked solid for six months, with desperate clients flying into her London clinic from all over the globe, while dozens of rival clinics launch similar techniques here and in the US and Australia.

I spend hours in the gym, eat plenty of protein and drink a green juice every day, but no matter what I do my tummy always looks bloated.

Since having my third child, Ivy, now six, I've lost a stone in weight. I'm 45, 9st 10lbs and only a size eight. But I hate my stomach. The skin is crepey and the wobbly bits won't shift. I would never dare to wear a bikini on holiday.

So if a miracle treatment could make me look instantly slimmer, I'd say it's definitely worth a go.

Celebrities including Elle MacPherson, Emma Willis, Sienna Miller and Zoe Ball have all visited Sophie at her clinic in the basement of the home in London's Maida Vale she shares with her two adopted children, her mum and her 105-year-old nan.

'It's like getting rid of the dirty washing in the body'

Former childcare worker Sophie discovered lymphatic drainage when she started taking beauty courses and set up her business four years ago.

The process works in two stages.

The first technique de-puffs and reduces swelling by moving lymph fluid from tissues to be flushed out of the body.

The Brazilian body-sculpting massage focuses on deep-tissue stimulation to boost blood flow and break down fat cells.

Her treatment room is very zen. The bed looks comfy, the lighting is dim and relaxing music plays.

Sophie notices the fluid in my tummy and she is confident she can make me look slimmer. I have a compression mark on my tummy from my shorts, which Sophie says is a sign of excess fluid.

As I lie down, I feel a bit nervous but I have a feeling the results will be worth it.

Sophie explains the lymphatic system to me in simple terms. "It's like getting rid of the dirty washing in the body," she says. "The lymph nodes under your armpits, in the groin area and around your neck, they are the washing machines.

"The fluid in your body, called lymph, picks up any waste, bacteria and abnormal cells such as cancer cells or inflammation. It takes them to these washing machines, the lymph nodes, and it neutralises them."

The problem is that, as we age the process slows down. It's also affected by the food we eat, lack of sleep, alcohol, toxins and stress.

Sophie massages the lymph nodes in my neck and slowly works her way around my body, including my legs and back. She encourages deep breathing and it's so incredibly relaxing, I almost drifted off.

Mostly Sophie uses her hands, but when she spots the cellulite on the back of my legs, she gets the wooden tools out. But it's still very gentle.

Even when she works on my tummy, it's relaxing. But I can hear fluid moving and my stomach is

Continued on next page

BEFORE

AFTER

Photography by OLIVIA WEST

MY 60-MINUTE MUM TUM FIX

Fab DAILY

Edited by SARAH BARNS and JOEL COOPER

DEFINING MOMENT . . . Lynsey saw more defined hips and middle

‘MY WAIST SHRANK’

From previous page

gurgling. Sophie says her method can help to increase blood flow, drain toxins, boost metabolism, reduce fluid retention and support the immune system.

“Inflammation can show up in the body in different ways,” she says.

“It might present as acne, eczema or allergies, while for others it can look more like swelling, puffiness, bloating, aching joints or constantly feeling tired and run down.

“We look at the whole person, not just one symptom, so we can tailor the treatment to what their body needs.”

I’m happy with all this – and if I look slimmer at the end of it, even better.

After an hour on the treatment bed, I feel incredibly relaxed – and immediately I can see a difference.

FAN . . . Sophie and Elle

The compression mark has gone. You can really see the outline of my hips. My waist has literally shrunk in 60 minutes. I’m very impressed and have a huge smile on my face.

SCULPT . . . with Emma

My legs also look more toned – the cellulite has reduced. To maintain that dramatic four per cent fat drop, Sophie warned me to drink plenty of water and to strictly avoid alcohol for 72 hours. Beyond the instant waist reduction, my legs looked significantly more toned and I felt a surge of energy as the trapped fluid cleared my system.

Sophie noticed I looked bloated, with tightness around the abdomen, particularly around the bowel area and underneath the diaphragm.

“I focused on gently encouraging those areas to relax, helping to ease tension and support normal movement. The aim was to help your body switch into a calmer, rest and repair state.”

I do worry that a family barbecue a few days later will ruin the results.

Sophie says the results last around ten days, but making “healthier life choices” extends the benefit. There are things you can do to improve lymphatic drainage yourself.

“Self massage is fantastic,” she says. “Focus on the lymph nodes around the collarbone, the head and neck area, underneath the armpits and in the groin. The stomach also has an area of lymph nodes.”

“Keeping hydrated, plenty of sleep and practising deep breathing is also effective.”

One of Sophie’s biggest fans is her 105-year-old grandmother Lilly Humphrey, who receives regular treatment, so there’s evidence that lymphatic drainage might keep us healthy well into old age.

But medics are not yet convinced. GP Dr Helen Wall says most remain “on the fence”.

“The theory is plausible as we know movement helps the lymphatic system,” she says. “But the evidence is very limited. That doesn’t mean it’s not helping.

“We just don’t have the physical evidence to recommend it on the NHS for things it is claimed to help. Sometimes claims are overstated or at least not in line with the evidence available.”

It is only recommended – often after cancer treatment – by the NHS for lymphoedema, which causes swelling in the body’s tissues.

“In terms of health and people wanting detoxification, weight loss or general wellness, the evidence is much weaker,” Dr Wall adds. “The absence of evidence doesn’t meant it doesn’t work, it’s just never been investigated.

“Some people do report a temporary reduction in puffiness, and if it gives them a positive boost to their mindset, that’s no bad thing. But effects tend to be short-lived.”

For me, though, it’s been a wonderful experience and one I can’t wait to repeat.

This is the perfect treatment for wellness lovers, but also for those who simply want to look slimmer for a holiday or to squeeze into a dress on a night out. I can see why it’s so popular with the rich and famous.

GUNS

As it emerges Matt Damon had a 4ft 6in female “arm stunt double”, **NADIA COHEN** tries the home workout to get A-list biceps

FROM superstar Matt Damon’s powerhouse stunt double in hit film The Odyssey to Jennifer Aniston’s toned triceps, Hollywood arms are suddenly everywhere.

Earlier this month, it emerged that 4ft 6in Devyn Dalton, who is known for having “the greatest arms” in the movie business, filled in for A-lister Matt on billboards and during the daring fight scenes in Christopher Nolan’s blockbuster.

And now, enviably chiselled A-list arms are the holy grail for women of all ages.

Personal trainer Louis Mayers from The Heatons PT Co explains: “A lot of the younger girls who come to me are concerned with a powerful physique.

“And women in their forties and fifties who grew up when being skinny was fashionable don’t want a big bum.

“But one thing remains constant for all of them, and that is nice

Narrow grip dumbbell floor press

1 Lie flat on your back on the floor, hold the dumbbells with hands shoulder-width apart and press them directly upwards while keeping your elbows tucked close to your torso. This reduces shoulder strain by limiting your range of motion and keeps emphasis on the triceps.

Banded triceps pushdown

2 Anchor a resistance band overhead, grab the band with a neutral grip (palms facing inwards) and extend your arms downward by locking out your elbows.

Tension then increases as the band stretches, resulting in a great contraction in the triceps.

Dumbbell skullcrusher

3 Lie flat on the floor, holding dumbbells in each hand directly above your chest, and bend only at the elbows to lower the weights down beside your ears before extending them back up. Using dumbbells allows for a natural range of motion and creates better balance whilst intensely isolating the triceps.

Spider dumbbell curl

4 Lean forward to roughly 45 degrees over a chair, let your arms hang straight down towards the floor and curl the weight upward without moving your upper arms. This eliminates momentum, leading to intense isolation of the biceps.

Incline dumbbell curl

5 Sit back, let your arms hang straight down behind your torso and curl the weights up while keeping your elbows pinned back. Because your arms start behind your body, this places the biceps’ long head into a state of extreme stretch, making it highly effective for muscle growth.

AND POSES

toned, muscular arms. I prioritise those exercises because women's arms are on show way more than men's.

"To have leaner arms, you essentially need to trim a layer of fat, and to do that, frequency trumps volume, so it's better to do 20 minutes three times a week than one massive workout session.

"Always aim to drink plenty of water because it drives the chemical reactions required to break down body fat and build new muscle.

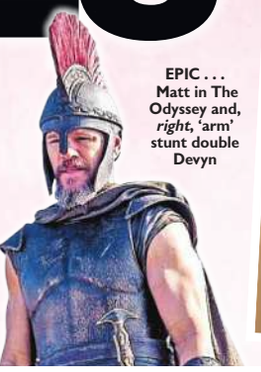
"Even mild dehydration will impair physical performance, stall fat metabolism and halt muscle recovery. Also, make sure to eat plenty of protein and avoid alcohol and cigarettes."

But how realistic is it for ordinary women to achieve biceps and triceps as ripped as J-Lo's without an expensive gym membership, a gruelling training regime or being left with your entire upper body on fire?

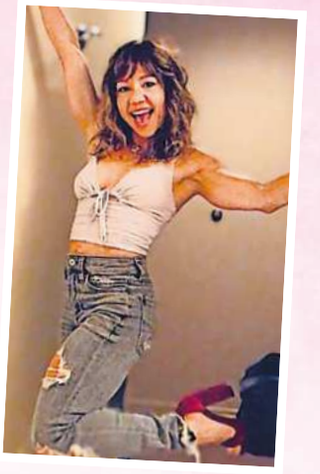
This simple, 20-minute workout can be done at home to create lean upper limbs with only a pair of dumbbells and a resistance band.

Run through the entire routine twice, performing each of the eight exercises 8-12 times.

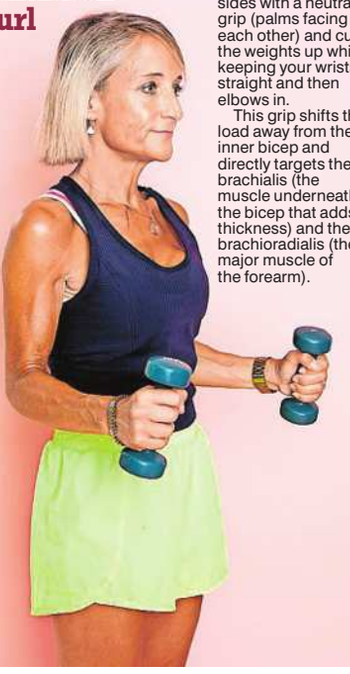
TONED TRICEPS . . . Jennifer



EPIC . . . Matt in The Odyssey and, *right*, 'arm' stunt double Devyn



Standing dumbbell curl



6 Stand upright, hold a pair of dumbbells by your sides with a neutral grip (palms facing each other) and curl the weights up while keeping your wrists straight and then elbows in.

This grip shifts the load away from the inner bicep and directly targets the brachialis (the muscle underneath the bicep that adds thickness) and the brachioradialis (the major muscle of the forearm).

Banded pull aparts

7 Stand upright holding a resistance band in front of you at chest height and pull your hands completely apart until the band touches your chest and your shoulder blades are tightly squeezed together.

This is excellent for isolating the rear deltoids and upper back.

NADIA'S VERDICT

I'm not going to lie, I SERIOUSLY underestimated this workout.

I go to boxing classes, so I consider myself relatively fit and was not expecting to feel the burn right away.

Since it's important to keep tension on the weights and bands the whole time, I was panting to make it through the hard parts. And as someone who sits for most of the working day, I needed an extra push to pull my arms wide apart at chest level.

Spending a lot of time on the phone or computer can weaken back muscles, but I powered through.

My arms felt sore the next day, but since the routine is so short, I was up for it again.

Dumbbell lateral raise

8 Stand upright, hold a dumbbell in each hand at your sides and raise your arms out to the sides in a slight forward angle until they are parallel to the floor. This directly isolates the lateral side deltoids.

Photography by OLIVIA WEST

You've got the workout, now here are our diet tips...

FOODS TO HELP STAY LEAN AND BUILD MUSCLE

- Eggs
- Oily fish, including mackerel and salmon
- Chicken (especially breast) and lean beef
- Berries and bright fruits such as oranges and mangoes
- Leafy green vegetables

FOODS TO AVOID WHEN WORKING ON THOSE ARMS

- Sugary drinks, including alcohol
- Foods with low or no nutrient density like crisps, cake, sweets
- High-calorie spreads, including peanut butter
- Hydrogenated fats like vegetable oil
- Highly-processed foods of any description

THE first electric Ferrari Luce – chassis 0 – fetched $40million (£29.6m) for charity. Whereas a 2003 Ferrari Enzo sold for £7.9m in a separate US auction.

MATCHBOX The Movie, starring John Cena and Jessica Biel, premieres on Apple TV on October 9. There's a four-pack of die-cast toys on Amazon to go with it. Of course there is.

email: rob.gill@the-sun.co.uk follow: @robgilluk

Sun motors

TOP 5 CARS
Ford Puma
Kia Sportage
JAECOO 7
Nissan Qashqai
Vauxhall Corsa
2026 new sales data supplied by SMMT

CINEMA VROOM

Jaecoo's secret screen

TWO years ago Jaecoo didn't exist in the UK.

Now it has the nation's third best-selling car.

This is how they did it: Clone a Range Rover, add Tesla-style tech and a 700-mile petrol hybrid, and knock them out cheaper than everyone else.

Simples.

You lot are buying a Jaecoo 7 every 12 minutes by my calculations, 125 a day, a boatload every month.

With a growing number of dealers – 144 at the last count – and an MoU with Nissan to build cars in Sunderland, it's clear the Chinese are not messing around.

But there's a secret to this Jaecoo 7 no one else is talking about.

It has an **OUTDOOR CINEMA** – OK, built-in projector screen – for watching movies anywhere you like.

Simply fix the retractable parcel shelf (the underside is white) to mounting clips in the tailgate and boot floor, and you're good to go. Genius.

As you can see from our pictures, Boomer the Old English Sheepdog likes a bit of Paw Patrol and I wasn't going to argue with him.

I think I can explain why this car looks a bit like a Range Rover.

Jaecoo's owner Chery makes the Evoque for JLR in China. As for in-car tech, Jaecoo 7 is arguably better than a Tesla.

Key facts:
JAECOO 7 SHS-P
Price: **£35,170**
Engine: **1.5-litre petrol plug-in hybrid**
Power: **204hp**
0-62mph: **8.5 secs**
Top speed: **108mph**
Economy: **60mpg**
EV range: **56 miles**
CO2: **23g/km**
Out: **Now**

Swipe up the big central screen for air con. Swipe down for shortcuts to driver-assistance.

Swipe right on the satnav page (Jaecoo uses Amap, the Chinese version of Google Maps) and the route magically appears on the driver's screen.

Head-up display projects key data on to the windscreen and is fitted to every car.

The lettering even turns blue in Snow mode. Tesla doesn't have HuD.

Strips of ambient lighting pulse to the music from the Sony sound system. The glass is double-glazed. The front seats are ventilated.

There's a chilled centre console to keep cinema drinks cold, plus plentiful sockets and pockets for all your bits and pieces.

Other observations.

There's plenty of room for adults in the back. The flat floor helps. You can fit a Boomer in the boot.

Driving impressions.

This is where the Chinese need to catch up – and they will. The ride is a bit fidgety for my liking and the steering is too vague. But it does feel strong and safe.

If you live out in the sticks, the regular 1.6-litre petrol has the option of four-wheel drive and can swim in 60cm of water.

If you live in a town or city, the mega-efficient 1.5-litre petrol plug-in hybrid (Jaecoo call it SHS-P) will do 50-odd miles in EV mode. One Scottish owner has clocked up 3,000 miles without using a drop of fuel. She just tops up the 18.4kWh battery at night.

Let the petrol/electric combo do its thing and you'll get 55-60mpg and up to 745 miles on a full tank. Whenever the battery drops to 19 per cent, the smart hybrid system recharges it on the go.

To sum up, then.

Jaecoo 7 doesn't have the prestige or the driving dynamics of many established brands.

But with excellent mpg, luxury kit and a seven-year warranty, maybe Jaecoo's rapidly becoming the Aldi of the car world.

The smart choice. Makes your money go further.

Outdoor cinema screen included.

2 BRITISH BOMBERS

WHICH one are you taking home?

BRIT BOMBER 1 – Aston Martin Valen, £1.5million muscle car with 850hp V12 and quad exhausts. So she's loud. Very loud. Limited to 150 cars.

BRIT BOMBER 2 – McLaren McL 6GT, inspired by Bruce McLaren's original M6GT, V8 manual, hydraulic steering, carbon everything.

If you were rich enough to go to Monterey Car Week in California, where the pair were unveiled, you'd have both.

Edited by ROB GILL

I KNOW we're all still cooling down but book this now – Silverstone's Lap of Lights, Dec 11-31, drive the F1 track at night through a magical trail of lights and lasers, from £50 per car. Then go ice skating in the pit garages. See silverstone.co.uk for tickets.

Christmas AT SILVERSTONE

HERE'S our first look at the Jaguar Type 01 interior. Quite like it. Four individual seats with a central spine running down the middle. We'll see the outside on October 6.

Jaecoo merges the words 'Jäger' – German for hunter – and 'cool'

See video on YouTube @sunmotorsUK

VOLKSWAGEN has launched an e-bike with an integrated rear-view camera system, smart glasses with turn-by-turn Google Maps, and a helmet which flashes up brake and turn signals. Go to smart-bike.net.

NEED to reverse up a narrow street because there's a UPS van coming the other way? No problem. The upcoming Hyundai Ioniq 3 memorises the last 50 metres and can steer itself backwards. From £22k.

DID SOMEBODY CALL AN OCTA?

THERE was no way I was leaving the world's fastest playground without having a go myself.

So here's me, in a 540hp Defender Octa, following in the wheel tracks of speed king Andy Green.

Just point the car at the left edge of "Floating Mountain", which is a tiny dot on the horizon of Bonneville Salt Flats – and hold tight.

What a rush.

The Octa topped out at 135mph on all-terrain tyres in absolutely no time at all.

Crazy to think Andy went **THREE TIMES FASTER** at 406mph in his hydrogen-powered JCB.

The tricky bit is slowing down. Brake too hard too quickly and your next run will be in the back of an ambulance. You can absolutely send it on the salt. But any steering and braking input needs to be calm and precise.

Also worth noting. Andy was just four inches from the ground in a cockpit nudging 58C. I had air suspension, ventilated seats and a mini fridge.

There are many reasons why Octa was used as the "push car" for JCB Hydromax.

Octapushy?

The mighty twin-turbo V8 is a good starting point.

Add sticky 4WD, trick suspension and a front structure originally designed for a winch and you have the "magic recipe", says JCB's chief engineer of innovation Lee Harper.

The push plate is made from the same high-strength steel as a digger bucket by the way. I love little details like that.

Lee said: "We needed a high-performance vehicle with good traction to give us a good fast push and we needed the push plate to be kept perfectly vertical.

"Normally when cars accelerate hard they squat down at the back.

"The Octa has a very sophisticated 6D suspension that keeps the car perfectly flat under harsh acceleration, even when pushing 2.5 tonnes, and that became kind of the magic recipe.

"To top it all, it's two great British brands working together hand in hand."

Land-speed racers are given a red cap for hitting 200mph during Bonneville SpeedWeek, a blue one for 300mph and a black one for 400mph.

I'm going back one day to get a red one. Red suits me.

Andy's got all three.

Key facts:
DEFENDER OCTA
Price: **£150,824**
Engine: **4.4-litre twin-turbo V8**
Power: **540hp**
0-60mph: **4.2 secs**
Top speed: **135mph**
Economy: **21mpg**

dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

Controlled by sex addiction

Dear Deidre

I NEED help. For the past 25 years my life has been controlled by sex.

I've never admitted the full extent of my addiction to anyone but I'm exhausted and want to change.

I'm a man in my late forties and, outwardly, I'm successful. I run a small business from home, have friends and a partner.

But behind closed doors, I compulsively masturbate – often five or six times a day – and I usually don't even enjoy it.

My day usually starts with pornography. As soon as my partner goes to work, I spend an hour scrolling.

I even watch it under the covers at night when she's asleep next to me.

It is affecting my work and stopping me from going out to exercise.

My addiction has also caused me to be unfaithful to my partner even though I love her.

Over the years I've arranged secret meetings with other women through apps and websites.

I regularly tell her I'm visiting a client but spend the afternoon in a hotel room with someone I'd met online.

Afterwards, I sit in my car feeling sick with shame. But sadly that doesn't stop me from doing it again a few weeks later.

I've been married in the past too but that ended after my ex discovered messages to other women on my phone. She read dozens of conversations I'd had with strangers.

I let her think I was just a terrible person rather than admit that I had a problem.

I really want to be different now. I'm so sick of the lies and the guilt and I don't want to destroy another relationship.

I'm wasting my life. But whenever I try to stop, I just don't have enough willpower.

DEIDRE SAYS: The fact you recognise this behaviour is damaging is a very important first step.

Sex addiction is not easy to overcome because it usually has very deep roots, so don't berate yourself for failing to conquer it through willpower alone.

As for porn, that's designed to keep people hooked.

You need professional assistance. My support pack Addicted To Sex? has lots of useful information and sources of specialist help for you.

Speak to your GP, too, who may be able to refer you for specialist counselling.

If you can, think about being honest with your partner about your addiction.

Both admitting your addiction to her, and having her support, will help you recover.

dear deidre

Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.

LIVE Chat

PAIN MEANS MAKING LOVE IS TAKEN OFF THE AGENDA

Dear Deidre

SEX has become impossible because of a physical problem that's shocked me.

When I tried to be intimate with my new partner, I couldn't pull my foreskin back over the head of my penis.

It made me feel so worried. I'm in my early forties and haven't had a relationship – or sex – for three years.

I've just started seeing a lovely woman. But when we went to bed, my foreskin was so tight that sex was impossible.

I made an excuse to stop because I was scared it would split or get stuck.

But I've no idea what's happened or how to fix it. Online searches suggest creams or stretching exercises but I'm not sure if they're safe.

I'm too embarrassed to talk to my GP. Is there a cream I can get to loosen it?

I don't want to wreck my new relationship before it's even started.

DEIDRE SAYS: What you're describing sounds like phimosis. It's more common than many men realise and nothing to feel embarrassed about.

But it can be connected with conditions like diabetes, so it's wise to seek medical advice. Don't force it, as that can cause painful tears and make the problem worse.

Please go to see your GP, who absolutely won't judge you. They can examine you and will probably prescribe a steroid cream to soften it.

You need to get this treated, as not being able to clean under the foreskin can cause health issues.

I FEEL SO TRAPPED WITH MY PARTNER

Dear Deidre

MY relationship has run its course but neither my partner nor our families seem to have got the memo.

I now feel trapped, bored and miserable. I dream of escape. How can I get out without upsetting everyone?

My partner and I are in our late twenties and have been together since we were teenagers and our families are very close.

They all assume we'll stay together forever, even though I told him months ago I don't love him any more.

We still share a rented flat because neither of us can afford to move out. To keep the peace, I even sleep in the same bed with him. He isn't violent but he guilt-trips me and begs for affection.

I just want my freedom. What can I do?

DEIDRE SAYS: You both deserve a relationship that makes you happy.

Although your partner isn't violent, ignoring your boundaries and using guilt to keep you there isn't healthy. It's controlling.

At the same time sleeping in the same bed will be confusing for him. Even if you have to sleep on the sofa for a while that would make your intentions clearer and help you both move on.

Tell him it's time to agree to a separation plan. My support pack, Standing Up For Yourself, will help.

Talk to your family and explain that you don't want to hurt anyone but you're desperately unhappy.

You can also contact shelter.org.uk (0808 800 4444) for housing advice.

stories deidre's photo casebook

FREYA'S PAST WORRIES: **DAY 4**

Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

GAMBLING can be enjoyable in moderation, but for some people it can slowly become something they rely on or struggle to control.

You may find yourself betting to escape stress, chasing money you've lost, or hiding how much you're spending from those around you.

If bets are starting to take over your life, my support pack Gambling Problem? can help.

I'M WORRIED HE'S BEEN RAPING ME

Dear Deidre

I THINK I might have been raped by my new boyfriend but I'm so confused. He acts like nothing is wrong but I can't stop crying. Please help.

I'm 32 and he's 35. We met on a dating site. He's a personal trainer and he offered to help me get fitter, saying he'd give me free sessions. I felt flattered by how much interest he showed in me.

When I visited his flat, he seemed lovely at first. We did a bit of exercise then he suddenly kissed me. I was shocked. Then, saying he just wanted to cuddle, he pulled me to his bedroom.

I felt frozen to the spot and didn't know how to get away. He ignored me, even though I repeatedly said no and we had sex. Afterwards he acted like we were a couple and insisted I text him saying I had enjoyed myself.

Since then, whenever we meet, he has kept pressuring me into sexual situations I don't want. But he makes me feel like I wanted it and it's normal. I cry myself to sleep every night and I feel so numb.

He keeps asking to see me and says he wants a serious relationship but I'm struggling to understand what happened. What should I do?

DEIDRE SAYS: I'm so sorry but your instincts are right. This man has repeatedly raped you. You didn't consent to sex and he ignored you when you said no.

Now he is manipulating and gaslighting you by acting like he cares. It's no wonder you feel so confused. Please do not meet him alone again. Save any messages and other evidence, and contact rapecrisis.org.uk (0808 500 2222).

They can help you deal with what's happened and discuss whether you want to report this man to the police.

None of this is your fault.

My support pack, Have You Been Raped?, has more information and sources of help.

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

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CIG81220	6.1x3.7x2.5m	140613576	£466.80	£442.80
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BRISTOL, BS5 9JJ	0117 935 1060	DEAL, KENT, CT14 6BQ	01304 373434	ILFORD, IG2 7HU	0208 518 4286	MK OPENSHAW, M11 1AA	0161 223 8376	SHEFFIELD, S2 4HJ	0114 258 0831	WOLVERHAMPTON, WV4 6EL	01902 494186
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The page where you tell Britain what you think

WHAT a great idea, Reform – Universal Credit claimants would have to complete 20 hours of community work each week.

Reform's Shadow Chancellor Robert Jenrick, *pictured*, said the policy would be fair to taxpayers.

I was out of work in the 80s. If someone had asked me, I would have gladly gone litter picking.

RAY WHITEHOUSE
Redditch, Worcs

WATER firms are going to hike up prices, even though thousands of litres are lost in leaks daily.

Bosses and shareholders are pocketing much of the money instead of investment in water infrastructure. Privatisation should never have happened!

MARTIN STONES
Dudley, West Mids

I READ with interest about the lady who put up her Christmas tree in July.

My 24in tree was put up in November 2014 and is still there.

Lights are switched on if I need cheering up.

GRAHAM UNDERHILL
Congleton, Cheshire

MY condolences to the family of the three people who lost their lives in the sea at Shoreham, in West Sussex, on Tuesday.

It just shows how dangerous underwater currents can be.

PETE LAMBELL
Daventry, Northants

I'M sure Princess Diana would not appreciate yet another book about her life nearly 30 years after she died, this time by her brother Earl Spencer, *pictured*.

So much time has passed since her tragic death, so let it rest.

JANE BIRD
Eastleigh, Hants

Camilla is King's rock

£50 LETTER

QUEEN CAMILLA has praised King Charles for his bravery following his 2024 cancer diagnosis, a sentiment widely echoed by the public.

The King has been so inspirational in his fight against cancer. His "the show must go on" mindset has been hugely impressive.

He and Camilla have carried out their engagements regardless of Charles's illness and shown total devotion to duty. And they have given hope to many others up against cancer. Camilla has been an absolute rock to him.

SUE CAVE
Blyth, Northumberland

HOW moving Queen Camilla's words were praising the King's willpower throughout his battle with cancer.

We tend to forget how King Charles's family are coping with the stress and worry that cancer brings, as they all have to put on brave faces in public.

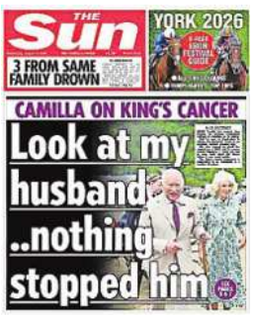
SYLVIA MONK
Hayling Island, Hants

HOW courageous of the Queen to discuss King Charles's cancer battle and how she had to keep quiet about his diagnosis before telling the world.

She shared how bravely he managed it and how his diagnosis led to a 12 per cent increase in male users to the Maggie's cancer charity. Charles has changed the future for so many others battling the disease. Long live the King.

MELANIE McREA
Ballyclare, Co Antrim

QUEEN Camilla has held so much love, patience and courage through the King's cancer diagnosis and the lengthy process before it was announced. She deserves our thanks.



COURAGE . . . our Page 1 on royals

SAMUEL FAROOQ
Tooting, South London

THE King and every single person who fights cancer is a hero. It is a cruel disease and has robbed me of several family members and friends.

Stories from those affected by cancer serve as a reminder of hope and resilience, emphasising that fighting cancer is not just a personal struggle but a collective effort that unites people in their shared journey.

AMIE YARDLEY
Bury St Edmunds, Suffolk

XAVIER BERTRAND, the regional president of Hauts-de-France, which includes Calais, is saying we are not paying France enough to stop migrant boat crossings – and that it is our fault for making it too attractive for them to come here.

He has a point: yes, we did make it too attractive by offering hotel accommodation. If we had left them in a field, in the same conditions they were living in in France, that would have been deterrent enough.

ROBIN FLOWERS
Long Melford, Suffolk

ISN'T it about time that our Government demanded written accounts of exactly what the French are spending our handouts on? I bet they can't.

MIKE BROWN
Knowle, Bristol

XAVIER BERTRAND is right when he says we have become a permanent attraction to migrants and we have not enforced our own regulations.

The quote regarding the stable door seems appropriate now.

MICHAEL TAYLOR
Sholing, Southampton

HAS anyone else noticed these little gimmicks Andy Burnham is promising to make our lives better are not going to happen until April? He's taking us for fools!

ROBERT MARSHALL
Sheffield

ANOTHER pie-in-the-sky promise from Burnham to get the homeless off the streets by Christmas.

It didn't work in Manchester and, as there seems to be no actual plan, this will go the same way.

STEWART LOVATT
Leicester

DITHERING Burnham is "considering" measures over the early release of prisoners.

He plotted for 12 months to oust Starmer, came in by the back door, and has no clue what to do! The sooner a general election sorts this lot of has-beens and clueless clowns, the better!

BERNARD BUCKLEY
Llanelli

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Play smart with Sun Bingo by setting Deposit Limits and using Reality Checks. Visit sunbingo.co.uk/smart-tips to find out more. 18+ GamCare.org.uk

Mystic Meg with MAGGIE HYDE

ARIES March 21 – April 20

Your fiery streak keeps you going in tough times but lately your patience has been wearing thin. You're as quick to forgive as you are to anger so today, just forgive and forget. An early morning text changes your day and it is exactly the shake-up you need. Dinner with friends or a love interest stops frustrations boiling over.

TAURUS April 21 – May 21

A tech upgrade is worth considering, provided it doesn't leave you paying for it after the excitement fades. Love lives in the everyday so ask a partner to join you while you run errands. Single? Romance will find you as you go about your routine. The answer to a puzzle is hidden in a book gathering dust on your bedside table.

GEMINI May 22 – June 21

You're a natural at keeping your finger on the pulse – and today news reaches you before everyone else, putting you first in line. A short journey opens a surprising door. An ordinary conversation could mean the world to someone else, so make time for others. When you hear the same thing twice, pay attention.

CANCER June 22 – July 22

Mars in your sign has you raring to go. It's full steam ahead on a project close to your heart. Don't be afraid to show off results. Someone who doubted you can't deny you admiration now. Finding balance with your activities makes you feel grounded and a long soak brings an idea that seems to come from nowhere.

LEO July 23 – August 23

With the Sun blazing through your sign, it can feel as if everyone looks to you to lift the mood, even when you don't feel like it. Keep an eye on your social batteries. An app rated by a friend helps you find calm. In your relationships a little distance does not mean a lack of love. Single? Save a first date for the weekend.

VIRGO August 24 – September 22

It may be tempting to keep your opinions to yourself, but it's better to speak up. Others will see the wisdom of your words and realise you were right all along, even if it takes time. Give meditation a go. Five minutes of stillness can be more productive than another hour of overthinking. A bumblebee is a good luck sign.

LIBRA September 23 – October 23

Venus in your sign enhances your natural charm. You can strike up conversation with just about anyone but today surface level won't do. Ask the questions others avoid. If you and your partner have been pulled in different directions, don't panic – this shall pass. A clue to understanding yourself comes from a female relative.

SCORPIO October 24 – November 22

Money is energy, so beware of impulse buys. Rediscover something you used to love before rushing to replace it. Focus on broadening your own horizons and remember that not everyone has to agree with you. If your love life has gone quiet, use the time to heal old wounds before the next chapter starts.

SAGITTARIUS November 23 – December 21

The moon in your sign has you feeling extra generous today but make sure you do not over-promise and under-deliver – you're not without support. Someone who's interested in helping you grow won't just share your dreams, they'll help you build them – so accept their input. Being on the move is linked to love.

CAPRICORN December 22 – January 20

You value tradition and love to use things that are familiar to you but open up to new tech. A younger person can show you a clever app that helps lighten the load. If life is feeling like all work and no play, say so. A partner knows exactly how to help you unwind. If you're single, a flirtation in the pub restores your spark.

AQUARIUS January 21 –February 18

You're at your best when you feel one step ahead – and a brainy friend helps you achieve that. Inspired ideas change your routine for the better. Avoid explaining yourself to people who aren't ready for your way of thinking. A whirlwind romance is great as long as it doesn't upset a friend. Repeating numbers bode well.

PISCES February 19 – March 20

Your empathic nature wins people over at work but pay attention if professional boundaries begin to blur. As a Pisces, you don't want all your fish in one basket. If you date someone from work, play it cool. Still searching? Someone who knows you best helps refresh your dating profile. Do the lottery with a Sagittarian.

Phone Meg's psychics for a chat on 0905 005 8102

Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406

Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

Sunpuzzles

We've got EVEN MORE of your TWENTY PUZZLES EVERY DAY

TRIPLE SunDOKU

EASY

		7	3			1		6
		4			9			
6			8					3
			1				2	
2	1		5					
5			2	4	3	6		8
7							3	1
3	5			2				
	4	6	7	3		9		

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

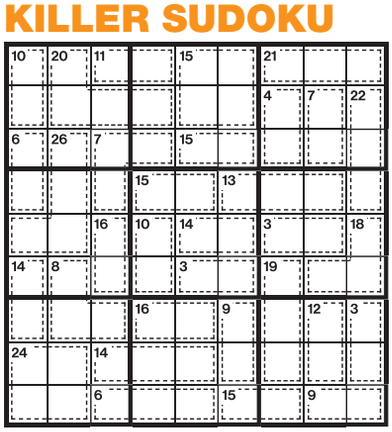
			2				5	
8						6	2	9
5			3		6	1		
	3	6		7		2		
9				1	3			
	1	8		4		9		
3			8		9	5		
2						4	8	7
			4				9	

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

	4			5			2	
5		1				7		9
		3	2		4	8		
		2	8	4	7	5		
	8						6	
3				2				8
4	1			9			3	5
			4		2			
		9	5		1	6		

KILLER SUDOKU



The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

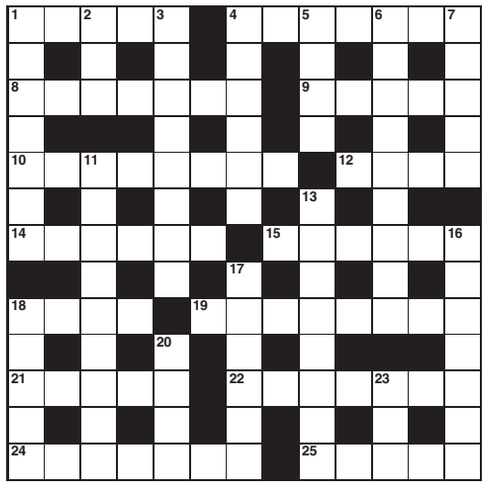
Cryptic

ACROSS

1 Extremely scornful six-footer showing bias (5)
4 Retirement home on two storeys? (4,3)
8 Collapse inwardly, as I'm with soldier on back of vehicle (7)
9 Son to beg for moisture? (5)
10 Gradually develop tie with Cuban jockeys (8)
12 Affected male wearing headwear (4)
14 Crushed soil (6)
15 Negligent about young woman (6)
18 Superficially read section of Stanislavski method (4)
19 Musical instrument in red boxes (8)
21 Harry rates flower (5)
22 Wear lad out, giving unfair treatment (3,4)
24 Some prefer men to agitate in the mind (7)
25 Furnish yard that is large and dank, primarily (5)

DOWN

1 Going down a mountain, perhaps, around five, and avoiding work (7)
2 Venomous creature, one with a sting in the tail but not the head (3)
3 Music producer, boomer, not heartless drunk (8)
4 Bather swimming exhaled air (6)
5 Earnestly protects home (4)
6 Rugby player, West Indian, runs for day (9)
7 Oddly, Derby pump to stop producing water (3,2)
11 Singer hit scorer, outrageously (9)
13 Rip off reckless youth (8)
16 Decided unusual test was first (7)
17 Worry about left-over bit of broccoli (6)
18 Small Welsh flower for employees (5)
20 Golf supporter covering bottom of bunker in ash? (4)
23 Never stripped for the first lady? (3)



Coffee Time

ACROSS

1 Incline (5)
4 Space-saving construction for two people to sleep in (4,3)
8 Break due to external pressure (7)
9 Sprig (5)
10 Brood (8)
12 Faction (4)
14 Basis (6)
15 Careless (6)
18 Remove the cream from (4)
19 Member of the woodwind family (8)
21 Plant with daisy-like flowers (5)
22 Unjust treatment (3,4)
24 Unrest (7)
25 Cede (5)

DOWN

1 Evading work (7)
2 Killer of Cleopatra, according to legend (3)
3 Member of the brass family (8)
4 Inhalation (6)
5 Where a bird lays eggs (4)
6 Uncivilised person (9)
7 Lose all moisture (3,2)
11 Singer in church (9)
13 Hooligan (8)
16 Calmed down (7)
17 Small flower that is part of a larger flower (6)
18 Rod (5)
20 Woody plant (4)
23 Day before (3)

Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

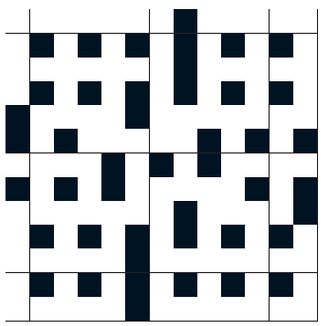
WORDSEARCH

Find seven words associated with ears. Words can run forwards, backwards or diagonally.

S	T	I	R	R	U	P
S	T	U	G	E	P	L
W	B	X	B	W	V	I
E	A	O	I	N	S	V
O	L	X	T	L	A	N
C	O	C	H	L	E	A
G	N	I	R	A	E	H

KRISS KROSS

Fit the words into the grid. Solution below right.



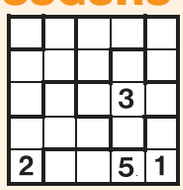
4 letters
Alum
Army
Bloc
Dare
Sell
Slug
Suss
Tire

5 letters
Bower
Caste
Conga
Delta
Extol
Heron
Hijab
Jingo
Layer
Litre
Mayor
Minty
Rangy
Recap
Remit
Renew
Scrum
Usual

6 letters
Bolero
Errand
Island
Unisex

7 letters
Adaptor
Doddery
Rancour
Sampler
Succumb
Sundial

SUGURU®



Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

THE NAME GAME

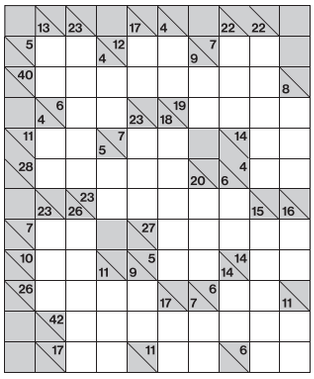
EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify an author:

1	2	3		4	5	6	7	8	9

6 & 5	Mr Barat, member of the Libertines and Dirty Pretty Things (second and last letters of name)
7 & 3	Arsenal and England right winger bought from Chelsea for around £50 million in July 2025
1	Shared first name of former cricket wicket-keepers Mr Ambrose (England) and Mr Paine (Australia)
4 & 9	Dick, George W. Bush's vice president (first and last letters of name)
8 & 2	Mr Lambert, who played Tarzan in Greystoke: The Legend Of Tarzan, Lord Of The Apes (first and seventh letters of name)

Yesterday: Executive GREG DYKE (Ezri Konsa, Raye, George (Washington), Delta Goodrem, Dizzy (Gillespie)). Another Name Game in The Sun tomorrow.
Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

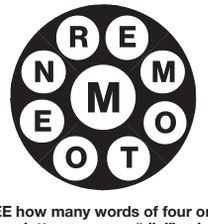
KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUNDIAL

Brilliant: 30. Excellent: 26.
Good: 19. Great kids' score: 14.



SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Action, adit, anoint, anti, antic, cannot, cant, canto, canton, cation, coat, coati, confit, contain, daft, dicot, dint, fact, faction, factoid, faint, fiat, fondant, font, fontina, incant, infant, into, iota, nation, nonfat, octad, otic, taco, tannic, toad, tonic, CONFIDANT.

Check today's answers by calling **0905 757 0155** before midnight.
Calls cost £1 per minute plus your telephone company's network access charge.

30-SECOND NUMBERCRUNCH

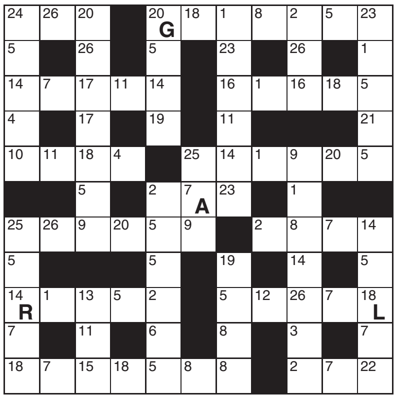
Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY **54**	÷ 6	× 11	- 69	÷ 10	+ 83	Half of it	- 37	× 9	+ 195	ANSWER
MEDIUM **143**	+ 189	Half of it	- 97	2/3 of it	+ 176	÷ 6	+ 233	÷ 5	- 38	ANSWER
HARDER **994**	+ 3/7 of it	÷ 5	+ 3508	Third of it	- 366	50% of it	- 229	÷ 20	700% of it	ANSWER

favourite brain-teasers! from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7 A	8	9	10	11	12	13
14 R	15	16	17	18 L	19	20 G	21	22	23	24	25	26

The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter E, write E in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION

ACROSS: Tutu, Quad, Rabbi, Raise, Tea, Forty, Naïve, Guard, Elect, Wax, Erase, Paged, Kept, Loth.
DOWN: Umber, Unity, Quran, Alibi, Refugee, Ejected, Tor, Ail, Amaze, Dwelt, Expel, Eight.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

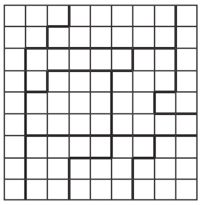
MISSING LINK

Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out a type of penguin. Solution below.

COLD					POINT
AFGHAN					DRESS
CHINA					PIPE
PEARLY					PRAWNS
TALK					STEWARD
RUN					GEAR
CUCKOO					BLOOD
SUGAR					SUM
GREY					OFF
RUBBER					SURGEON

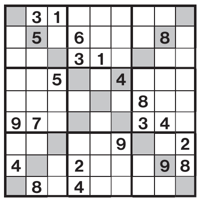
STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



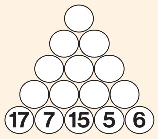
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.



ADD UP

If the number in each circle is the sum of the two below it, what is the top number? Solution below.

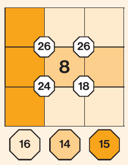


BRAINBUSTER

Find three new four-letter words that can go between these pairs to make six new words:

[a] FORE ____ SAKE
[b] MISS ____ ANTS
[c] DOWN ____ ROBE

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

SET SQUARE

	+		+		= 18
×		×		+	
6	+		−		= 10
−		−		÷	
	×		−		= 34
= 9		= 36		= 4	

Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

SunDOKU

Easy

9	4	1	3	6	5	8	7	2
7	5	8	9	1	2	4	3	6
3	6	2	4	7	8	5	9	1
2	7	9	1	5	4	3	6	8
1	8	5	7	3	6	9	2	4
6	3	4	8	2	9	1	5	7
8	1	6	5	9	7	2	4	3
5	2	3	6	4	1	7	8	9
4	9	7	2	8	3	6	1	5

Teaser

8	6	2	1	4	9	3	5	7
9	3	7	2	5	8	6	4	1
1	4	5	7	6	3	2	9	8
5	8	1	4	7	2	9	6	3
6	7	4	9	3	1	5	8	2
3	2	9	5	8	6	1	7	4
2	5	8	6	1	7	4	3	9
4	9	3	8	2	5	7	1	6
7	1	6	3	9	4	8	2	5

Toughie

3	4	5	9	7	6	8	2	1
8	9	1	4	5	2	7	6	3
6	7	2	8	1	3	4	9	5
5	6	7	3	4	8	2	1	9
4	1	9	6	2	5	3	8	7
2	3	8	1	9	7	5	4	6
7	8	4	5	6	1	9	3	2
9	5	6	2	3	4	1	7	8
1	2	3	7	8	9	6	5	4

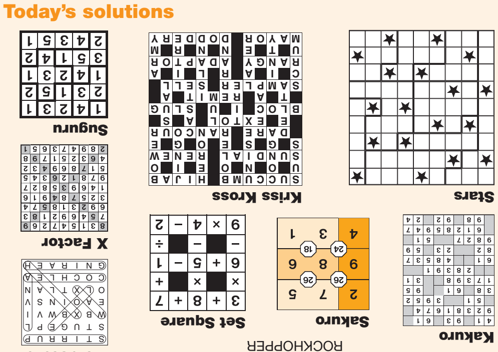
Two-speed crossword

ACROSS: 1 So-m-bre, 4 Scrap-e, 9 C-anon, 10 Onerous, 11 Gar-dens, 12 (D)owner, 13 Cha-in-letter, 18 B-r-eam, 20 Dignity, 22 Dragnet, 23 Aroma, 24 (Au)stere-o, 25 Co-here.

DOWN: 1 Socage, 2 M-on-arch, 3 (St)range, 5 (But)cher-oo-t, 6 Ado-rn, 7 Ensure, 8 Con-solid-ate, 14 Immense, 15 Episod-e, 16 A-bide(n)-s, 17 G-y-rate, 19 E-late, 21 Guano.

NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2025 was 34.7%

Today's solutions



Missing Link
Sore, Coat, Clay, King, Shop, Riot, Spit, Lump, Seal, Tree
ROCKHOPPER

Brainbuster
[a] Name [b] Pend [c] Ward

Page 2 Sekuta
Top line 536
Middle 124
Bottom 789

Numbercrunch
249, 16, 77

Add Up
161

Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3390** (9am-5.30pm). Service provider: Spoke, W1T 4HD

HOME AGROAN

THE annual rate of house price growth slowed by 2 per cent in June — with the average property now worth £272,000.

It is down from 3 per cent in May, ONS figures released yesterday reveal.

Officials blamed the slump on stamp duty changes in England and Northern Ireland.

The North West had highest house price growth in the year to June at 4.7 per cent. It was weakest in London at 2.5 per cent.

CARLSBERG HIT

CARLSBERG has suffered a dip in beer sales as punters cut back on booze — but it was boosted by non-alcoholic drink sales.

The Danish beer giant, which also brews **PORETTI** and **ERDINGER**, said beer volumes fell by 3.9 per cent in western Europe for the first half of 2026 with alcohol consumption down among the young. But soft drink sales rose 7.8 per cent after the £3.3billion takeover of **J2O** maker **BRITVIC**.

EDITED By JAMES FLANDERS, Business Affairs Editor

VIRGIN DRIP PRICE PROBE

Trainline also investigated

By BLATHNAID CORLESS

VIRGIN ATLANTIC, RED DRIVING SCHOOL and TRAINLINE are being probed over sneaky pricing.

The Competitions and Markets Authority is investigating concerns that customers were not shown full costs upfront.

Those affected could claim compensation if the firms broke the law.

It is part of a wider crackdown by the CMA on sly online pricing ruses by companies.

This includes so-called drip pricing – where compulsory charges are separated from the headline price or added later.

It means shoppers could end up paying more than they thought or have to calculate the total themselves.

The watchdog said the practice can also harm competition as some firms may falsely appear cheaper.

The inquiry into Virgin Atlantic is looking into resort charges and local taxes for package holidays. Trainline is being investigated over whether all compulsory fees were displayed upfront to travellers buying train and coach tickets in advance, on its app and website.

Airline . . questions over resort charges

The CMA said some transactions had additional costs ranging from 50p to £2.79, with a £1.50 booking fee for coach journeys.

Red Driving School is being investigated over how a £7 booking tariff and digital fee were displayed for driving lessons.

Emma Cochrane, of the CMA, said: "Clear pricing helps people compare offers and choose the option that works best. Unexpected mandatory charges make this much harder."

FTSE 100 10,743.35 DOWN XXpts 0.XX%

$1.36 €1.16

SHARE PRICES

21st Cent Fox Inc A	5238¼	-	
21st Cent Fox Inc B	3359½	-	
Aberdeen Group*	242¼	-	0 ¾
Anglo American	4021	+	190
Assco Br Foods	2022	+	6
AstraZeneca*	12068	+	262
Aviva	719¼	-	17 ½
BAE Systems	2160	-	65
BP*	538¾	+	5 ¼
BT Group*	203½	+	1 ¾
Barclays*	497	-	6 ½
Barratt Redrow	315½	+	0 ¾
Bco Santander SA	1046	-	22
Brit Ameri Tobacco	4090	-	57
British Land	422¾	-	2 ¼
Bunzl	2773	-	1
Burberry Group	1086	+	11 ½
Compass	2309¼	-	13
Currys	156¼	-	1
Diageo	1685½	-	2 ½
Drax Group	726½	-	5
Experian	2929	+	54
FirstGroup	181½	-	1
Frasers Group	811	+	2 ½
GSK*	1916	+	28
Greggs	1810	+	13
HSBC*	1502¼	-	12 ¼
IMI*	2996	-	54
ITV	72¼	+	0 ¾
Imperial Brands	2535	-	37
InterCont'l Hotels	11871¼	+	79 ¼
Intl Consol. Airlines	427¾	+	2 ¾
Johnson Matthey*	2346½	+	37 ½
Kingfisher	324¾	+	3 ½
Legal&General	298¼	-	2 ¾
Lloyds Banking Gp*	110½	-	2
LSE Grp*	8502	-	4
Man Group*	308¾	-	2 ½
Marks & Spencer	384½	-	5
Mitch & Butlers	278½	-	0 ½
Mitie Group*	209	+	0 ¾
Mobico Group	24½	-	0 ¾
Mothercare	0¾	+	0
NatWest Group*	682½	-	10 ½
National Grid	1180½	-	30 ½
News Corp A	2164¾	-	17 ¼
News Corp B	2450	-	34
Next	15140	+	155
Pennon*	455¼	-	3 ¼
Persimmon	1161	+	4 ½
Prudential	1023½	-	11 ½
Rank Group	107¾	+	3 ¼
Reckitt Benckiser*	5008	+	18
Rentokil*	345½	-	0
Rightmove	512½	+	9 ¼
Rio Tinto Ltd*	8893½	+	118
Rolls-Royce*	1519¾	-	18
SSE*	2385	-	42
Sainsbury's	334¾	+	3 ¾
Segro*	957¾	+	0 ¼
Severn Trent	3070	-	22
Shell*	3416¾	+	28 ¾
Smith&New	1068	-	42 ½
Smiths News	69½	-	0 ¼
Standard Chartered*	2161	-	40
Tesco	447	+	0 ¾
The Sage Grp	1073	+	10
Unilever*	4628	+	50
United Utilities	1418	+	3
Vanquis Banking Gp	77¼	-	0 ¾
Vesuvius	386	-	4 ¼
Vodafone	119½	-	0 ¼
WH Smith	424¾	+	5

* = ex dividend

EVRI'S DELIVERING JOBS

DELIVERY giant EVRI has announced it will be hiring thousands more drivers.

The company said yesterday it wants to take on 7,000 self-employed couriers and more than 2,000 "premium delivery" drivers ahead of the Christmas season.

It comes as the firm aims to increase the number of parcels it delivers by 40 per cent by 2030 — to 1.4 billion a year.

Boss Carl Lyon said: "Our success is built on the expertise of our people. By investing in our teams now, we not only prepare for another busy peak season but also support our future growth plans."

Brook will tri his luck

ENGLAND cricketers will play a 50-over tri-series against Pakistan and Sri Lanka in October.

It is the first such ODI contest since they travelled Down Under to face Australia and India before the 2015 World Cup.

England captain Harry Brook and his side will then fly to Australia for three ODIs and five T20s starting on November 13.

After that, England play three Tests and three ODIs in South Africa, two Tests in Bangladesh and the 150th anniversary Test against Australia in March.

SPORTS ROUND-UP: RESULTS & FIXTURES

UEFA CHAMPIONS LEAGUE PLAY-OFF ROUND FIRST LEG

CELTIC (2) 3 **LASK (0)** 0
Nygren 26
Duran 38, 67

S BRATISLAVA (1) 1 **CM CELJE (1)** 1
Cerepkai 15 — Avdyli 41

H B SHEVA (1) 2 **SABAH BAKU (1)** 1
East 43, Zlatanovic 79 — Simic 6

NEC (0) 1 **BODO/GLIMT (2)** 3
Bischoff 85 — Fet 25, Helmersen 44 (pen), Aleesami 50

EFL TROPHY NORTHERN GROUP D

MANSFIELD (0) 1 **MAN CITY U21 (3)** 4
Hendry 88 — Parker 23, 28, T Samba 35, Midwood 83
Att: 1,372

ENTERPRISE SOUTH - Farnborough 1 Chesham Utd 0.

NORTHERN PREMIER - AVRO 4 Workington 1.

CRICKET

FIRST TEST MATCH
Sri Lanka v India

Galle: India 462 (D Padikkal 167, KL Rahul 82, D Jurel 51; P Jayasuriya 4-109, K Nuwantha 3-175) and 193 (R Pant 66; A Fernando 4-31, P Jayasuriya 3-43); Sri Lanka 284 (S Dinusha 100, N Dickwella 80; M Suthar 4-76; R Jadeja 3-57) and 206 (S Dinusha 84, D de Silva 59; M Suthar 6-55). **India beat Sri Lanka by 165 runs.**

CYCLING

TOUR OF BRITAIN WOMEN (Cockermouth, 158.9km): **Stage 1 -** 1 L Wiebes (Hol) Team SD Worx-Protime 4h 3m 9s, 2 C Consonni (Ita) CANYON//SRAM, 3 J Nelson (GB) Team Picnic PostNL both at same time. **Overall -** 1 L Wiebes (Hol) Team SD Worx-Protime 4h 02m 59s, 2 C Consonni (Ita) CANYON//SRAM +4s, 3 K Swinkels (Hol) UAE Team L'IMAD +5.

RUGBY LEAGUE

BETFRED CHAMPIONSHIP - Dewsbury 22 Rochdale 34.

TENNIS

ATP & WTA CINCINNATI OPEN (Ohio): **4th rd, Men -** F Cobolli (Ita) bt R Jodar (Spa) 4-6 7-6 (7-3) 6-3; T Tirante (Arg) bt J Mensik (Cze) 5-7 6-4 6-4. **Women -** J Swiatek (Pol) bt D Parry (Fra) 6-3 6-3; J Pegula (USA) bt S Cirstea (Bel) 6-2 4-6 7-5; M Kostyuk (Ukr) bt M Andreeva (Rus) 4-6 6-0 6-2.

TODAY'S SPORT

(7.45 unless stated)

SKY BET LEAGUE ONE
Sheff Wed v Bradford 8.0
(Live on Sky Sports Main Event)

UEFA EUROPA LEAGUE PLAY-OFF ROUND 1ST LEG
Red Star Belgrade v Plzen 7.0
Benfica v AGF 8.0
Besiktas v FK Kauno Zalgiris 6.0
KF Egnatia v Lillestrom 6.0
J Bialystock v Iberia 1999 ..... 5.0
FC Kairat v Anderlecht 4.0
Mjallby AIF v Red Bull Salzburg . 5.0
OFI v CSKA Sofia 7.0
Sint-Truiden v Omonia Nicosia ... 7.0
Trabzonspor v Ferencvaros 6.0
U Craiova v Ararat Armenia 6.0
Lech Poznan v Thun 6.0

UEFA EUROPA CONFERENCE LEAGUE PLAY-OFF ROUND 1ST LEG
Gent v Hibernian 7.30
Hearts v Rapid Vienna .....
Lincoln Red Imps v Larne 5.0
Motherwell v Freiburg 7.30
Rangers v Jablonec .....
Shamrock Rovers v KuPS 8.0
Tromso v Brighton 6.0

CRICKET

First Test Match—day 2 of 5: England v Pakistan (Headingley, 11am).

County Championship - Division One—day 1 of 4: Hampshire v Yorkshire (The Rose Bowl, 11am); Leicestershire v Glamorgan (Leicester, 11am); Somerset v Essex (Taunton, 11am); Surrey v Nottinghamshire (The Kia Oval, 11am); Warwickshire v Sussex (Edgbaston, 11am). **Division Two—day 1 of 4:** Derbyshire v Durham (Derby, 11am); Gloucestershire v Worcestershire (Cheltenham, 11am); Lancashire v Northamptonshire (Old Trafford, 11am); Middlesex v Kent (Northwood, 11am).

GOLF

DP World Tour Nexo Championship (Trump International Golf Links).

USPGA Tour BMW Championship (Owings Mills, Maryland).

LIV Golf Indianapolis (Westfield).

LPGA CPKC Women's Open (Edmonton, Alberta).

CRICKET ENGLAND BOSS

FIRST AID FOR ROOT

Joe's new skipper reign starts with a wicket as Ollie 'n Josh bag 5-fers

WHAT a start for Joe Root — as England took a wicket with the first ball of his return as captain.

And the 439 deliveries that followed were not bad either.

Ollie Robinson and Josh Tongue took five wickets apiece as England seized control of the First Test at Headingley.

The bowlers joyously held the match ball aloft together as they left the field — and the groundsman then sawed it in half!

Root was 37 not out by the close of day one on his home ground as England reached 112-2 — a deficit of just 59 runs.

He could hardly have asked for more after winning the toss.

But then he did not go into the job of replacing Ben Stokes as a captaincy novice — this is his 66th Test in charge.

Robinson took four of Pakistan's first five wickets — including that first-baller — and finishing with 5-51 from 18 overs of highly-skilled seam bowling.

It completed a good few days

SCOREBOARD

First Test Match
England v Pakistan
(Day 1 of 5)

HEADINGLEY: England trail Pakistan by 59 runs with eight first-innings wickets in hand

PAKISTAN: First Inns

A Awais lbw Robinson	0
I ul Haq c Brook b Tongue	42
S Masood lbw Robinson	5
A Shafique b Robinson	61
S Shakeel lbw Robinson	5
A Salman b Tongue	21
M Rizwan b Tongue	12
A Usman lbw Tongue	0
K Shahzad c Atkinson b Robinson	14
M Abbas b Tongue	2
M Ali not out	0
B4 lb4 nb1	9
Total (48.1 overs)	**171**

Fall: 0, 6, 97, 117, 118, 150, 150, 159, 171.

Bowling: Robinson 18-3-51-5, Archer 9-4-26-0, Atkinson 12-1-40-0, Tongue 9.1-0-46-5.

ENGLAND: First Inns

B Duckett lbw Abbas	15
E Gay c Salman b Ali	33
J Cox not out	23
J Root not out	37
Lb4	4
Total (2 wkts., 25 overs)	**112**

Fall: 36, 48.

Bowling: Abbas 10-2-34-1, Shahzad 7-0-28-0, Ali 7-0-38-1, Usman 1-0-8-0.

Umpires: C Gaffaney & A Paleker.

BOWLED OVER
ENGLAND WICKET WITH FIRST BALL OF TEST

YEAR	BOWLER	BATSMAN	VENUE
1926	Maurice Tate	Warren Bardsley	Headingley
1974	Geoff Arnold	Sunil Gavaskar	Edgbaston
1975	Geoff Arnold	John Morrison	Christchurch
2007	Ryan Sidebottom	Daren Ganga	Riverside
2019	Jimmy Anderson	Dean Elgar	Centurion
2026	Ollie Robinson	Azan Awais	Headingley

TWO FIVE-WICKET HAULS IN SAME INNINGS FOR ENGLAND

1951	Melbourne	Alec Bedser (5-46), Freddie Brown (5-49)
1952	The Oval	Alec Bedser (5-41), Fred Trueman (5-48)
1973	Karachi	Norman Gifford (5-55), Jack Birkenshaw (5-57)
1986	Melbourne	Gladstone Small (5-48), Ian Botham (5-41)
1998	Trinidad	Andy Caddick (5-67), Angus Fraser (5-40)
2006	Old Trafford	Steve Harmison (5-57), Monty Panesar (5-72)
2026	Headingley	Ollie Robinson (5-51), Josh Tongue (5-46)

(Post-war only)

McILROY . . . long road

RORY: BE LIV-ID

RORY McILROY wants life to be made difficult for LIV stars returning to the PGA Tour.

By JAMES CLARKE

The Saudi backers of the rebel series are pulling out at the end of the season.

Jon Rahm is poised to quit — as Brooks Koepka did last year — while the futures of Bryson DeChambeau, Tyrrell Hatton and Cameron Smith are also unclear. World No2 McIlroy, an outspoken critic of LIV, said: "The PGA Tour's in a really good spot.

"I'm pretty sure they're not going to be welcomed back straight away. If they were offered the returning-member programme Brooks took, then maybe — but that has come and gone.

"I'd say it's going to be a tough, tough road back."

LAWSON . . . step up

LIAM LEAPS IN

LIAM LAWSON will step up and race for Red Bull in Sunday's Dutch Grand Prix after Isack Hadjar's injury.

Hadjar, 21, is understood to have broken a wrist while boxing during Formula One's summer break.

The French ace is eighth in the driver standings but will now be replaced by Lawson, 24, who steps up from second team Racing Bulls. A Red Bull statement said: "Isack sustained a wrist injury. The team wishes Isack a speedy recovery and thanks Liam for stepping in."

Yuki Tsunoda replaces the Kiwi for Racing Bulls.

CARLOS SAINZ has signed a multi-year extension with Williams, who will also retain Alex Albon for 2027.

By NICK KING

DAY ONE ACTION

By JOHN ETHERIDGE

for the Sussex seamer, whose wife Mia gave birth last week.

Tongue showed his love of detonating lower-order batsmen – they call him 'The Mop' because he cleans up the tail.

He went into tea on a hat-trick – repelled by Khurram Shahzad with a cover drive for four.

A third-wicket stand between Imam-ul-Haq and Abdullah Shafique contributed 91 runs to Pakistan's total of 171 all out.

They lost their final five wickets for just 21 runs.

Robinson can be infuriating and injury-prone but nobody has said he can't bowl.

He took match figures of 7-77 against New Zealand at Lord's in June – his first international for more than two years – only to miss the next two Tests.

So, with Root replacing Stokes at the helm, this was a big examination for the seamer. Robinson's response was instant as he nailed Pakistan's left-handed opener Azan Awais lbw with a nip-backer.

It was Robinson's 500th first-class wicket at the absurdly low average of 21.

It is the first time in history a wicket had fallen to the first ball of a Test series in England.

And the last first-ball wicket in a Test match here came when Ryan Sidebottom dismissed West Indies opener Daren Ganga at Chester-le-Street in 2007.

Robinson said: "Josh and I decided it would be cool to split the ball – not many people have half a ball!

"It was great to get a wicket first ball and settle my nerves.

"Having another baby makes today even sweeter. I was thinking of them the whole time."

Robinson drilled a challenging line straightaway but England's three other quick bowlers – Jofra Archer, Gus Atkinson and Tongue – took time to settle.

Perhaps they struggled with the transition from The Hundred to a Test match – from a maximum 20 balls per match to potentially 20 overs a day.

Robinson had instead turned out for Sussex in the 50-over Cup.

His second wicket arrived with Shan Masood plumb lbw before rain took the players off.

Tongue broke the stand when Imam was caught low down by Harry Brook. It was one of only two Pakistan dismissals that were not lbw or bowled.

Saud Shakeel, given out leg before, was left to regret taking too long to review – DRS showing the ball going over the top.

The stylish Shafique was bowled by Robinson through the gate for 61 and his five-fer came when Shahzad's attempted slog landed in long-on's hands.

Tongue scythed through Pakistan's lower batters with speed and aggression.

Not since Steve Harmison and Monty Panesar against Pakistan at Old Trafford in 2006 had two England bowlers shared all ten wickets in a Test innings.

WOWZAT! . . . Ollie Robinson celebrates trapping Azan Awais with the first ball of the day, to the delight of new skipper Joe Root (far left)

SHARING THE SPOILS . . . Tongue and Robinson mark five-fers and the match ball that was cut in half for them

TONGUE IN GROOVE. . . he dismisses Usman in his 5-46

CROMPTON . . . ambitious

REDS SUPERCHARGED

SALFORD believe they can be back in Super League in three years.

By GARY CARTER

The Reds dropped out before going bust under the reign of previous owners Sire Kailahi and Curtiz Brown.

After reforming under a consortium led by Salford-born, Australia-based businessman Malcolm Crompton, they are now part-time in the Championship with ambitions to win it next season.

Crompton told Bring On The Salford podcast: "I was asked on January 6, 'When are we getting back into Super League?'. Where do we want to be? In Super League. So if we finish where we want to next year, then what do 2028 and 2029 look like?

"It has to be with aspirations for Super League. There's the answer – three years.

"I'm excited for next year. I know who we want to sign, and if we can add two or three more players, we're going to be a force to be reckoned with.

"We'll graft our backsides off to get the club back to where it needs to be."

NO EXCUSES . . . Kyrgios has taken full responsibility for his failed drugs test and apologised

KYRGIOS COCAINE SHAME

Tennis star's drug ban

NICK KYRGIOS says he made a "huge mistake" and is "deeply disappointed" after being suspended from tennis for testing positive for cocaine.

By JOSHUA JONES

The Australian took "full responsibility" after submitting a sample during the Mallorca Open in June, which contained benzoylecgonine, a metabolite of the party drug.

Kyrgios, 31, has been provisionally banned since August 4 and is able to appeal – but the International Tennis Integrity Agency say "he has not done so to date".

The former world No13 and 2022 Wimbledon runner-up is unable to play, coach or attend Grand Slams or any events sanctioned by the men's or women's tours.

Kyrgios said: "I recently failed a drug test in Mallorca after testing positive for cocaine.

"I made a huge mistake and I take full responsibility for it."

He has barely played in recent years, with just ten singles matches since the end of 2022 amid various injuries, including a wrist problem that required surgery.

Kyrgios has won only two matches in that time – at the Miami Open in March 2025 and the Stuttgart Open in June this year.

His victory over France's Corentin Moutet in Germany came just 13 days before his first-round defeat to Adam Walton in Mallorca, where he was drug tested.

Kyrgios said: "I'm sorry to my fans, my family, my sponsors and everyone close to me.

"I'm sorry to the kids who follow me. I know the example this sets and I'm deeply disappointed. I'm not going to make excuses but I do want to give some context about where I've been.

"The last couple of years of injuries have taken a huge toll on me, both physically and mentally.

"My body hasn't been able to do what my mind expects it to do and coming to terms with being near the end of my career has been harder than I ever imagined.

"I've always said I didn't choose tennis – tennis chose me.

"But letting go of something that has been my whole life is one of the hardest things I've ever had to face. At times I've felt helpless and alone.

"None of that excuses what I did.

"This has given me a wake-up call.

"For the next 28 days, I'll be stepping away from social media and public life while I focus on getting myself right.

"I'm sorry. I'll do the work and come back better."

I'm sorry to the kids who follow me – NICK KYRGIOS

His failed test comes less than two years after Kyrgios was vocal in his criticism of Jannik Sinner and Iga Swiatek for their own failed drug tests, which saw them handed short bans.

He moaned at the time: "It's been handled horrifically. Two world No1s both getting done for doping is disgusting for our sport. It's a horrible look.

"The tennis integrity right now, and everyone knows it but no one wants to speak about it, is awful.

"It's not OK. I know people don't like when I just speak out about things, be honest about things."

CONFERENCE LEAGUE PLAY-OFF

ARCTIC ROLE . . . Dunk and pals have paid for fans' tickets to see them in Norway

Albion stars' gift is just the ticket

By TOM BARCLAY

BRIGHTON'S players paid for the tickets of every Albion fan going to their Conference League play-off in the Arctic Circle tonight.

The Seagulls squad have also shelled out for a T-shirt and a scarf to each of their 407 supporters attending their first leg against Tromso.

Captain Lewis Dunk, 34, hopes it is seen as a kind gesture towards fans who only knew for sure that their team would be heading to northern Norway a week ago.

The former England centre-back said: "It's a long trip for the fans, last minute to organise.

"We thought we want to start the season off well with the fans and make a group gesture of refunding their tickets.

"Give them a little present – hopefully they appreciate this gesture.

"Hopefully it is a good start to have a good season with the fans and enjoy it along the way."

Tromso v Brighton 6pm talkSPORT

It is only Brighton's second-ever European campaign, having played in the Europa League under Roberto De Zerbi in the 2023-24 season.

Fabian Hurzeler's side qualified for the Conference League after finishing eighth in the Prem.

Bitter rivals Crystal Palace won this competition last season.

Chelsea and West Ham have also won it since the tournament was created five years ago.

One-club man Dunk added: "I wouldn't say it adds pressure that Palace won it, I'd say it gives you confidence that Premier League teams have done well.

"We're an established Premier League side now – we finish high up the table a lot of the time.

"We back ourselves against anyone."

It's Duran Duran for wild Bhoys!

TWO-GOAL Camilo Duran was the hero as Celtic beat LASK 3-0 to close in on a Champions League spot.

The Colombian, a £6million signing from Qarabag last month, netted in each half for Martin O'Neill's Bhoys, now one game away from the league phase.

Benjamin Nygren opened the scoring with a 26th-minute rocket into the top corner before Duran struck.

The striker, 24, then added Celtic's third past the Austrian champs on 67 minutes by sidefooting a sublime finish after exchanging passes with Nygren.

The second leg is in Linz on Tuesday.

Jack feels Toff love

By MARTIN BLACKBURN

EVERTON believe Jack Grealish is "in love" with the idea of a return to Merseyside.

The Manchester City star *(left)*, 30, had his loan last season cut short by a foot injury.

And the Toffees' chief executive Angus Kinnear said: "He decided to rehab here last season when he didn't have to.

"He's fallen in love with the right shade of blue."

Villa make Zion the 1

By JAKE SANDERS

ZION SUZUKI feels Aston Villa is the perfect club for him after signing from Parma.

The £30million Japan goalkeeper is set to be No1 even though Emi Martinez's move to Juventus has stalled.

Suzuki *(right)*, 23, said: "I'm happy to be here to start my new journey."

Italian left-back Matteo Ruggeri, 24, has arrived for £17m from Atletico Madrid.

HERO TO SIRO . . . Jones is set for Inter Milan switch

CURT TAKES THE INT

Jones follows Stones

CURTIS JONES is set to join Inter Milan in a £30million move from Liverpool — the THIRD England star to head to the San Siro this summer.

By JAKE SANDERS

The midfielder, 25, is in the final year of his Anfield contract and will leave his boyhood club after making 228 appearances.

Serie A champions Inter tried to sign Jones on loan in January and also had a £21m bid rejected earlier this summer.

Jones is expected to head to Italy for a medical and will link up with fellow England internationals Djed Spence and John Stones, who arrived from Spurs and Manchester City respectively.

Reds boss Andoni Iraola wanted to keep him but there was no progress over a new deal and he wants a new challenge.

Jones broke into the Liverpool first team in 2019 and has won two Prem titles, two League Cups and an FA Cup but never started more than 20 top-flight matches in any of his six full seasons.

NEWS TICKER

LEEDS snapped up Switzerland World Cup star Nico Elvedi from Borussia Monchengladbach.

Elvedi, 29, played every minute of his country's run to the quarter-finals this summer.

The centre-back has joined his former Borussia boss Daniel Farke at Elland Road for an initial £6.8million, which could rise to £8.5m with add-ons.

JOEL PIROE plans to fire West Ham back into the Prem after sealing a move from Leeds.

The Dutchman, 27, joins on a season's loan, which could become permanent for £12million next summer.

Piroe said: "I see West Ham as a club that really should be in the Premier League."

Irons also want Brighton's Amario Cozier-Duberry.

FORMER Manchester United midfielder Paul Pogba is leaving Monaco 14 months into a two-year deal.

France's 2018 World Cup winner joined the Ligue 1 side last June after his four-year doping ban imposed in 2024 was reduced to 18 months on appeal.

Pogba, 33, played his first game in two years in November but made just five further appearances.

TARGET . . . Marmoush

Spurs eye up double

By TOM BARCLAY

TOTTENHAM hope to seal a double deal with Manchester City for striker Omar Marmoush and winger Savinho.

Spurs have been locked in talks for Brazil star Savinho, 22, all summer — but now are pushing forward also for long-term target Marmoush, 27.

They were keen on the Egypt hitman before his 2025 City move from Eintracht Frankfurt.

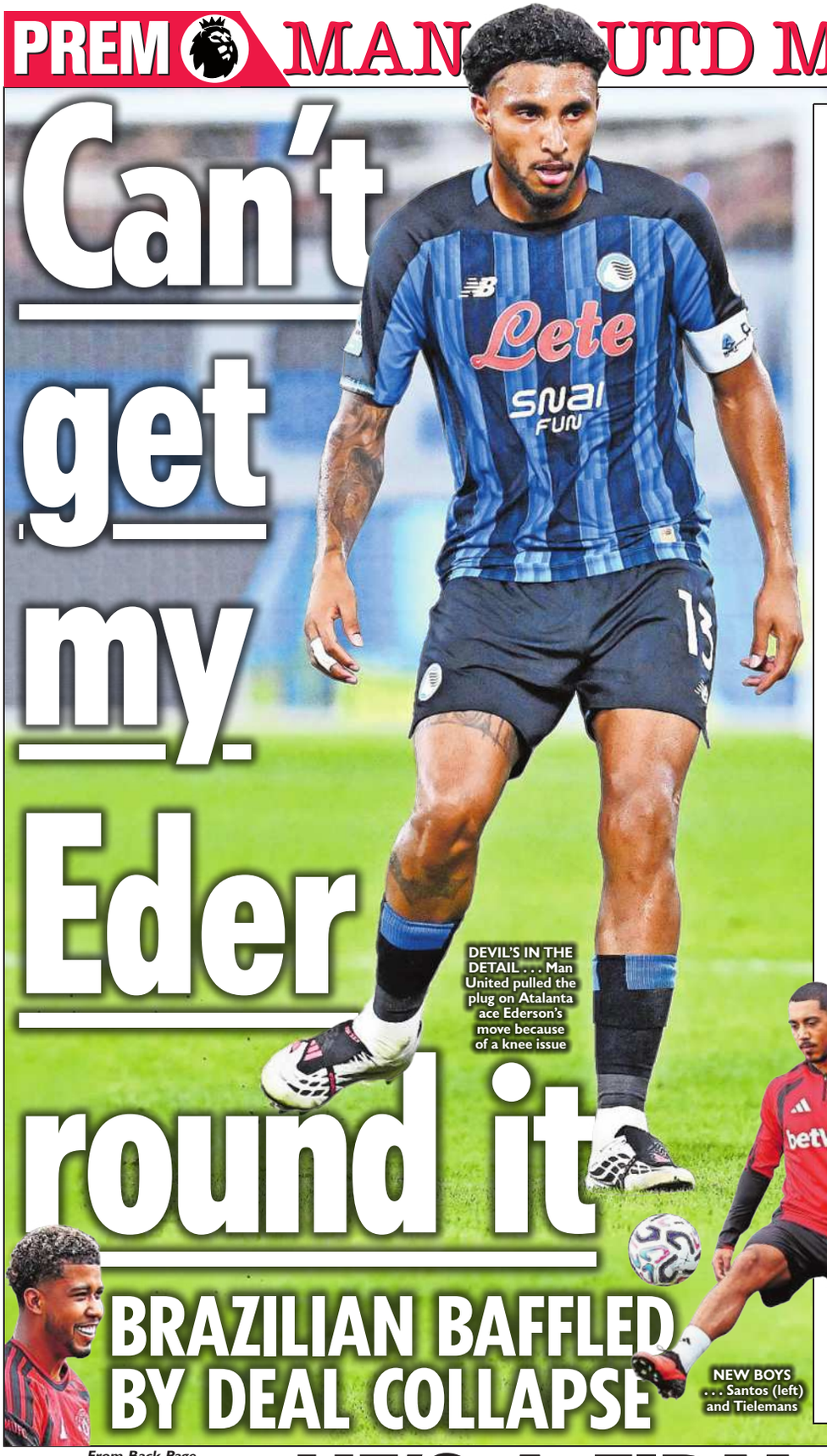
Negotiations are believed to be advancing.

City have also sold midfielder Tijjani Reijnders, 28, to Saudi side Al-Qadsiah for £53million.

PREM MAN UTD MYSTERY

Can't get my Eder round it

BRAZILIAN BAFFLED BY DEAL COLLAPSE



DEVIL'S IN THE DETAIL . . . Man United pulled the plug on Atalanta ace Ederson's move because of a knee issue

NEW BOYS . . . Santos (left) and Tielemans

By TOM BARCLAY

EDERSON remains baffled as to why his proposed Manchester United transfer collapsed, claiming his medical "went well".

The Red Devils came close to signing the Brazil midfielder, 27, earlier this summer for around £35million, even bringing him over to England to undergo physical tests.

But they ended up pulling the plug amid claims there was a problem due to a knee injury.

United have since signed Ederson's compatriot Andrey Santos and Youri Tielemans in central midfield, and are closing in on Brighton's Carlos Baleba, all for a combined £150m.

Meanwhile, Ederson has since signed a new contract with Atalanta.

And he spoke about his eventful summer ahead of the Italians' Conference League play-off with Hapoel Tel Aviv.

He said: "I honestly don't know what happened. I always had interest from other clubs, and I could have gone to another English side.

"The tests went well, I don't know what changed. I've been with Atalanta for four years and always played.

"I could have just waited to see what happened but the great rapport with the club convinced me to stay and sign a new contract."

Ederson had long been on United's radar as they looked to replace fellow Brazil star Casemiro, 34, who left for Inter Miami this summer.

A fee was agreed on June 2 to sign him from the Serie A side and he had initial tests in the United States, where he was competing in the World Cup with his country.

Those tests flagged up an area of concern, and Michael Carrick's side backed out of the deal after more tests back in England after the Samba Boys were knocked out of the tournament.

The Red Devils moved instead for Santos, 22, from Chelsea in a deal worth up to £50m, and bought 29-year-old Belgian Tielemans for a flat £35m.

United are expected to complete the £65m capture of 22-year-old Baleba from Brighton in the coming days.

Ederson added: "I had lovely moments going to the World Cup with Brazil and then . . . I still don't know what happened, to be honest.

"But the important thing is that I was able to deal with the situation, return with the right mentality and give my all to the club that gave me so much.

"I am still Ederson, everyone knows me here and what I can do, they know I will always give my all."

The midfielder appears to have moved on quickly from his failed switch, and is in line to get the armband with Atalanta, whom he joined in 2022 for £19.6m from Salernitana.

Ederson said: "I am very happy to remain with Atalanta, I really thank the club and CEO Luca Percassi.

"They called me many times, I felt they were by my side. But even though I had interest from other clubs, after everything that happened, I thought it was best to stick with who really wanted me, and that was always Atalanta.

"I was happy to wear the jersey that has given me so much joy."

DALOT . . . confident

Diogo is a no go

By MARTIN BLACKBURN

DIOGO DALOT does not regret snubbing AC Milan — because Manchester United are on the brink of "something special".

The Portugal full-back spent 2020-21 on loan at the San Siro but decided not to return because he wants to win a major trophy with the Red Devils.

Dalot, 27, said: "There was obviously that option.

"I had a good season there and enjoyed it but I really wanted the time I've been having with United.

"My goal is to win a big trophy for this club.

"Hopefully I can get that and put the club back where it belongs.

"The minimum for this club is you go into every season thinking you can win every competition and I think we are creating something special."

PREM COUNTDOWN

1 DAY TO GO

MANCHESTER CITY have failed to win their opening Prem game on only **ONE** occasion in the last 15 seasons — a 1-0 loss at Tottenham in 2021-22, thanks to Son Heung-min's goal. No other side has won more than ten openers in the last 15 years.

Number's up, Delap

By JACK ROSSER

LIAM DELAP has lost his Chelsea No9 shirt to Joao Pedro.

The £30million striker had a poor first season at Stamford Bridge and will now wear the No12 jersey.

Delap and fellow forward Nicolas Jackson are training separately from the main Chelsea squad.

Up to 12 Blues players are working away from boss Xabi Alonso's main sessions ahead of moves or, in the case of Jordan Henderson and Danny Welbeck, to build up fitness.

Chelsea have 41 seniors including six strikers, so Delap and Jackson could both leave this summer.

Tosin Adarabioyo, linked with Aston Villa, has lost his No4 shirt to Valentin Barco and will wear No38.

From Back Page

HE'S A FIRM BALEBA

the Red Devils first showed an interest. Brighton were asking for £100m 12 months ago but the price has now dropped and the Old Trafford side want Baleba as their third midfield signing.

He will add to the £35m arrival of Youri Tielemans, 29, from Aston Villa and 22-year-old Andrey Santos who moved from Chelsea in a £50m deal.

United triggered Tielemans' release clause at Villa after scrapping a £35m deal for Atalanta's Brazilian midfielder Ederson when concerns regarding his knee flagged up in two medicals.

Baleba, whose preference is to play as a No6, will boost the Old Trafford outfit's midfield with his energy and dynamism.

He will join Santos as a defensive midfielder, while Tielemans and Kobbie Mainoo, 21, will provide the creative spark in the engine room.

Attacking players Bruno Fernandes, 31, and Mason Mount offer other options for head coach Carrick.

The Red Devils needed replacements after Casemiro, 34, left at the end of his contract to join MLS club Inter Miami on a free.

Uruguay's Manuel Ugarte, 25, is sidelined for at least the next nine months having undergone knee surgery following his World Cup injury against Spain, while Mount, 27, missed the final two games of pre-season.

Baleba joined Brighton from Lille in the summer of 2023 and has played 112 times for the south-coast club.

His form dropped last season amid interest from United, with just 23 Prem starts and zero goal contributions in 35 appearances. He was also substituted in 15 Prem games, including at half-time on four occasions.

Left-footer Baleba has previously played at left-back, where Carrick has been looking to strengthen. United are still in the market for a full-back with 31-year-old Luke Shaw entering the final year of his deal and Harry Amass, 19, put up for sale ahead of the transfer deadline.

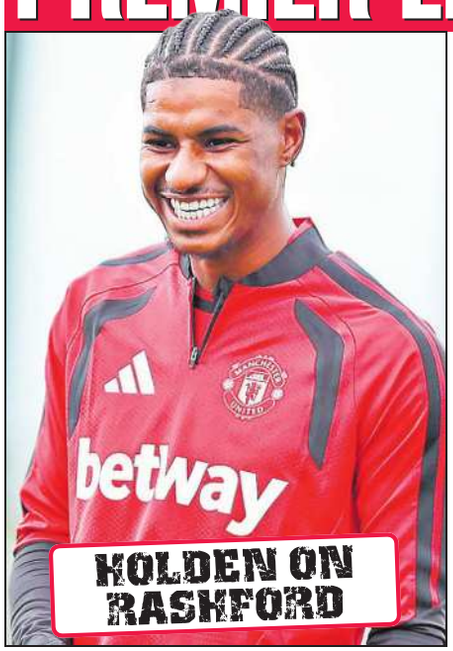
Baleba returned for pre-season with the Seagulls in July.

But he limped out of a session in Vienna and missed the following day's friendly against Strasbourg, plus further friendly games against Roma and Bologna.

PREMIER LEAGUE

TWO DAYS TO GO

HULL v



NEW START . . . star forward Marcus is back at United

He's got Marc of a great man

I REALLY hope Marcus Rashford can rescue his Manchester United career.

After two loan spells away from Old Trafford — at Aston Villa and Barcelona — he will be in with a shout of doing so against us this weekend.

I hope Marcus does turn things around because he's a top talent.

And he also deserves a lot of credit for how he performed at Barca last season.

He went to one of the biggest clubs in the world, performed fantastically well and won LaLiga.

I believe there has been a pile-on towards him — I'm talking football in general — and then people get a perception. But the people close to Marcus will know the reality is different.

Let's not forget the things Marcus and his family did during the pandemic for young kids in and around the North West, who had nothing and weren't being looked after by the Government.

Marcus put his hand in his pocket and spent a lot of time helping those kids.

Sometimes that can be forgotten because he wears a big pair of earrings, or maybe has a bit of a strut on the pitch.

HOLDEN ON GERRARD

Steven taught me so much

STEVEN GERRARD sees football in slow motion.

I loved working as his right-hand man in Saudi.

He's one of the greatest players England have ever produced — United fan or not, there's no getting away from that.

Getting to spend all that time inside his head, seeing how he handles pressure and watching a work ethic that's second to none was incredible.

The way I got the Al-Ettifaq job was bizarre.

Steven *(inset)* invited me to do a presentation in early 2024 to replace Ian Parker on his staff, asking me to analyse a poor performance from his side.

He comes from where I come from — but worked his way up from humble beginnings to mega-stardom.

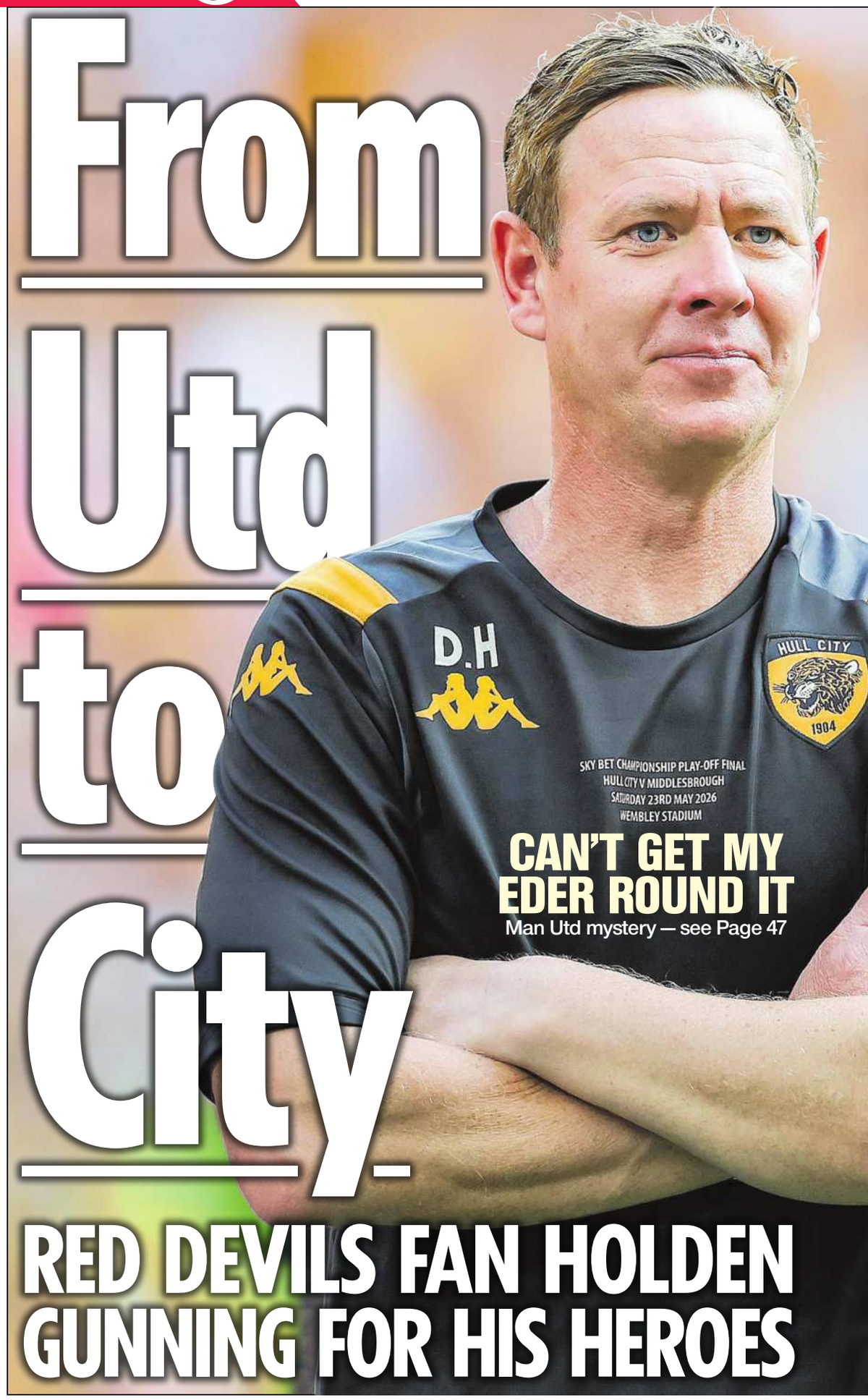
It was a tough interview and I delivered a pretty stinging attack on his team — but he really appreciated my honesty.

He was brilliant off the pitch, he even sorted me and my two sons out with VIP tickets in Ibiza this year.

People questioned the Saudi Arabia move but the way he went about it, he could have been managing any top club in the world.

Even though he left Al-Ettifaq in January 2025 and then turned down a Rangers reunion, I have zero doubt he'll succeed again if he takes another crack at management.

From Utd to City



CAN'T GET MY EDER ROUND IT

Man Utd mystery — see Page 47

RED DEVILS FAN HOLDEN GUNNING FOR HIS HEROES

MANCHESTER UNITED

GRAPE EXPECTATIONS . . . United gaffer Ten Hag gifted Holden a fine wine in 2023

HULL LOT OF LOVE . . . boss Jakirovic (left) and assistant Holden work well together

OLD TRAFFORD season ticket holders never want Manchester United to lose.

But Hull City assistant manager Dean Holden will put childhood loyalties aside in Saturday's Premier League early kick-off.

Holden is a Red Devils fan and has had a season ticket at the Stretford End for 34 years – but he will be plotting their downfall in the rival dugout at the MKM Stadium.

The club have always been central to life for Salford-born Holden, 46, though keeping the newly-promoted Tigers in the top flight is now his priority.

He previously managed against United when he was Charlton boss for a 2023 League Cup game and was Bristol City's No2 when they stunned Jose Mourinho's side 2-1 in the same competition in 2017 – Korey Smith smashing a 90th-minute winner.

Holden explains how he found out about the opening-day fixture, telling SunSport: "I was waiting at home all morning for the fixtures to come out and I had to take our youngest, Chase, to school.

"As I got in the car my phone started to blow up.

"My dad was ringing and Danielle was at home, my wife, with the other kids.

"It was a great moment because a big part of my life is that football club.

"My very first day in the job of being the Charlton manager was the Carabao Cup quarter-final draw when we played United."

Holden played over 400 matches as a defender for ten clubs from 1998 to 2014 but the season ticket has been in his family since 1992.

And his phone has been ringing off the hook with calls for tickets from friends about the Tigers' first game back in the top flight.

He joked: "I have had people coming out of the woodwork asking for tickets and it's difficult.

"It's an absolute nightmare and I'm scrambling." Holden previously said United are "in his blood" and he was an Old Trafford ball-boy as a kid.

When he took his Charlton side to United for the last-eight tie almost four years ago, then-manager Erik ten Hag left him a gift after Marcus Rashford's late double ended any hopes of a cup shock.

His friend later Googled the bottle of red wine gifted by Ten Hag and discovered it was valued at a whopping £1,500.

He said: "We've still not opened that. So that's going to be one for the kids in the future, hopefully. My kids also got one of Rashford's signed shirts.

"I learned a lot from Ten Hag and to get him behind closed doors without any cameras, he was really honest.

"He was extremely kind and generous with his time and his advice. I'm always trying to learn and find new ways of doing things, so he appreciated that."

Despite the romantic opening-day storyline, Holden *(right, playing for first club Bolton)* is hell-bent on helping manager Sergej Jakirovic keep Hull up, reminding the squad to look at the long haul.

The pair first met in a heated touchline clash in the Turkish Super Lig during early 2025 while Holden was working at Adana Demirspor and Jakirovic was managing Kayserispor.

Holden said: "Sergej's assistant recognised me during the Hull interview and I got the job.

"They appreciated that I took over an already-relegated side and wanted someone who knew the Championship.

"Maybe squaring up to an opposition manager is the secret to success! You can hope he might give you a job in the future. It went in my favour in the end and the rest is history."

With promotion secured via the Championship play-offs, Hull are finally free of EFL transfer restrictions ahead of this season.

The club had been serving a two-window fee limitation – reduced from three on appeal – over late payments to rival clubs.

Holden added: "We need to look at the bigger picture.

"The United game is the first match of the campaign and it is not going to dictate our whole season.

"Sergej and his team deserve so much credit. To turn up in English football unannounced and to get promoted with a transfer embargo, is one of the most magical things that's happened in the Championship in the last 20 years."

The camaraderie between the two is obvious when Sergej wanders into the room mid-interview, cheekily trying to negotiate a guest appearance on Holden's family YouTube channel, Holden It Together.

The online show will cover the Tigers' first season in the top flight since 2017 and offers an insight into grief.

Holden and TV presenter wife Danielle tragically lost their baby daughter Cici, aged 17 months, after she contracted meningococcal septicaemia while they were on holiday in Lanzarote in 2012.

The family hopes their channel serves as a beacon for others facing loss – proof that even in dark moments, couples and families can work through grief together.

Holden explained: "When Cici passed we were on the canvas for a long time. We miss her every day.

"Now we hope that if you watch us in action at home in our real life, it's a tale of hope and inspiration, showing how we can come through something so tragic and devastating.

"We're trying to shine a light on a real, honest family who are trying to have a little bit of fun and not take life too seriously."

By KATHERINE WALSH

EXCLUSIVE

TIGERS' FEAT . . . skipper Lewie Coyle lifts Championship play-off trophy in May

TO HAVE AND TO HOLD

HOLDEN'S CAREER

PLAYER		GAMES	GOALS
1998-2002	Bolton	21	1
2001	Valur (loan)	9	0
2001-02	Oldham (loan)	28	2
2002-05	Oldham	125	11
2005-07	Peterborough	67	4
2007-09	Falkirk	57	2
2009-11	Shrewsbury	52	0
2010	Rotherham (loan)	7	0
2011-12	Chesterfield	33	3
2011-12	Rochdale (loan)	8	0
2012	Rochdale	14	0
2012-14	Walsall	34	2
MANAGER			**WIN RATE**
2015	Oldham	15	20%
2020-21	Bristol City	41	44%
2022	Stoke (caretaker)	1	100%
2022-23	Charlton	33	36%

GOLDEN SHOE . . . Kane

Shear bliss at Bayern

By TOM BARCLAY

HARRY KANE has played down the possibility of coming back to England to break Alan Shearer's Prem goals record.

The England captain, 33, admitted he did previously have Shearer's 260 strikes in mind when he left Tottenham to join Bayern Munich in 2023.

But he no longer feels the need to scratch that "itch" after falling in love with European football.

Kane, who is set to sign a new deal with the Bundesliga champions, was speaking as he was awarded his second Golden Shoe for being the most prolific player in Europe's top leagues.

He said: "When I first left, it was something that I thought I'd definitely be coming back for. That itch isn't there anymore.

"I'm extremely happy here. It has opened my eyes to a totally different world. It has made me appreciate European football even more."

Kane left Spurs having netted 213 goals in the English top-flight.

He scored a whopping 73 goals for club and country last term.

Kane added: "My family are really settled here.

"I never say never but, for now, I'm concentrating on Bayern."

Webb is worried

By MARTIN LIPTON

HOWARD WEBB fears the World Cup row over USA striker Folarin Balogun could fuel Premier League conspiracy theories.

Refs' chief Webb was 'troubled' after Donald Trump's intervention saw Fifa clear Balogun for the last-16 clash with Belgium — despite the US star's red card against Bosnia being confirmed.

And the former Prem whistler admitted people outside football sticking their noses in could convince some fans the entire game is suspect.

Webb, 55, said: "A red card was shown and pressure placed by a politician on Fifa.

"When you get that type of situation, it opens up space for people to think, 'Hah hah! You see, this sort of thing is happening all the time behind the scenes'.

"That's the thing that troubles me most — that people will feel that sort of influence can be had."

POINTERS . . . Arteta has strengthened Arsenal squad

Mikel means business with canny deals

By SIMON COLLINGS

ARSENAL had the meanest defence in the Prem last season.

But if their rivals were hoping for a chink in the champions' armour this term, then they need to think again.

Mikel Arteta responded to William Saliba being ruled out for months due to a back injury with a £50million deal for Aston Villa and England defender Ezri Konsa.

Konsa, 28, can provide cover and competition for Saliba – and can also fill in at right-back as Jurrien Timber is still working his way back from a groin issue.

The signing of Konsa is a statement of intent.

He brings bags of experience and has been one of the best defenders in the top flight over the past few years.

Indeed, among players who played at least 500 minutes in the Prem last season, Konsa had the highest pass completion rate. He was also top when it came to percentage of ground duels won.

The attraction for Arsenal is that this is someone who can slot straight into the team.

He also knows several of the squad from his time with England.

Bukayo Saka is very close to the centre-back and even video called him during Aston Villa's trophy parade at the end of last season, after they won the Europa League. Konsa was one of those to speak in Saka's recent documentary The Time is Now and their bond grew from their time on England duty.

Saka said: "I can't lie, he's a very good defender. He's made me better – and I am sure I've made him better."

No defender has made more appearances during Thomas Tuchel's time in charge of England.

At the World Cup, he started seven of the Three Lions' eight games.

His former boss at Aston Villa and Brentford, Dean Smith, said: "He's like a Rolls-Royce. People started likening him to Paul McGrath at Villa and Paul McGrath is known as God."

Konsa, who lives in London, was a Tottenham fan growing up and his boyhood dream was to play for Spurs.

He could now be part of a 'back-up' Gunners backline with Ben White, Cristhian Mosquera and Piero Hincapie.

In the current market, it is not hard to imagine that quartet going for a combined cost of £150m.

It is a serious flex of the muscles from Arsenal and reinforces boss Arteta's faith in Sir Alex Ferguson's motto: 'Attack wins you games, defence wins you titles'.

£51M EZRI

From Back Page

given extra time off due to the World Cup.

Arsenal decided to make a move after centre-back William Saliba, 25, aggravated a back issue at the tournament.

The France star will miss the first few months of the season, with Jurrien Timber, also 25, working his way back to fitness.

Holland international Timber has been troubled by a groin issue since March, which forced him to miss the World Cup.

Ben White, 28, and Cristhian Mosquera, 22, are the only fit right-sided defenders Arsenal have available at present.

Their plan is for Konsa to act as cover for Saliba at the start of the season but he will also be an option at right-back.

Villa were aware of Arsenal's interest in their man earlier this summer and set an asking price of £60m. But the Gunners wanted to pay just half that and have reached a compromise.

Konsa will sign a long-term deal but is unlikely to make the squad for tomorrow's season opener against Frank Lampard's new boys Coventry.

Under Prem rules, Arsenal would have to complete the transfer by midday today for the defender to feature.

Konsa is boss Arteta's fifth summer signing.

Brazil's World Cup midfielder Bruno Guimaraes cost £75m from Newcastle and Club Brugge winger Christos Tzolis arrived for £34m.

Defender Piero Hincapie has turned his loan from Bayer Leverkusen into a permanent deal for £34.5m, while goalkeeper Illan Meslier joined Leeds on a free.

PREMIER LEAGUE

TOMORROW, 8pm,
sky sports
talkSPORT

LAMP UP

Frank so ready for the biggest test of his life ... beating the drop

LONG WAY BACK

2000-01 PREM TABLE

		P	GD	Pts
1	Man Utd	38	+48	80
2	Arsenal	38	+25	70
3	Liverpool	38	+32	69
4	Leeds	38	+21	68
5	Ipswich	38	+15	66
6	Chelsea	38	+23	61
7	Sunderland	38	+5	57
8	Aston Villa	38	+3	54
9	Charlton	38	-7	52
10	Southampton	38	-8	52
11	Newcastle	38	-6	51
12	Tottenham	38	-7	49
13	Leicester	38	-12	48
14	Middlesbrough	38	0	42
15	West Ham	38	-5	42
16	Everton	38	-14	42
17	Derby	38	-22	42
18	Man City	38	-24	34
19	COVENTRY	38	-27	34
20	Bradford	38	-40	26

TOP SCORERS

Jimmy Floyd Hasselbaink (Chelsea)	23
Marcus Stewart (Ipswich)	19
Thierry Henry (Arsenal)	17
Mark Viduka (Leeds)	17

SKY BLUES' LAST TOP-FLIGHT GAME

MAY 19 2001

v Bradford (h) D0-0

ON MAY 19, 2001

UK NUMBER 1

Don't Stop (S Club 7)

TOP BOX OFFICE

Bridget Jones' Diary

PRIME MINISTER

Tony Blair

ARSENAL v COVENTRY

'N AT 'EM!

FRANKS FOR COMING . . . boss Lampard chats to new-boy Gustavo Hamer after Cov's 2-0 win over Monaco in pre-season

I'M INSPIRED

FRANK LAMPARD knows the Premier League has changed massively since the last time he was a top-flight manager.

By CHARLIE WYETT

But, if Lamps thinks those three years feel like a long time, just imagine how it must be for Coventry fans.

After an extreme 25-year roller-coaster ride which took the club to hell and back – via Birmingham and Northampton – England's ninth biggest city boasts a team in the top division once again.

And it all starts away to champions Arsenal tomorrow night in a baptism of fire for last season's Championship winners.

Coventry boss Lampard, 48, was Chelsea caretaker back in 2023 after Graham Potter was sacked.

His dismal second spell as Stamford Bridge boss ended with just one win in 11 matches. But he believes that experience will help him now.

Coventry spent nearly £130million on players this summer, topped by £23.1m midfielder Caleb Yirenkyi *(right)* and keeper Carl Rushworth for £22.5m, after they studied the recruitment by Sunderland and Leeds – who stayed up last season after winning promotion. And the former England midfielder also looked at the players bought by Brentford and Bournemouth, who did incredibly well after leaving the Championship.

Lampard said: "The second spell at Chelsea wasn't great for me, from a PR point of view but it was great for me from a personal point of view.

"I definitely don't want to talk about Chelsea too much here, it's my club to a big extent because of the career I had there – and I will always have a big place for them.

"But going back there was an understanding of situations at a football club where the balance isn't right, the mentality isn't right and all those things.

"The little things that have to be right and standards and all those things.

"So I had a good experience there of what that is and it was very difficult in a short period of time to make any impact.

"But I could go away and sort of see that. I kind of knew it anyway – but I lived it for seven weeks.

"Having been through the challenges for good and for bad in my managerial career puts me in a better spot to deal with these things.

"I don't get too high, don't get too low. Continue to focus on your job and I'm better at it than I was previously."

Asked if bossing Coventry in the Prem will be his toughest challenge, Lampard admitted: "I think, maybe, yes.

"I don't want to sound defeatist. Life is about having challenges.

"I am in a place where I enjoy working, we have a good feeling and good trajectory as a club."

Quizzed about the changes in the top division since his last game for Chelsea – a 1-1 home draw with Newcastle in May 2023 – he said: "I know the Premier League very well. You work in the Championship bubble and that's its own entity which is great entertainment and great to work in.

"And then I've spent a lot of time over the summer looking at the Premier League to get my head absolutely back on to what little things have changed.

"In terms of the Premier League itself, I think it is harder for a team that's coming up to try to stay in the league and I think that's because the overall level of the Premier League is stronger.

"Certainly from many years ago, even at the back end of my career, every team is going to give you really difficult problems and give you a challenging match now.

"In terms of the style of play, I think we're seeing a lot of the game be really congested in the middle of the park and maybe slowed down at times because teams are so tactically trying to nullify each other in the middle."

It is difficult to think of many other sets of fans who will deserve this Premier League return quite like Coventry.

They saw their club torn apart by previous owners sparking mass protests, administration, relegation to League Two, losing their ground and having to play home games at Sixfields and St Andrews.

So you can understand why 250,000 supporters had the party of the century after Lampard, who took over in November 2024, helped the club overcome their 2025 play-off heartbreak by winning the title in May.

Interest in the city has exploded. They have their first ever waiting list for season tickets because – not surprisingly – all 24,000 holders from last season reapplied.

Coventry has also introduced a membership scheme for the first time.

Lampard added: "I am very excited. It was a great year for us and the celebrations were great.

"It went beyond football with this place. It went to a place where the city and the football club – a major thing here – had been through very, very tough times.

"So it even heightened the feeling of what was achieved by the players. And we felt that in the parade and all the celebrations at the end.

"So that's been amazing from my point of view. To be part of that, the part that I play with my own staff and the staff that were here before.

"We've worked very, very hard for this, in 18 months to get to a play-off semi-final and then go again and win the league in the way the players did with a similar squad to the year before.

"It made me very proud in terms of the work that we can do and also, of course, I'm very excited to be here and get a club that have been out for 25 years back into the Premier League."

From Back Page

face Arsenal tomorrow. The Coventry chief features in the Mourinho series and hailed the influence of the Special One, 63, now in charge at Real Madrid.

Lampard said: "Even though I know Jose very well and he had a huge impact on my career, it was quite inspiring to go back over it and realise why and how he made that impact on me personally and in my career.

"You normally remember the impact of what somebody said to you or how they acted around you to make you feel like you could do your job better – and Jose did that for me.

"So it reminded me that's the main thing in my role as well."

Lamps also got a tip-off from the Portuguese icon.

He added: "We have also just spoken about a certain player that he'd worked with before.

"I was asking for a reference on someone – to remain private – and he gave a good one, as I expected, then we wished each other well.

"I also said that the documentary is great. It was so good sitting through it and taking in all those memories of the good times."

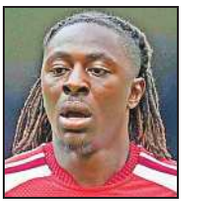
Coventry end a 25-year exile in returning to the top flight, while Lamps is back three years after he was sacked by Everton.

The ex-England star, 48, has done an incredible job since arriving at the Sky Blues in November 2024 – culminating in last term's Championship title.

Meanwhile, Cov have completed the signing of forward Sidiki Cherif, 19, from Turkish side Fenerbahce for £20million, part of a £130m summer spree.

Lampard knew his side had to strengthen.

He added: "I think teams that get promoted know what the gap is – history tells you that."



EZE . . . hungry for more

Gunner go high, vows Eb

By SIMON COLLINGS

EBERECHI EZE believes he can go to another level in his second Arsenal season.

Gunners paid Crystal Palace £68million for the midfielder, 28, a year ago.

Eze's seven goals helped Arsenal lift the Premier League title — but he is hungry for more.

The England midfielder told Men in Blazers: "There has been a lot of coaching over the past season and I have grown in my understanding of what's important.

"It has helped me become a more well-rounded footballer — and person as well.

"You have to go through things, adjust and adapt.

"I look at last season and I say I want to be better than that in every area possible. With goals and assists, it's normal.

"You always want to score more goals and get more assists, play better and have more of an impact on games. Naturally, that's my way of thinking."

Sport

ARSENAL CEO Richard Garlick says the Prem needs to have clarity on Manchester City's 115 charges case.

Garlick, once on the PL leadership team, said: "I just hope there is a solution quickly."

SHORT

Wrestle mania on hold

By MARTIN LIPTON

PREM stars have been warned the set-piece grappling clampdown WILL last all season.

League chiefs wanted last term's wrestling curbed — and off-the-ball holds will be policed more severely.

Club bosses agreed to adopt the World Cup approach that saw goals chalked off for fouls that had taken place BEFORE the ball was in play.

And the message was reinforced in a series of pre-season meetings with all 20 top-flight clubs.

Refs' chief Howard Webb said: "Fans can expect less warnings from refs and more situations being penalised — not only in August or September but throughout the season.

"Contact is still part of the game and we still maintain a high threshold.

"But I would imagine we'll be able to reflect on a season where more offences have been penalised."

Clips were shown of incidents likely to be punished.

thesun.co.uk/sport

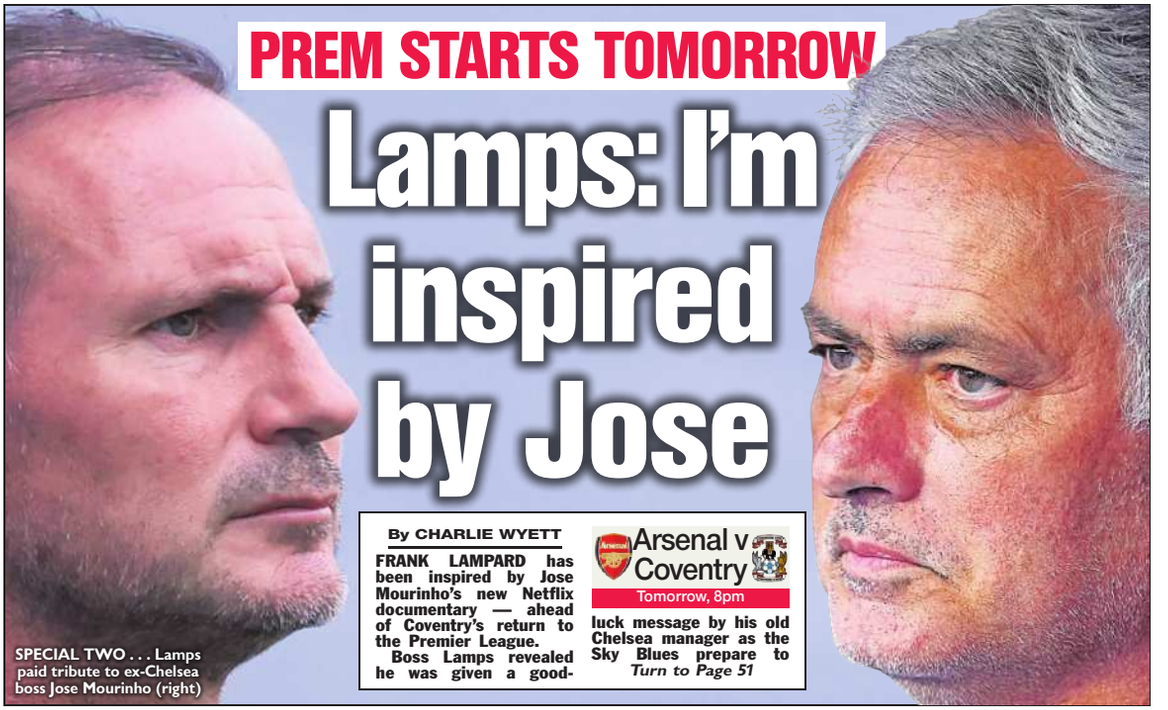
Sun Sport

YORK 2026 8-Page Ebor Festival pullout FREE inside

ROOT GETS OFF TO A FLIER See Pages 44 & 45

PREM STARTS TOMORROW

Lamps: I'm inspired by Jose



SPECIAL TWO . . . Lamps paid tribute to ex-Chelsea boss Jose Mourinho (right)

By CHARLIE WYETT

FRANK LAMPARD has been inspired by Jose Mourinho's new Netflix documentary — ahead of Coventry's return to the Premier League.

Boss Lamps revealed he was given a good-luck message by his old Chelsea manager as the Sky Blues prepare to

Turn to Page 51

Arsenal v Coventry
Tomorrow, 8pm

ARSENAL ON SHOPPING SPREE

EZRI LITTLE HELPS

By SIMON COLLINGS

ARSENAL have struck a £51million deal to sign Aston Villa's England star Ezri Konsa.

The Three Lions defender, 28, is set to have a medical today and could make his debut back at Villa Park later this month.

Premier League champions Arsenal begin the defence of their title tomorrow at home to Coventry – but Konsa's move is unlikely to be done in time.

Mikel Arteta's side will then not play for ten days before travelling to Villa on Bank Holiday Monday.

The Gunners agreed a fee with Unai Emery's men yesterday following Konsa's return to training this week after being

Turn to Page 50

PROS AND KONS . . . Villa's England defender Ezri Konsa will be Arsenal's latest signing

Gunners put £51m Konsa in their trolley

BALEBA . . . £65m bid

Carrick is a firm Baleba

By KATHERINE WALSH

MANCHESTER UNITED are confident of signing Brighton's Carlos Baleba to complete a £150million midfield rebuild.

The Red Devils have made an initial offer of £60m plus £5m in add-ons for the Cameroon star but the bid is below the Seagulls' valuation.

Michael Carrick's United hope to hand Baleba — a target since last summer — a five-year contract once the deal is sealed.

Talks between the two clubs reopened after tests confirmed the ankle injury Baleba suffered in early August was less severe than first feared.

He is expected to return to action next month.

The player has been eager to join United since

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Col the full Monte

ITEM DELIVERED LATE

COLIN KEANE delivered Item in the nick of time to win a Juddmonte International cracker.

The Andrew Balding-trained 10-1 shot had very little luck in-running up the straight but flew home late in the day to collar Almaqam (14s), who made a bold bid for home under Kieran Shoemark.

Constitution River (7-4) and Ombudsman (5-6f) disappointed in third and fourth.

It is another landmark winner as Juddmonte's No.1 for Keane, who admitted the only time he felt confident of victory was

By JACK KEENE at York

in the final few strides of York's feature race.

He said: "I was never comfortable, then William Buick moved next to me and he came alive. I was only happy in the last 50 yards when I thought I'd get there.

"It is very special to win this race in these colours, I'm in a very lucky position."

John Gosden blamed Ombudsman's defeat on the ground, while Aidan O'Brien said Constitution River was lit up and hit the front too soon.

YORK STAR . . . Colin Keane with Juddmonte International trophy after Item's last-gasp win

8-PAGE YORK EBOR SPECIAL

THE Favourite

Thursday, August 20, 2026

JOSEPH O'Brien can leave the bookies in a right State — and not for the first time this season.

The Irish maestro (*left*) can take the opening Lowther Stakes with **STAR OF STATE** (1.50 York, nap).

We have seen this two-year-old just a couple of times on a racecourse and both times she left an excellent impression.

She made her debut at Fairyhouse last month when a very green and very promising second.

That form was quickly left behind with Dylan Brown McMonagle taking over in the saddle at Leopardstown last time out.

On that occasion the

By TEMPLEGATE (Steve Mullen)

market was in no doubt, she was sent off the 1-3 favourite and supporters never had a moment's worry.

She was quickly sent into the lead and picked up nicely around the home bend and left them behind up the straight. McMonagle barely had to move a muscle as she ran out an easy nine-length winner.

Today's rivals are on a much different level but her owner Jaber Abdullah targets this race and has won it five times along with a second 12 months ago.

So this will have been the plan all along and there's no better target trainer on the level than O'Brien Jr.

HOT TIP . . . Star Of State can strike

SHOOTING STAR

Joseph's flying filly can rocket to Lowther glory

FIRST PAST THE POST FOR RACING

The biggest and the best pullout

. . . SEVEN DAYS A WEEK!

Favourite WE'RE THE BIGGEST AND BEST

GIRL power.

That's what today is all about at York, and it's looking a particularly sexy day! Yesterday's Juddmonte International was class, but the fillies and mares promise to put on an equal show in a corker for the Legends Global Yorkshire Oaks.

The Group 1 contest features a number of the fairer sex who might not look out of place in the Prix de l'Arc de Triomphe later in the season.

Heading the list is King George VI and Queen Elizabeth Stakes heroine Kalpana but taking her on are Classic winners **Minnie Hauk** and **Johanna Walsh** as well as the promising **Tattycoram** and useful **Earth Shot** and **Legacy Link**. Wowza!

Like me, I'm sure you can't wait for the ITV centrepiece to unfold, but as a selection it's very hard to oppose **KALPANA** (3.35) who goes on any ground and is surely the most likely winner for Andrew Balding and Colin Keane.

The King George heroine is top class and having beaten the boys at Ascot, it will be very hard for the girls to deny her.

The only negative is that she will race at York for the first time in her career, but she's coped fine with a similar long straight at Newbury and also won at Newmarket back in the day.

The ITV cameras are back on the Knavesmire today for five races, starting with the Group 2 Sky Bet Lowther Stakes for juvenile fillies over six furlongs.

MATT CHAPMAN
RACING'S No.1 PRESENTER IN ONLY IN THE Sun EVERY WEEK

Aid's ready for some more fun in the Sun

STAR OF STATE (1.50) looks a strong stayer for Joseph O'Brien and made an eye-catching debut when chasing home the reopposing **Livenka** at Fairyhouse early last month.

She was very green on that occasion but then went to Leopardstown and hacked up at a short price.

It's hard to know what she beat that day, but she is probably very good.

Ireland's reigning champion Dylan Browne McMonagle takes the ride.

Next up is a sales race for juveniles, namely the Harry's Half Million By Goffs also over six furlongs.

Surely only the draw can beat **SUN GODDESS** (2.25) getting 5lb from Amy Murphy's plucky Group 2 winner **Tokaido**.

Aidan O'Brien's hope is drawn wide in stall 17, but she looked a monster when landing the Group 1 Phoenix Stakes at the Curragh the other day, staying on well.

She goes for the money here having got the black type and it looks a very clever bit of placing.

I'm amazed she's not shorter in the betting. Ryan Moore is on top.

There's a competitive handicap next over a mile and I see no reason why old boy **CHECKANDCHALLENGE** (3.00) can't run well at a big price.

The seven-year-old has dropped another lb to 99 for a fair third at this track last time behind the reopposing **The Lost King** having probably been a bit further back in the field than ideal.

His new two-figure mark is the lowest figure he's been on in his whole career and don't forget he has plenty of back class.

Callum Shepherd (*above*) – who has returned with a bang after a knee injury – gets the ride for trainer William Knight.

Likely favourite **Centigrade** was seen as a classic prospect last year but failed to make the track. He really could be a Group horse in a handicap. Finally on ITV, enjoy the Listed British EBF & Sir Henry Cecil Galtres Stakes for fillies and mares over a mile and a half.

This might be the chance for **A LA PROCHAINE** (4.10) to show what she can do.

Ralph Beckett's three-year-old promised much on debut at Newbury last autumn and returned this season with a promising third at Chester.

She was sent off in the Oaks at a big price but was not disgraced in fourth where she stayed on a little from off the pace.

The Wathnan Racing-owned filly should have decent claims here under James Doyle as a lightly raced type with surely more to offer at this level and over staying trips.

Good luck and *Yeeehaaa*!

HOT SUN . . . Sun Goddess is in sales race

Andy's the BALDING'S SUMMER OF

By JACK KEENE

UNEXPECTED Item in winner's enclosure . . .

The massive York showdown between **Constitution River** and **Ombudsman** was indeed a cracker. Problem was, it was a battle for third and fourth.

Because Andrew Balding's Item, the horse whose only blip in six starts came in a heavy ground Derby, tore up the script to win a Juddmonte International thriller, catching Ed Walker's **Almaqam** in the very last stride.

Fair to say Balding will never want this golden summer to end.

A host of Royal Ascot winners, a pair of Group 1s with Blue Bolt and King George glory with Kalpana, who'll head to the Arc as a massive contender.

And now this, a Juddmonte International with a Juddmonte-owned colt who has the world at his feet.

"I was told to keep the money in house, so that's exactly what we did," Balding grinned.

The Kingsclere trainer's rise over the last four or five years has been remarkable and unrelenting.

He's had huge numbers of horses in his yard for a good while, but there has been a step up in terms of quality in recent years and he is now banging in huge winners with regularity.

All this in a year which started in the worst possible way with the loss of his dad, Ian, the trainer of Mill Reef who died in January aged 87.

And in April, during a routine piece of work in a gallop at Kempton, he suffered the blow of losing Gewan who, on paper at the beginning of the year, was his stable star.

Fortune has smiled on him since then, and this is arguably his most significant victory yet.

Everything he has touched since being sent horses by the top-notch outfit Juddmonte has turned to gold – though there was an 11th-hour scare which came close to ruling Item out.

Balding said: "Everything had gone great until declaration time when we had a hiccup with his feet.

"They found a blood blister in his foot, and as soon as it popped he was pain free and it wasn't a problem.

"The boys at home worked super hard on him, so a massive thanks to them.

"He had to leave at the crack of dawn this morning, which is unusual for us as we usually send them up the night before. Everyone got out of bed to see him jog up at 5am and just be sure we were happy and we were. It is a huge relief."

There are no immediate plans for Item, who is now a perfect three out of three at York, but races like the Champion Stakes and Breeders' Cup Turf will surely enter the equation.

Balding continued: "He's improved so much physically. I thought we were going to be an unlucky second, but Colin really made it count the last 50 yards.

"He's strong at 10 furlongs and certainly has no problem staying a mile and a half if we wanted to. I think anything is possible.

"We've had an amazing run of things and I'm just very lucky to be sent these horses."

Maltese Cross (*left*) turned the Derby form on its head with Christmas Day as he bagged the Great Voltigeur in style.

Emotional owner George Waud could barely get his words out, but trainer William Haggas was trying his best to keep his feet on the ground.

Maltese Cross is now 5-4 from 3-1 for the St Leger, but there is also the tantalising prospect of a crack at the Arc in Paris.

Haggas said: "We had a chat about the Arc when Baaeed was around and I was non-committal. I'll be the same again.

"He stays very well and the St Leger is a prestigious race in its own right, so we won't make any decisions today. But he is a lovely horse and has taken another big step forward."

Templegate's Pinstickers' KAL GAL'S THE

By STEVE MULLEN

KALPANA can stamp her class all over the Yorkshire Oaks (3.35 York).

Andrew Balding's star filly was brilliant when beating the boys in the King George at Ascot last month – including the great Calandagan. There's nothing of his class in the field today so more Group 1 glory awaits.

Johanna Walsh looks best of the rest after her smooth Irish Oaks win last time and her 9lb weight allowance will come in handy.

She can edge out the likes of last year's winner **Minnie Hauk** and Oaks runner-up **Legacy Link** who can fight out for third.

Here's my guide to the race:

KALPANA ★★★★★

KAL the call. The one they all have to beat after a career-best King George win over Calandagan, settling beautifully before showing a potent turn of foot once in the clear. That followed a desperately close Hardwicke second and Newbury Group 3 victory, so she has been rock-solid all year. Stays this distance strongly, good ground is ideal and her consistency is a huge asset. Clearly sets the form standard.

MINNIE HAUK ★★★

HAUK needs wings. Won this race 12 months ago but she needs to put a dismal King George effort behind her, having folded after briefly taking over. Her previous Prince of Wales's second at Royal Ascot was much more encouraging and last season's Oaks, Irish Oaks and Yorkshire Oaks treble shows exactly what she can do over this distance. The worry is she may have gone backwards a little this season. Ground and trip suit but she needs a personal best to see off the classy Kalpana.

TATTYCORAM ★★★

TAT in the hat. Rapidly progressive four-year-old for Ralph Beckett who followed her Listed comeback win with a devastating four-and-a-half-length Group 2 success at Newmarket. She powered clear late and deserves to tackle this highest grade. Stays beyond 12f and good ground suits, so stamina will not be an issue in a strongly run race. This is a big class jump but she has solid place claims.

EARTH SHOT ★★★

PLACE Shot. Her Irish Oaks sixth can be forgiven after she was denied a clear run at the business end before getting carried across the track. Her previous Ribblesdale victory over this trip at Royal Ascot is much more relevant, when she narrowly beat **Johanna Walsh**. Good ground and the trip suit. Needs a career best but could outrun her price.

INIS MOR ★★

NEEDS Mor. Progressive filly who has placed in both the French and

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Royal deal!

FUN REACHES NEW HEIGHTS

RACING ROYALTY . . . Andrew Balding congratulated by the Queen after Item's Juddmonte success

guide to the Yorkshire Oaks

PUNTERS' PAL

Irish Oaks since her Listed success at Goodwood in May over 1m2f. She stayed this distance nicely at The Curragh and finished strongly once getting daylight but **Johanna Walsh** had already flown and beat her by four lengths. Conditions suit and she is going the right way, although there's not an obvious reason why she would reverse that form today.

JOHANNA WALSH ★★★★

JO can't half go. Looks a potential top-notcher after destroying the Irish Oaks field by four lengths, quickening clear without Dylan McMonagle having to get too serious. That confirmed the huge progress she has made since moving up in trip, having previously gone down by only a short head to **Earth Shot** in the Ribblesdale at Royal Ascot. Joseph O'Brien has had a stellar season on this side of the Irish Sea. Proven over this distance and on good ground, she is the three-year-old **Kalpana** has most to fear getting 9lb from her older rivals.

STAR RATINGS

Yorkshire terrier
Yorkshire rose
Yorkshire tea
Yorkshire fails
Yorkshire pudding

LEGACY LINK ★★★

LINK not detatched. She kicked off the season by winning the Musidora over 1m2f here before running a cracker when second in the Oaks at Epsom in tacky conditions. That is likely to have left its mark and was the reason she ran so poorly when sent off a hot favourite for the Ribblesdale at Royal Ascot. She's a lot better than that seventh place and has had a couple of months off since. She'll do a lot better today.

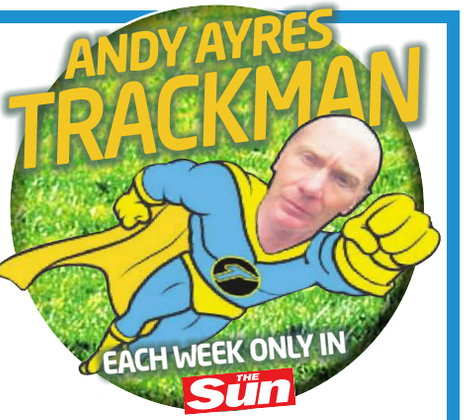
SPARAN NUA ★★

NOT Nua. Veteran trainer Jim Bolger is not known for flights of fancy so he must think there's improvement to come from his Dawn Approach filly who was a fair third in the Irish Oaks before disappointing at Group 3 level last time when the mile didn't suit. She has a bit to find on form but we have yet to see her best.

SUGAR ISLAND ★

SOUR on Sugar. It's not clear if she was just meant to be a pacemaker in the Oaks at Epsom but she was the best of the O'Brien runners and held on for third. She went off too quick in the Irish version and could only finish last. She'll be making the pace again and will likely get swamped for speed when the race hots up.

SOLID PICK . . . Kalpana fancied



KALPANA looks like a leading lady in the Yorkshire Oaks (3.35, York).

Andrew Balding's babe chucked in a personal best to flatten French favourite Calandagan at Ascot last time.

Balding's boys reckon their pride and joy bounced out of that bunfight in tip-top shape, and the Billy Bunters are backing her to do the bizzo.

Mind you, Eve Johnson Houghton's (*below*) crew had their chins on the deck after well-bet Great Acclaim (5s to 7-2) dropped anchor at Newbury last weekend.

No-nonsense Eve reckons the handicapper has got that bruiser by the short and curlies, but she expects stable star Zavateri to run a big'un in the £600,000 City Of York Stakes on Saturday.

That pint-sized money maker ran a belter to finish on Bow Echo's coattails at Glorious Goodwood. Word is Eve's earner has been catching pigeons since then, and the each-way sharks are starting to circle.

Razor-sharp Joseph O'Brien's band have taken a chunk or two out of the bookies, and the right faces are voting for his tasty two-year-old **STAR OF STATE** in the Lowther (1.50).

Joseph's juvenile looked smarter than the average bear when she won by the length of the Liffey at Leopardstown last time.

Canny owner Jaber Abdullah has coughed up 20-large to supplement his filly for this pot, and she can nab that investment back with interest.

Meanwhile, flat caps were raised to Yorkshire terrier Ann Duffield when Quercus got the nod in a squeaky-bum finish at Catterick on Monday.

Hard-working Ann looked done and dusted after handing over the reins of her five-star gaff to Stephen Hanlon at the end of 2025.

Rumour has it that move was given a thumbs down by devotees of the yard, so dead-eyed Duffield is back at the tiller and steering her ship in the right direction.

Talking of which, some gung-ho geezers hit the rocks when former Swindon boss Lee Power's nag Walking On Clouds (7s to 11-4) was sunk at Lingfield. Eagle-eyed punters started to get twitchy after lucky Lee's fan club were spotted mooching round the ring with cash on the hip.

That was enough to loosen some well-stuffed wallets, but the dough disappeared when Power's pup had his collar felt at the furlong pole.

My mate 'light-fingered Lenny' is a bit of a ducker and diver. The chirpy chancer reckons he had a result after bumping into a pal who sold him a miniature globe – well, it's a small world.

Anyway, Len loves an each-way tickle, and some chatty chaps from the chilly side of the Watford Gap have told him to have a peep at Ed Bethell's **WELEYFF** in York's 4.45.

In-form Ed has entered this fella for a Group race next month, and connections will be putting a new battery in their calculator if he doesn't nick a slice of the prize-money today.

Finally, heavy hitters are getting stuck into Aidan O'Brien's **SUN GODDESS** in the Harry's Half Million By Goffs (2.25). Aidan's ace bashed the boys in a crackerjack contest at the Curragh 10 days ago, and she should have too many gears for this bunch.

Eve's ready to Zav a good go

PULLOUT SEVEN DAYS A WEEK – ALL YOU NEED, ALL THE TIME

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DAY TWO OF YORK EBOR FESTIVAL LIVE ON ITV

TEMPLEGATE

1.50.STAR OF STATE (nap)
2.25.....Satellite Of Love
3.00.....Centigrade
3.35.....Kalpana
4.10..... Morrophore (nb)
4.45..... Mia Fantasia
5.20..... Machadadorp

TOM PEPPER

1.50.....LIVENKA (nap)
2.25.....Sun Goddess
3.00..... Bullet Point
3.35.. Johanna Walsh (nb)
4.10..... Rhapsody
4.45..... Rising Tiger
5.20..... Tryst

TEMPLEGATE'S TRIO: Star Of State and Morrophore (double) with Mia Fantasia (all York).
TOM PEPPER'S DOUBLE: Livenka and Johanna Walsh (both York).
SUNRATINGS' NAP: MEZCALA (3.00 York).
THE JUDGE: CERULEAN BAY (3.00 York).

TIC-TAC: Left-handed, u-shaped track of 2m, 5f run-in. Races of 7f start on a spur.
DRAW: Low numbers best on the straight track, especially when soft
FAVOURITES: (2021-2026): 180 have won out of 674 races (27%). At the previous corresponding meetings, 66 have won out of 208 races (32%). **JACKPOT:** 1-6.
LIVE ON RACING TV

TOP TRAINERS

2021-2026 W Haggas 41-217, A Balding 40-225, K R Burke 33-295, K Ryan 27-330, J & T Gosden 26-117, R & P Fahey 26-436, R Beckett 25-149, D O'Meara 20-373, R Hannon 18-125, T Easterby 16-519. **THIS SEASON:** A Balding 7, W Haggas 5, J & T Gosden 5.

TOP JOCKEYS

2021-2026 T Marquand 32-211, W Buick 31-161, D Tudhope 29-281, O Murphy 28-160, R L Moore 25-133, R Ryan 21-159, P J McDonald 19-151, C Lee 18-171, H Crouch 12-69, O Orr 12-192. **THIS SEASON:** W Buick 6, P J McDonald 4, R Ryan 4, J Doyle 4.

TRAINER TRACE

FIRST RACE FOR NEW YARD: 5.20 Bella Lyra M Glatt (USA) to R Hughes.
RACEFAX: A P O'Brien won the 3.35 in 2016, 2020, 2021, 2023, 2024 & 2025. W Haggas won the 3.00 in 2020 & 2025. C Cox won the 2.25 in 2023, 2024 & 2025. D O'Meara won the 3.00 in 2016 & 2022. A Balding won the 4.45 in 2021, 2023 & 2025. J & T Gosden won the 3.35 in 2017 & 2019. K R Burke won the 1.50 in 2019 & 2022. R Hannon won the 2.25 in 2016, 2017, 2019, 2020 & 2022.
LONGEST TRAVELLERS: Centigrade (3.00), **Tattycoram** (3.35), **K Sarra** (4.10), **A La Prochaine** (4.10), **Zooella** (5.20) trained by R Beckett, Kimpton Down, round trip of 502 miles; **Inis Mor** (3.35) & **Ashariba** (4.10) trained by D Menuisier, Pulborough, trip of 496 miles.

IN THE MONEY

TOP EARNERS:
3.35 **Kalpana** £2,407,823
3.35 **Minnie Hauk** £2,308,084
3.00 **Checkandchallenge** £424,395

UNDER ORDERS

SEVEN-DAY WINNERS: None.
BLINKERED FIRST TIME: 2.25 Niewiadoma; 3.00 Eternal Force; 4.10 K Sarra.
VISORED FIRST TIME: None.
FIRST RUN SINCE WIND OP: In The Black (1.50), Blake's Monarch (2.25), Lam Yai (5.20).
JOB JOCKEYS: B Loughnane rides **Sunshine Star** (4.10) for J & T Gosden, 4 from 10, 40%. C T Keane rides **Kalpana** (3.35) for A Balding, 17 from 49, 35%. C Rodriguez rides **Alta Regina** (1.50) for H Al Jehani, 3 from 10, 30%. C Rodriguez rides **Merveilleux Lapin** (4.10) for O Burrows, 21 from 70, 30%. W J Lee rides **Big Negotiator** (1.50), **Perfect Your Craft** (4.10) for P Twomey, 177 from 642, 28%.

1.50 SKY BET LOWTHER STAKES (FILLIES' GRP 2) 2-Y-O; winner £141,775; 6f (19 runners)

1 167 **ALTA REGINA 26**
(8) H Al Jehani 9-2 ..... **Callum Rodriguez** 90
Runs: 3 Wins: 1 (F) £7,763
Respectable efforts last twice at Ascot, but improvement needed

2 41 **ANGELS PASSING 77 (D)**
(11) K Ryan 9-2 ..... **Kevin Stott** 86
Runs: 2 Wins: 1 (G) £10,205
Easy Hamilton maiden winner, but this level demands much more

3 321041 **BIG NEGOTIATOR 29 (V;C)**
(13) P Twomey (Ire) 9-2 ..... **Billy Lee** 91
Runs: 6 Wins: 2 (2G) Places: 1 £47,776
Experienced, won Listed race at Naas latest, each-way possibilities

4 31019 **BINT ARCHANGE 33**
(9) R Hughes 9-2 ..... **Ryan Moore** 87
Runs: 5 Wins: 2 (2G) Places: 1 £47,108
Sandown Listed winner over 5f, this test demands more, outclassed

5 32510 **CROWNBREAKER 22**
(3) K De Foy 9-2 ..... **David Egan** 91
Runs: 5 Wins: 1 (S) Places: 1 £42,369
French Listed winner, plenty went wrong at Goodwood, can do better

6 210 **CRYSTAL QUEEN 64**
(19) R & P Fahey 9-2 ..... **Connor Beasley** 89
Runs: 3 Wins: 1 (F) £28,516
Beverley winner well held in Queen Mary at Royal Ascot, interesting

7 6093 **DESERT SANDS 9**
(17) I Mohammed & J Santos 9-2 **Silvestre De Sousa** 76
Runs: 4 £2,156
Shown little in four starts and looks outclassed on ratings and form

8 1 **IN THE BLACK 57**
(4) G Oldroyd 9-2 ..... **P J McDonald** 83
Runs: 1 Wins: 1 (F) £5,400
Won modest maiden on debut, facing an enormous rise in grade here

9 195 **JOLIVETTE 41 (D)**
(14) A Balding 9-2 ..... **William Buick** 95
Runs: 3 Wins: 1 (G) £23,979
Well bred, not disgraced in Group company but rejected by Colin Keane

10 112 **LIBERTANGO 41 (BF,D)**
(15) G Boughey 9-2 ..... **Billy Loughnane** ●99
Runs: 3 Wins: 2 (2F) Places: 1 £102,997
Sets the standard after Albany success, second in Grp 2 latest, one to beat

11 3311 **LIVENKA 17 (D)**
(18) G Lyons (Ire) 9-2 ..... **Colin Keane** 98
Runs: 4 Wins: 2 (2G) Places: 1 £106,942
Progressive, won big sales race at Naas last time, serious contender

12 1104 **LOVE A GIGGLE 19 (BF,C)**
(2) K R Burke 9-2 ..... **Clifford Lee** 84
Runs: 4 Wins: 2 (A,G) £47,513
Course winner over 5f, but recent efforts raise doubts at this level

13 15 **MISS KODI 26 (D)**
(7) C Cox 9-2 ..... **Rossa Ryan** 92
Runs: 2 Wins: 1 (GS) £7,552
Unexposed, encouraging fifth in Group 3 at Ascot, place possibilities

14 121 **MOONRISE 26 (D)**
(16) A Balding 9-2 ..... **Oisin Murphy** 97
Runs: 3 Wins: 2 (F,A) Places: 1 £77,643
Tough Group 3 winner, stays this trip well and strong claims once again

15 14 **RUBY MOON 41 (D)**
(12) R & P Fahey 9-2 ..... **Oisin Orr** 89
Runs: 2 Wins: 1 (F) £12,640
Promising fourth in a Group 2 last time, plenty of appeal as an outsider

16 2518 **SEXY CHICK 6 (D)**
(1) R Spencer 9-2 ..... **George Wood** 81
Runs: 4 Wins: 1 (F) £9,916
Novice winner, well held in Listed company and facing an even harder task

17 172 **SHIMMERING SUN 29**
(5) H Eustace 9-2 ..... **Tom Marquand** 90
Runs: 3 Wins: 1 (G) Places: 1 £13,124
Consistent at 5f, likely improver for step up to 6f, top rider booked, e-w

18 21 **STAR OF STATE 35 (D)**
(6) J O'Brien (Ire) 9-2 ... **Dylan McMonagle** 98
Runs: 2 Wins: 1 (G) Places: 1 £16,033
Nine-length winner at Leopardstown, could be something very special

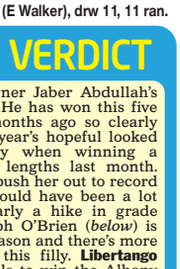
19 101 **WILD BLOSSOM 22**
(10) K R Burke 9-2 ..... **James Doyle** 94
Runs: 3 Wins: 2 (F,G) £73,140
Clocked fast time when winning over 5f at Goodwood, stamina doubts

BETTING: 7-4 Libertango, 3 Star Of State, 8 Livenka, Wild Blossom, 10 Moonrise, 20 Ruby Moon, In The Black, 25 Miss Kodi
WHERE FAVOURITES FINISHED: 2 5 1 4 1-2
2025: Royal Fixation 9-2, W Buick 5-2 Jtf (E Walker), drw 11, 11 ran.

TEMPLEGATE'S VERDICT

1.50

STAR OF STATE can keep up owner Jaber Abdullah's fantastic record in the Lowther. He has won this five times and had the second 12 months ago so clearly targets this classy contest. This year's hopeful looked something out of the ordinary when winning a Leopardstown maiden by nine lengths last month. Dylan McMonagle barely had to push her out to record that margin and it could have been a lot more. This is clearly a hike in grade but trainer Joseph O'Brien (*below*) is having a fine season and there's more to come from this filly. **Libertango** saw off 24 rivals to win the Albany at Royal Ascot and went close upped to Group 2 level at Newmarket last time. She wouldn't want too much rain but looks a threat. **Wild Blossom** stormed home over 5f at Glorious Goodwood and will be a threat if seeing out the extra furlong. **Livenka** looked a likely York type when winning from the front at Naas last time and is an each-way price. **Ruby Moon** ran well behind Libertango at HQ on just her second start and is another with a lot more to come.



Sunracing FORM

MOONRISE (9-2) 11-2 chased leaders, travelled strongly and improved 2f out, led 1f out and ridden, just held late challenge, bt Dee's Funny Girl (9-2) nk **MISS KODI** (9-2) 6-1 towards rear, closed 2f out, ran on one pace, 5th (btn 1¼l) **ALTA REGINA** (9-2) 9-2 in rear, pushed along 2f out, faded final furlong, 7th (5¾l) (11 ran) (Ascot 6f Grp 3 (1) £45,368 good to firm).
ANGELS PASSING (9-2) 11-10 fav made all, hung right 2f out, clear 1f out, pushed out, in no danger towards finish, bt Meennaa (9-2) 5l (3 ran) (Hamilton 6f mdn (4) £6,210 good).
BIG NEGOTIATOR (9-2) 11-1 prominent, led halfway, under pressure 1f out, kept on well, bt **SHIMMERING SUN** (9-2) 2-1 chased leaders, went 2nd 150 yards out, kept on, 1¼l (9 ran) (Naas 5f Listed (1) €30,000 good).
BINT ARCHANGE (9-0) 13-2 tracked leaders, weakened 1f out, 9th of 24 (btn 9l) to Zigazig (9-2) (Ah (8-4) (Newbury 5f auct (2) £143,009 good to firm).
CROWNBREAKER (9-0) 10-3 in touch, weakened final furlong, 10th of 11 (btn 14l) to Pershaada (9-0) (Goodwood 5f Grp 3 (1) £62,381 good to firm).
CROWNBREAKER (9-2) 100-1 towards rear, kept on one pace final furlong, 5th of 27 (btn 3¾l) to Victorious (9-2)
ALTA REGINA (9-2) 9-2 midfield, kept on one pace final furlong, 6th (btn 3¾l) **SHIMMERING SUN** (9-2) 16-1 towards rear, headway 1f out, kept on, 7th (btn 3¾l) **WILD BLOSSOM** (9-2) 7-1 prominent, ridden to dispute lead 2f out, headed 1f out, no extra, 10th (btn 4¼l)
CRYSTAL QUEEN (9-2) 50-1 held up, kept on final furlong, never involved, 13th (btn 5¾l) **BIG NEGOTIATOR** (9-2) 66-1 mid-division, no extra final furlong, 15th (btn 6¼l) **LOVE A GIGGLE** (9-2) 18-1 midfield, faded 1f out, 20th (btn 11l) **BINT ARCHANGE** (9-2) 66-1 prominent, ridden 2f out, weakened, last (19l) (27 ran) (Ascot 5f Grp 2 (1) £99,242 good to firm).
DESERT SANDS (9-2) 6-4 raced in fourth, outpaced 2f out, went 3rd over 110yds out, never in contention, 3rd of 5 (5l) to Bellatina (8-10) (Lingfield 5f fll nov stks (3) £9,180 AW).
IN THE BLACK (9-2) 13-2 in touch on outer, pushed along and green over 2f out, headway to lead 1f out, stayed on well inside final furlong, bt By Jove Grace (9-2) 1½l (4 ran) (Carlisle 5f mdn (4) £5,400 good to firm).
LIBERTANGO (9-2) 10-11 fav midfield, smooth progress to lead 1f out, ridden final furlong, headed near finish, btn ¾l by Senorita Bonita (9-2) **RUBY MOON** (9-2) 20-1 midfield, ridden and outpaced 1f out, rallied and stayed on final furlong, took 4th close home, 4th (btn 2½l)
JOLIVETTE (9-2) 12-1 prominent, led 2f out, headed 1f out, weakened, 5th (btn 3½l) (8 ran) (Newmarket 6f Grp 2 (1) £70,888 good to firm).
LIVENKA (8-11) 4-6 fav prominent, led halfway, asserted to go 3 lengths clear 1f out, kept on well inside final furlong, bt Maeda Matsu (8-9) 2½l (11 ran) (Naas 6f auct €110,000 good).
LOVE A GIGGLE (9-9) 2-1 fav in touch, pushed along 1f out, outpaced inside final 110yds, 4th of 9 (btn 2½l) to Havana Sprite (9-4) (Newmarket 6f hcap (2) £20,616 good to firm).
SEXY CHICK (9-2) 20-1 held up in rear, switched right 2f out, kept on final 110 yards, never involved, 8th of 13 (btn 6½l) to Angels Lane (9-2) (Newbury 5f Listed (1) £28,355 good to firm).
STAR OF STATE (9-1) 1-3 fav soon led, asserted straight and 6 lengths clear 1f out, kept on well, easily, bt Not You Too (9-1) 9l (11 ran) (Leopardstown 6f mdn €15,000 good to firm).
WILD BLOSSOM (9-2) 5-4 fav took keen hold, in touch with leaders, ridden and headway to lead entering final furlong, kept on well, bt Fast Track (9-2) 1½l (9 ran) (Goodwood 5f 2yo fll stks (2) £51,540 good to firm).

1.50 YORK — TRAFFIC LIGHT RATINGS (5 = EXCELLENT 3 = AVERAGE 1 = POOR)

	HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1	ALTA REGINA	4	1	3	3	2	2	3	3	21/40
2	ANGELS PASSING	3	3	2	3	3	1	1	1	17/40
3	BIG NEGOTIATOR	4	3	4	3	3	4	5	2	28/40
4	BINT ARCHANGE	4	3	4	4	1	3	2	5	26/40
5	CROWNBREAKER	4	3	1	3	1	2	1	1	16/40
6	CRYSTAL QUEEN	4	3	3	3	2	2	1	1	19/40
7	DESERT SANDS	4	1	3	3	1	1	1	1	15/40
8	IN THE BLACK	4	3	3	3	5	1	1	1	21/40
9	JOLIVETTE	4	1	3	3	1	3	4	4	23/40
10	LIBERTANGO	4	5	3	5	4	4	4	4	33/40
11	LIVENKA	4	4	4	3	4	3	2	3	27/40
12	LOVE A GIGGLE	5	4	5	4	1	2	4	2	27/40
13	MISS KODI	4	3	3	3	2	2	2	3	22/40
14	MOONRISE	4	5	3	3	4	5	4	4	32/40
15	RUBY MOON	4	3	3	3	2	3	1	2	21/40
16	SEXY CHICK	4	3	3	3	1	1	3	1	19/40
17	SHIMMERING SUN	4	3	2	3	3	4	1	2	22/40
18	STAR OF STATE	4	1	2	3	4	1	3	3	21/40
19	WILD BLOSSOM	4	3	3	3	3	4	4	4	28/40

2.25 HARRY'S HALF MILLION BY GOFFS (2) 2-Y-O; winner £249,908; 6f (22 runners)

1 21111 **TOKAIDO 32 (D)**
(4) A Murphy (Fr) 9-9 ..... **Tony Piccone** 98
Runs: 5 Wins: 4 (A,GS,2G) Places: 1 £135,923
Prix Robert Papin winner, looks Group 1 class, leading contender

2 312124 **FURTURRA 40 (D)**
(12) T Easterby 9-7 ..... **Sean Kirrane** 81
Runs: 10 Wins: 2 (2G) Places: 4 £44,699
Consistent fourth in a nursery here, has plenty to find in this company

3 310 **MIND THOSE STEPS 26 (D)**
(7) T Easterby 9-7 ..... **David Allan** 75
Runs: 3 Wins: 1 (G) £12,960
Well held in a modest novice at Newcastle latest, difficult to fancy here

4 1104 **WHERE LOVE LIVES 21**
(14) D O'Brien (Ire) 9-7 .... **Billy Loughnane** 96
Runs: 4 Wins: 2 (2G) £41,640
Solid fourth in the Richmond at Goodwood latest, firmly respected

5 4143 **THE BOOKKEEPER 21**
(19) R Hughes 9-5 ..... **Hector Crouch** 87
Runs: 4 Wins: 1 (GS) Places: 1 £19,755
Closing third in a nursery at Goodwood last time, this demands more

6 21211 **SUN GODDESS 11 (D)**
(17) A O'Brien (Ire) 9-4 ..... **Ryan Moore** ●99
Runs: 5 Wins: 3 (2F,G) Places: 2 £304,809
Powerful Group 1 win in the Phoenix last time, clearly the one to beat

7 231 **BATTLE FEVER 19**
(5) K Ryan 9-2 ..... **Kevin Stott** 88
Runs: 3 Wins: 1 (G) Places: 1 £9,933
Convincing Thirsk novice winner, improvement required at this level

8 260 **BLAKE'S MONARCH 61**
(16) I Furtado 9-2 ..... **Silvestre De Sousa** 80
Runs: 3 Places: 1 £2,632
Outclassed in Norfolk, gelded since but plenty to find at this level

9 119 **GLORIOUS GAME 26 (D)**
(10) H Palmer 9-2 ..... **Oisin Murphy** 87
Runs: 3 Wins: 2 (F,GS) £22,997
Won Listed race at Newmarket, no show at Ascot last time, ignored

10 62113 **INNICHEN 20 (D)**
(3) J Channon 9-2 ..... **Tom Marquand** 93
Runs: 5 Wins: 2 (F,G) Places: 2 £20,057
Unlucky in a competitive nursery at Goodwood, realistic each-way claims

11 261 **IT DUNT MARRA 26**
(20) O Sangster 9-2 ..... **Stevie Donohoe** 82
Runs: 3 Wins: 1 (F) Places: 1 £10,920
Lingfield novice winner, but much more is needed in stronger company

12 211 **KODIAK BREEZE 50 (D)**
(8) K Ryan 9-2 ..... **Shane Gray** 91
Runs: 3 Wins: 2 (F,G) Places: 1 £10,605
Dual novice winner, steps up in class but yet to see the best of him

13 51 **PRIDE OF TOLEDO 26 (D)**
(21) C Cox 9-2 ..... **Callum Rodriguez** 88
Runs: 2 Wins: 1 (F) £5,940
Easy Salisbury novice winner, time was very slow, yard targets this well

14 11 **QUILLAN 33**
(11) D & N Barron 9-2 ..... **Kaiya Fraser** 92
Runs: 2 Wins: 2 (2G) £11,157
Won twice at Ripon, stable usually targets this meeting, place shout

15 11 **SATELLITE OF LOVE 33 (D)**
(6) C Cox 9-2 ..... **Rossa Ryan** 97
Runs: 2 Wins: 2 (2F) £15,120
Unbeaten, battled well to win at Newbury last time, more to offer

16 63 **SECRET SOCIETY 38**
(18) C Cox 9-2 ..... **Dylan McMonagle** 85
Runs: 2 Places: 1 £1,268
Third in a novice at Windsor, top rider up but further progress required

17 31 **THEBESTHASYETOCOME 61 (D)**
(2) A Keatley 9-2 ..... **Mikey Sheehy** 90
Runs: 2 Wins: 1 (S) Places: 1 £6,668
Convincing maiden winner, tougher task but remains open to improvement

18 314 **WEEKEND ROAR 17 (D)**
(13) H Palmer 9-2 ..... **James Doyle** 92
Runs: 3 Wins: 1 (F) Places: 1 £15,582
Valuable fourth in a big sales race at Naas latest, each-way possibilities

19 1900 **NIEWIADOMA 33 (B★)**
(9) A Watson 8-11 ..... **Gina Mangan** 78
Runs: 4 Wins: 1 (G) £5,234
Poor efforts in recent major contests, first-time blinkers must transform her

20 2106 **ROLLTHEDICEBABY 19 (D)**
(15) R Hannon 8-11 ..... **Sean Levey** 83
Runs: 4 Wins: 1 (S) Places: 1 £18,323
Struggling for form, not much better at Newmarket latest, up against it

21 321 **SPEED OF SOUND 15 (D)**
(22) R Spencer 8-11 ..... **Saffie Osborne** 85
Runs: 3 Wins: 1 (F) Places: 2 £14,276
Progressive, slick win in a maiden at Yarmouth, this is a tough task

22 154362 **VOLLERING 12**
(1) A Watson 8-11 ..... **Pierre Jamin** 89
Runs: 6 Wins: 1 (F) Places: 2 £35,053
Deauville Listed runner-up with strong each-way claims from low draw

BETTING: 5-4 Sun Goddess, 7-4 Tokaido, 9-2 Satellite Of Love, 8 Where Love Lives, Innichen, 14 Pride Of Toledo, 16 Glorious Game, 20 Quillan, Vollering, Kodiak Breeze, 25 Battle Fever, Blake's Monarch, It Dunt Marra, 33 Weekend Roar, Rollthedicebaby, Speed of Sound, Thebesthasyetocome, 50 Secret Society
WHERE FAVOURITES FINISHED: 1 1 1-2 2 0
2025: Song of The Clyde 9-2, R Ryan 15-2 (C Cox), drw 10, 21 ran.

2.25 YORK — TRAFFIC LIGHT RATINGS (5 = EXCELLENT 3 = AVERAGE 1 = POOR)

	HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1	TOKAIDO	3	3	2	4	5	1	1	1	20/40
2	FURTURRA	5	3	4	4	3	1	1	1	22/40
3	MIND THOSE STEPS	3	4	4	5	1	1	1	1	20/40
4	WHERE LOVE LIVES	3	3	5	4	2	4	2	4	27/40
5	THE BOOKKEEPER	3	1	2	4	2	4	3	4	23/40
6	SUN GODDESS	3	4	3	4	4	5	5	5	33/40
7	BATTLE FEVER	3	1	3	4	2	1	1	1	16/40
8	BLAKES MONARCH	3	1	2	4	1	3	1	2	17/40
9	GLORIOUS GAME	3	5	2	4	1	3	1	4	23/40
10	INNICHEN	3	3	2	4	3	4	2	2	23/40
11	IT DUNT MARRA	3	3	2	4	1	3	1	1	18/40
12	KODIAK BREEZE	3	4	3	4	4	2	1	2	23/40
13	PRIDE OF TOLEDO	3	3	2	4	3	1	4	3	23/40
14	QUILLAN	3	3	4	4	5	4	1	1	25/40
15	SATELLITE OF LOVE	3	4	2	4	5	2	4	3	27/40
16	SECRET SOCIETY	3	1	2	4	1	1	4	3	19/40
17	THEBESTHASYETOCOME	3	3	2	4	4	2	4	1	23/40
18	WEEKEND ROAR	3	2	2	4	3	3	1	4	22/40
19	NIEWIADOMA	4	3	3	4	1	1	2	1	19/40
20	ROLLTHEDICEBABY	3	3	2	4	1	1	3	1	18/40
21	SPEED OF SOUND	3	2	2	4	4	3	4	3	25/40
22	VOLLERING	3	1	2	4	2	2	2	2	18/40

EACH-WAY THIEF

LIVENKA (1.50 York) is getting better with every run and had plenty in hand when winning at Naas last time. Have an each-way double with BULLET POINT (3.00 York) who won this race 12 months ago and is back from just 1lb higher after a good effort at Ascot last time out.

R COLOURS AND SUPER SUNFORM SEVEN DAYS A WEEK!

1.50, 2.25, 3.00, 3.35 & 4.10

GOING: GOOD (GOOD TO SOFT)

TEMPLEGATE'S VERDICT

ATELLITE OF LOVE (*below*) has opped a good low draw and ainer Clive Cox has won the past ree runnings of this hot sprint. e struck on debut at Windsor efore a big step up to score at ewbury last time. He likes this ip and still looked a bit green so as a lot more in his locker. **Sun oddess** sets the standard after inning the Group 1 Phoenix takes at the Curragh earlier this onth. The draw in stall 17 just uts you off as six of the past seven have been low. Her sheer class may see her home though for Aidan O'Brien. **Tokaido** has been in fine form across the Channel and took a Chantilly Group 2 easily last time. aving to give weight away makes fe a bit tougher but this trip suits. t a price, **Quillan** looks the type to mprove for this step up a trip after a game in at Ripon test. **Innichen** id well to go ose in a big ursery at oodwood st time after issing the reak. He eeds lot ore this rade ut is oing he ight ay.

2.25

Sunracing FORM

AIDO (9-2) 7-4 fav in touch, smooth headway fway, led 1f out, readily, bt King Of Cloughan 2) 2l (3 ran) (Chantilly 6f Grp 2 (1) £56,058 good).
TURRA (9-7) 5-1 mid-division, pushed along 2f , soon no extra, 4th of 8 (btn 3¹/₄l) to Big Cigar 3) (York 6f hcap (4) £12,885 good to firm).
THOSE STEPS (9-11) 28-1 midfield, keeping on en short of room 1f out, 11th of 14 (5l) to Asander 4) (Newcastle 6f nov stks (4) £5,400 AW).
RE LOVE LIVES (9-2) 12-1 prominent, carried nt repeatedly 1f out, faded inside final furlong, of 10 (btn 4¹/₄l) to Man's Best Friend (9-2) oodwood 6f Grp 2 (1) £113,420 good to firm).
BOOKKEEPER (9-4) 3-1 midfield, headway final ong, kept on, 3rd of 18 (btn 2l) to Sword Salute 3) (Goodwood 7f hcap (2) £30,924 good to firm).
GODDESS (9-2) 5-4 fav held up, pushed along out, led 1f out, kept on well, bt Folsom Blues (9-5) (8 ran) (Curragh 6f Grp 1 (1) €240,000 good).
LE FEVER (9-4) 9-4 chased leaders, led over 1f , won going away, bt Red Blue Point (9-4) 3l (8) (Thirsk 5f nov stks (4) £5,940 good).
KE'S MONARCH (9-2) 150-1 chased leaders, den 2f out, no extra when hung right final 50yds, h of 21 (6³/₄l) to Orthodox (9-3) **WHERE LOVE VES** (9-3) 12-1 handy, no extra final furlong, 12th n 7¹/₂l) (Ascot 5f Grp 2 (1) £99,242 good to firm).
RIOUS GAME (9-2) 14-1 prominent, pushed along d weakened 2f out, 9th of 11 (btn 6¹/₂l) to Moonrise 2) (Ascot 6f Grp 3 (1) £45,368 good to firm).
CHEN (9-3) 13-2 held up, headway final furlong, nt 3rd final 110yds, 3rd of 18 (btn ¹/₂l) to Revels 3) (Goodwood 6f hcap (2) £30,924 good to firm).
INT MARRA (9-7) 6-5 fav handy, pushed along 1f , led 110yds out, bt Catching Dreams (9-7) ¹/₂l (7) (Lingfield 5f nov stks (4) £5,400 good).
AK BREEZE (9-6) 6-4 made all, ran on 1f out, just enough, bt Location Location (9-4) ¹/₂l (11 ran) irsk 6f nov stks (5) £4,320 good to firm).
E OF TOLEDO (9-7) 9-4 chased leader, led 1f , ran on well, bt Sierra Belle (9-2) 3²/₄l (4 ran) lisbury 6f nov stks (4) £5,940 good to firm).
LAN (9-11) 6-5 jt fav made all, bt Influencer Man 1) 1¹/₄l (5 ran) (Ripon 5f nov stks (4) £5,757 good).
LLITE OF LOVE (9-6) 6-1 prominent, led 1f out, ways doing enough, bt Agrippa (9-2) nk (10 ran) ewbury 6f nov stks (4) £10,800 good to firm).
RET SOCIETY (9-7) 9-2 led, headed inside final ong, held, 3rd of 12 (btn 1l) to Ferrystream (9-2) ndsor 6f nov stks (4) £5,400 good to firm).
BESTHASYETOCOME (9-7) 11-8 fav handy, led al 110yds, won going away, bt Maximus Meridius 7) 3¹/₂l (6 ran) (Ayr 6f mdn (4) £5,400 soft).
KEND ROAR (9-0) 11-2 mid-division, pushed ng 2f out, one pace final furlong, 4th of 11 (btn l) to Livenka (8-11) (Naas 6f auct €110,000 good).
LERING (9-0) 11-2 prominent, ridden 2f out, akened final 110yds, 6th of 24 (btn 2¹/₂l) to Zigazig (8-4) **SOLLTHEDICEBABY** (8-10) 4-1 weakened al furlong, 11th (btn 6¹/₂l) **NIEWIADOMA** (8-10) 1 never in contention, 17th (btn 9¹/₂l) (24 ran) ewbury 5f auct (2) £143,009 good to firm).
LTHEDICEBABY (8-10) 11-2 held up, headway al furlong, kept on, 6th of 9 (3l) to Havana Sprite 4) (Newmarket 6f hcap (2) £20,616 good to firm).
D OF SOUND (9-2) 5-6 fav made all, shaken up out, just did enough, bt Pensando A Te (9-2) hd ran) (Yarmouth 6f mdn (4) £5,400 good to firm).
LERING (8-11) 18-1 led, headed inside final 110yds, ot on again, btn ³/₄l by Drazinda (8-11) (8 ran) eauville 5f Listed (1) £22,686 good to soft).

3.00 SIR KEVIN SINFIELD 7 IN 7 GRAND FINALE HANDICAP (2) £77,310; 1m (17 runners)

1 67-942 **POINT LYNAS 25 (H;CD)**
(11) E Bethell 7-9-12 ..... **Callum Rodriguez 92**
Runs: 34 Wins: 5 (2F,A,2G) Places: 12 £386,106
Classy, likes it here but carrying top weight might just hold him back

2 -31061 **ARCTIC DAWN 12**
(1) D & C Kubler 5-9-10(6ex) . **Hector Crouch 94**
Runs: 21 Wins: 5 (2F,2A,GS) Places: 6 £63,263
Career-best Newmarket winner, 6lb penalty and extra furlong pose questions

3 258429 **CERULEAN BAY 12 (D)**
(9) D O'Meara 5-9-9 ..... **Daniel Tudhope 95**
Runs: 32 Wins: 7 (S,2GS,4G) Places: 7 £213,092
Goodwood runner-up who must quickly forget his latest poor Ascot effort

4 21/1 **CENTIGRADE 63 (D)**
(8) R Beckett 4-9-6 ..... **Rossa Ryan 97**
Runs: 3 Wins: 2 (S,A) Places: 1 £14,415
Unexposed dual winner who could be well treated on handicap debut

5 213401 **THE LOST KING 40 (CD)**
(15) A Balding 4-9-6 ..... **Oisin Murphy 93**
Runs: 12 Wins: 4 (F,2A,G) Places: 3 £101,239
Impressive course-and-distance winner, but 6lb rise demands more

6 70-702 **BULLET POINT 12 (BF,CD)**
(10) W Haggas 5-9-5 ..... **Tom Marquand 98**
Runs: 15 Wins: 4 (S,F,A,G) Places: 3 £185,044
Last year's winner returned to form with solid second at Ascot, go close

7 9-0603 **CHECKANDCHALLENGE 40 (D)**
(6) W Knight 7-9-3 ..... **Callum Shepherd 90**
Runs: 37 Wins: 4 (S,2A,GS) Places: 8 £424,395
Well treated on best form, encouraging effort here last time, interesting

8 /60-48 **BLUE BROTHER 20 (D)**
(5) H Al Jehani 5-9-2 ..... **James Doyle 93**
Runs: 14 Wins: 2 (S,A) Places: 6 £104,793
Solid fourth at Royal Ascot, remains capable of better, check betting

9 11-726 **ETERNAL FORCE 56 (B★;BF,D)**
(12) W Haggas 4-9-2 ..... **Dylan McMonagle 97**
Runs: 10 Wins: 3 (F,2GS) Places: 2 £35,922
Excused last time, drop back to a mile will suit, first-time blinkers on

10 7-1310 **MEZCALA 26 (D)**
(17) J Channon 4-9-2 ..... **William Buick ●99**
Runs: 9 Wins: 3 (F,A,GS) Places: 3 £119,284
Royal Ascot winner but flopped at that track last time, wide draw not ideal

11 060757 **HAWKSBILL 20 (D)**
(7) R Spencer 4-8-11 ..... **George Wood 94**
Runs: 19 Wins: 1 (F) Places: 5 £65,421
Respectable efforts at Goodwood recently, one to keep close eye on

12 100799 **MIRSKY 19 (BF,D)**
(16) D O'Meara 7-8-11 ..... **Mark Winn 90**
Runs: 32 Wins: 7 (S,2F,2GS) Places: 2 £209,252
Falling in the weights, but recent efforts offer little encouragement

13 56-070 **NIZAM 63 (D)**
(4) I Williams 4-8-10 ..... **Clifford Lee 87**
Runs: 12 Wins: 3 (3S) Places: 1 £56,710
Useful French recruit, but up against it judged on disappointing British form

14 9-0923 **YORKSHIRE 12**
(2) E Bethell 6-8-10 ..... **P J McDonald 89**
Runs: 23 Wins: 6 (F,4A,GS) Places: 6 £79,881
Arrives in good form, but this strongly run mile may stretch stamina

15 -90213 **AALTO 26**
(13) I Williams 6-8-8 ..... **Saffie Osborne 96**
Runs: 27 Wins: 4 (F,A,GS,G) Places: 6 £216,508
Thriving over 7f, return to a mile should be no issue, one to watch closely

16 1-8367 **SPELL MASTER 19**
(14) O Rix 4-8-7 ..... **Ray Dawson 90**
Runs: 13 Wins: 2 (F,A) Places: 5 £56,604
Competitive from this mark, but improvement is needed to threaten

17 -70602 **THE ANGEL KING 18 (T★)**
(3) I Williams 4-8-7 ..... **Edward Greatrex 88**
Runs: 10 Wins: 2 (S,GS) Places: 3 £33,649
Encouraging Chester second, but must prove equally effective over a mile

BETTING: 9-2 Mezcala, 5 Bullet Point, 6 Centigrade, 8 The Lost King, Blue Brother, 12 Aalto, 14 Checkandchallenge, Cerulean Bay
WHERE FAVOURITES FINISHED: 3-9 1 5-0 9 1
2025: Bullet Point 4-9-12, T Marquand 15-8 Fav (W Haggas), drw 3, 17 ran.

Sunracing FORM

POINT LYNAS (9-7) 9-4 led, ridden and headed over 1f out, kept on but always held, btn ³/₄l by Holloway Boy (9-7) **CERULEAN BAY** (9-7) 15-2 mid-division, pushed along 2f out, no impression on front pair, 4th (btn 3³/₄l) (6 ran) (Pontefract 1m Listed (1) £33,612 good to firm).
ARCTIC DAWN (10-0) 11-2 midfield, pushed along 2f out, stayed on strongly final furlong, led finish, bt Castle Rock (8-11) ³/₄l (10 ran) (Newmarket 7f hcap (2) £12,885 good).
BULLET POINT (9-10) 7-2 jt fav chased leaders, pushed along 1f out, no match for winner, btn 3¾l by Crown Board (9-12) **CERULEAN BAY** (10-1) 7-1 dwelt, towards rear, lost touch 2f out, 9th (btn 11l) (10 ran) (Ascot 1m hcap (2) £49,180 good to firm).
CENTIGRADE (10-7) 6-4 fav keen in midfield, ridden to lead 1f out, went clear inside final furlong, readily, bt Star Of The Desert (8-13) 2³/₄l (13 ran) (Southwell 1m nov (4) £5,400 AW).
THE LOST KING (9-7) 3-1 jt fav chased leaders, travelled strongly, shaken up and led 2f out, ridden 1f out, kept on well, bt Mr Swivell (9-1) 1¹/₄l **CHECKANDCHALLENGE** (9-11) 8-1 mid-division, headway 2f out, ran on one pace final furlong, 3rd (btn 4l) **CERULEAN BAY** (10-2) 3-1 jt fav in rear, ridden 2f out, plugged on, never involved, 8th (btn 9¹/₂l) (13 ran) (York 1m hcap (2) £23,193 good to firm).
CERULEAN BAY (9-12) 12-1 midfield, headway final furlong, chased winner inside final 110yds, just held on for 2nd, btn 1¹/₄l by Archivist (9-12) **HAWKSBILL** (9-0) 25-1 midfield, ridden 1f out, kept on, no danger, 7th (btn 3¹/₂l) **BLUE BROTHER** (9-5) 5-1 took keen hold, led, headed after 2f, ridden 2f out, faded final furlong, 8th (btn 4¹/₂l) (18 ran) (Goodwood 1m hcap (2) £90,195 good to firm).
ETERNAL FORCE (9-9) 5-2 fav midfield, effort 2f out, no extra, 6th of 9 (5³/₄l) to Will Scarlet (9-8) (Newcastle 1¹/₄m hcap (2) £18,319 AW).
AALTO (9-0) 14-1 dwelt, towards rear, pushed along 1f out, not quite pace to challenge, 3rd of 16 (btn 1¹/₄l) to Amazing Journey (8-10) **ARCTIC DAWN** (9-10) 28-1 close up, stayed on one pace final furlong, 6th (btn 2l) **MEZCALA** (9-8) 9-2 mid-division, never on terms, 12th (btn 4l) (16 ran) (Ascot 7f hcap (2) £77,310 good).
MIRSKY (9-7) 3-1 jt fav chased leaders, no telling impression when not much room over 110yds out, 9th of 11 (btn 3l) to Witch Hunter (9-2) (Thirsk 1m hcap (2) £26,170 good).
MEZCALA (9-1) 9-2 jt fav mid-division, headway 1f out, ran on strongly to lead towards finish, bt Elarak (9-10) nk **BLUE BROTHER** (9-5) 9-2 jt fav prominent, ridden to challenge 1f out, kept on, 4th (btn 1¹/₄l) **MIRSKY** (9-2) 66-1 prominent, carried right 1f out, no extra, 7th (btn 4¹/₂l) **NIZAM** (9-1) 100-1 midfield, ridden 1f out, no impression, 13th (btn 7¹/₂l) **ARCTIC DAWN** (9-7) 40-1 chased leaders, weakened 1f out, 24th (btn 11l) **THE LOST KING** (9-4) 33-1 chased leaders, ridden 2f out, weakened 1f out, 27th (btn 12l) (28 ran) (Ascot 7f hcap (2) £61,848 good to firm).
YORKSHIRE (9-13) 11-1 prominent, pressed leader 2f out, outpaced by winner, kept on final 110yds, 3rd of 13 (btn 3¹/₂l) to Arctic Thunder (9-9) (Haydock 1m hcap (3) £16,200 good).
SPELL MASTER (9-9) 4-1 mid-division, not clear run 2f out, headway 1f out, kept on same pace, 7th of 15 (3¹/₄l) to Crest of Fire (9-6) (Goodwood 1m 1f hcap (3) £25,770 good to firm).
THE ANGEL KING (9-5) 22-1 chased leaders, headway to lead 1f out, headed well inside final furlong, 1l by Dance In The Storm (9-11) (10 ran) (Chester 7f hcap (2) £12,885 good).

TEMPLEGATE'S VERDICT

CENTIGRADE (*below*) looks hot for Rossa Ryan and Ralph Beckett. He's not been the easiest to get on the racetrack but looked a nice prospect when returning from 20 months off to win easily at Southwell last time out. Beckett has wisely given him 63 days off since and some of the horses he's beaten have gone on to be Group-class performers. He isn't exactly chucked in on this handicap debut from a mark of 102 but he has by far the most potential in the field and will enjoy this trip. **Bullet Point** hasn't won since taking this race 12 months ago but that means he's just 1lb higher this time. He was a solid second at Ascot last time and is right in the hunt again. **The Lost King** won nicely over C&D last month and a 6lb rise looks fair enough. He tanked along and looks a big price to make the frame at least. **Cerulean Bay** was second in this 12 months ago and ran a cracker when second at Glorious Goodwood. He is better than we saw at Ascot last time out. **Mezcala** often runs well in these big fields and is another with place prospects along with in-form **Aalto**.

3.00

3.00 YORK — TRAFFIC LIGHT RATINGS (5 = EXCELLENT 3 = AVERAGE 1 = POOR)

	HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1	POINT LYNAS	4	3	4	4	1	4	3	3	26/40
2	ARCTIC DAWN	1	1	2	3	3	5	2	4	21/40
3	CERULEAN BAY	2	2	4	3	1	1	1	2	16/40
4	CENTIGRADE	2	4	1	2	5	1	4	3	22/40
5	THE LOST KING	5	3	5	4	4	4	4	4	33/40
6	BULLET POINT	4	5	4	4	1	3	5	1	27/40
7	CHECKANDCHALLENGE	1	1	2	3	2	3	2	1	15/40
8	BLUE BROTHER	2	1	1	2	2	2	4	4	18/40
9	ETERNAL FORCE	2	4	1	1	4	1	5	3	21/40
10	MEZCALA	2	4	3	5	3	3	1	5	26/40
11	HAWKSBILL	2	2	1	1	1	1	3	1	12/40
12	MIRSKY	3	3	3	2	1	1	1	1	15/40
13	NIZAM	2	1	1	1	1	1	2	2	11/40
14	YORKSHIRE	1	1	1	1	3	2	3	1	13/40
15	AALTO	2	1	3	2	4	4	2	2	20/40
16	SPELL MASTER	3	2	2	2	2	2	1	1	15/40
17	THE ANGEL KING	2	2	1	1	1	1	2	1	11/40

THE Placepot is a bet where you select a horse to be placed in the FIRST SIX races of any meeting. You can pick more than one horse in a race – you just multiply the number of selections in each race to calculate your stake. So for staking it's 2x2x2x1x2x2 which adds up to 32 lines.

You can stake what you want upwards from 5p a line which would cost a total of £1.60. 10p a line is £3.20 and so on. Provided at least one in each race is placed, we get a payout!

POT LUCK

TODAY'S PICKS AT YORK

LEG 1 ..... Star Of State, Wild Blossom
LEG 2 ..... Satellite Of Love, Tokaido
LEG 3 ..... Centigrade, Bullet Point
LEG 4 ..... Kalpana
LEG 5 ..... Morrophore, Rhapsody
LEG 6 ..... Mia Fantasia, Revels

PRO BETS

PAST YORK EBOR FESTIVAL WINNERS:
3.00 Point Lynas, Bullet Point; 3.35 Minnie Hauk; 5.20 Royal Velvet.
STAYS THE TRIP: SUN GODDESS (2.25 York) has won three of her four starts over this distance.
SUPER SPEED: STAR OF COMMALA (6.54 Newcastle) clocked a fast time when winning at Wolves.
SIR MARK SPECIAL: NIFFLER (6.19 Newcastle) steps up in trip on this handicap debut for Sir Mark Prescott.
GAMBLED ON: MIA FANTASIA (4.45 York) was a big market mover when sixth at Goodwood.
GAMBLED ON: ANGEL IN MY HEART (7.24 Newc) was backed at Pontefract.

REST OF YOUR DAY TWO ACTION

3.35 YORKSHIRE OAKS (FILLIES' AND MARES' GROUP 1) £340,260; 1m 4f (9 runners)

1 71-121 **KALPANA 26 (D)**
(6) A Balding 5-9-9 ..... **Colin Keane ●99**
Runs: 17 Wins: 8 (S,F,2A,4G) Places: 8 £2,407,823
Outstanding King George winner, track will suit and the one to beat

2 6-1528 **MINNIE HAUK 26 (CD)**
(4) A O'Brien (Ire) 4-9-9 ..... **Ryan Moore 98**
Runs: 12 Wins: 6 (S,F,GS,3G) Places: 3 £2,308,084
Defending champ, but must bounce back from a poor King George effort

3 335-11 **TATTYCORAM 47 (D)**
(1) R Beckett 4-9-9 ..... **Edward Greatrex 94**
Runs: 9 Wins: 3 (F,2G) Places: 2 £169,645
Progressive after two decisive wins this season, could surprise a few

4 2-1216 **EARTH SHOT 33 (BF,D)**
(8) W Haggas 3-9-0 ..... **James Doyle 90**
Runs: 5 Wins: 2 (F,G) Places: 2 £188,747
Royal Ascot winner who disappointed in the Irish Oaks, plenty to prove

5 -40132 **INIS MOR 33**
(3) D Menuisier 3-9-0 ..... **Oisin Murphy 92**
Runs: 8 Wins: 3 (F,GS,G) Places: 3 £261,243
Improving, placed in French and Irish Oaks, track will suit, place shout

6 3-3121 **JOHANNA WALSH 33 (D)**
(7) J O'Brien (Ire) 3-9-0 ..... **Dylan McMonagle 97**
Runs: 5 Wins: 2 (F,G) Places: 2 £303,750
Irish Oaks winner, improving with racing, but this demands more

7 14-127 **LEGACY LINK 63 (BF,C)**
(2) J & T Gosden 3-9-0 ..... **William Buick 93**
Runs: 6 Wins: 2 (2G) Places: 2 £243,939
Runner-up in Oaks, flopped at Royal Ascot but type to rebound here

8 11134 **SPARAN NUA 14 (BF,D)**
(9) J Bolger (Ire) 3-9-0 ..... **Rossa Ryan 94**
Runs: 5 Wins: 3 (2G) Places: 1 £94,483
Third in Irish Oaks, outpaced over a mile last time, can bounce back

9 91-430 **SUGAR ISLAND 33**
(5) A O'Brien (Ire) 3-9-0 ..... **Ronan Whelan 83**
Runs: 8 Wins: 2 (S) Places: 2 £128,199
Useful pacepusher, but lacks class and pace at the highest level, avoid

BETTING: 11-8 Kalpana, 10-3 Minnie Hauk, 9-2 Johanna Walsh, 15-2 Tattycoram, 14 Inis Mor, 20 Earth Shot, Legacy Link, 25 Sparan Nua
WHERE FAVOURITES FINISHED: 1 1 3 1 1
2025: Minnie Hauk 3-9-0, R Moore 8-15F (A P O'Brien Ire), drw 4, 4 ran.

Sunracing FORM

KALPANA (9-6) 13-2 mid-division, travelling strongly 2f out, led 1f out, stayed on resolutely, bt Calandagan (9-9) 1¹/₄l **MINNIE HAUK** (9-6) 17-2 tracked leader, led 3f out, headed 2f out and weakened tamely, 8th (btn 18l) (9 ran) (Ascot 1¹/₂m Grp 1 (1) £1,134,200 good to firm).
TATTYCORAM (9-7) 11-2 chased leading pair, led inside final furlong, soon went clear, readily, bt Tiffany (9-7) 4¹/₂l (9 ran) (Newmarket 1¹/₂m Grp 2 (1) £93,572 good to firm).
JOHANNA WALSH (9-2) 7-2 tracked leaders, travelling well and led 2f out, 3 lengths advantage 1f out, readily, bt **INIS MOR** (9-2) 11-2 held up, going okay when not clear run 2f out, headway final furlong, kept on one pace, 4l **SPARAN NUA** (9-2) 8-1 towards rear, not clear run 2f out, kept on and took 3rd close home, 3rd (btn 4³/₄l) **EARTH SHOT** (9-2) 9-4 fav mid-division, pushed along 2f out, no impression when carried right and hampered 1f out, no extra, 6th (btn 12l) **SUGAR ISLAND** (9-2) 20-1 led, headed 3f out, weakened, last (well btn) (10 ran) (Curragh 1¹/₂m Grp 1 (1) €289,999 good to firm).
EARTH SHOT (9-2) 4-1 took keen hold, midfield, headway final furlong, kept on well and led final strides, bt **JOHANNA WALSH** (9-2) 9-1 close up, led 3f out, two lengths clear 2f out, carried right by loose horse over 1f out, headed final strides, hd **LEGACY LINK** (9-2) 13-8 fav keen, midfield, lost position 1f out, not recover, 7th (btn 7¹/₂l) (12 ran) (Ascot 1¹/₂m Grp 2 (1) £141,775 good to firm).
SPARAN NUA (9-2) 6-4 fav tracked leader, pushed along 1f out, one pace final 100 yards, 4th of 8 (btn 3l) to Isaac Newton (9-2) (Leopardstown 1m Grp 3 (1) €42,000 good).

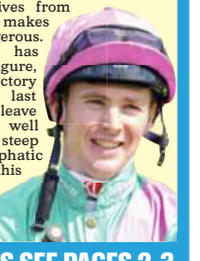
3.35 YORK — TRAFFIC LIGHT RATINGS (5 = EXCELLENT 3 = AVERAGE 1 = POOR)

	HORSE	Crs	Dis	Gng	Cls	Form	Spd	Trn	Jky	Total
1	KALPANA	4	4	4	5	5	5	3	2	32/40
2	MINNIE HAUK	5	5	5	4	1	1	4	5	30/40
3	TATTYCORAM	3	4	4	3	2	3	2	1	22/40
4	EARTH SHOT	4	3	3	4	3	2	4	4	27/40
5	INIS MOR	4	1	2	3	3	4	1	3	21/40
6	JOHANNA WALSH	4	3	1	2	4	4	2	2	22/40
7	LEGACY LINK	4	3	3	3	2	3	5	4	27/40
8	SPARAN NUA	4	3	2	2	4	2	1	3	21/40
9	SUGAR ISLAND	4	1	1	2	1	1	4	1	15/40

TEMPLEGATE'S VERDICT

KALPANA can add to her Group 1 tally in the Yorkshire Oaks. Andrew Balding's mare comes here at the top of her game following a superb King George success, where she travelled sweetly before putting Calandagan away. Her earlier Hardwicke near-miss and Newbury Group 3 victory were classy efforts and she goes on any ground. Colin Keane (*below*) can steer her home. **Johanna Walsh** could give her most to think about. Joseph O'Brien's improving three-year-old took her form to another level when running away with the Irish Oaks and the 9lb she receives from her elders makes her dangerous. **Minnie Hauk** has the class to figure, including victory in this contest last year, but needs to leave her poor King George run well behind. **Tattycoram** arrives on a steep upward curve following an emphatic Group 2 success, though this demands more, while **Legacy Link** is interesting back here after winning the Musidora in May.

3.35



BIG-RACE PINSTICKERS SEE PAGES 2-3

Favourite YET MORE COLOURS, TIPS AND SUPER

REST OF YOUR DAY TWO COLOURS AT YORK

4.10 SIR HENRY CECIL GALTRES STAKES (FILLIES' & MARES' LISTED) £56,710; 1m 4f (15 run)

1 119-27 **ASHARIBA 55**
(5) D Menuisier 5-9-9 ..... **Sean Levey** 96
Runs: 15 Wins: 7 (S,2A,3GS,G) Places: 1 £111,862
Listed winner, but must rebound and prove her stamina, dangerous

2 -44222 **CLUB CLASS 33 (D)**
(12) J Fanshawe 4-9-9 ..... **Marco Ghiani** 93
Runs: 13 Wins: 1 (A) Places: 7 £41,312
Progressive Listed runner-up Newm latest, has realistic place claims

3 30-243 **MERVEILLEUX LAPIN 27**
(11) O Burrows 4-9-9 ..... **Callum Rodriguez** 86
Runs: 7 Wins: 1 (GS) Places: 3 £34,235
Consistent over this trip but needs improvement at Pattern-class level

4 3141-1 **MORROPHORE 215**
(8) J & T Gosden 5-9-9 ..... **Ryan Moore** ●99
Runs: 8 Wins: 4 (F,3A) Places: 2 £104,379
Progressive earlier in the year, best form is on the AW, big player

5 17-253 **PERFECT YOUR CRAFT 43 (BF,D)**
(3) P Twomey (Ire) 4-9-9 ..... **Billy Lee** 95
Runs: 9 Wins: 3 (S,GS,G) Places: 2 £56,920
Group-placed and likely to be suited by this shorter trip, won't be far away

6 513-42 **RHAPSODY 33 (C)**
(7) W Haggas 4-9-9 ..... **Tom Marquand** 97
Runs: 9 Wins: 2 (GS,G) Places: 3 £44,723
Runner-up in a Group 3 at the Curragh, longer trip will suit her well

7 0121-6 **RYKA 111 (D)**
(10) D O'Meara 4-9-9 ..... **Daniel Tudhope** 92
Runs: 9 Wins: 4 (2F,GS,G) Places: 1 £54,707
Listed winner, poor return at Goodwood, back from a break, bit to find

8 1-34 **A LA PROCHAINE 76**
(2) R Beckett 3-9-0 ..... **James Doyle** 98
Runs: 3 Wins: 1 (S) £53,216
Solid Oaks fourth, must have strong claims at these weights, go close

9 2-3213 **CAPICHERA 31 (BF)**
(15) E Walker 3-9-0 ..... **Kieran Shoemark** 85
Runs: 6 Wins: 1 (G) Places: 3 £37,969
Progressive, but class, stamina and draw pose questions in this company

10 1-0387 **K SARRA 33 (B★)**
(6) R Beckett 3-9-0 ..... **Rossa Ryan** 97
Runs: 5 Wins: 1 (A) £17,741
Struggled last twice but solid third here in Musidora, blinkers now tried

11 1-1252 **PRIZELAND 34 (D)**
(9) A Balding 3-9-0 ..... **Oisin Murphy** 95
Runs: 6 Wins: 2 (2A) Places: 2 £41,696
Consistent Listed runner-up with each-way prospects in stronger company

12 221 **SUMMERSON 23 (H;D)**
(14) R Varian 3-9-0 ..... **Ray Dawson** 91
Runs: 3 Wins: 1 (G) Places: 1 £13,090
Bolted up on debut, fascinating contender upped sharply in class

Sun FORM

ASHARIBA (9-7) 20-1 led, headed 2f out, tailed off over 1f out, last of 7 (btn) to Botagoz (8-9) (Newcastle 1¼m Grp 3 (1) £53,874 AW).
CLUB CLASS (9-6) 40-1 prominent, kept on inside final furlong, btn 1l by Brielle (9-6) **K SARRA** (8-9) 15-2 weakened over 1f out, 7th (btn 6¾l) (9 ran) (Newmarket 1¼m Listed (1) £34,026 good to firm).
MERVEILLEUX LAPIN (9-12) 7-1 midfield, shaken up 1f out, kept on one pace, 3rd of 9 (btn 4½l) to Al Azd (9-5) (Ascot 1¼m hcap (2) £23,193 good to firm).
MORROPHORE (9-12) 6-5 fav prominent, ran on well final furlong, led final strides, bt Sky Safari (9-10) hd (10 ran) (Lingfield 1¼m hcap (2) £57,574 AW).
PERFECT YOUR CRAFT (9-9) 7-4 fav one pace final furlong, 3rd of 9 (7l) to Floresta (9-9) (Fairyhouse 1¾m Grp 3 (1) €42,000 good).
RHAPSODY (9-5) 10-1 in touch, kept on to go 2nd close home, 3½l by Moody (9-5) (8 ran) (Curragh 1¼m fil Grp 3 (1) €42,000 good to firm).
RYKA (9-5) 10-1 led, headed 1f out, weakened, 6th of 9 (btn 9½l) to Tattycoram (9-2) (Goodwood 1¼m Listed (1) £39,697 good).
A LA PROCHAINE (9-2) 22-1 in touch, one pace final furlong, 4th of 9 (10l) to Thundering On (9-2) **K SARRA** (9-2) 18-1 weakened 2f out, 8th (well btn) (Epsom 1¼m Grp 1 (1) £354,438 good to soft).
SUNSHINE STAR (9-8) 5-2 handy, ran on final furlong, btn ¾l by Dream Camp (9-6) **CAPICHERA** (9-9) 5-6 fav kept on final furlong, 3rd (1¼l) (7 ran) (Windsor 1¼m hcap (4) £10,468 good).
PRIZELAND (9-2) 6-1 midfield, led 2f out, headed 1f out, no match for winner, btn 1½l by Superior Choice (9-7) (6 ran) (Hamilton 1m 3f Listed (1) £45,368 good to firm).
SUMMERSON (9-2) 11-10 fav held up, going strongly 2f out, led 1f out, drew well clear, very easily, bt Seacole (9-2) 13l (4 ran) (Fos Las 1¼m mdn (3) £6,480 good).
SUNSHINE STAR (8-13) 11-1 held up, carried right 1f out, weakened, 4th of 8 (btn 4¼l) to Romantic Symphony (8-13) (Newmarket 1¼m Listed (1) £39,697 good to firm).
VAUNTINGLY (9-0) 9-1 stayed on well 1f out, just held, sh hd by Nil Bua Gan Dua (9-5) (7 ran) (Gowran Park 1¼m Listed €30,000 good).
WITHOUT PREJUDICE (9-2) 3-1 led 1f out, promising, bt Aleatrix (9-9) 4½l (4 ran) (Newmarket 1¼m nov (3) £6,185 good to firm).

Min's in it to win it

WE had a mixed bag of results on the Knavesmire yesterday.

Haffner delivered with a bit up his sleeve in the Acomb and looks like a Classic horse in the making, but it wasn't to be for Constitution River.

It was a messy race and there be another day for him.

I kick off today with BINT ARCHANGE (1.50) for Jaber Abdullah in the Lowther.

I won on her in a Listed race at Sandown but she has been beaten in the Super Sprint at Newbury since, so she will need to improve again.

This is a very competitive race with a few good fillies like Libertango and Star Of State, who's Jaber's other runner, in the race.

Star Of State was very impressive at Leopardstown last time and she's probably the one to beat.

I'm aboard SUN GODDESS (2.25) in the valuable sales race. She will be a strong favourite; she won the Group 1 Phoenix Stakes on her last start as well as a Group 2 prior to that.

That gives her a clear class edge.

There are 22 runners, so she'll obviously need a degree of luck, but she is the leading contender and should take a bit of beating.

In the feature, I ride MINNIE HAUK (3.35) in the Yorkshire Oaks.

She won the race last year which was part of a very good three-year-old campaign, which culminated with a close second to Daryz in the Arc. She came back well at the start of the year and ran a great race behind Ombudsman in the Prince of Wales's at Royal Ascot.

Things just didn't work out for her in the King George, but she likes York and the mile and a half here suits her well. We face Kalpana, who won the King George last time and finished someway in front of her, so she will have to bounce back to reverse that form.

Perhaps we didn't see the best of her at Ascot, and if she's back to her best she will give Kalpana a race.

I won a couple of races on MORROPHORE (4.10) at the end of last year and start of 2026 on the all-weather.

I think the mile and a half at York will suit her. It's her first run since January, but she felt the kind of filly who could improve with time.

It's a competitive race but she has every chance. Good luck!

ACE . . . Minnie Hauk

13 2-6124 **SUNSHINE STAR 19**
(1) J & T Gosden 3-9-0 . . . **Billy Loughnane** 90
Runs: 5 Wins: 1 (A) Places: 2 £25,311
Listed fourth who needs further improvement against stronger rivals

14 32212 **VAUNTINGLY 26**
(4) J O'Brien (Ire) 3-9-0. **Dylan McMonagle** 97
Runs: 5 Wins: 1 (G) Places: 3 £23,409
Progressive, unlucky when only just held last time, strongly fancied

15 1 **WITHOUT PREJUDICE 20**
(13) J & T Gosden 3-9-0 ..... **William Buick** 96
Runs: 1 Wins: 1 (F) £6,321
Impressive debut winner, big step up in class but looks very promising

BETTING: 5-2 Morrophore, 6 Rhapsody, 13-2 Without Prejudice, 7 A La Prochaine, 8 Vauntingly, 12 Prizeland, 14 Perfect Your Craft
WHERE FAVOURITES FINISHED: 7 8 1 2 1-6
2025: Charlotte's Web 4-9-9, D Tudhope 11-4 Jtf (S & E Crisford), drw 3, 9 ran.

TEMPLEGATE'S VERDICT

4.10

MORROPHORE can bring her strong all-weather form to turf under Ryan Moore. We haven't seen this Kingman mare since January when she took the tough Winter Oaks handicap on the sand at Lingfield. That was over 1m2f but she finished strongly and could come into her own this season upped to this distance. The Gosdens have been patient with her and that can pay dividends with this nice prize. **Rhapsody** is another who could show more for going up in distance and she already has a York win on her CV over 1m1f last season. She was a solid second in a Curragh Group 3 last time so looks up to this standard. **A La Prochaine** was last seen finishing fourth in the Oaks at Epsom on soft ground. She didn't enjoy that tricky track and should do better here on what should be more suitable ground too. **Vauntingly** was beaten on the nod in a Gowran Listed contest when she proved her stamina for this trip. A repeat of that could see her in the frame. **Without Prejudice** made a promising start when winning on debut at Newmarket and it's telling that the Gosdens hike her in class straight away.

4.45 MEWS HOTEL EBF STALLIONS NURSERY (2) 2-Y-O; £51,540; 7f (22 runners)

1 15177 **BIG CIGAR 1 (C)**
(13) R & P Fahey 9-9 ..... **Ethan Tindall (5)** 90
Runs: 5 Wins: 2 (F,A) £19,795
Well held in Acomb here yesterday, plenty of weight, plenty to prove now

2 191 **REVELS 20 (D)**
(20) K R Burke 9-5 ..... **Sam James** ●99
Runs: 3 Wins: 2 (F,G) £37,404
Goodwood win on hcap bow, 5lb hike but should remain competitive

3 51319 **SHADOW KING 21 (B;D)**
(2) R Hannon 9-4 ..... **Sean Levey** 90
Runs: 5 Wins: 2 (F,A) £16,102
Excused latest (hampered start), probably more to come, respected

4 211 **PERFECT NATION 16 (D)**
(4) G Boughey 9-3 ..... **Billy Loughnane** 97
Runs: 3 Wins: 2 (A,G) Places: 1 £16,035
Progressive, represents top team, hcapper hasn't gone mad, in the mix

5 12 **SOLDIER OF THE SEA 30 (BF)**
(5) W Knight 9-1 ..... **Hector Crouch** 96
Runs: 2 Wins: 1 (G) Places: 1 £8,189
Not disgraced latest, hcap bow on fair mark, upgrade in saddle, player

6 311 **WELEYFF 19 (D)**
(16) E Bethell 9-1 ..... **Oisin Orr** 98
Runs: 3 Wins: 2 (2F) £13,654
Progressing nicely, 5lb rise for Donny win might still underestimate him

7 222 **RISING TIGER 24 (BF)**
(21) A Balding 8-13 ..... **Oisin Murphy** 95
Runs: 3 Places: 3 £17,798
Second in three novice races, a winner in waiting though this will be tough

8 15305 **MY A'ALI BABA 8**
(1) P Evans 8-12 ..... **Saffie Osborne** 85
Runs: 5 Wins: 1 (GS) Places: 1 £12,328
Better than finishing position hcap bow, Lstd too tough latest, lively outsider

9 65811 **BYMIDDAYTOMORROW 13 (D)**
(7) E Walker 8-12 ..... **Tom Marquand** 92
Runs: 5 Wins: 2 (F,G) £10,946
Unbeaten over 7f incl. hcap bow at Thirsk latest, up 5lb, give good account

10 01022 **THE GINGER KID 21**
(10) E Walker 8-12 ..... **Kieran Shoemark** 95
Runs: 5 Wins: 1 (G) Places: 1 £23,697
Fine second at Goodwood latest, this track suit better, one for shortlist

11 012 **MIRZIMAAN 26 (BF)**
(11) G Boughey 8-11 ..... **William Buick** 93
Runs: 3 Wins: 1 (F) Places: 1 £18,735
Unlucky in Newc nov latest, hcap bow but Billy prefers stablemate, sniff

12 412 **TELEGRAPHIC 18 (D)**
(14) C Johnston 8-11 ..... **Callum Shepherd** 95
Runs: 3 Wins: 1 (F) Places: 1 £14,005
Almost made all under pen in Yarmouth novice, hcap bow, dangerous

13 4315 **CAERULEUS 21**
(12) J Butler 8-10 ..... **David Egan** 92
Runs: 4 Wins: 1 (A) £12,918
Behind Ginger at Goodwood first try at 7f/hcap bow, place prospect

14 136 **MIA FANTASIA 21 (BF,D)**
(9) H Palmer 8-8 ..... **Marco Ghiani** 98
Runs: 3 Wins: 1 (F) Places: 1 £10,473
Eyecatcher in Goodwood nursery behind Ginger, leading contender

15 321 **ROOSIKE 24 (D)**
(8) R Hughes 8-8 ..... **Joe Leavy** 95
Runs: 3 Wins: 1 (A) Places: 1 £23,310
Chinned Rising Tiger in Sthwell nov, opening mark gives her a shout

16 902231 **KOODINI 29 (D)**
(22) H Palmer 8-3. ..... **Aiden Brookes** 89
Runs: 6 Wins: 1 (F) Places: 3 £14,632
Off mark on sixth attempt at Catterick, but 5lb rise and this a lot tougher

17 9230 **HIGH HAZARD 21 (P★)**
(19) H Palmer 8-2. ..... **Cam Hardie** 82
Runs: 4 Places: 1 £4,564
Beaten long way by Ginger et al at Goodwood, unlikely to be involved

18 422 **REGAL TIGER 31 (BF)**
(6) H Palmer 8-2. ..... **Andrew Mullen** 91
Runs: 3 Places: 2 £6,075
Progressive, no disgrace hcap bow Windsor latest, but this requires more

19 55143 **THEHEATISON 12**
(15) N Scholfield 8-2 .... **Silvestre De Sousa** 88
Runs: 5 Wins: 1 (F) £6,192
Stayed 7f well enough latest, will be found easier opportunities in due course

20 5662 **HIGH CALIBRE 14**
(18) R Hannon 8-2 ..... **Sean D Bowen** 84
Runs: 4 Places: 1 £2,456
Fair second at Newm (hcap bow), step down from 1m not certain to suit

21 65370 **RBFLYING 21 (T★)**
(17) T Easterby 8-2 ..... **Duran Fentiman** 77
Runs: 5 Places: 1 £3,023
No excuses behind Ginger and co at Goodwood, looks out of his league

22 3551 **FASTHOPE 44**
(3) B Ellison 8-2 . . . **Tom Kiely-Marshall (5)** 94
Runs: 4 Wins: 1 (G) Places: 1 £7,029
Pounced late at Ponte (6f), step up to 7f a plus but this great deal tougher

BETTING: 5 Perfect Nation, 6 Revels, 15-2 Mirzimaan, Rising Tiger, 8 Big Cigar, 10 Soldier Of The Sea, Weleyff, 12 The Ginger Kid
WHERE FAVOURITES FINISHED: 2 8 8 2 1
2025: Stellar Sunrise 9-7, P Murphy 10-3 Fav (A Balding), drw 19, 18 ran.

5.20 BRITISH EBF FILLIES' HANDICAP (2) value to the winner £51,540; 7f (21 runners)

1 119116 **BELLARCHI 44 (D)**
(4) G Tuer 5-10-0 ..... **Pierre Jamin** 96
Runs: 49 Wins: 13 (S,F,2A,2GS,7G) Places: 9 £208,851
In good heart, won Chester Lstd in June, 1m too far latest, in the hunt

2 -11055 **ROYAL VELVET 22 (CD)**
(6) W Knight 5-9-12 .... **Conor Whiteley (5)** 97
Runs: 24 Wins: 9 (5F,2A,2G) Places: 1 £203,275
Off to flyer at start of season but lost way since, needs bounce back

3 2-6050 **MUBASIMAH 62 (D)**
(17) A Balding 3-9-5 ..... **P J McDonald** 89
Runs: 6 Wins: 1 (F) Places: 1 £30,038
Grp 3 runner-up at two, has struggled so far this season, e-w squeak

4 14321- **LAM YAI 299**
(1) K R Burke 3-9-3 ..... **Clifford Lee** 93
Runs: 6 Wins: 2 (2S) Places: 1 £54,087
Ended last season on high, belated return and wind op since, watch

5 1-1700 **JUST CALL ME ANGEL 23 (P★;D)**
(16) E Dunlop 3-9-1 ..... **Rossa Ryan** 84
Runs: 10 Wins: 4 (A,2G) £192,682
Italian 1,000 Guineas winner, not so good back on home soil, down list

6 427611 **TRYST 19 (D)**
(12) G Boughey 3-9-0 ..... **Billy Loughnane** 95
Runs: 9 Wins: 3 (2F,A) Places: 2 £23,686
Has hit her stride of late, up 6lb for hat-trick bid but don't write her off

7 4411 **CARNIVAL OF LIGHT 20 (D)**
(18) C Johnston 4-9-0 ..... **Oliver Stammers** 97
Runs: 4 Wins: 2 (2A) £13,908
Brace of Wolves wins (hcap bow latest), this tough but won't be disgraced

8 42-289 **BELLA LYRA 75**
(19) R Hughes 3-8-13 ..... **Finley Marsh** 82
Runs: 9 Wins: 1 (G) Places: 4 £67,774
Decent back form, returned to stable after aborted US mission, jury's out

9 214-50 **OOLONG POOBONG 64 (D)**
(7) E Bethell 4-8-13 ..... **Oisin Orr** 89
Runs: 9 Wins: 2 (A,G) Places: 4 £44,914
Decent on her day but blew out at R Ascot last time, bit to prove now

10 746467 **FIGJAM 12**
(13) K Scott 3-8-11 ..... **Ray Dawson** 86
Runs: 10 Wins: 1 (G) Places: 1 £34,669
This her best trip, 6f at Ascot too sharp last time, could outrun odds

11 051544 **BEAUJOLAIS NOUVEAU 23**
(21) B Haslam 4-8-11 ..... **Andrew Mullen** 88
Runs: 18 Wins: 2 (2G) Places: 6 £36,913
No disgrace at Goodwood latest, little leeway in mark but respected

12 12-4 **CAIM 86 (D)**
(3) E Bethell 3-8-10 ..... **Daniel Tudhope** 94
Runs: 3 Wins: 1 (S) Places: 1 £12,266
Promise at two but disappointing return, needs to prove she has trained on

13 1-3215 **ALBAYDAA 57 (BF,D)**
(10) W Haggas 3-8-10 ..... **Tom Marquand** 96
Runs: 7 Wins: 2 (F,A) Places: 3 £42,499
Behind Figjam at Carlisle latest but hit traffic, better than that, player

14 464207 **PERFECT PART 33**
(8) B Ellison 4-8-9 . **Tom Kiely-Marshall (5)** 93
Runs: 19 Wins: 1 (F) Places: 3 £57,797
Hilary Needler on debut at two sole win, coming down in weights, sniff

15 61126 **MACHADADORP 23 (BF,D)**
(9) A Balding 3-8-9 ..... **Oisin Murphy** 97
Runs: 5 Wins: 2 (F,G) Places: 1 £26,575
Behind Secret at Goodwood, step back up to 7f gives hope, in the mix

16 211 **STARLIGHT LASS 43**
(15) J & T Gosden 3-8-8 ..... **Saffie Osborne** ●99
Runs: 3 Wins: 2 (2F) Places: 1 £13,653
Plenty in hand at Yarmouth, opening mark fair, Saffie's on fire, fancied

17 0-1693 **STARFINCH 28**
(20) H Eustace 3-8-7 ..... **George Wood** 93
Runs: 5 Wins: 1 (A) £7,618
Not disgraced at Yarmouth last time (hcap bow), but this good deal harder

18 -11413 **SECRET HISTORY 23 (H;BF,D)**
(14) E Walker 3-8-4 ..... **Edward Greatrex** 97
Runs: 7 Wins: 3 (2F,A) Places: 3 £44,977
Fine third at Goodwood off current mark, step back up to 7f a positive, threat

19 -82222 **COTAI BELLE 29 (BF)**
(5) R & P Fahey 3-8-2 ..... **Cam Hardie** 90
Runs: 12 Wins: 2 (F,G) Places: 5 £35,541
Hitting woodwork recently, no leeway in mark but stable turning corner

20 722222 **WOOHOO 13**
(2) J Goldie 5-8-2. ..... **Lauren Young (5)** 89
Runs: 28 Wins: 5 (3F,2G) Places: 8 £57,477
Another with seconditis and up 5lb for latest of them, first go at 7f, left

21 234-11 **ZOOELLA 27**
(11) R Beckett 3-8-2 .... **Silvestre De Sousa** 97
Runs: 6 Wins: 2 (F,A) Places: 2 £12,297
Learned trade on AW, off mark first turf try at Thirsk, up 6lb, chance

BETTING: 11-4 Lam Yai, 9-2 Starlight Lass, 8 Albaydaa, 10 Secret History, Bellarchi, 12 Royal Velvet, Zooella, Carnival Of Light, Tryst
WHERE FAVS FINISHED and 2025: No corresponding race.

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NEWMARKET

GOING: GOOD TO FIRM

TEMPLEGATE
2.00........................**Minkaas**
2.35.......**Tie A Navyribbon**
3.10...............**Venetian Lion**
3.45.......**Round The Table**
4.20..........**Cherry Cobbler**
4.51.................**Society Girl**

TOM PEPPER
2.00.............. **Grey Tamam**
2.35.......... **Missouri Waltz**
3.10...........**Potomac River**
3.45....**Race To The Stars**
4.20.....................**Mr Writer**
4.51............**Sibling Rivelry**

■TIC-TAC: July course is an undulating galloping track of 2m. All races upto a mile are on the straight course. ■DRAW: None. ■LEADING TRAINERS (2021-2026): C Appleby 76-209, W Haggas 20-132, S C Williams 17-125, C Johnston 16-127. THIS SEASON: C Appleby 13, T Clover 5, S C Williams 4. ■TOP JOCKEYS (2021-2026): J Mitchell 16-88, R Hornby 13-93, H Davies 11-82, B Sayette 10-69. THIS SEASON: R Hornby 3, J Mitchell 3, M Paetel 3. ■LONGEST TRAVELLER: Sunny Smile (4.20) trained at Malpas. Round trip of 414 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

2.00 EBF FILLIES' NOVICE STAKES (Class 3); 2-y-o; value to the winner £6,480; 6f. (6 runners)

1 (3) 34 **ELPEEARE 27** G Scott 9-2 .... **Darragh Keenan 97**
2 (2) 38 **GREY TAMAM 28** J Tate 9-2 .... **Rob Hornby 92**
3 (6) 33 **MINKAAS 15** T Kent 9-2 .... **Jamie Spencer ●99**
4 (1) **PLASTIC DREAM** C Dwyer 9-2 .... **Harry Davies —**
5 (4) **SCOOT AWAY (T★)** J Fanshawe 9-2 .... **Daniel Muscutt —**
6 (5) 2 **ZEPHYRA 14** M Botti 9-2 .... **Jack Gilligan 96**

BETTING: 15-8 Minkaas, 7-2 Elpeeare, 4 Grey Tamam, 5 Zephyra, 10 Scoot Away, 12 Plastic Dream
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

2.35 VAN BUCK 50TH ANNIVERSARY FILLIES' NOVICE STAKES (3); 2-y-o; winner £6,281; 1m. (6 runners)

1 (1) 1 **MISSOURI WALTZ 29** A Keatley 9-6 .... **Jamie Spencer 97**
2 (5) 0 **HIGHLAND GIRL 21** C Johnston 9-2 .... **Rob Hornby 74**
3 (6) 4 **MANDOLIN RAIN 17** D Cunha 9-2 .... **Jack Mitchell 91**
4 (3) 36 **TIE A NAVYRIBBON 12** W Stone 9-2 .... **Josephine Gordon ●99**
5 (2) **VELORIA** G Scott 9-2 .... **Darragh Keenan —**
6 (4) **VOYAGER ONE** M Bell 9-2 .... **Daniel Muscutt —**

BETTING: 5-4 Tie A Navyribbon, 9-4 Missouri Waltz, 13-2 Veloria, 8 Mandolin Rain

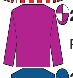
3.10 COME RACING HANDICAP (5); value to the winner £5,234; 1m. (8 runners)

1 (1) 23-6764 **POTOMAC RIVER 13** T Kent 4-9-11 .... **Jamie Spencer 94**
2 (6) 0973043 **CALYXOH 6 (V)** P Morris 4-9-11 .... **Ashley Lewis (3) 97**
3 (7) 4-3250 **WIELD 27** J Parr 3-9-9 .... **Daniel Muscutt 83**
4 (5) 8-92114 **MERTOUN 20 (BF,D)** J Chapple-Hyam 3-9-8 .... **Rob Hornby 92**
5 (2) 24394 **GLEN NEVIS 15** C Johnston 3-9-8 .... **Jack Mitchell 96**
6 (3) 79621 **VENETIAN LION 17 (D)** W Haggas 3-9-7 .... **Harry Davies ●99**
7 (8) -941126 **LEGACY ROCK 51 (D)** R Newland 3-9-6 .... **Toby Moore (7) 95**
8 (4) 490-733 **BIG ALEX WALMSLEY 18 (H)** I G-Leveque 4-8-13 .... **Benoit Sayette 89**

BETTING: 9-4 Venetian Lion, 4 Mertoun, 9-2 Calyxoh, 6 Potomac River, 15-2 Glen Nevis, 10 Legacy Rock, 16 Big Alex Walmsley, 20 Wield

3.45 NATIONAL STUD HANDICAP (3) value to the winner £9,160; 1m 4f (6 runners)

1 90/005 **ASTRO KING 14**
(3) D & C Kubler 9-10-4. . . . **Ebrahim Nader** **91**
Runs: 28 Wins: 5 (3F,2A) Places: 8 £316,097
Had two years off and confirmed ability remains latest, not without hope


2 -53032 **TYCOON 26**
(2) K De Foy 4-10-1. . . . . . . **Darragh Keenan** **93**
Runs: 11 Wins: 1 (F) Places: 5 £38,450
Holding his form if a little too high still in hcap, go well but vulnerable

3 142- **RACE TO THE STARS 266 (BF)**
(6) C Appleby 4-9-10 . . . . . . **Toby Moore (7)** **●99**
Runs: 3 Wins: 1 (A) Places: 1 £12,524
Belated return, poor only turf start but top yard/good claimer up, chance

4 511 **ROUND THE TABLE 28 (T★)**
(5) T Clover 3-8-13 . . . . **Jack Mitchell** **98**
Runs: 3 Wins: 2 (F,G) £11,880
Going right way, hcapper hasn't gone mad, tongue-tie on, respected

5 31-12 **BE PATIENT 32 (BF)**
(4) E Bethell 3-8-12 . . . .**Jamie Spencer** **97**
Runs: 4 Wins: 2 (F,A) £13,462
Not disgraced latest, step up to 1m4f a plus, stable is flying, in the mix

6 3-5224 **FIRST OFFICER 19 (CD)**
(1) J Chapple-Hyam 7-8-12 **Sorin Moldoveanu (7)** **95**
Runs: 43 Wins: 6 (2S,3F,GS) Places: 10 £90,863
Unlucky latest over C&D, current mark not beyond him, won't be far away

BETTING: 3 Race To The Stars, 7-2 Round The Table, 4 First Officer, 9-2 Be Patient, 15-2 Tycoon, Astro King
WHERE FAVS FINISHED and 2025: No corresponding race.

Sunracing FORM

ASTRO KING (9-5) 80-1 mid-division, ridden 2f out, kept on well 1f out, never nearer, 5th of 12 (btn 2½l) to Spinning Wheel (9-10) (Southwell 1m 3f hcap (2) £15,702 AW).
TYCOON (9-9) 6-1 prominent, pushed along over 2f out, went 2nd over 1f out, no chance with winner, btn 7½l by Likealot (10-0) (10 ran) (York 1½m hcap (3) £15,462 good to firm).
RACE TO THE STARS (9-3) 11-4 fav close up, ridden to lead 1f out, hung right final furlong, headed towards finish, btn nk by King's Code (9-13) **TYCOON** (9-11) 4-1 chased leaders, short of room over 1f out, plugged on, 7th (btn 7½l) (13 ran) (Chelmsford 1¼m hcap (3) £15,702 AW).
ROUND THE TABLE (9-9) 2-7 fav made all, set sedate pace, quickened halfway, went three lengths clear 2f out, faced sustained challenge final 110yds, just held on, bt Interstate (9-4) nk (4 ran) (Doncaster 1¼m nov mdn (3) £6,480 good to firm).
BE PATIENT (9-7) 4-5 fav in touch, ridden 2f out, pressed winner towards finish but always held, btn ½l by Financer (8-11) (4 ran) (Redcar 1¼m hcap (4) £7,328 good to firm).
FIRST OFFICER (8-5) 9-2 midfield, repeatedly denied clear run 2f out, headway when in clear final furlong, not reach leaders, 4th of 8 (btn ¾l) to Arqoob (9-7) (Newmarket 1½m hcap (3) £10,308 good to firm).

4.20 RACING TV HANDICAP (4); value to the winner £6,442; 7f. (10 runners)

1 (9) 0172221 **CHERRY COBBLER 5 (CD)** S Williams 4-10-3(5ex) . **Chloe Lyons (7) ●99**
2 (2) 30-0419 **WHERE'S FREDDY 20 (CD)** S Williams 6-10-2 .... **Jamie Spencer 91**
3 (4) 25-1029 **PALADIN 12 (D)** K Frost 5-10-1 .... **Jack Mitchell 88**
4 (6) -421516 **MR WRITER 27 (D)** J Fanshawe 3-10-0 .... **Daniel Muscutt 96**
5 (8) 114-448 **CANCAN IN THE RAIN 26 (P★;C,D)** G Arnolda 6-9-13 .... **Darragh Keenan 93**
6 (7) 42-0225 **SUNNY SMILE 14** H Palmer 3-9-11 .... **Harry Davies 92**
7 (5) 652-708 **HERE I BOW 15 (D)** O Rix 3-9-9 .... **Jonny Peate 85**
8 (3) 102-4 **PISCEAN STAR 15 (D)** E Dunlop 3-9-8 .... **Mason Paetel (5) 95**
9 (10) 7883656 **DASHING DICK 14 (C,D)** W Stone 8-9-5 .... **Rob Hornby 90**
10 (1) 6-64852 **SUN OF DOLLY 21** J Gallagher 3-8-6 .... **Harry Vigors (5) 97**

BETTING: 5-2 Cherry Cobbler, 4 Sun Of Dolly, 9-2 Piscean Star, 5 Mr Writer, 15-2 Cancan In The Rain, 10 Dashing Dick, Paladin, 12 Where's Freddy

Sunracing FORM

CHERRY COBBLER (9-9) 2-1 fav midfield, headway to lead over 1f out, pulled clear of rivals inside final furlong, comfortably, bt Norcross Brow (9-7) 6l (6 ran) (Newmarket 7f hcap (5) £5,234 good to firm).
CHERRY COBBLER (8-6) 14-1 tracked leaders, challenged 2f out, every chance final furlong, no impression on winner towards finish, btn 2¾l by Nikovo (9-9) **WHERE'S FREDDY** (9-3) 7-2 slowly away, behind, well adrift final 5f, last (btn) (Newmarket 7f hcap (4) £6,442 good to firm).
PALADIN (10-1) 5-1 stumbled start, midfield, every chance 1f out, kept on same pace inside final furlong, 9th of 14 (btn 12l) to Welbury (9-8) (Redcar 1m hcap (4) £5,234 good to firm).
MR WRITER (9-11) 10-3 tracked leaders, ridden 1f out, weakened, 6th of 11 (btn 4¼l) to Tex (9-3) (Ascot 7f hcap (4) £13,425 good to firm).
CANCAN IN THE RAIN (9-7) 11-1 slowly away, held up in touch, closed 3f out, weakened final 110 yards, 8th of 15 (5¼l) to Dwindling Funds (9-6) (York 1m hcap (4) £12,885 good to firm).
SUNNY SMILE (9-5) 28-1 led, ridden and headed over 1f out, weakened final furlong, 5th of 6 (btn 11l) to Desert Shadow (10-2) (Sandown 7f hcap (4) £6,019 good to firm).
HERE I BOW (9-9) 28-1 tracked leaders, asked for effort over 1f out, short of room when weakening 1f out, 8th of 9 (btn 14l) to Sea Suite (10-2) (Brighton 1m hcap (4) £10,468 good to firm).
PISCEAN STAR (9-6) 17-2 held up, ridden 2f out, kept on one pace 1f out, 4th of 8 (4l) to Victory Ace (9-4) (Kempton 7f hcap (4) £6,281 AW).
DASHING DICK (9-10) 8-1 led but pestered, ridden 3f out, headed 2f out, one pace 1f out, 6th of 7 (btn 4l) to Stormy Music (8-11) (Newmarket 1m app hcap (5) £5,234 good to firm).
SUN OF DOLLY (9-4) 7-2 midfield, headway 1f out, went 2nd inside final furlong, not trouble winner, btn 1¼l by Eyes Front (9-7) (7 ran) (Epsom 7f hcap (6) £3,664 good to firm).

4.51 RACING WELFARE HANDICAP (5); value to the winner £5,234; 1m 4f. (5 runners)

1 (5) 3-17342 **SIBLING RIVELRY 20 (BF,D)** D Simcock 4-9-13 .... **Taryn Langley (3) 97**
2 (1) 1038583 **EXPRESSIONLESS 23 (D)** D Cunha 6-9-11 .... **Kyle McHugh (5) 90**
3 (2) 2463122 **JACK LANGLEY 12 (BF,D)** C Clover 4-9-10 .... **Liam Wright 98**
4 (4) 9363 **TRAVELING MAN 26** C Fellowes 3-9-4 .... **Mason Paetel 96**
5 (3) 47-8031 **SOCIETY GIRL 20 (CD)** E Walker 3-9-4 .... **Ashley Lewis ●99**

BETTING: 5-2 Society Girl, 11-4 Jack Langley, 3 Sibling Rivelry, 4 Traveling Man, 8 Expressionless

LINGFIELD AW

GOING: STANDARD

TEMPLEGATE
2.10..........................**Inglewood**
2.45..........................**Royal Acclamation**
3.20..........................**Manton Road**
3.55..........................**Gunfighter**
4.30..........................**Pennine Way**
5.01..........................**Sea Her Excel**

TOM PEPPER
2.10..........................**Birkacre Brow**
2.45..........................**One Number**
3.20..........................**Bajan Bandit**
3.55..........................**State Of Madness**
4.30..........................**Fuseboard**
5.01..........................**Queen Sana**

■TIC-TAC: (AW) Left-handed all-weather Polytrack of 1m 2f, 2f run-in. ■DRAW: Little effect. ■LEADING TRAINERS (2021-2026): A Balding 66-322, R Hannon 52-401, G Boughey 49-305, G & J Moore 47-382. THIS SEASON: A Balding 12, J Butler 10, G Boughey 9. ■TOP JOCKEYS (2021-2026): D Probert 75-489, P Bradley 48-451, R Clutterbuck 34-360, Jason Watson 32-263. THIS SEASON: D Probert 8, P Bradley 8, Jason Watson 8. ■LONGEST TRAVELLER: Sea Her Excel (5.01) trained at Easingwold. Round trip of 496 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

2.10 FILLIES NOVICE STAKES (Class 5); 2-y-o; £4,320; 5f. (9 runners)

1 (5) 402 **BIRKACRE BROW 9** J Tate 9-2 .... **D Probert**
2 (7) 7 **BLACK TREASURE 106 (H★)** O Sangster 9-2 **D Costello**
3 (8) **FANCIED ANGEL** A Kirby 9-2 .... **P Cosgrave**
4 (1) **GLAMOROUS WILD** M Loughnane 9-2 .... **P Bradley**
5 (6) 523 **INGLEWOOD 13 (H★)** J Camacho 9-2 ...... **C Bishop**
6 (4) **SACRED RHYTHM** J Parr 9-2 .... **J Watson**
7 (9) **ADELAIDES TURN** R Cowell 8-13 .... **R Clutterbuck**
8 (2) 3045 **LAST DANDELION 26** S Williams 8-13 **R Kavanagh (3)**
9 (3) 08 **LEADING RAYA 34** M Usher 8-13 .... **A Perkins (7)**
Last Dandelion ●99, Inglewood 98, Birkacre Brow 96.
6-4 Inglewood, 11-4 Birkacre Brow, 5 Last Dandelion, 10 Adelaides Turn, 12 Fancied Angel, Sacred Rhythm, 20 Black Treasure

2.45 MAIDEN STAKES (3); 2-y-o; winner £7,020; 1m. (8 runners)

1 (8) **BERKSHIRE REGAL** A Balding 9-7 .... **J Watson**
2 (2) **BLUEABAD** G Boughey 9-7 .... **P Cosgrave**
3 (4) **DUST MY BROOM** M Attwater 9-7 .... **P Bradley**
4 (5) **MINSMERE** R Hannon 9-7 .... **P Dobbs**
5 (7) 2035 **ONE NUMBER 24 (P★;BF)** J O'Brien (Ire) 9-7 **D Probert**
6 (6) **ROYAL ACCLAMATION** C Appleby 9-7 ..... **C Planas**
7 (3) **YELLOW VISION** W Knight 9-7 .... **T Fisher**
8 (1) **APPASSIONATA** Sir M Prescott 9-2 .. **R Clutterbuck**
One Number ●99.
5-4 One Number, 3 Royal Acclamation, 9-2 Blueabad, 6 Minsmere

3.20 HANDICAP (6); winner £3,245; 1m. (12 runners)

1 (2) 8523 **BAJAN BANDIT 13 (V;D)** P Morris 6-9-9 .. **P Bradley**
2 (7) 6563 **DANDY KHAN 16 (CD)** J Boyle 4-9-8 ..... **P Cosgrave**
3 (1) 4156 **MUY MUY LOCO 155 (H;C)** S Dow 4-9-7 ..... **T Heard**
4 (8) 6864 **FRANCISCO 7 (V;C)** P Chamings 5-9-6 **A Redman (7)**
5 (4) -979 **ONSLOW GARDENS 21 (P★)** L Mullaney 6-9-6 **A Voikhansky**
6 (5) -514 **MOUNT MOGAN 21 (C)** L Mongan 9-9-5 .... **G Dobie**
7 (10) 3231 **MANTON ROAD 21** R Phillips 4-9-4 .. **C Hutchinson**
8 (11) 7733 **WHITESNAKE 37** R Teal 4-9-4 .... **J Watson**
9 (6) 5-05 **WITHOUTFURTHERADO 23** Charalambous/Clutterbuck 4-9-4 .. **D Costello**
10 (3) 7556 **OCEAN FORCE 63** G & J Moore 5-9-4 ...... **D Probert**
11 (12) 2605 **NUBOUGH 91 (C)** M Pattinson 10-9-3 .... **K O'Neill**
12 (9) 54-0 **WARRNAMBOOL 9 (V★)** N Littmoden 4-9-3. **R Kavanagh (3)**
Dandy Khan ●99, Bajan Bandit 98, Manton Road 97.
10-3 Manton Road, 5 Dandy Khan, 11-2 Bajan Bandit, 13-2 Francisco, 8 Ocean Force, 10 Warrnambool, 14 Muy Muy Loco, Mount Mogan

3.55 HANDICAP (5); winner £3,978; 7f. (14 runners)

1 (7) 5475 **RED HAT EAGLE 12 (T★;C)** W Knight 6-9-11 **T Fisher**
2 (9) 2157 **BOLD SUITOR 12 (B;CD)** C Benton 9-9-11 .. **G Dobie**
3 (3) 4033 **THE BITTER MOOSE 59 (V;CD)** P Chamings 5-9-10 **D Probert**
4 (1) 5-96 **DANCING RINCA 20 (P★;D)** H Burton 7-9-10 **K O'Neill**
5 (10) 7917 **GUNFIGHTER 20 (BF,D)** J Butler 5-9-10 ......**P Dobbs**
6 (14) -074 **SANT ALESSIO 50** J Tickle 5-9-9 ....**R Clutterbuck**
7 (5) 4524 **STATE OF MADNESS 14** M Loughnane 5-9-8 **P Bradley**
8 (11) 6-70 **DOUBLE TIME 28 (H)** T Vaughan 8-9-7 **C Hutchinson**
9 (6) 6766 **DONTSPOILASALE 14** J & S Best 6-9-7 ... **T Queally**
10 (4) 3107 **STARLIGHT SAMI 34 (D)** D Coakley 3-9-6 .... **G Bass**
11 (13) 1241 **SPLIT ELEVENS 7 (CD)** J Butler 8-9-6(4ex) .. **non-runner**
12 (8) 7149 **YACHTSMAN 34** J Morland 3-9-5 .... **J Watson**
13 (2) 2356 **POWDER MONKEY 89** G Boughey 3-9-5 **P Cosgrave**
14 (12) 2746 **PARANJAPE 46 (P★)** S Woods 3-9-4 . **M Wonnacott (5)**
Powder Monkey ●99, Gunfighter 98, State Of Madness 97.
7-2 Gunfighter, 4 State Of Madness, 9-2 Powder Monkey, 7 The Bitter Moose, 8 Paranjape, 10 Starlight Sami

4.30 HANDICAP (6); 3-y-o; winner £3,245; 6f. (12 runners)

1 (3) 7514 **REALITY QUEEN 36 (D)** M Appleby 9-8 .. **A Rawlinson**
2 (7) 3159 **ROYAL COUNTY GLORY 80 (BF)** J Jones 9-8 .. **J Watson**
3 (8) 6897 **MAYFAIR MARKET 23 (B★)** S Woods 9-7. **M Wonnacott (5)**
4 (12) 3035 **LOVE ALIVE 15** J Butler 9-7 .... **D Probert**
5 (1) 063- **DARK MANDATE 302 (H★)** E J-Houghton 9-6 . **C Bishop**
6 (5) 6-05 **SOLAR PHOENIX 13 (B)** R Teal 9-5 .... **D Costello**
7 (4) 7732 **PENNINE WAY 13** J Channon 9-5 .... **G Bass**
8 (10) 6244 **MISTER MOET 15 (CD)** S Dixon 9-5 .... **K O'Neill**
9 (6) 5867 **KING CHERRY 15** S Williams 9-5 .....**R Kacanagh (3)**
10 (9) 3106 **LIEUTENANT SIR 36 (B★;D)** A Watson 9-5 ... **W Cox**
11 (11) -641 **FUSEBOARD 44** C Banham 9-5 .... **J Haynes**
12 (2) 7203 **APEX STAR 29** W Knight 9-4 .... **T Fisher**
Fuseboard ●99, Pennine Way 98, Love Alive 96.
3 Fuseboard, 11-2 Pennine Way, 7 Dark Mandate, 8 Lieutenant Sir, Reality Queen, Love Alive, 10 Apex Star, Royal County Glory

5.01 FILLIES HANDICAP (5); winner £3,978; 5f. (8 runners)

1 (6) 3323 **OVER SPICED 14 (D)** G Harris 4-9-12 .... **D Probert**
2 (4) 6894 **INDEPENDENT EXPERT 17** J & S Best 7-9-10 .. **T Queally**
3 (2) 2624 **QUEEN SANA 17 (BF)** O Sangster 3-9-10 . **J Watson**
4 (7) 5326 **FIORELLA PRINCESS 134 (D)** R Cowell 4-9-10 **C Bishop**
5 (5) 3151 **SEA HER EXCEL 31 (D)** I Furtado 3-9-8 **E Croot (5)**
6 (3) 1766 **LA BELLE FOREST 63 (D)** A Watson 3-9-6 .... **W Cox**
7 (1) 4467 **WHIZZY DIZZY 34 (P★)** C Cox 3-9-6 .... **G Dobie**
8 (8) 6933 **LITTLE JAYBEE 8 (D)** P Evans 3-8-13 ..... **non-runner**
See Her Excel ●99, Queen Sana 98, Over Spiced 97.
3 Sea Her Excel, 10-3 Queen Sana, 5 Over Spiced, 6 Fiorella Princess, 8 La Belle Forest, 10 Independent Expert

Sun FORM

OVER SPICED (9-6) 7-1 held up in touch, kept on inside final furlong, 3rd of 7 (btn 4½l) to Solar Edge (9-13) (Chepstow 5f hcap (4) £5,339 good to firm).
INDEPENDENT EXPERT (10-0) 11-1 raced in last, outpaced over 2f out, never dangerous, 4th of 5 (btn 5¼l) to Saucy Jane (9-7) (Windsor 6f hcap (5) £4,397 good to firm).
QUEEN SANA (9-2) 8-13 fav tracked leaders, pushed along 2f out, weakened over 1f out, 4th of 6 (btn 10l) to All Good (8-11) (Ripon 6f nov (4) £5,234 good to firm).
OVER SPICED (9-7) 8-1 prominent, pushed along 2f out, weakened towards finish, 5th of 7 (btn 1¼l) to Glory Fighter (9-9) **FIORELLA PRINCESS** (9-8) 13-2 with leaders, outpaced inside final furlong, weakened, 6th (btn 3½l) (7 ran) (Nottingham 5f hcap (5) £4,449 good).
SEA HER EXCEL (9-3) 7-2 made all, reduced advantage towards finish but always holding on, bt Golden Havana (9-8) ½l (6 ran) (Ayr 5f hcap (6) £3,664 good to firm).
LA BELLE FOREST (9-9) 11-1 held up towards rear, hung left when beaten over 1f out, 6th of 8 (btn 6¾l) to J Street (9-12) (Southwell 5f hcap (5) £3,978 AW).
WHIZZY DIZZY (9-6) 28-1 held up, outpaced over 1f out, soon lost touch, last of 7 (btn 19l) to Robert Anstruther (9-5) (Nottingham 6f hcap (5) £4,187 good to firm).
LITTLE JAYBEE (9-6) 9-1 led, headed 1f out, kept on, 3rd of 8 (3l) to Happier (9-4) (Ffos Las 5f hcap (6) £3,454 good).

TONIGHT'S CARD AT KILLARNEY

GOING: GOOD

4.35 JUVENILE MAIDEN HURDLE; 3-y-o; winner €7,200; 2m 1f. (11 runners)

1 **ANOTHER DAY DONE F83** A McCann 11-0 **S Flanagan**
2 0 **CAMP VERDE 10** J Hanlon 11-0 .... **J Younge (7)**
3 **CHAIRMANFORLIFE F22** J Harrington 11-0 .... **M Walsh**
4 P9U **CONNOR OF MALI 10** L Archdeacon 11-0 ..... **P Enright**
5 68 **DIVELMENT 10 (B★)** W Durkan 11-0 .... **P Byrnes**
6 **HARMANI F28** G Elliott 11-0 .... **J Kennedy**
7 **MANNTARI F38** E McNamara 11-0 .... **T Kelly (7)**
8 22 **MINELLA BUOY 10 (H;BF)** J Nallen 11-0 .... **D King**
9 **GUILDHALL GRADUATE F27** G Cromwell 10-7 . **K Sexton**
10 5 **MISTY COVE F24 (P★,T★)** G Cromwell 10-7. **C Stone-Walsh**
11 **SEA OF DUBKA F34** H Bromhead 10-7 .... **D O'Keeffe**
Minella Buoy ●99, Misty Cove 93, Divelment 88.
13-8 Harmani, 9-4 Minella Buoy, 11-2 Sea Of Dubka, 8 Misty Cove, 10 Another Day Done, 12 Divelment, Guildhall Graduate

5.08 HANDICAP HURDLE; winner €15,000; 2m 1f. (10 runners)

1 8431 **FIVEONEFIVE 19 (D)** C Collins 8-11-12 .... **J Kennedy**
2 P-62 **AUTUMN TWIST F21 (CD)** D Hogan 5-11-7 .... **D King**
3 90F- **FEUD 214 (D)** G O'Leary 6-11-7 .... **S Flanagan**
4 32-1 **HI HO IDAHO 101 (C)** C Collins 5-11-1 .... **D Gilligan**
5 009- **BLACK BAMBOO 214** J Murphy 9-10-12 ....**D Meyler**
6 -311 **GINO BELLA 17 (H;D)** P Foley 6-10-10. **A O'Sullivan (5)**
7 -474 **FAST FELIX 34 (C)** E McCarthy 8-10-9 . **T O'Connor (7)**
8 -733 **MOYLUSSA 73 (D)** M Magnussen 7-10-4 ..... **D O'Keeffe**
9 -867 **LORD FFRENCH 22 (T★)** S Curling 6-10-1 ..... **P Enright**
10 4622 **EYE CONTACT 17** D Commins 5-10-0 .. **C Stone-Walsh**
Fiveonefive ●99, Gino Bella 98, Hi Ho Idaho 97.
5-2 Fiveonefive, 4 Gino Bella, 9-2 Hi Ho Idaho, 6 Autumn Twist, 7 Eye Contact, 12 Moylussa, 14 Fast Felix, 16 Lord Ffrench

5.43 NOVICE HURDLE; winner €10,500; 2m 7f. (6 runners)

1 -211 **LOCH CUAN 55** G Elliott 5-11-7 .... **J Smith (5)**
2 -415 **BROTHER WALFRID 21** G Elliott 5-11-4 .... **J Kennedy**
3 51P- **DON JEFE 137** G O'Leary 5-11-4 .... **S Flanagan**
4 11 **LOCAL NEWS 81** R Hennessy 6-11-0 .. **J Williamson (3)**
5 6-43 **DIAMOND DU BERLAIS 35** W P Mullins 5-10-11 .. **B Hayes**
6 2114 **PETS GEORGINA 12 (CD)** J Ryan 6-10-11 .... **J Slevin**
Diamond Du Berlais ●99, Local News 97, Loch Cuan 96.
7-4 Diamond Du Berlais, 7-2 Loch Cuan, 4 Local News, 6 Brother Walfrid, 15-2 Pets Georgina, 14 Don Jefe

6.13 BEGINNERS CHASE; winner €7,800; 2m 7f 100yds. (8 runners)

1 1-04 **BALLYSTONE 20** J McConnell 8-11-12 .**J Williamson (3)**
2 41-8 **FORT DINO 112** H Bromhead 5-11-12 .... **D O'Keeffe**
3 6P58 **HAPPY ME 7 (P★)** W Burke 6-11-12 ...... **M Kenneally (5)**
4 342/ **HEROES RISE 508 (BF)** G Elliott 6-11-12 ... **J Halford (7)**
5 -132 **LEMMY CAUTION 37** G Elliott 5-11-12 .... **K Healy (7)**
6 6-66 **THEMANINTHEANORAK 20** E O'Sullivan 6-11-12 .... **P Enright**
7 -P00 **WHERE'S MY JET 20** W P Mullins 7-11-12 .... **B Hayes**
8 0-22 **AFFINITY ROCK 91** C Collins 6-11-5 .... **D Gilligan**
Affinity Rock ●99, Where's My Jet 98, Ballystone 95.
9-4 Affinity Rock, 11-4 Where's My Jet, 3 Lemmy Caution, 13-2 Ballystone, 10 Heroes Rise, 14 Fort Dino, 33 Themanintheanorak

★ **LAST year's Gimcrack hero Lifeplan will bid for Group 1 glory in the City Of York Stakes on Saturday. Trainer Declan Carroll said: "It's a Group 1 but he's in great nick."**

6.45 HANDICAP CHASE; winner €6,000; 2m 7f 100yds. (13 runners)

1 1504 **ONEFORGONZO 12 (C)** S Aherne 8-12-0 **A McGuinness (7)**
2 2040 **SMALLCRAFTWARNING 18 (CD)** J Ryan 9-11-13 **J Halford (7)**
3 /P0P **KING FERDINAND 17 (P★;C,D)** E O'Sullivan 10-11-12. **A O'Sullivan (5)**
4 8125 **KILKEE BAY 16 (B)** E McNamara 7-11-9 **Mr J Dunne (7)**
5 -831 **WESTERN MODEL 45** A Kinirons 7-11-8 .... **D Meyler**
6 P350 **JE SUIS 28 (B★)** S Curling 7-11-4 .... **P Enright**
7 2U12 **LADIES WELL 16 (BF,CD)** A Slattery 6-11-4 **D O'Keeffe**
8 89-4 **WALK AWAY HARRY 80** C Coakley 8-11-4 ..... **P Byrnes**
9 43-5 **WAKEY WAKEY MAN 99** C Collins 6-11-3 ..... **D Gilligan**
10 3560 **MOUNT SHENSHAN 23** T Mullins 8-11-1 .... **D Mullins**
11 -625 **TROPICAL IMAGE 34** E McCarthy 9-11-1 .... **G Noonan**
12 2541 **CULLENWAINE 34 (B;CD)** D O'Sullivan 8-10-12 **S O'Callaghan (3)**
13 7236 **MALTON GROOVE 34** D McLoughlin 9-10-10 **P O'Brien (5)**
Cullenwaine ●99, Ladies Well 98, Wakey Wakey Man 97.
11-4 Cullenwaine, 9-2 Ladies Well, 5 Western Model, 8 Wakey Wakey Man, 10 Oneforgonzo, Kilkee Bay, 12 Tropical Image

7.15 HANDICAP CHASE; winner €7,200; 2m 5f. (11 runners)

1 2231 **ILLTAKEHIMMYSELF 35** E McNamara 5-11-12. **C Hogan (5)**
2 -U02 **KINGS JET 12** C Farrell 6-11-12 .... **R Doyle**
3 322- **GAELIC DES CHASTYS 203** E McNamara 10-11-8 **P O'Brien (5)**
4 66-6 **OLLIE LA BA BA 73** E McCarthy 8-11-7 .... **G Noonan**
5 -104 **BURRU 7** B Crowley 8-11-5 .... **M Kenneally (5)**
6 1-8P **TIPPIN AND TAPPIN 34 (BF,C)** E Bolger 7-11-5 **D O'Keeffe**
7 -317 **TOON TOWN 17 (BF)** D O'Sullivan 9-11-5 **S O'Callaghan (3)**
8 0-6P **SEEITOLDYA 27** J Hanlon 5-11-4 .... **H Sexton (7)**
9 -717 **SHANNON BANK 51 (BF)** A Kinirons 7-11-4 .... **D Meyler**
10 72-4 **MINERS BRIDGE 17** S Curling 9-11-3 .... **P Enright**
11 6870 **FERDIA 12** J Ryan 10-10-1 .... **D King**
Illtakehimmyself ●99, Tippin And Tappin 98, Toon Town 96.
11-4 Illtakehimmyself, 9-2 Tippin And Tappin, 5 Gaelic Des Chastys, 6 Toon Town, 15-2 Shannon Bank, Kings Jet, 10 Burru

7.45 HANDICAP CHASE; winner €12,000; 2m 1f. (9 runners)

1 6-16 **CROWSATEDAPPLETART 17** M Winters 9-11-12 **M Kenneally (5)**
2 -121 **FEMME MAGNIFIQUE 34 (CD)** D Kelly 8-11-10 **D Gilligan**
3 U439 **WAR CORRESPONDENT 18 (B)** J Hanlon 7-11-10 **H Sexton (7)**
4 -324 **COSTACURTA 27** H Bromhead 6-11-9 .... **D O'Keeffe**
5 2U74 **BEAUFORTS STORM 29** T Doyle 7-11-1 **A O'Sullivan (5)**
6 -PU5 **STUNTMAN STEVE 47 (B)** G Cromwell 7-11-1 **E Finegan (5)**
7 1-29 **KILBRIN ROCCO 23** E McCarthy 7-10-8 .... **G Noonan**
8 -513 **BALLYBRITTAS 12** P Rothwell 7-10-7 **S O'Callaghan (3)**
9 5633 **PICCOLO PLAYER 16** J Ryan 5-10-7 .... **D King**
Costacurta ●99, Femme Magnifique 98, Ballybrittas 97.
2 Femme Magnifique, 5 Ballybrittas, 6 Crowsatedappletart, 15-2 Costacurta, 8 Stuntman Steve, Piccolo Player, 10 Kilbrin Rocco

8.15 NAT HUNT FLAT; winner €6,601; 2m 1f. (9 runners)

1 **CON DID IT** E McCarthy 6-12-0 .... **Mr J Dunne (7)**
2 **STARY NOTIONS** P Lynch 6-12-0 .... **Mr R Barron (5)**
3 -075 **SURESURESURE 45** J O'Neill 5-12-0 ... **Mr K O'Neill (7)**
4 2/ **THE LAST LINE 776 (BF)** J & T Kiely 6-12-0 **Mr H Lillingston (7)**
5 53 **IRON SWORD 16** A Slattery 4-11-11 .... **Mr A Ryan (5)**
6 4 **ROCKY ALFONSO 16** S Curling 4-11-11 **Mr D O'Connor**
7 60 **WALKINEEZY 24** D Hogan 4-11-11 .... **Mr H Swan**
8 4 **KILLEEDY 34 (T★)** W P Mullins 5-11-7 .... **Mr P Mullins**
9 5-55 **STREAMHILL 66** P Butler 7-11-7 .... **Ms G Dorgan (7)**
Iron Sword ●99, Rocky Alfonso 97, Killeedy 96.
9-4 The Last Line, 3 Iron Sword, 10-3 Killeedy, 5 Rocky Alfonso, 8 Streamhill, 25 Con Did It, 33 Stary Notions, 50 Suresuresure

EAMONN HAMES
4.35........**Chairmanforlife**
5.08..................**Hi Ho Idaho**
5.43 **Diamond Du Berlais**
6.13.......................**Fort Dino**
6.45. **WAKEY WAKEY MAN (nap)**
7.15.......**Illtakehimmyself**
7.45........**Stuntman Steve**
8.15............. **The Last Line**

TOM PEPPER
4.35.............**Minella Buoy**
5.08............**Autumn Twist**
5.43.................**Local News**
6.13............... **Heroes Rise**
6.45.................**Ladies Well**
7.15.. **Gaelic Des Chastys**
7.45. **Femme Magnifique**
8.15.........................**Killeedy**

■TIC-TAC: Left-handed, sharp 1m 2f track. There are 6 fences and 5 hurdles per circuit. ■LEADING TRAINERS WITH RUNNERS (2021-2026): W P Mullins 38-108, H De Bromhead 18-101, G Elliott 17-164, E Bolger 15-45. THIS SEASON: H De Bromhead 4, W P Mullins 4, E Bolger 3. ■TOP JOCKEYS WITH RIDES (2021-2026): D J O'Keeffe 20-135, J J Slevin 14-69, J W Kennedy 13-54, G B Noonan 12-82. THIS SEASON: P T Enright 2, D J O'Keeffe 2, M Kenneally 2. ■LONGEST TRAVELLER: Eye Contact (5.08) trained at Tipperary. Round trip of 166 miles. ■JACKPOT: 3-6. PLACEPOT: 1-6. ■LIVE ON RACING TV

LONGSHOT
TELEGRAPHIC (4.45 York) has shown promise on his first three runs and looks on a fair mark making his handicap debut.

STRATFORD

GOING: GOOD TO FIRM

TEMPLEGATE
5.35..........................**Porcupine Bank**
6.06..........................**Rebel Tribesman**
6.36..........................**Captain Cool**
7.06..........................**Dunkerque**
7.36..........................**Yes And Yes**
8.06..........................**Berry Edge**

TOM PEPPER
5.35..........................**Porcupine Bank**
6.06..........................**Torrent**
6.36..........................**Bagheera Ginge**
7.06..........................**Samuel Spade**
7.36..........................**Glenmalure Flyer**
8.06..........................**Jet Patrol**

■TIC-TAC: Left-handed triangular shaped track of 1m 2f, with eight fences per circuit and a run-in of 200 yards. ■LEADING TRAINERS WITH RUNNERS (2021-2026): D Skelton 32-137, G Hanmer 18-82, J Snowden 17-70, N & W Twiston-Davies 17-82. THIS SEASON: D Skelton 6, J Candlish 3, J Snowden 2. ■TOP JOCKEYS WITH RIDES (2021-2026): S Bowen 35-131, H Skelton 26-88, S Twiston-Davies 21-104, K Woods 17-72. THIS SEASON: S Bowen 7, H Skelton 5, S Twiston-Davies 3. ■LONGEST TRAVELLER: Parisencore (6.36) trained at Greystoke. Round trip of 422 miles. ■TRAINERFAX: C Williams won the 7.36 in 2022 & 2023. ■FIRST RUN SINCE WIND OP: Berry Edge (8.06), Glance At Me (8.06). ■LIVE ON RACING TV

5.35 NOVICE HURDLE (Class 4); winner £5,446; 2m 6f. (2 runners)

1 -113 **PORCUPINE BANK 23** G Elliott (Ire) 4-11-8 ..... **S Bowen**
2 -231 **FINE THING 36** D Skelton 5-11-0 .... **H Skelton**
Porcupine Bank ●99, Fine Thing 94.
2-5 Porcupine Bank, 2 Fine Thing

6.06 HANDICAP HURDLE (4); winner £3,433; 2m 6f. (5 runners)

1 53-4 **NOTNOWLINDA 105 (BF)** D Skelton 9-11-7 .... **H Skelton**
2 2-12 **REBEL TRIBESMAN 33** J Snowden 5-11-7 .... **J Burke**
3 2164 **KOM TU VOUDRAS 27** F Bramley 6-11-7 .... **H Cobden**
4 -453 **TORRENT 27** N Hawke 5-11-7 .... **D Noonan**
5 -232 **KITTYS GLANCE 48 (BF)** A King 5-11-2 .... **T Bellamy**
Rebel Tribesman ●99, Kittys Glance 97, Kom Tu Voudras 96.
2 Rebel Tribesman, 3 Kittys Glance, 7-2 Torrent, 5 Kom Tu Voudras

6.36 HANDICAP CHASE (2); winner £13,008; 2m 3f. (6 runners)

1 5-14 **CREBILLY 53 (D)** J & A O'Neill 9-11-7 .... **H Cobden**
2 145- **MAGISTRATO 152 (CD)** D Cole 8-11-5 .... **J Bowen**
3 -151 **BAGHEERA GINGE 52 (V;C)** N&W Twist-Davies 8-11-5 . **S Twiston-Davies**
4 2213 **CAPTAIN COOL 32 (BF,C)** J Candlish 6-11-4 ... **Sean Quinlan**
5 -525 **PARISENCORE 39** N Richards 10-11-3 ... **D McMenamin**
6 4231 **SIR TIVO 32 (C)** G Hanmer 12-11-2 .... **S Bowen**
Sir Tivo ●99, Bagheera Ginge 98, Captain Cool 97.
5-2 Sir Tivo, 11-4 Bagheera Ginge, 4 Captain Cool, 5 Crebilly, 8 Magistrato, 10 Parisencore

7.06 NOVICE LIMITED HANDICAP CHASE (3); £6,680; 2m 7f. (3 runners)

1 1112 **DUNKERQUE 31** J Candlish 6-11-10 .... **Sean Quinlan**
2 4152 **SAMUEL SPADE 36 (D)** B Pauling 7-11-6. **B Morgan (5)**
3 -243 **KRAK 31** D Skelton 6-10-12 .... **H Skelton**
Samuel Spade ●99, Dunkerque 98, Krak 97.
6-4 Samuel Spade, 7-4 Dunkerque, 9-4 Krak

7.36 HANDICAP CHASE (5); winner £4,040; 3m 3f 119yds. (6 runners)

1 -113 **GLENMALURE FLYER 51 (BF)** D Skelton 8-12-0 **H Skelton**
2 -154 **WINNING PADDY 48** A Dunn 8-11-6 .... **R McLernon**
3 51-1 **YES AND YES 92 (CD)** B Clarke 9-11-4 .... **L Edwards**
4 6P-5 **ILLOGICAL LOGIC 58** C Williams 8-10-9 .... **J Tudor**
5 P-45 **FLASHY BOY 32** R Llewellyn 9-10-2 .... **C Price**
6 6335 **THE KINGS SOLDIER 55** T Leeson 5-10-2 **O Palmer (7)**
Yes And Yes ●99, Glenmalure Flyer 98, Winning Paddy 95.
5-6 Yes And Yes, 3 Glenmalure Flyer, 10 Winning Paddy, Illogical Logic, 12 The Kings Soldier, Flashy Boy

8.06 SUN RACING HANDICAP HURDLE (5); £3,776; 2m. (12 runners)

1 -232 **RETETI 52 (H)** S West 6-12-0 .... **M Goldstein**
2 -295 **EYEEYE F22** C Ellam 6-12-0 .... **B Powell**
3 4349 **VERSATILE 27 (P★)** J Owen 5-11-12 .... **J Burke**
4 6-45 **JET PATROL 27 (CD)** J Owen 9-11-9 .... **S Bowen**
5 4-F7 **DIESEL LINE 46 (D)** C & A Pogson 8-11-7 .... **J Bowen**
6 0-17 **MAYDAY GAMES 27 (BF,CD)** S Lycett 7-11-6 **K Woods**
7 7-45 **LORD CAUVELLIERE 78 (D)** S Lewis 5-11-5 **S Houlihan**
8 8P/2 **CLEVER RELATION 77 (T★)** C Williams 6-10-13 . **J Tudor**
9 313- **BERRY EDGE 156 (D)** D Skelton 8-10-13 .... **H Skelton**
10 7PP/ **GLANCE AT ME 793 (H★,T★;D)** A Martin 8-10-11 **Shane Quinlan (3)**
11 9221 **NORTHERN ROSE 25 (D)** G Hanmer 6-10-11 ... **J Davies**
12 2P43 **ANGEL OF MY DREAMS 32** Killahena/McPherson 5-10-2 .. **N Slatter (3)**
Northern Rose ●99, Reteti 98, Berry Edge 97.
4 Northern Rose, 5 Reteti, 6 Berry Edge, 7 Mayday Games, 15-2 Clever Relation, 8 Lord Cauvelliere, 10 Jet Patrol, 12 Diesel Line

Sun FORM

RETETI (11-3) 4-1 prominent, in touch 2 out, every chance last, went 2nd towards finish, btn ½l by Playful Fox (10-12) (6 ran) (Stratford 2m hcap hdle (4) £5,174 good to firm).
EYEEYE (10-8) 16-1 in rear, mistake 2 out, pushed along 2 out, mistake last, no danger, last of 5 (btn 23l) to Manoir De Mirande (11-5) (Ballinrobe 2m 1f nov hdle €9,000 good).
VERSATILE (11-11) 11-1 midfield, pushed along and mistake 3 out, outpaced 2 out, tailed off, 9th of 11 (btn 25l) to Ashdown Forest (10-13) (Uttoxeter 2m hcap hdle (5) £3,248 good).
JET PATROL (11-11) 5-1 towards rear, ridden to make some headway 2 out, ridden last, kept on one pace run-in, 5th of 8 (btn 4½l) to Cawthorne Banker (11-5) **MAYDAY GAMES** (11-8) 2-1 fav soon led, not fluent 5th, headed 6th, outpaced 2 out, not fluent last, weakened run-in, 7th (btn 11l) (Uttoxeter 2m hcap hdle (5) £3,248 good).
DIESEL LINE (11-0) 9-2 towards rear, pushed along before 2 out, no response, last of 7 (btn 14l) to Fidendum (11-13) (Market Rasen 2m 1f hcap hdle (4) £4,621 good).
LORD CAUVELLIERE (11-6) 13-2 held up in rear, detached 3 out, soon ridden, progress 2 out, went moderate fifth run-in, never in contention, 5th of 12 (btn 9l) to Cogital (10-10) (Newton Abbot 2m 1f hcap hdle (5) £4,489 good).
CLEVER RELATION (10-9) 33-1 held up in rear, slightly hampered 3 out, ridden, stayed on and went 2nd inside final 110yds, not reach winner, btn 9l by Ask A Sainte (11-10) (5 ran) (Uttoxeter 2m hcap hdle (5) £3,294 good).
BERRY EDGE (11-0) 9-2 midfield, ridden and in touch 3 out, kept on same pace before last, went 3rd close home, not reach leaders, 3rd of 11 (btn 6¼l) to Sweeper System (12-0) (Wetherby 2m hcap hdle (5) £3,697 good to soft).
GLANCE AT ME pulled up latest, earlier (11-4) 7-2 fav mid-division, weakened 4 out, tailed off, 7th of 12 (btn 40l) to Ez Tiger (11-2) (Plumpton 2m hcap hdle (5) £3,829 good).
NORTHERN ROSE (10-9) 10-3 held up in touch, not fluent 3 out, smooth headway 2 out, led last, ridden out run-in, well on top, bt Curious Mrs Fox (10-8) 1½l (11 ran) (Uttoxeter 2m hcap hdle (5) £3,697 good to firm).
ANGEL OF MY DREAMS (10-4) 50-1 raced in 3rd, detached from 2nd, never in contention, 3rd of 4 (btn 49l) to Edelak (11-1) (Stratford 2m nov hdle (3) £8,169 good to firm).

Favourite WE'RE ALL YOU NEED, ALL THE TIME

LEOPARDSTOWN

GOING: GOOD TO FIRM (GOOD)

4.56 TOTE GUARANTEE, NEVER BEATEN BY SP FILLIES MAIDEN; 2-y-o; winner €13,200; 7f. (15 runners)

1 (12) BOUGIE GALS M O'Callaghan 9-2 Jamie Powell —
2 (13) BROOQ D O'Brien 9-2 Nathan Crosse —
3 (15) EVER MY TREASURE (H★) H Bromhead 9-2 Robbie Colgan —
4 (11) FAIR SAY D Weld 9-2 Chris Hayes —
5 (14) 6 ISLE OF CAPRI 53 D O'Brien 9-2 Paddy Harnett (5) 92
6 (9) 8 KATTY 11 A Sexton 9-2 Seamie Heffernan 83
7 (2) LITTLE DARLING J Murtagh 9-2 Ben Coen —
8 (10) LONG HAIRED LADY M Fogarty 9-2 Rory Cleary —
9 (3) MISS HONG KONG D O'Brien 9-2 Gavin Ryan —
10 (5) NATIVE JEWEL J O'Brien 9-2 Shane Foley —
11 (7) 22 SO LOVELY 21 (BF) A P O'Brien 9-2 Wayne Lordan ●99
12 (4) 8 VILLARAY 28 G Lyons 9-2 Gary Carroll 80
13 (8) 57 VOICE OF YOU 11 M Hickey 9-2 Terry Casey (7) 84
14 (1) 07 VOYAGE OF SURVIVAL 11 (P★) A McIntyre 9-2 Luke McAteer 70
15 (6) ZENITH BLAZE J O'Brien 9-2 Declan McDonogh —

BETTING: 10-3 So Lovely, 9-2 Native Jewel, Zenith Blaze, 12 Brooq, Miss Hong Kong
WHERE FAVOURITES FINISHED: 3 2 1 1 1
2025: Smexy 9-2 Colin Keane 11-8 Fav (G M Lyons) drawn 9, 11 ran.

5.27 IRISH EBF AUCTION SERIES MAIDEN; 2-y-o; value to the winner €15,000; 7f. (16 runners)

1 (3) KILCONNELL D McLoughlin 9-9 Ben Coen —
2 (16) 8 LETMEENTERTAINYOU 27 D Marnane 9-9 Nathan Crosse 77
3 (2) 0 BATTLE READY 8 N Meade 9-7 Gavin Ryan 70
4 (14) 8 SOVREIGNS JOY 20 N Lupini 9-7 Wayne Lordan 73
5 (11) MELCHIZEDEK M Fogarty 9-5 Gary Carroll —
6 (9) 73 THE GREEN HELMET 15 A Slattery 9-5 Andy Slattery 91
7 (5) TOGETHERWEAREFREE J O'Brien 9-4 Declan McDonogh —
8 (12) 5 BLITOGUE 76 W Crawford 9-3 Seamie Heffernan 72
9 (13) 9 BUCK JONES 51 N Meade 9-1 Adam Caffrey 73
10 (6) 0 SUMMER SENT YOU 8 K Condon 9-0 Shane Foley 70
11 (4) 80224 BANKS OF THE BOYNE 4 (BF) M Mulvany 8-13 Wesley Joyce (3) ●99
12 (7) 00 DEAR THEODOSIA 23 (H) D McLoughlin 8-10 Jamie Powell 70
13 (15) 50 ROMANCE 20 J Halley 8-10 Jimmy Dalton (7) 78
14 (8) ESSENCE OF TIME A Oliver 8-8 Chris Hayes —
15 (1) 0768 LUCY'S PROMISE 32 A McGuinness 8-8 Siobhan Rutledge 83
16 (10) 9 SPANISH VIEW 62 J Fahey 8-8 Reese Holohan (7) 71

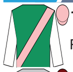
BETTING: 9-4 Banks Of The Boyne, 4 The Green Helmet, 7 Togetherwearefree
WHERE FAVOURITES FINISHED: 5 4 1-5 9 7
2025: Solomon Islands 8-13 Shane Foley 22-1 (E McNamara) drawn 2, 11 ran.

6.00 UNIO EMPLOYEE BENEFITS HANDICAP; value to the winner €9,000; 7f. (18 runners)

1 (6) 3169001 FAOLADH 19 (C,D) A Slattery 4-10-1 Adam Browne-Souza (7) 97
2 (8) 37-0965 ALTIMARA 17 (CD) R O'Sullivan 5-9-12 Donagh O'Connor 95
3 (10) 3338- NAOI 402 W McCreery 4-9-10 Sam Coen (5) 91
4 (20) 0906210 RAPPELL 17 (B;D) P Flynn 5-9-10 Seamie Heffernan 92
5 (9) 97-1814 LA LA LUCRATIVE 19 (D) M Smith 5-9-9 Robbie Colgan ●99
6 (7) 82-8409 ALL HAIL 11 (B) A Oliver 3-9-8 Gary Carroll 90
7 (19) 0070659 FREE SOLO 48 (C,D) P Murphy 9-9-7 Ben Coen 76
8 (13) 7601779 BALLYMAGREEHAN 13 D Marnane 4-9-6 Luke McAteer 88
9 (12) 190-070 PHOENIX PAIRC 17 (D) W McCreery 4-9-6 Paddy Harnett (5) 85
10 (4) 8707 MR PERTH 20 M Grassick 3-9-5 Wayne Lordan 86
11 (3) U734332 BEAR RIGHT 17 (BF) J Harrington 3-9-4 Shane Foley 97
12 (17) 31-2428 KC BEAR 39 N Meade 3-9-4 Nicola Burns (5) 98
13 (16) 83-P521 ZHELEZNAYA DAMA 17 (D) B Duke 3-9-4 Rory Cleary 96
14 (2) 0-00 HAZRAMA 36 D Weld 3-9-3 Chris Hayes 75
15 (11) 530-040 SHAMANKA 34 H Cleary 4-9-2 Jack Cleary (5) 86
16 (5) 0426575 BRAINS 14 (B;C) R Donohoe 10-9-0 Reese Holohan (7) 90
17 (21) 46039-0 GORDON BENNETT 14 P Fahey 8-9-0 Robert Whearty 83
18 (15) 087-074 OPPENHEIMER 13 (BF) K Coleman 3-8-12 Leigh Roche 94
19 (14) 3058832 JAZZIT 14 T McCourt 4-8-9 RESERVE 94
20 (18) 17062-6 NINTH CRUSADE 29 M O'Callaghan 3-9-13 RESERVE 88
21 (1) 4106100 SPORTING HERO 86 W Durkan 6-10-5 RESERVE 89

BETTING: 9-2 Bear Right, 11-2 Zheleznaya Dama, Faoladh, 13-2 La La Lucrative, 11 Altimara, 16 Oppenheimer, Kc Bear, Rappell, Brains, Naoi, Mr Perth
WHERE FAVOURITES FINISHED: 1
2025: Altimara 4-10-0 D W O'Connor 10-3 Fav (R O'Sullivan) drawn 3, 13 ran.

6.30 BET TOTE VINNIE ROE STAKES (LISTED) 3-Y-O; winner €30,000; 1m 6f (9 run)


1 8-21 **ABBOTSFORD 22**
(4) D Weld 9-7 **Chris Hayes** 98
Runs: 3 Wins: 1 Places: 1 €10,909
Demolished big field in Galway maiden, more needed but could well have it

2 2-2103 **CANNES 22 (C)**
(3) J O'Brien 9-7 **Declan McDonogh** 96
Runs: 5 Wins: 1 (G) Places: 3 €24,439
Disappointing fav at R Ascot, better latest, first go at black type, e-w

3 90081 **HIGHWAYMAN 38**
(6) J O'Brien 9-7 **Scott McCullagh** 93
Runs: 5 Wins: 1 (G) €9,917
Wide-margin Killarney maiden win blew hcap mark, this whole lot tougher

4 3-2711 **MADBADANDDANGEROUS 24**
(1) N Meade 9-7 **Gary Carroll** 97
Runs: 7 Wins: 3 (S) Places: 3 €89,256
Brace of hcap wins, well worth shot in Lstd company, taken seriously

5 7146- **PIAZZA SAN MARCO 298**
(7) A P O'Brien 9-7 **Wayne Lordan** ●99
Runs: 4 Wins: 1 (S) €11,405
Kept good company at two, belated return but from top yard, respected

6 45148 **TROJAN FIGHTER 61**
(9) P Twomey 9-7 **Donagh O'Connor** 92
Runs: 5 Wins: 1 €10,145
Behind Madbad at D Royal latest, no reason why he should turn tables

7 55-311 **WYMAN 28 (P★;C)**
(2) J Harrington 9-7 **Shane Foley** 95
Runs: 5 Wins: 2 (F,G) Places: 1 €27,523
Well on top at end at Leop latest, first try at black type, won't be far away

8 011322 **KEEPSGETTINGBETTER 28**
(5) D O'Brien 9-2 **Gavin Ryan** 92
Runs: 8 Wins: 2 (2A) Places: 2 €24,390
Consistent, behind Wyman latest, first attempt at Lstd, place prospect

9 -92111 **TEOLOGIA 34**
(8) J O'Brien 9-2 **Ben Coen** 96
Runs: 6 Wins: 3 (S,2G) Places: 1 €23,983
D Royal hat-trick, up 24lb in hcap, well worth try in Lstd grade, danger

BETTING: 15-8 Piazza San Marco, 5 Abbotsford, 11-2 Madbadanddangerous, 8 Cannes, 10 Teologia, Highwayman
WHERE FAVOURITES FINISHED: 1 1 5 1-6 2-7
2025: Floresta 9-2, Ben Coen 6-1 (J P Murtagh), drawn 3, 8 ran.

Sunracing FORM

ABBOTSFORD (11-1) 7-4 fav led 2f out, clear 1f out, easily, bt Sunny South West (11-12) 7½l (18 ran) (Galway 1½m amat mdn €10,200 yielding).
CANNES (9-7) 9-2 led 2f out, headed final furlong, 3rd of 8 (btn 4½l) to Infraad (9-2) (Goodwood 1½m hcap (2) £38,655 good to firm).
HIGHWAYMAN (9-8) 5-2 led 1f out, easily, bt Yogini (9-8) 9l (8 ran) (Killarney 1m 3f mdn auct €12,000 good).
MADBADANDDANGEROUS (10-0) 11-2 disputed lead final furlong, led close home, bt Sharkeyboy (9-9) nk (15 ran) (Galway 1½m hcap €12,000 yielding).
PIAZZA SAN MARCO (8-13) 16-1 disputed lead 1½f out, one pace, 6th of 7 (btn 3½l) to Puerto Rico (8-13) (Saint-Cloud 1m Grp 1 £118,058 soft to heavy).
MADBADANDDANGEROUS (8-9) 18-1 led final furlong, stayed on strongly, bt Pierre Grosse (8-2) ¾l **TROJAN FIGHTER** (9-2) 12-1 headed 1½f out, weakened, 8th (btn 6¾l) (9 ran) (Down Royal 1m 5f hcap €60,000 soft).
WYMAN (9-12) 11-4 led 1½f out, drew clear, bt **KEEPSGETTINGBETTER** (9-3) 9-4 headed 1½f out, kept on one pace, 3¾l (4 ran) (Leopardstown 1m 5f rtd rce 0-90 €15,000 good).
TEOLOGIA (9-6) 4-7 fav ridden to lead over 1f out, kept on well, easily, bt Beauparc (9-13) 5½l (5 ran) (Down Royal 1m 5f hcap €12,000 good).

EAMONN HAMES

4.56 Miss Hong Kong
5.27 Essence Of Time
6.00 Naoi
6.30 Keepsgettingbetter (nb)
7.00 Ben Hur
7.30 Scorcher's Son
8.00 Duchess Of Kenli

TOM PEPPER

4.56 So Lovely
5.27 Togetherwearefree
6.00 Bear Right
6.30 Abbotsford
7.00 Darius Dark
7.30 Port Arthur
8.00 Tachos

■TIC-TAC: Left-handed galloping track of 1m 6f with a run-in of 3f. ■DRAW: Low best in sprints. ■LEADING TRAINERS WITH RUNNERS (2021-2026): A P O'Brien 96-438, J P O'Brien 49-394, J Harrington 41-310, G M Lyons 40-269. THIS SEASON: A P O'Brien 10, J P O'Brien 9, J Harrington 8. ■TOP JOCKEYS WITH RIDES (2021-2026): S Foley 41-282, C D Hayes 29-296, B M Coen 23-278, J A Heffernan 22-237. THIS SEASON: S Foley 8, B M Coen 5, A J Slattery 3. ■LONGEST TRAVELLER: Ehteyat (7.00) & Satono Chevalier (7.00) trained at Limerick. Round trip of 258 miles. ■TRAINERFAX: A P O'Brien won the 4.56 in 2022 & 2023 and 6.30 in 2018, 2019, 2021 & 2024. G M Lyons won the 4.56 in 2020, 2024 & 2025. N Meade won the 5.27 in 2022 & 2024. J P O'Brien won the 6.30 in 2020 & 2022 and 8.00 in 2021 & 2024. J Harrington won the 7.30 in 2023 & 2025. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. ■LIVE ON RACING TV

7.00 MONEY BACK DAILY SPECIALS WITH TOTE.IE HANDICAP; winner €12,000; 1m 5f. (12 runners)

1 (4) 3118130 SATONO CHEVALIER 20 (B;D) M Flannery 8-10-2 Seamie Heffernan 96
2 (2) 0-00337 SEA CORAL 8 J Harrington 4-10-0 Shane Foley 90
3 (3) 91237-6 EHTEYAT J108 M Flannery 7-9-12 Jack Cleary (5) 87
4 (1) -690023 PAVILION END 17 C O'Brien 6-9-9 Declan McDonogh 98
5 (5) 47/7-3 BEN HUR 22 (BF) N Meade 4-9-8 Adam Caffrey 95
6 (11) 9-01110 DARIUS DARK 24 (C) J Murtagh 3-9-7 Ben Coen 94
7 (6) -114732 CELTIC DRUID 39 T McCourt 5-9-4 James Ryan 98
8 (8) 0-32050 HARRY'S LEGACY 22 (P★;C) R O'Sullivan 8-9-4 Donagh O'Connor 89
9 (9) 7-83310 COOLEY'S MIST 20 (CD) H Rogers 4-9-0 Chris Hayes 93
10 (12) 700-645 PARTY DRESS 28 W McCreery 6-8-13 Wesley Joyce (3) 94
11 (10) 54795 GAELIC DRILLS 40 J Bolger 3-8-10 Nathan Crosse 91
12 (7) 80-034 LAUDERDALE KING 69 (BF) A Slattery 4-8-9 Andy Slattery ●99

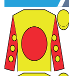
BETTING: 4 Celtic Druid, Lauderdale King, 11-2 Ben Hur, Pavilion End, 8 Satono Chevalier, 11 Party Dress, Cooley's Mist, Darius Dark, Gaelic Drills
WHERE FAVOURITES FINISHED and 2025: No corresponding race

7.30 LEOPARDSTOWN GOLF, PADEL & RANGE MAIDEN; value to the winner €9,000; 1m. (14 runners)

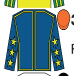
1 (14) 8 LONELYHARBOURWALL 8 D Weld 4-10-0 Chris Hayes 75
2 (12) SCORCHER'S SON J O'Brien 4-10-0 Declan McDonogh —
3 (10) 48 AGHADRUM BOY 5 P Murphy 3-9-8 Ben Coen 80
4 (8) 05 AITEALL 5 J O'Brien 3-9-8 Shay Wallace (7) 83
5 (1) 6 ELDORADO GLORY 5 N Meade 3-9-8 Adam Caffrey 77
6 (11) 52 HOLY LETTUCE 27 K Condon 3-9-8 Donagh O'Connor 96
7 (9) 07 KING OF EZE 39 (H) A Oliver 3-9-8 Gary Carroll 84
8 (3) 8 MOTHEL ABBEY 14 P Flynn 3-9-8 Alan Persse (5) 70
9 (6) 67 NOTTOOSHABBY 14 P Flynn 3-9-8 Robyn Donaghue-Leahy (7) 71
10 (13) 34-3 PORT ARTHUR 17 M Grassick 3-9-8 Wayne Lordan ●99
11 (2) 7 TIME WHISPERER 92 L Cusack 3-9-8 Seamie Heffernan 70
12 (7) 43 UNCLE GOALIE 23 R Devine 3-9-8 Gavin Ryan 96
13 (4) 4 GODDESS OF WAR 26 J Harrington 4-9-3 Shane Foley 97
14 (5) 6 MY SHAYLA 39 D Marnane 3-9-3 Luke McAteer 91

BETTING: 3 Scorcher's Son, 4 Goddess Of War, 5 Port Arthur, 6 Holy Lettuce, 7 Uncle Goalie, 8 My Shayla, 14 King Of Eze, 25 Lonelyharbourwall, Aghadrum Boy
WHERE FAVOURITES FINISHED: 2 1 2 4 1-0
2025: Falls Of Acharn 3-9-8 Shane Foley 11-4 JtFav (J Harrington) drawn 5, 10 ran.

8.00 DUBLIN TO BAHRAIN FILLIES HANDICAP winner €15,000; 1m (8 runners)

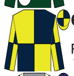

1 035625 **PINK OXALIS 21 (B;CD)**
(2) S Thorne 5-10-0 **Jack Kearney (3)** 90
Runs: 28 Wins: 4 (S,A) Places: 7 €97,032
Running consistently but appears hcapper has her measure, e-w sniff

2 -07236 **MALLAVELLY 13 (CD)**
(8) G Lyons 5-9-9 **Gary Carroll** 88
Runs: 21 Wins: 3 (F,A,G) Places: 4 €70,489
On competitive mark, Gowran latest not great but capable at her best


3 795210 **GLORY TO BE 33 (C)**
(6) M Grassick 4-9-8 **Scott McCullagh** 97
Runs: 17 Wins: 3 (S,G) Places: 7 €53,884
Has another win in her, any rain will help, 1m within her range, threat

4 6-1 **DUCHESS OF KENLI 26 (D)**
(3) J O'Brien 3-9-6 **Declan McDonogh** ●99
Runs: 2 Wins: 1 (G) €7,851
Left debut behind in Gowran maiden, hcapper taken a chance, go well

5 0811P3 **THRIFTY OF DIGBY 13 (D)**
(4) J Harrington 5-9-5 **Shane Foley** 96
Runs: 23 Wins: 5 (G) Places: 4 €48,596
Battled to end at Gowran (7f) last time, this trip suits better, in the hunt


6 432106 **MARMELADOVA 5 (C)**
(7) K Condon 5-9-2 **Donagh O'Connor** 87
Runs: 12 Wins: 2 (G) Places: 3 €23,368
Winner here two starts back but dismal last twice, has bit to prove now

7 352311 **BELLA COLOMBIA 14 (C,D)**
(5) W McCreery 5-8-13 **Ben Coen** 98
Runs: 26 Wins: 4 (2A,2G) Places: 6 €38,731
In great heart, 8lb hike for win here (1m1f) latest tough but not impossible

8 -69053 **TACHOS 14 (P★;C)**
(1) D Weld 5-8-10 **Chris Hayes** 89
Runs: 21 Wins: 2 (2G) Places: 5 €32,185
Behind Bella here latest (but stonking effort from wide draw), don't rule out

BETTING: 3 Glory To Be, 4 Thrifty Of Digby, 9-2 Duchess Of Kenli, 5 Bella Colombia, 15-2 Tachos, 8 Mallavelly, 20 Pink Oxalis, 25 Marmeladova
WHERE FAVOURITES FINISHED: 2 2-4 2 1 7
2025: Onemoredance 3-9-0, P McGettigan 11-2 (J P Murtagh), drw 6, 10 ran.

DOG TIPS AND RETURNS

SELECTIONS

■KINSLEY: 11.14 Grumpy Dizzy (3-5-4) 11.30 Ninja Berkley (2-3-1) 11.46 Lamia (2-3-1) 12.03 Jennyontheblock (4-1-3) 12.20 Treamanagh Star (nap) (1-2-3) 12.37 Lightfoot Elle (5-3-4) 12.53 Pomba Flo (1-2-3) 1.11 Glenbrookdiamond (2-3-6) 1.26 Hello Lady (5-3-2) 1.41 Clay Twister (6-3-1) 1.58 Hazelgrove Flash (nb) (1-3-5) 2.14 Golan Zoe (1-4-2)
■NOTTINGHAM: 11.25 Skyfall Orna (nb) (4-1-5) 11.41 Honour Beckham (nap) (3-5-4) 11.58 Wolf Goggins (1-5-6) 12.14 Honour Boomerang (6-4-3) 12.31 Keefill Amelia (4-1-3) 12.48 Legsintheair (3-2-1) 1.06 Honour Flyer (1-2-4) 1.21 Wolf Flare (5-4-2) 1.36 Chasing Niamh (3-4-1) 1.52 Yoguartpotjohn (4-6-5) 2.09 Romantic Rosie (1-6-4)
■CENTRAL PARK: 2.23 Front Risk (nap) (6-5-1) 2.41 Ardera Jake (3-4-5) 3.01 Barnfield Lola (1-6-4) 3.19 Lets Go Lucie (nb) (1-5-6) 3.38 Freda My Blondie (1-6-5) 3.57 Peakys Doll (5-1-2) 4.16 Hollyoak Dally (6-2-5) 4.34 Hollyoak Prince (3-5-4) 4.53 Super Trick (3-6-4) 5.12 Poppadom Tom (3-2-6) 5.31 Quivers Amaze (6-5-2) 5.49 Da Ballerina (4-1-3)

RETURNS

■MONMORE: 11.03 Longacres Senna 10-3 (3-1-6 BAGS F £16.94 TC £41.39). 11.19 Dapper Danica 5-2 (2-1-3 £8.58). 11.36 Reefer Madness 9-4 (5-2-6 £11.64). 11.52 Longacres Danny 6-4f (4-2-1 £4.47). 12.09 Hawkfield Bionic 10-3 (1-6-4 £7.61). 12.26 Tullymurry Skies 11-8f (5-3-2 £10.44 TC £28.14). 12.42 Jayavakno 6-5f (1-3-2 £4.47 TC £18.30). 12.59 Bangon Mrs Clock 5-2 (4-3-6 £6.53). 1.16 Elderberry Bingo 10-1 (6-5-2 £33.12). 1.31 Ballybough Mikey 5-6f (6-4-3 £5.43). 1.46 Whisky Knight 4-1 (4-1-2 £16.85). 2.04 Citadel Bob 9-2 (4-1-3 £19.39).
■NOTTINGHAM: 11.25 Loxleys Vinnie 10-11f (5-1-4 BAGS F £8.74 TC £21.48). 11.41 Honour Roll 13-8f (2-6-4 £10.15 TC £21.45). 11.58 Skyfall Khan 5-2 (4-3-5 £6.98). 12.14 Tetra Revenge 7-2 (3-6-5 £20.42 TC £76.12). 12.31 Wynwuff 3-1 (5-4-2 £8.60). 12.48 Sparta Pro 11-4 (4-2-5 £10.48 TC £25.36). 1.06 Blackfriars Gold 11-4 (6-2-5 £13.24 TC £31.69). 1.21 Crafty Can Do 5-2 (3-4-5 £13.83). 1.36 Noirs Fly 4-6f (6-4-1 £4.53). 1.52 Grandad Bingo 11-4 (1-5-3 £10.76). 2.09 Honour Bellie 6-1 (4-2-5 £50.71).
■NEWCASTLE: 2.29 Jackos Cody 9-4 (1-2-3 BAGS F £8.77 TC £0.00). 2.48 Solway Ernie 7-1 (6-2-5 £23.47 TC £0.00). 3.07 Swift Hairy 3-1 (6-1-4 £6.54). 3.26 Tina On Fire 7-2 (5-1-2 £18.67). 3.44 Eileens Larue 11-8f (4-1-3 £8.14). 4.03 Whitehills Zoey 15-8jt (4-5-2 £10.93). 4.22 Crooks Peaky 11-10f (3-4-2 £5.36). 4.41 Drombeg Nova 7-4 (5-4-6 £5.66).

NEWCASTLE AW

GOING: STANDARD

6.19 HANDICAP (Class 6); winner £3,245; 1m 4f. (14 runners)

1 (11) 7196 HICKTON 90 (D) D Carroll 4-10-0 Z Wheatley
2 (8) 4615 BILLY BATHGATE 12 (C) E Whillans 10-10-0 J Hart
3 (12) 3643 FLEUR DE MER 16 (V;C) M Todhunter 6-10-0 P Mulrennan
4 (5) 7578 BRUNELLO BREEZE 16 (B;CD) L Bailey 7-9-12 J Garritty
5 (13) -523 JEDHI KNIGHT 20 (B) P Midgley 4-9-9 D Nolan
6 (9) 8990 CARWYN 24 P Morris 3-9-9 D Hogan
7 (1) 2230 FOREVER PERFECT 21 (D) R Menzies 3-9-8 C Fallon
8 (4) -658 WAVE POWER 24 (P★) L Bailey 3-9-5 B Garritty
9 (2) 3323 MUHIB 16 O Williams 5-9-4 W Fentiman (3)
10 (6) /778 GALAHAD THREEPWOOD 20 (D) E Whillans 9-9-4 G Fairley
11 (3) 4445 STAR OF MARKINCH 20 G Rutherford 10-9-3 R Elliott (5)
12 (7) 5437 GEMICAL 70 (V) R Menzies 3-9-1 A Waugh (3)
13 (10) 890 NIFFLER 115 Sir M Prescott 3-8-10 L Morris
14 (14) 9790 ROMEO'S GUARDIAN 46 (B★) H Palmer 3-8-8 A Elliott

Jedhi Knight ●99, Muhib 98, Hickton 97.
11-4 Jedhi Knight, 7-2 Muhib, 13-2 Niffler, 8 Fleur De Mer

6.54 FILLIES NOVICE STAKES (4); winner £5,400; 7f. (9 runners)

1 (2) 21 QUEEN'S HAME 21 W Haggas 3-9-6 C Fallon
2 (3) MISS VERONIKA J279 B Ellison 4-9-2 B Robinson
3 (8) 7-1 STAR OF COMMALA 20 (D) J Chapple-Hyam 3-9-2 M Keegan-Price (7)
4 (9) 7 MYSTIC WAVE 22 D Thompson 4-9-0 D Hogan
5 (4) 4 NAVERTITY 79 S Hanlon 3-8-13 J Hart
6 (7) 68 BOWIE LASS 12 N Tinkler 3-8-11 F McManoman
7 (6) JANORA S Spencer 3-8-11 D Swift
8 (1) 64 ROCCAPINA 24 G Tuer 3-8-9 J Sullivan
9 (5) 4 SUNTINO LADY 12 D & N Barron 3-8-9 W Pyle

Star Of Commala ●99, Queen's Hame 98, Roccapina 90.
10-11 Queen's Hame, 2 Star Of Commala, 8 Roccapina

7.24 FILLIES NOVICE STAKES (3); 2-y-o; winner £7,020; 7f. (8 runners)

1 (4) 1 SPIRITED GESTURE 19 (D) J & T Gosden 9-9 R Havlin
2 (1) 41 ANGEL IN MY HEART 34 A Keatley 9-6 O McSweeney
3 (6) ALL I KNOW P Makin 9-2 P Mulrennan
4 (8) 69 NOCCALULA FALLS 23 P Midgley 9-2 B Garritty
5 (2) 87 ONE SHOT KODI 26 K Ryan 9-2 T Eaves
6 (5) ORTANIQUE Sir M Prescott 9-2 L Morris
7 (7) RUBYROO H Palmer 9-2 J Hart
8 (3) 6 TEXTING 45 I Furtado 9-2 A Jary (3)

Spirited Gesture ●99, Angel In My Heart 98, One Shot Kodi 78.
6-5 Spirited Gesture, 5-2 Angel In My Heart, 6 Rubyroo

7.54 NURSERY HANDICAP (4); 2-y-o; winner £5,234; 5f. (6 runners)

1 (5) 421 INFLUENCER MAN 9 (P★;D) A Keatley 9-11(6ex) O McSweeney
2 (2) 2424 THIS MOMENT 10 G Boughey 9-9 G McEntee
3 (4) 2623 CASINO STAR 13 (P★;BF) K R Burke 9-6 J Nicholls (3)
4 (6) 2310 MAY BEE IN PROFIT 20 (D) T Easterby 9-3 J Dickson (5)
5 (1) 5680 SOCIAL SPIRIT 20 M & D Easterby 9-1 B Garritty
6 (3) 0523 STAR PEOPLE 17 (B★) J & S Quinn 9-1 J Hart

Casino Star ●99, Influencer Man 98, This Moment 97.
2 Casino Star, 5-2 Influencer Man, 4 Star People, 13-2 This Moment

Sun FORM

INFLUENCER MAN (9-9) 2-1 chased leader, kept on strongly and led towards finish, bt Concert Pitch (8-13) nk (7 ran) (Carlisle 5f hcap (5) £5,496 good to firm).
THIS MOMENT (9-3) 4-1 in rear, stayed on, not quite pace to get on terms, 4th of 5 (btn 1¼l) to Keep Kicking On (9-7) (Windsor 6f hcap (4) £5,653 good to firm).
CASINO STAR (8-12) 2-1 jt fav towards rear, plugged on final furlong, no chance with cosy winner, 3rd of 5 (btn 3l) to Dance A Jig (9-9) (Haydock 5f hcap (3) £7,731 good).
SOCIAL SPIRIT (8-8) 80-1 in rear, minor headway final 1f, 13th of 18 (btn 10l) to Revels (9-6) **MAY BEE IN PROFIT** (8-10) 33-1 midfield, ridden 2f out, weakened, 17th (well btn) (18 ran) (Goodwood 6f hcap (2) £30,924 good to firm).
STAR PEOPLE (9-6) 4-1 prominent, led over 1f out, headed final furlong, no extra, 3rd of 7 (btn ¾l) to Mobadir (9-3) (Nottingham 6f hcap (5) £4,187 good to firm).

TEMPLEGATE

6.19 Jedhi Knight
6.54 Queen's Hame
7.24 Spirited Gesture
7.54 Casino Star
8.24 Little Mi Mi
8.54 Asadjumeirah

TOM PEPPER

6.19 Muhib
6.54 Star Of Commala
7.24 Angel In My Heart
7.54 Influencer Man
8.24 Azuinthejungle
8.54 Operation Gimcrack

■TIC-TAC: Left-handed all-weather Tapeta course with a 3f run-in. Races up to a mile run on the straight course. ■DRAW: High numbers have a slight advantage over 5f. ■LEADING TRAINERS WITH RUNNERS (2021-2026): I Jardine 66-631, K R Burke 56-378, K Ryan 50-310, W Haggas 49-171. THIS SEASON: I Jardine 11, K Ryan 8, K R Burke 7. ■TOP JOCKEYS WITH RIDES (2021-2026): P Mulrennan 131-963, J Hart 95-723, D Nolan 50-436, T Eaves 50-553. THIS SEASON: J Hart 13, P Mulrennan 10, D Nolan 6. ■LONGEST TRAVELLER: Mart (8.54) trained at Exning. Round trip of 488 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

8.24 HANDICAP (4); winner £5,234; 5f. (13 runners)

1 (4) 0159 TRUE PROMISE 19 (CD) F McSharry 5-10-1 H Russell
2 (8) 983R STAR MATERIAL 22 (D) A Keatley 3-10-0 O McSweeney
3 (5) 1876 CHANGEOFMIND 41 (D) D Carroll 6-9-13 Z Wheatley
4 (11) 8528 LETHAL NYMPH 26 (BF,CD) P Midgley 7-9-13 D Nolan
5 (12) -500 DURAN 68 (D) N Tinkler 5-9-12 F McManoman
6 (7) 8994 SMART VISION 28 (C,D) J Macey 5-9-11 L Edmunds
7 (2) 0690 COPPER KNIGHT 26 (CD) T Easterby 12-9-11 J Sullivan
8 (9) 2111 AZUINTHEJUNGLE 13 (D) N Tinkler 4-9-10 A Jary (3)
9 (3) 0411 LITTLE MI MI 19 (CD) I Jardine 5-9-10 J Nicholls (3)
10 (6) -497 BUZZ BOX 21 (CD) M Herrington 5-9-9 J Hart
11 (10) 0963 CASTAN 7 (CD) B Smart 6-9-8 P Mulrennan
12 (13) -646 ICE COLD ALEX 79 (BF,D) O Pears 3-9-2 L Morris
13 (1) 0671 TOO MUCH 26 (H;CD) D Thompson 6-8-10 D Hogan

Azuinthejungle ●99, Little Mi Mi 98, Too Much 97.
11-4 Little Mi Mi, 4 Azuinthejungle, 13-2 Castan, 10 Too Much, Star Material, Lethal Nymph, 14 Copper Knight, Smart Vision

8.54 HANDICAP (6); winner £3,245; 6f. (14 runners)

1 (2) 8650 OTTAWA 14 (D) L Bailey 4-9-9 J Garritty
2 (3) 5062 OPERATION GIMCRACK 19 (C) B Smart 6-9-8 P Mulrennan
3 (10) 4009 SECRET ROAD 77 (CD) S & J Coward 8-9-8 R Elliott (5)
4 (14) 97-2 GEMINI STAR 96 (BF) J & S Birkett 6-9-8 D Hogan
5 (4) 5494 DONALD 19 D & N Barron 4-9-7 W Pyle
6 (6) 7533 GET UP EVERYBODY 19 (BF) P Midgley 4-9-6 D Nolan
7 (7) 6648 MOUNT RUAPEHU 19 (CD) I Jardine 6-9-6 J Nicholls (3)
8 (1) 8481 WHITE UMBRELLA 10 (B;D) C Kellett 7-9-5(4ex) J Hart
9 (9) 359 MULTANEIGHTTOTHREE 177 G Tuer 4-9-4 L Edmunds
10 (5) 6436 MART 13 (BF,C,D) D Donovan 5-9-2 L Morris
11 (11) 8691 ASADJUMEIRAH 20 (CD) A Brittain 8-9-1 J Dickson (5)
12 (13) 3234 WAIT FOR IT 16 L Bailey 4-8-13 B Garritty
13 (12) 4743 DESERT MASTER 20 (V;C) A Brittain 5-8-9 A Jary (3)
14 (8) 8486 NEWYORKSTATEOFMIND 13 (B;C,D) R Carr 9-8-9 J Sullivan

Get Up Everybody ●99, Gemini Star 98, Desert Master 97.
5 Asadjumeirah, 6 Get Up Everybody, Gemini Star, 13-2 Operation Gimcrack, 8 Desert Master, White Umbrella, 10 Donald

RACING RESULTS

CARLISLE

2.05: 1 DIAMOND NEW BAY S James (11-4); **2 Guadalevin** (6-5 fav); **3 Ma Blushin Rosie** (10-3). 7 ran. ¾l; ns. K R Burke. T: £3.75; £1.70, £1.10. Ex: £6.60. Trifecta: £19.10. CF: £6.32.
2.38: 1 GREEN AREA C Beasley (15-8); **2 Peace Belle** (4-9 fav); **3 Lazy In Red** (28-1). 3 ran. 6l; 10l. C Johnston. T: £2.88; Ex: £3.10. Trifecta: £3. CF: £3.20. NR: Aleatrix.
3.13: 1 APRIL DIAMOND A Mullen (17-2); **2 Zous Juice** (9-2); **3 Renewable Dream** (15-2). 10 ran (Reenie's Dream 5-2 fav). shd; 3½l. I Jardine. T: £9.50; £2.60, £1.30, £2.80. Ex: £51.10. Tricast: £306.54. Trifecta: £449. CF: £47.05.
3.48: 1 SUPREME DANCER E Tindall (10-3); **2 Big Apple Jack** (5-2); **3 Our Nicola** (33-1). 9 ran (Hey Havana 11-8 fav). 1½l; 1l. R & P Fahey. T: £4.34; £1.30, £1.20, £5.30. Ex: £13.30. Tricast: £236.14. Trifecta: £138.50. CF: £12.46.
4.20: 1 COUNT PALATINE S B Kirrane (17-2); **2 Son** (10-3 jtfav); **3 Golden Strike** (7-2). 10 ran (Native Instinct 10-3 jtfav). shd; 2¼l. M Dods. T: £10; £1.70, £2.70, £1.80. Ex: £43.10. Tricast: £120.76. Trifecta: £219.40. CF: £37.10. NR: Commander Of Life, Lord Bertie.
4.55: 1 DREAM FOREVER JP Sullivan (33-1); **2 Yellow Diamonds** (15-8 fav); **3 Hares Bredth** (5-2). 8 ran. nk; nk. J O'Keeffe. T: £45.70; £5.80, £1.30, £1.30. Ex: £165. Tricast: £226.23. Trifecta: £717.70. CF: £94.79.
5.30: 1 BETWEEN ME AND U D Allan (10-1); **2 Keep An Eye On It** (11-4 fav); **3 Hostility** (10-3). 9 ran. nk; ¾l. M Herrington. T: £11.30; £3, £1.30, £1.60. Ex: £42.20. Tricast: £115.51. Trifecta: £156.50. CF: £38.47. NR: Captain Corelli, Princess Niyla.
PLACEPOT: £64.20
QUADPOT: £17.60

KEMPTON

5.25: 1 MERRY D Muscutt (4-1); **2 Withtearsinmyeyes** (4-5 fav); **3 River Nile** (16-1). 9 ran. 2¾l; 1l. James Horton. T: £5.20; £1.20, £1.02, £3.50. Ex: £13.80. Trifecta: £76.50. CF: £7.78.
5.58: 1 SAKOWIN F Marsh (9-4 fav); **2 Perfect Hope** (15-2); **3 Printing Money** (8-1). 13 ran. 1¼l; nk. R Hughes. T: £3.25; £1.40, £2.90, £2.80. Ex: £24.80. Tricast: £129.38. Trifecta: £255.40. CF: £19.95.
6.30: 1 SONIC ANGEL J Mitchell (7-4); **2 Liberty's Hall** (25-1); **3 Give Hand** (40-1). 12 ran (Algaihabane 11-10 fav). 5½l; 2¾l. S & E Crisford. T: £2.75; £1.10, £4.40, £6.60. Ex: £52. Trifecta: £838.90. CF: £53.42. NR: Thunder Home.
7.00: 1 LIBERATE P-L Jamin (5-2 jtfav); **2 Quiet Summer** (12-1); **3 St Hilda** (9-2). 12 ran (Bankatary 5-2 jtfav). hd; 2½l. Harry Eustace. T: £3.50; £1.40, £3.50, £1.80. Ex: £36.20. Trifecta: £161.20. CF: £37.47.
7.30: 1 VICTORY ACE S M Levey (9-4); **2 Mr Professor** (22-1); **3 Lucky Camino** (17-2). 9 ran (Lake Como 7-4 fav). 4¼l; nk. J Butler. T: £3.25; £1.20, £4.90, £2.70. Ex: £54.80. Tricast: £371.84. Trifecta: £303.70. CF: £51.92. NR: Percy's Lad.
8.00: 1 STARLIGHT TIME R P Downey (13-2); **2 Fight Your Corner** (9-2); **3 Luzon Heights** (13-2). 9 ran (Exposure 9-4 fav). nk; shd. R Varian. T: £7.50; £1.50, £1.90, £2.20. Ex: £37.80. Tricast: £200.05. Trifecta: £257.60. CF: £36.31. NR: Distinct Spirit.
8.30: 1 CAVOLO NERO Kaiya Fraser (13-8 fav); **2 Malachy's Wish** (11-2); **3 Helm Rock** (15-2). 8 ran. 1¾l; ½l. Harry Eustace. T: £2.63; £1.20, £1.80, £2. Ex: £10.20. Tricast: £53.15. Trifecta: £54. CF: £11.41. NR: Royale Goodnight.
9.00: 1 PIAZZA D Muscutt (9-1); **2 Santiago Boy** (6-1); **3 Eduardo Calderon** (9-2). 10 ran (Slack Bob 4-1 jtfav, Obsidian Verse 4-1 jtfav). 1½l; ¾l. Ollie Sangster. T: £10.40; £2.90, £2.30, £2.20. Ex: £78.50. Tricast: £279.56. Trifecta: £607.40. CF: £62.92. NR: Station Bar.
PLACEPOT: £108.40
QUADPOT: £37.90

WORCESTER

5.02: 1 KING ROLY J Bowen (5-1); **2 Harrys Hope** (5-1); **3 Smugglers Haven** (7-4 fav). 6 ran. 4¼l; 10l. M Bowen. T: £6.30; £2.90, £2. Ex: £29.80. Trifecta: £83.80. CF: £28.05.
5.33: 1 GETAWAY JEWEL B Hughes (12-1); **2 Turpin Gold** (6-1); **3 Dexter** (10-1). 10 ran (Mr Mcwhinny 15-8 fav). 1¼l; ¾l. M Hammond. T: £16.20; £3.50, £1.40, £2.70. Ex: £135. Tricast: £761.44. Trifecta: £1024.50. CF: £84.97.
6.03: 1 TAKE THE BOAT H Bannister (10-3); **2 Datstheholyallofit** (8-1); **3 Nala The Lioness** (28-1). 14 ran (Sparkling Water 15-8 fav). ¾l; 22l. G Nicholls. T: £5.40; £3.20, £1.40, £6.40. Ex: £39.70. Trifecta: £515.30. CF: £29.83. NR: Dreaming Of The Dr.
6.38: 1 ROAD TO WEMBLEY Mr T Walsh (9-2); **2 Square D'alboni** (5-1); **3 Shesonnet** (14-1). 10 ran (Newbrook Diamond 9-4 fav). ¾l; 3¾l. O Murphy. T: £4.38; £1.70, £1.80, £2.60. Ex: £18. Trifecta: £90. CF: £17.12. NR: Handmedownastar, Phantom Gold. Handmedownastar| Rule 4 applies to All Bets, deduct 25p in the £.
7.08: 1 STARSHINE LEGEND S Bowen (14-1); **2 Warner's Cross** (10-3 jtfav); **3 Lucky In Taipan** (5-1). 9 ran (Gone In Sixty 10-3 jtfav). 4¾l; ½l. O Murphy. T: £15; £2.30, £1.50, £1.90. Ex: £30.30. Tricast: £272.74. Trifecta: £150.20. CF: £61.72. NR: Mrs Biddle.
7.38: 1 ROYAL RHYTHM R McLernon (11-2); **2 Crafty Gael** (3-1 fav); **3 Bound For Glory** (4-1). 8 ran. 9½l; 2¾l. J & A O'Neill. T: £6.80; £1.70, £1.30, £1.40. Ex: £26.20. Tricast: £73.52. Trifecta: £87.80. CF: £23.28. NR: Onehundredneighty, Usyk.
8.08: 1 BETTY'S TIARA B R Jones (28-1); **2 Back In The Bay** (16-1); **3 Stiletto** (10-1). 15 ran (Mancero 15-8 fav). nk; 1¼l. B Pauling. T: £41; £7.90, £5.40, £7.50. Ex: £735.40. Tricast: £4784.32. Trifecta: £1087.70. CF: £451.14. NR: Final Entry, October Hill.
PLACEPOT: £664.30
QUADPOT: £22.90

YORK

1.50: 1 AIR FORCE ONE P J McDonald (13-2); **2 Corolla Point** (5-1 jtfav); **3 Toca Madera** (5-1 jtfav); **4 Apollo One** (16-1). 21 ran. 1¼l; 1l; 1l. G Oldroyd. T: £9.25; £2.60, £1.90, £1.85, £4.70. Ex: £70.10. Tricast: £192.49. Trifecta: £331.20. CF: £40.11. NR: Toyotomi.
2.25: 1 HAFFNER R L Moore (11-8 fav); **2 Gentle Hurricane** (7-2); **3 Trean** (9-2). 10 ran. 2l; ½l. A P O'Brien (IRE) . T: £2.38; £1.15, £1.50, £2. Ex: £8.40. Tricast: £16.54. Trifecta: £25.40. CF: £5.80. NR: Confucius.
3.00: 1 MALTESE CROSS T Marquand (9-4); **2 Pierre Bonnard** (10-3); **3 Christmas Day** (6-4 fav). 6 ran. 2l; 2¼l. W Haggas. T: £3.25; £1.25, £2.05. Ex: £9.20. Trifecta: £15.10. CF: £9.92.
3.35: 1 ITEM C T Keane (10-1); **2 Almaqam** (14-1); **3 Constitution River** (7-4). 8 ran (Ombudsman 5-6 fav). hd; 3½l. A Balding. T: £13.60; £2, £2.45, £1.10. Ex: £129.60. Tricast: £360.50. Trifecta: £351.30. CF: £121.82. NR: Pride Of Arras.
4.10: 1 SMALL FRY D Browne McMonagle (2-1 fav); **2 Mountain Road** (20-1); **3 Ride The Thunder** (11-1); **4 Westminster Moon** (40-1). 16 ran. 1l; 3½l; 1¼l. J P O'Brien (IRE) . T: £3.10; £1.45, £6.55, £3.70. Ex: £70.40. Tricast: £406.64. Trifecta: £554.20. CF: £54.90. NR: Ghaiyya.
4.45: 1 MISS YECHANCE J Nicholls (9-1); **2 Manatee Mehmas** (10-1); **3 Naana's Shadow** (4-1 fav); **4 Baker Blue** (14-1). 19 ran. 1¼l; ¾l; 1l. K R Burke. T: £10; £2.85, £4.35, £1.65. Ex: £119.70. Tricast: £446.35. Trifecta: £539.40. CF: £100.06.
5.20: 1 HENLEY ON THAMES David Egan (4-1 jtfav); **2 Super Tuscan** (16-1); **3 The Dancing Pirate** (4-1 jtfav); **4 God Given Talent** (15-2). 18 ran. nk; ½l; nk. K P De Foy. T: £5.60; £1.85, £4.10, £2, £2.80. Ex: £85.40. Tricast: £246.17. Trifecta: £462.60. CF: £68.75. NR: Crystal Queen, Dubai Champion, Elevating, Persian Spring.
JACKPOT: £10,000, with £8,091.57 carried over
PLACEPOT: £35.70
QUADPOT: £19.20

SLIGO

5.07: 1 BELLADABALL K M Donoghue (10-3); **2 Cotswold Blue** (8-13 fav); **3 Searcog** (10-3). 9 ran. 4½l; 20l. G Cromwell. T: €5.30; €1.20, €1.02, €1.10. Ex: €8.50. Trifecta: €17.10. CF: €6.75.
5.42: 1 CALM FLIGHT AHEAD Conor Clarke (25-1); **2 Fremantle Doctor** (10-3); **3 Bowgate Street** (13-2). 13 ran (Granlahan 11-4 fav). 12l; 2¼l. P J Rothwell. T: €27.80; €6.90, €1.60, €2.40. Ex: €131.20. Tricast: €646.86. Trifecta: Not won. CF: €114.11.
6.17: 1 SEVEN TOWERS K M Donoghue (15-8); **2 Hadahi** (50-1); **3 Lengaruka** (14-1). 8 ran (Kisuton Enki 6-4 fav). 4¼l; hd. G Cromwell. T: €2.88; €1.60, €5.40, €2.30. Ex: €105. Trifecta: €745.40. CF: €75.01.
6.48: 1 MOVE IT ON OVER P Byrnes (22-1); **2 Mother Ship** (12-1); **3 Sekakarma** (6-1); **4 Hob's Angel** (18-1). 16 ran (Phoenix Arizona 7-2 fav). nk; 1½l; 2¼l. John F O'Neill. T: €32.90; €5, €2.80, €3.10, €4.10. Ex: €757.80. Tricast: €1825.89. Trifecta: Not won. CF: €275.40. NR: Clever Court, Katie's Casper.
7.18: 1 MIDNIGHT EAGLE D J O'Keeffe (4-1); **2 Harpy Eagle** (10-3 fav); **3 In The Minus** (7-1). 10 ran. ½l; 1l. A McNamara. T: €5; €1.70, €1.40, €2.30. Ex: €13.40. Tricast: €92.22. Trifecta: €146.60. CF: €18.70. NR: In For The Night.
7.48: 1 STRONG CONTENDER Conor Smithers (4-1 fav); **2 Luck Between Us** (7-1); **3 Cornmarket** (7-1). 11 ran. ¾l; 1½l. N Lee. T: €5; €1.90, €2.30, €2.10. Ex: €20. Tricast: €195.99. Trifecta: €257.70. CF: €33.83. NR: Hey Babbs.
8.18: 1 CONOR'SALWAYSRIGHT Mr J Dunne (15-2); **2 Run For Fun** (2-1); **3 Orderly Conduct** (7-4 fav). 8 ran. ¾l; 3¾l. P J Rothwell. T: €10.30; €2, €1.10, €1.10. Ex: €43.40. Trifecta: €101.70. CF: €24.37.
PLACEPOT: €104.90